

# HOME and COUNTRY

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## HER EXCELLENCY HAS GRACIOUSLY ACCEPTED THE OFFICE OF HONORARY PRESIDENT

Her Excellency The Lady Tweedsmuir has graciously accepted the office of Honorary President of the Federated Women's Institutes of Ontario. This brings not only the honour of Her Excellency's interest, but a rich background of experience that will prove an excellent guide to the Women's Institutes of Ontario.

In a recent issue of the English Institute paper, "Home and Country", the following reference was made to Lady Tweedsmuir: "The Oxfordshire Federation is proud, but mournful, to hand over its County President to Canada's Women's Institutes".

Her Excellency was president of Elmsfield Institute for many years and occupied the position of President of the Oxfordshire Federation until Lord Tweedsmuir's appointment as His Majesty's representative to Canada. She sponsored a "Change Over" sale for the benefit of the Oxford Miners' Settlement in South Wales. Leaders of society eagerly vied with each other for the possession of the interesting frocks and jumpers offered for sale.

Lady Tweedsmuir is a daughter of the late Honourable Norman Grosvenor. She is a member of the ducal family of Westminster and is also a descendant of a sister of the famous Duke of Wellington. She possesses literary talents. Her "Sword of State" and a more recent publication "The Funeral March of a Marionette" will be read with interest by Institute members in Canada. She is greatly interested in the drama and has written several short plays, among which are "The Little House", "Three Women", "Christmas Time", "Bromides", and "St. George and the Dragons".

## STAFF CONFERENCE HELD AT O.A.C., GUELPH IN NOVEMBER, 1935

The instructors connected with the Women's Institute senior and junior programmes and the One-Month and Three-Months' Short Courses in Home Economics met at Macdonald Institute, Guelph, on November 13, 14, 15 and 16. Miss Cruikshank and the staff of Macdonald Institute co-operated by bringing reports of recent research in nutrition and clothing.

Group discussions were held on house furnishing, home management, health education and home crafts, as well as on nutrition and foods, and clothing. The problems of practicing homemakers were kept uppermost throughout the conference and every endeavour was made to develop methods and curricula to meet their needs in a practical way.

The instructors attending the conference not only strengthened themselves in their own field but found out what instructors in related programmes were doing.

"Our business in life is not to get ahead of other people, but to get ahead of ourselves, to break our own records, to outstrip our yesterdays by our todays, to do our work with more force and a finer finish than ever. To get ahead of ourselves is the true ideal."

"To keep clean, to do good work, to earn friends, to be happy and bestow happiness, to develop opportunity, to serve where possible and learn not to whine—this is success. There is no greater; there is no other."

GOVERNMENT HOUSE,  
OTTAWA.

As a countrywoman to countrywomen and a Women's Institute member to my fellow members, I send you my best wishes for a happy New Year.

I hope that 1936 will see our work steadily progressing everywhere, and that we shall do our part in helping to bring Peace and Goodwill to the world. I hope that we shall continue to improve the household arts of our country and that, above all, we shall meet all the difficulties of 1936 with wisdom and fortitude in the best Institute spirit.

I shall look forward to attending many Women's Institute meetings in 1936.

Susan Tweedsmuir

## Ontario Institute Members Invited To Washington Conference

Mrs. Alfred Watt, the president of the Associated Country Women of the World, has issued a cordial invitation to all members of the Canadian Women's Institutes to attend the Triennial Conference of Associated Country Women to be held at Washington, in June 1936. Mrs. Watt, a former member of the British Columbia Women's Institutes, organized Women's Institutes in England at the time of the Great War, for which service she was decorated by the King. She and a large contingent of European women are coming to America for the definite purpose of attending the conference. Canada will be officially represented by five delegates carrying voting power.

### Vacation Possibilities

A number of Women's Institute members are starting now to make plans to attend this conference. One member said, "I can imagine no nicer vacation than to put three of my good friends in my car and start for Washington in early June. The roads lead through a beautiful country I have always wanted to see". The trip can be made comfortably in three days, from the majority of points in Southern Ontario. Many beautiful and historical spots of interest might be visited en route.

