

HEALTH EDUCATION
ESSENTIAL SAYS
HEALTH BULLETIN

Children Should Have Cooperation,
Same As The Farmers, With
Competent Advisors

Springfield, Ill.—The nation has only recently observed "American Education Week." Education in this country, until recently, has been a relative term. It has aimed only at the training of the mind. From the standpoint of health, it has depended on the primitive idea of the survival of the fittest. It has not taken into consideration the basic principle that education, without health, has only a nominal value. As a safeguard to education, the simple rules of health should be taught in the homes and in the schools. The graduate health nurse should be an active, helpful part of every teaching corps in the state.

Superintendent Mortenson in commenting on the lectures given pupils of the Chicago schools by their teachers, as a portion of the program of Education Week, urged the need of efficient health instruction in the public schools of rural districts as well as those of the cities. He cited reports showing that physical defects are more common in rural districts than in the cities, adding that proper training in the schools would prevent huge man-power wastes through persistence of defects that are remediable.

The U. S. Department of Agriculture reports that twenty-one hundred of the twenty-eight hundred and fifty agricultural counties in the United States now have farm advisors who cooperate with the federal department of agriculture and the state colleges of agriculture. "These officials," says the State Register, "who are paid, either in whole or in part, from the private funds of the farmers have exercised a very powerful influence upon country life and upon its economic situation."

What the farmers' organizations have accomplished for their members in the matter of material wealth, the parents of this country can do to promote the health, and thereby the education, of their children. The school children of Illinois are the state's greatest assets. They not only require, but are entitled to every precautionary measure of protection that the men and women of the present active generation can bestow upon them. Skilled physicians and trained nurses are just as essential during the school life of these children as are instructors of the highest learning. In fact, the best instructors cannot render efficient service to children who are not physically fit to absorb mental training.

Medical and nursing service are essential in our schools to keep well children well by protecting them against contact with sick children and to examine all children for the purpose of detecting and correcting the defects found. This is a problem of state-wide importance, and one which can be solved only by intelligent and concerted community action.

Whale's Breathing Apparatus.
Concerning the breathing apparatus of the whale an eminent naturalist says: "The whale does not communicate with the mouth; a hole is, as it were, bored right through the back of the head."

DOWNERS NORTH
AND SOUTH ROADS
BUILT NEXT YEAR

Will Be Among the First of the 30 1/2
Miles to Be Built in Du Page
County in 1923

At an adjourned meeting of the Board of Supervisors of Du Page County held last week, the County Engineer was instructed to proceed at once in making of surveys for the construction of hard surfaced State Aid roads under the \$1,350,000 bond issue recently voted in Du Page county.

It is planned to build 30 1/2 miles of hard surfaced road next year and with the exception of three miles to be built on the St. Charles road, the construction will be of bituminous macadam, 18 feet wide on a 34-foot graded roadway. The three miles on St. Charles road from Elmhurst to Lombard will be of cement concrete.

The county engineer was instructed to have these roads built in the order named.

1. Complete State Aid Road No. 4 by building pavement from that now constructed east of Cloverdale to the corporate limits of Roselle, 3 1/2 miles.
2. Pave 1/2 mile from Ogden Avenue southerly to the north corporate limits of Downers Grove. Pave from south corporate limit of Downers Grove to the County line near Lemont known as State Aid Road No. 9, a distance of 5 miles.

3. Pave State Aid Road No. 7 on St. Charles road from the corporate limits of Lombard, 3 miles. To be of cement concrete construction.

4. York Road from Hinsdale north to Bensenville, State Aid Road No. 8, a distance of 7 1/2 miles.

5. State Aid Road No. 5, known as Little-Glen Ellyn road to be paved from Ogden Avenue south to Goodrich schoolhouse, 2 1/2 miles.

6. State Aid Road No. 6 to be built from Roosevelt Road to Wayne road, 5 miles, and

7. From Warrenville southerly through Naperville, three miles.

8. Eola Station south to connect with Ogden Avenue or New York Street road.

This is a big program but it is hoped that by January 1, 1924, this program will be completed. Engineer Gates has started on the surveys and it is expected that as soon as weather permits in the spring the construction work can be started.

The Board of Supervisors were unanimous in passing the foregoing program.

Freak of Squirrels.
Oak trees in California are often puffed as if by smother. The holes are made by woodpeckers and in every hole is an acorn placed there by squirrels, so nicely indented that it is impossible to remove them with the fingers.

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M. L. PUFFER, M. D.
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BASKET BALL
AT HIGH SCHOOL
GYM SATURDAY

Local Team Will Open the Season
Tomorrow Night with the
Fast Weonas.

The 1922-23 basketball season starts in Downers Grove tomorrow night, Dec. 30, when the locals meet the fast Weonas, 1921 champions of Chicago, in the high school gym.

While this is the first game of the year it is expected that the fans will see a lively contest. The boys have been getting some strenuous practice and say they are ready for the whistle.

Backed by Alpha Sigma Beta, the team is well under way sharpening its basket tossing eyes and getting well organized. Errol Sanders will handle the managerial end, while Bruce Bush will act as playing captain. Bush was the star of Ripon college basketball quintet two years and was considered one of the best forward of the Wisconsin schools. "Tommy" Rogers, the "Purple and White's" formidable coach for the past two seasons, will be a splendid running mate for "Booky." Other well known basket shooters are Rich Shurte, Ben Allison and Paul Vaughn.

There is an abundance of material for guard positions with Paul and Harold Grunhaus, Paul Vix, Leroy Phelps and Arthur Tyler. "Curley" Reeves, the present high school coach, will coach the team and should work up a good quintet. The team has been entered in the state tournament.

Or Think of That Check.
"Don't cut when in an unhappy frame of mind," says a medical authority, thus clearing and stating that it were wise in some restaurants to order your meal without looking at the prices.

A MUSICAL MONTH

January has been designated as the "Musical Month" in the popular Sunday evening services at the Congregational church. There is to be a special musical program at each of the January evening meetings. The artists who have consented to provide these programs have received the highest praise in musical circles—two of them appearing in concert work. It is expected that the "musical month" will be especially attractive and unusually helpful.

Last Sunday night the choir rendered an especially splendid Christmas program which was much appreciated by the audience which filled the church.

The Fisherman's Little Jest.
"These," said the fisherman displaying a boatload of lake trout, "are what you might call my net findings."

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MONEY
TALKS

Consider for a moment the enviable condition of the Farm Loan as an investment. The railroads of America, valued at approximately 15 billions of dollars, are mortgaged up to within 11 billions; while the farming industry of America, valued at 66 billion, is mortgaged up to only 6 billions.

If stability in different types of investments means anything to you at all (and it should) there's a sharp contrast in these figures.

Whoever thinks that farm mortgage loans are not the ideal type of investment has a fact to break down that is as strong as Truth itself.

I will be pleased to enter into a discussion with you on any types of securities. Simply write.

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