

## HOME AND COUNTRY

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## EDITORIAL COMMENT

## THE HOME ECONOMICS COACH

Usually, a title identifying a person doing a special piece of work, does not carry the full meaning of that person's vocational function. It is only as people become aware of and understand the work that a person is doing that his or her title takes on its true meaning.

At the present time the title of Home Economics Coach is not well known to the public or Women's Institute members, but it is the title of a trained teacher in home economics who takes charge of the junior home-making programme for Junior Institutes and Homemaking Clubs. Each Home Economics Coach serves several counties. She assists the county Agricultural Representative and Women's Institute officers in promoting interest in homemaking education for girls. She takes full charge of the training schools for local leaders in the junior work and gives them instruction in whatever type of work they have decided to carry on for the ensuing season. She is not only an instructor in subject matter but also in methods of introducing and carrying on various studies and projects.

The Home Economics Coach is the chief executive of the Achievement Day which summarizes the girls' work in the homemaking projects in each county each year. The coaches are responsible for organizing the junior competitions in homemaking at grade A and B fairs throughout the province. They are experienced teachers who keep constantly in touch with the problems of the adolescent rural girl by their contacts in teaching one month and three months short courses in home economics during the winter.

As the Women's Institute Branch, Department of Agriculture, is in charge of the work outlined above, the Home Economics Coach is a member of the staff, and might well be recognized as the field representative of the Institute office. Senior Institutes and districts will find her helpful.

The Home Economics Coach who works in your county will be at your district annual meeting. She will be glad to meet you.

## News Flashes From the Branches

**Inwood, Lambton Co.**—Sponsored a public speaking contest for the 3rd and 4th book pupils in the six schools represented in the Institute. Awards were given to all pupils participating.

**Belmont, Peterboro Co.**—Had a roll call requiring each member to bring a sample of material suitable for a housedress. These samples were made into quilts and sold.

**Earlton, Temiskaming District.**—Raised \$75.00 at a euchre party to meet the expenses of a diphtheria clinic for the inoculation of 249 children of the township. The membership of this branch is twelve.

**Ingram No. 1, Temiskaming District.**—Has a roll call on household "helps" or "hints" at each monthly meeting. These are recorded in a book kept for the purpose and available for reference.

**Hepworth, Bruce Co.**—Has for their objective the installation of an improved lighting system and modern sanitation for the school. They are working in co-operation with the school board.

**Lion's Head, Bruce Co.**—Contributes to public sanitation through a clean-up day. The branch finances the collection of the garbage and refuse.

**Queen Mary, Wentworth Co.**—States "The aim of our programme is to stimulate interest in the work of the branch and to create an atmosphere that leaves a pleasant memory in the minds of our members. A happy memory helps the one who has it to do better work both in her home and for her neighbours. Meetings that are stiff and dull do not attract a good attendance".

**Kilbride, Halton Co.**—Followed up the work in Buymanship by an impromptu debate. The membership was divided into two groups, one discussed ready-made, the other home-made clothing.

**Neustadt, Grey Co.**—Has, each month, a discussion on current events by one of the four public school teachers living in the district.

**Brooke, Lambton Co.**—Featured a book review "The Farm". At a recent meeting pictures of farm machinery of different periods were shown.

**Lakeside, Oxford Co.**—Divided the attendance into three groups, each of which become responsible for one of the following subjects: housing, foods, clothing. After 15 minutes of discussion, the convener of each group was given three minutes to assemble her notes on the conclusions of her group. She then had five minutes to report the discussion to the assembly.

**Coldwater, Simcoe Co.**—Scored a stage success in its presentation of the operetta, "The Royal Chef". Through the co-operation of local school teachers and school board and numerous public spirited individuals, the production was a definite community accomplishment.

**Thornhill, York Co.**—Has directed its attention to health education at two recent meetings.

**Lyn, Brockville Dist.**—Had an address on "Our Flag" by a local teacher at a recent monthly meeting. This resulted in the purchase of a new flag for the Institute rooms, and a new flag pole will be erected shortly.

**Thornedale, Middlesex Co.**—Is studying "correct English" for a short time at each meeting, under the direction of a good teacher. The proper use of words and correct pronunciation have been emphasized.

**Tyrone, Durham Co.**—Encourages and gives practical help to the girls' programme. One girl was the winner of 20 prizes at the local fair.

**Oak Hill, Brant Co.**—Has allowed time at one meeting each year for the conveners of standing committees to outline their work, but any convener may have the opportunity at any meeting to present new and important features of her work which the members should know without delay.

**Kenmore, Carleton Co.**—Derived pleasure from cleaning and decorating the home of a neighbour as a welcome on her return from a sanitarium.

**Metcalf, Carleton Co.**—Sponsored an educational tour which included visits to the Museum, Archives Peace Tower, Theatre and Park in Ottawa.

**Savard, Temiskaming District.**—Has assisted in buying such equipment as dishes and towels for serving hot lunches in the rural schools.

**Dunnville, Haldimand Co.**—Provides all the clothing for the nursery in the County War Memorial Hospital.

**Kingsville, Essex Co.**—Became acquainted with its own community by having papers on local activities and a contest featuring advertisements of local concerns in local newspapers.