Tentative plans for the conference include an invitation to stop at the State College of Home Economics, Cornell University, Ithaca, N.Y., on the return trip. Not only is this university famous for its beautiful campus, but also for its excellent education in home economics.

### Research Committee

The Research Committee of the Associated Country Women, headed by Lady Howard, has been studying

the subject of "Food in Relation to the Country Home" during the last three years. Each constituent organization has been asked to make certain investigations in its own country. Useful information on this subject will be reported at the Washington meeting. In order that the food practices in Canada may be reported accurately, some type of a survey may be required. In such an event, secretaries of branch Institutes will be requested to fill in questionnaires.

If this report can compile authentic information on the good practices in food selection and preparation of a great many countries of the world, it will offer to all homemakers suggestions as to how the family's food may be more healthful, economical and appetizing. The report should be particularly useful in Canada, as Canadian cookery has developed from the traditions of many other countries. The pioneers brought with them their own national dishes and, naturally, had to limit them to the small resources of a new country. The result is little variety in the type of food commonly served.

### Compiled Information

The information on food practices will be the fifth volume in the series "What Country Women of the World are Doing". The new subject "Use of National Resources in Home Furnishing" will be introduced at the Washington meeting.

It is very evident that the programme of work is being planned so that country women of different countries may get to know each other through problems common to all.

### Programme

The business sessions will include a meeting for editors of the various journals and organs of the member organizations. Many round table con-

## EUROPEAN WOMEN WILL VISIT ONTARIO TO SEE INSTITUTE ACTIVITIES

A large and representative contingent of the European delegates to the Triennial Conference of the Associated Country Women of the World, to be held in Washington, D.C., will visit Ontario during the week of June 21.

According to Miss Elsie M. Zimmern, corresponding secretary of the Associated Country Women of the World, the delegates will leave Washington on June 17 and will visit Cornell University, Ithaca, N.Y. en route to Canada. A few of the party will leave Washington at an earlier date, in order that they may attend the convention of the Quebec Women's Institutes to be held the week of June 14.

Many distinguished women are coming from Europe to attend this Washington Conference. They wish to see first hand some of the activities of the Women's Institutes in Canada. Arrangements will be made for their entertainment while they are in Ontario.

The tentative plans now include a visit to Niagara where they may not only see the Falls but also come in contact with the Women's Institute organization. The tour in Ontario will probably include a visit to Stoney Creek, the place where the first Women's Institute was organized, and the Ontario Agricultural College. Toronto and Ottawa may also be visited. The extent of the tour will depend upon the time delegates have to spend in Ontario. Conveniently located branch Institutes and district organizations will assist with the arrangements.

## GIRLS' CONFERENCE TO BE HELD AT O.A.C. GUELPH, MAY, 1936

The Eleventh Annual Girls' Conference will be held at Ontario Agricultural College and Macdonald Institute on May 6, 7 and 8.

This annual occasion affords an opportunity for Ontario Juniors to enjoy College life of work and play for three days, meet with College girls and delegates from Junior and Senior Institutes, Homemaking Project Clubs, and rural districts.

From visits to College departments, addresses, exhibits and discussions, the girls will receive practical information in Home Economics, Agriculture, planning and carrying on Institute programmes and Junior work.

The fee for room and board from the afternoon of May 5, until the morning of May 9, will be three dollars (\$3.00). Delegate's name, address and county should be sent to Women's Institutes Branch, Department of Agriculture, Parliament Buildings, Toronto, prior to April 25, in order that adequate accommodation may be arranged at the College.

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ferences and discussions will give an opportunity of learning about the methods used in organization by the constituent societies.

The problem of domestic help will be ventilated.

Demonstrations will be given in many different handicrafts.

Reports will be given by many different countries on the work done in health, home economics, education, horticulture and civics.

### SECRETARIES PLEASE NOTE

The secretary of the Institute is responsible for the distribution of "Home and Country" among the members.

Should any Secretary wish an additional copy of the Biennial report to the F. W. C. I., she may secure same by writing the Institute Branch, Department of Agriculture, Toronto.