

**SEVEN
THREE MONTHS SCHOOLS
IN HOME ECONOMICS
ESTABLISHED**

The Women's Institute Branch is co-operating with the Agricultural Representative Branch of the Department of Agriculture in conducting seven Three Months Schools in Home Economics. Satisfactory and adequate accommodation—properly lighted, ventilated and heated class-rooms—and an average attendance of 25 were assured the Department before these courses were scheduled.

The staff and students of these schools will work together in detailing a course of study in line with interests and needs of each particular group and in conducting courses with a maximum of student participation. It is expected that students will leave these courses more aware of some of their needs and how they may be met through individual effort, with a vision of desirable ideals and standards for homemaking and rural citizenship and an ambition for further learning. Junior Institutes and Homemaking Clubs will afford opportunities for study.

Many Farm Girls

Some 236 girls have already registered at the Three Months Schools which are being held from November 24th to December 18th, 1936, January 4th, to February 26th, 1937, in Bruce County at Pinkerton, Haldimand County at Jarvis, Lincoln County at St. Catharines, Peel County at Brampton, Perth County at Listowel, Waterloo County at Baden and Wentworth County at Mount Hope. Over 69 percent of the students are from farm homes. One instructor in home economics is in charge of the three months course and instructors in clothing, house furnishing and health education each assist for one month. Lodges, library halls and Sunday School class rooms have become busy class and work rooms.

Kitchen units have been conveniently arranged for the food and house management classes. Here, healthful and attractive dishes, meals, class teas and Christmas parties will be planned, prepared and served in accord with up to date knowledge on nutrition and the best of cookery practices. Discussions and demonstrations of the hows and whys of cookery and the relationship of food to health will aid in establishing good standards of cookery and improved habits in food selection.

Sewing machines will hum in the class room as simple garments are stitched. Materials for garments will not be purchased until each member has carefully studied selection of material and suitability to style and oc-

**INSTITUTE STAFF
CONFER ON EDUCATIONAL
PLANS AND PROBLEMS
NOV. 12-14**

The instructors connected with the senior and junior programmes of the Women's Institute Branch, Department of Agriculture, met at Macdonald Institute, Guelph, on Nov. 12, 13, and 14, to discuss their problems and make plans to better their work.

Objectives and activities common to many phases of Women's Institute programme were analyzed at the general sessions of the conference. Procedures in teaching and subject matter were discussed in separate group meetings on housing, home crafts, clothing and textiles, foods and nutrition and household management.

Recent Research

Miss Cruikshank and members of the staff of Macdonald co-operated with the Women's Institute Branch and were most helpful by bringing information concerning recent research in foods and nutrition. Present day problems and financing connected with housing, the need of the cultural influence of beauty in every day living and simple ways of making it possible, development and maintenance of good health and efficient organization of housekeeping processes were other matters considered by the conference. The problems of the practising homemaker were kept uppermost and every endeavour was made to devise methods which would be most helpful to her.

Informed Staff

Not only did the instructors strengthen their own individual fields of work but they found out the view points and activities of the instructors responsible for other types of programmes, and will therefore be fully informed concerning all the services of the Women's Institute Branch of Department of Agriculture.

(Continued from Col. 1)

casation. Emphasis will be placed on the importance of care and repair of clothes, personal grooming and good posture. Positive and buoyant health will become something to be greatly desired and the possibilities of its attainment will be thoroughly discussed during the periods given over to health education and home care of the sick.

The house furnishing classes will help the girls develop an appreciation of the importance of beauty, comfort and convenience of home furnishings. It will include a study of selection and arrangement of furniture and selection and making of simple household accessories. Joint classes of boys and girls will be held for special lectures.

**Three Hundred And Fifty Communities
Sent Leaders To Training Schools
For Junior Homemaking Clubs**

Local leaders from 350 communities attended local leader training schools for Homemaking Clubs in 48 counties and districts during the fall of 1936. Club meetings are now being directed by these specially trained leaders in these communities.

The Supper Club

In 21 counties and districts, groups of girls are gaily tripping along to their Supper Clubs where they learn to select food for health, and how to prepare and serve healthful, attractive and appetizing suppers. Following each club meeting the girls are expected to prepare certain supper dishes at home. Delicious cream soups, new scalloped dishes, crisp attractive, healthful salads, foamy omelets and tea biscuits served in a variety of ways find their way to the family supper prepared by club members. What satisfaction and joy club members derive from the making, and the family from the eating! Supper Clubs seem particularly popular for the winter months.

Dressing Up Home Grown Vegetables

Members of Dressing Up Home Grown Vegetables Clubs in 9 counties are studying ways and means of meeting the family's food requirements of two vegetables besides potatoes daily. The importance of a carefully planned home garden is emphasized if an adequate supply of vegetables is to be available. To encourage the family to eat more vegetables, the club members appreciate the need of cooking vegetables to conserve nutritive value and serving them attractively. Consideration is given to the careful preparation of vegetable juice and pulp of mild vegetables for the baby and small child. Doubtless many a school lunch includes vegetable soup and crisp vegetable sandwiches as a result of the vegetable club big sister is attending.

Home assignments require members to prepare and serve vegetables at home—boiled, creamed, scalloped, baked, in salads, soup and sandwiches. Vegetable plates are popular at members' homes for who can resist an attractive tempting plate of vegetables—vegetables of varied colour, flavour, texture and a pleasing combination served in an attractive way. Club members and club members' families are already eating more vegetables for health's sake and because they like them.