**Port Arthur, Thunder Bay District.**—Marked its twenty-fifth anniversary by a formal dinner and social evening. There were fifty-four guests, including the charter members and present officers of the branch. Flowers in mauve and yellow colourings, presented by sons of the members in memory of charter members, graced the tables. A birthday cake with twenty-five candles was also used for decoration. The roll call of 1911 was responded to by six of the members. The president reviewed the history and development of the branch and lighted the candles on the cake.

**Frankville, Brockville District.**—Held a competition in public speaking, music and dancing, with four local schools participating.

**Eldorado-Bannockburn, Hastings Co.**—Learned about cheese-making from the district cheese inspector who outlined the entire process. Samples were shown of good and bad cheese made from clean and unclean milk.

**Wolfe Island, Frontenac Co.**—Held a meeting at the local cheese factory, when the process of cheese making was demonstrated. Instructive lectures on care of milk were given by the cheese maker and inspector.

**Lynnville, Norfolk Co.**—Interviewed the Windham township council and interested them in making aggressive plans for safeguarding the children against smallpox and diphtheria. Dr. Chamberlain, the health officer, was generous in his offer to help. As a result of the co-operation of the Women's Institute members, councillors, parents, teachers, health officer and his assistant, over 700 children in Windham township were vaccinated and toxoided.

**Carling, Parry Sound Dist.**—Arranged to listen to a special radio programme.

**Bonnechere Valley, Prince Edward Co.**—Studies the hand book at each monthly meeting, having members read and discuss certain sections.

**Castleford, Prince Edward Co.**—Has secured five new members from visitors who have attended meetings during the past three months.

**McKeller, Parry Sound Dist.**—Has a circulating library which has been established by each member contributing a book. One meeting a year is devoted to book reviews.

**New Hamburg, Waterloo Co.**—Has a meeting each year when the board of directors is entirely responsible for the programme.

**Clarkson-Lorne Park, Peel Co.**—Conducts an exchange where members may offer articles for sale. The branch collects 5 per cent. commission on all sales.

**Sandhill, Peel Co.**—Encouraged a study of Canadian Industries in six schools by an essay competition on the "Pulp and Paper Industry".

**Streetsville, Peel Co.**—Provides special footwear and corrective foot appliances for a cripple.

**Port Credit, Peel Co.**—Has offered two \$10.00 scholarships to induce local teachers to take the Summer School on Health Education prescribed by the Provincial Department. The branch is still working for school medical and dental inspection.

CANADIAN WOMEN'S  
INSTITUTES HAVE BROAD  
INTERESTS AND CONTACTS  
(Continued from page 1).

## Has Many Adventures

Mrs. Alfred Watt, M.B.E., who was such an interesting visitor in Canada last year, has added more adventures to her already colourful career. During the course of her world tour, she flew over the Tasmanian Ocean with Jean Battle. She addressed 70 organizations in New Zealand and twice that number in Australia, sometimes travelling by the most modern equipment and at other times going back to such ancient methods of locomotion as the camel. Mrs. Watt is now in London.

## Pan-Pacific Conference

Mrs. F. P. Burden, president of the Pt. Grey Women's Institute, Vancouver, has been appointed official delegate of the Associated Country Women of the World to the coming fourth triennial conference of the Pan-Pacific Women's Association in Vancouver, July 12 to 24. Mrs. J. W. C. Beveridge, president of the New South Wales Federation of Women's Institutes in Australia has signified her intention of coming and would like to meet members of the Canadian Women's Institutes.

## Legislation Scrap Book

Mrs. Gertrude Telford, Pelly, Saskatchewan, national Women's Institute legislation convener, is compiling a second scrap book—clippings and articles pertaining to "Government by Commission". In her suggested outline of work she urges Institutes to study governmental methods, especially those pertaining to boards, commissions and inter-provincial conferences.

(Contributed by Mrs. Elizabeth Bailey Price.)

CONVENER OF HISTORICAL  
RESEARCH RECOMMENDS  
KEEPING OF RECORDS  
(Continued from page 1).

## Record Early Customs

We should like to have more stories of early customs of living as they frequently differed in the different settlements. From Middlesex came a sketch of early history which may or may not be original, but as the writer observed, "It may in this instance be enlightening for the present generation to know that while wheat was bartered for cotton at 50c. per yard, a bushel of wheat was sold for 25c. and two gallons of whiskey were worth a bushel of wheat, while a pound of tea was worth three bushels. Is it any wonder whiskey was preferred?"

A manuscript written by Mrs. R. J. Moore, the daughter of a Parry Sound pioneer, mentions "that when supplies failed they lived on potato scones and boiled whole wheat. Flour, which had to be brought a great distance, was \$7.00 per bag and tea \$1.00 per pound." The old account books giving this information are very valuable as they are the source material which is so important to the historian. This area also sent the information that Mrs. Hanley, of Webwood, Canada's first woman mayor, is a native of Burk's Falls. Let us not forget to give credit to our women who distinguish themselves in various fields of service while they are still with us. It is not necessary that we wait until they are "front page" news.

Oil Springs has sent the news that years ago they had the first licensed woman druggist in Ontario, but I doubt if her name was ever mentioned in a newspaper.

Preserve source materials such as account books, old newspaper clippings describing important events, old letters telling of living conditions. (Contributed by Miss Elizabeth Applebe.)