Being Well Dressed and Well Groomed

Some 40 counties and districts completed this unit last year while 6 are planning to carry it on this year. Since this unit has extended province wide, we expect to find here and there throughout Ontario groups of well dressed and well groomed girls—former members of this club.

Cottons May Be Smart

The Simple Cotton Dress unit of work has been revised and is now called "Cottons May Be Smart". This unit proved very acceptable as the first Homemaking Club in the summer of 1935 and in the revised form will be even more valuable to girls wishing special leadership in the use of commercial patterns and in construction.

It includes a study of the selection of clothes for suitability to occasion and individual, selection of cotton material, selection and use of commercial patterns and the importance of good posture. Members are required to plan, select and make a spectator's sport dress. Three forehanded counties are already carrying on this club, while a number are planning to do it for their spring unit.

Clothes Closets Up To Date

Eight counties have started the new unit, Clothes Closets Up To Date, which includes both clothing and housefurnishing in its field of study. One finds a busy, happy hum at

the club meetings as the girls plan and make hat standards, covers for hats, shoe packs, stocking boxes to fit dresser drawers, and garment or laundry bags. Storage space essentials, various types of clothes closets and pieces of available closet equipment are also studied. It is evident that the girls, as they plan and construct equipment, are developing an excellent sense of order and neatness in caring for their clothing. Greater pride will be taken in keeping their rooms neat and attractive and well cared for clothing will show the value of proper care in storage. This unit is proving most popular and many counties are eagerly looking forward to undertaking it in the spring.

1936-37 Programme

Homemaking Clubs organized after fall local leader training schools will, in most cases, complete their work and hold a local achievement day during March. Local leader training schools will be held in early spring in all counties and districts undertaking a spring unit. Many counties have already made plans for local leader training schools for one of the above mentioned clubs or the new clothing unit—Summer Clothes for Girls. In the summer, county achievement days will be held for both fall and spring units when members will exhibit, judge, demonstrate and participate in a programme according to the club work they have completed.

Inter-county achievement days at Central Exhibition, Ottawa, Peterborough Industrial Fair, Canadian National Exhibition, Toronto and Western Fair, London, and in all probability at Class B Fairs, will be for club members who have completed one or two homemaking units during the year. (Contributed by Miss Florence Eadie)

**EXECUTIVE OFFICERS
ELECTED BY CONVENTIONS
FOR 1937**

Nine of the convention areas will have new chairmen for their conventions to be held in 1937.

The areas of Cochrane and Temiskaming, Manitoulin Island, Algoma and St. Joseph's Island, North-western Ontario, Bruce—Huron—Wellington, and Muskoka—Parry Sound—Sudbury change their place of meeting each year and select officers from the locality in which the convention will be held. The chairmen for the first four named areas are, respectively: Mrs. J. Coghill, of Elk Lake, Mrs. Robt. Boyter, of Little Current, Mrs. A. S. Smith of Richard's Landing, and Mrs. R. D. Henderson of Drayton. The Kenora district president for 1937 will be chairman of the convention of North-western Ontario. Mrs. A. M. Church of Sundridge, will be chairman of the Muskoka—Parry Sound—Sudbury area.

Mrs. A. D. MacDougall of Maxville, will be the new chairman for the Ottawa convention and Mrs. D. Z. Gibson of Caledonia, and Mrs. J. M. Abbott of Erin, are the newly-elected chairmen for the Hamilton and Toronto conventions, respectively.

Mrs. R. A. Black of Elmvalle, Mrs. Norman Boyce of Colebrook, Mrs. C. Holmes of Belleville, and Mrs. Wm. Elliott of Galt, will continue to head the conventions at Barrie, Kingston, Belleville and London, respectively.

Mrs. Harry Murphy of Belleville is the newly elected secretary of the Belleville area, and Mrs. W. Craig of Elk Lake, Mrs. R. Vanzant of Little Current, Mrs. Ira Holmes of Richard's Landing and Mrs. W. T. Turner of Clifford will act as secretaries for Cochrane and Temiskaming, Manitoulin, Algoma, and Bruce—Huron—Wellington areas, respectively. The other convention areas will each have the same secretary as in 1936.

**Financial Statement Oct. 1, 1935—Sept. 30, 1936
Federated Women's Institutes**

An examination of the following financial report of the Federated Women's Institutes of Ontario will show that the expenditures and the receipts just about balance. This year the expenditures were about \$400.00 greater than receipts, this amount being taken from the reserve fund which was built up several years ago. The visit of the Associated Country Women of the World to Ontario made the Women's Institutes the organization with the responsibilities of a hostess.

RECEIPTS

Balance in Bank	\$4,712.14
Federation Fees	3,524.25
Pins, hand books, song sheets	153.48
Grant of F. W. I. C.	68.00
Bank interest	32.75
	\$8,490.62

EXPENDITURES

Dominion Federation allocation	\$ 500.00
Country Women of the World	25.00
Grants to conventions	400.00

Board Meetings	718.05
Expenses Federation Representatives	639.25
Express for Relief packages	\$25.00
O. E. A.	7.00
Peace Literature	5.00
The Countrywoman	2.50
Pins	92.40
A. C. W. W. entertainment	157.25
Delegates expenses	279.80
Hand books and song sheets	297.28
Home and Country	769.00
President's travelling expenses	100.00
Bonding Secretary and Honorarium	287.00
Flowers and gifts	17.25
Office supplies	81.43
Conveners' postage	6.73
Auditor 1935	10.00
Exchanges	38.68
	\$4,458.62

Balance in Bank \$4,032.00

Certified correct,

J. C. PRIOR,

Auditor.