

CHURCH NOTICES

FIRST CHURCH OF CHRIST, SCIENTIST

Library Hall

Sunday Service at 11:00 a. m. Sunday School at 9:45 a. m. Subject: "Adam and Fallen Man." Wednesday evening Testimonial Meeting, 8:00 p. m. Reading Room open Monday and Friday from 3 to 5 p. m. The public is cordially invited to attend the services and to visit and use the reading room.

UNITED BRETHREN CHURCH OF EAST GROVE

Sunday School, 10 a. m. Preaching Service, 7:45 p. m. All are welcome.

METHODIST EPISCOPAL CHURCH

The Rev. B. H. Fleming, Pastor

9:45 a. m. Sunday school. 11:00 a. m. Public Worship. 6:30 p. m. Epworth League. 7:30 p. m. Public Worship. Sunday morning subject, Mother's Day address, T. A. Verdenius. Epworth League, 6:30. Western District President, John Erwin. Sunday evening, 7:30. Men's Bible Club.

FIRST EVANGELICAL CHURCH

Rev. J. Alfred Nansen, Pastor.

Sunday, May 9, 9:45 a. m.—Bible school. Efficient teachers. 11 a. m.—Morning Worship. A Mother's Day Service. Let all the mothers of the congregation plan to be present. Special numbers by the Mixed Quartet. 2:30 p. m.—The Children's Hour, 6:45 p. m.—Senior Alliance Service. Subject, "Cultivating High Ideals." Leader, Esther Penner. 7:30 p. m.—Evening Worship. Gospel singing and a short sermon. Several vocal numbers by the Male Quartet from the Music Department of Northwestern School of Music. Don't miss this service. Wednesday, 8 p. m.—Service of Bible Study and Prayer. Welcome!

CONGREGATIONAL CHURCH

Rev. Thomas J. Owens, Minister.

9:45 a. m. Church School. 11:00 a. m. Morning Worship. 3:00 p. m. Junior C. E. 6:30 p. m. Intermediate C. E. 7:30 p. m. Evening Worship. 8:00 p. m. Mid-week worship and conference.

ST. PAULS EVANGELICAL GROVE STREET CHURCH

The Rev. Wm. Grotefeld, Pastor

The Rev. Wm. Grotefeld, Pastor. Sunday, May 9, 9:15 a. m.—Sunday school. 10:30 a. m.—Morning Worship. (German). 7:30 p. m.—Evening Worship. Meetings—Tuesday, May 14, 8 p. m.—Brotherhood at the home of Mr. Joe Staiger. Wednesday, May 12, 8 p. m.—Mission Circle at the home of Miss Emma Schoenshocker. Thursday, May 13, 2 p. m.—Ladies' Aid at church parlors. Thursday, May 13, 8 p. m.—Y. P. L.

ST. JOSEPH'S CATHOLIC CHURCH

Rev. Eneas B. Goodwin, Pastor.

Sunday—8 a. m., Mass, reading of the Gospel and Epistle of the day, sermon; 10 a. m., High Mass, reading of the Gospel and Epistle of the day, sermon; 3:30 p. m., vespers, benediction, sermon; baptisms, 2:30 p. m. Week days—Holy Communion, 7 a. m.; Mass, 8 a. m. Men's Sodality meets on the fifth Sunday of the month; Married Women on the first Sunday; Young Ladies on the second Sunday; Boys and Girls on the third Sunday. Holy hour adoration every Friday from 3 to 4 p. m.

FIRST BAPTIST CHURCH

The Rev. John Stewart, Pastor.

Sunday, May 9, Mother's day! 9:45 a. m.—Sunday school, featuring Mother's day. Superintendent F. G. Wells specially invites the mothers of all the scholars and all other mothers who can attend. 11 a. m.—Public Worship with Sermon appropriate to the day. 8 p. m.—Juniors. 6:30 p. m.—B. Y. F. U. 7:30—Bright Service of Gospel song and sermon. A hearty welcome awaits all who attend. May 12, Wednesday, 8 p. m.—Prayer, Praise and brief Scripture exposition.

S. ANDREWS EPISCOPAL CHURCH

The Rev. Hugh M. MacWhorter, Priest in Charge.

May 9, 1920. Fifth Sunday after Easter, Rogation Sunday. 7:30 a. m.,

Holy Communion; 9:45 a. m., Church school; 11:00 a. m., Holy Communion and Sermon; 5:00 p. m., Evening Prayer and sermon by the Rev. Herbert W. Prince, rector of the Church of the Epiphany, Chicago. May 11, 1920, Tuesday. Benefit entertainment at the Dicke Theatre under the auspices of the Women's Guild. 8:00 p. m. Adults, 35 cents; children, 15 cents. Musical program. Miss Madge Kennedy in "Leave it to Susan." May 12, 1920, Wednesday, 7:00 p. m., Boy Choir; 8:00 p. m., Adult Choir. Rehearsals under the direction of Mr. Frank W. Smith, organist and choirmaster of the Church of the Atonement, Chicago. May 13, 1920, Thursday. Ascension Day. 10:30 a. m., Holy Communion and address; 2:00 p. m., meeting of the Woman's Guild at the residence of Miss Lloyd, 115 Linscott avenue.

OFFICIAL PROCEEDINGS OF THE VILLAGE BOARD

Downers Grove, Ill., May 3, 1920. Regular meeting of the Council of the Village of Downers Grove, Ill. Present at roll call Mayor W. C. Barber and Commissioners Bender, Bryce, Haller, and Heardt. Minutes of the meeting of April 26, 1920, were read and Commissioner Bender moved to approve same. On roll call Commissioners Bender, Bryce, Haller, Heardt, and Mayor Barber voted aye. nays none. Motion carried. Commissioner Heardt presented the semi-monthly pay-roll for the period from April 15, 1920, to April 30, 1920, and various bills, and moved to approve same and have warrants drawn for the several amounts as follows: PAYROLL. April 15, 1920, to April 30, 1920. Dept. of Accounts and Finances. Salary Chas. M. Hitch \$ 62.50 M. Venard 50.00 J. McMahon 50.00 A. B. Snow 7.50 William Bender 4.17 Harry W. Bryce 4.21 Chas. Haller 4.21 I. G. Heardt 4.21 W. C. Barber 10.34 C. Ford Davis 15.00 Dept. of Health and Safety. Salary S. Budzik \$ 4.00 Dept. of Streets and Public Imp. Salary S. Budzik \$ 42.00 J. Banks 8.00 Dept. of Public Property. Salary H. L. Thompson \$62.50 H. L. Thompson, Extra time, 60 hours 46.80 \$109.30 Salary—9 days Ola Irwin \$37.50 Morton Hollis 57.50 Earl Watkins 62.50 Frank Allen 87.50 Dept. of Accounts and Finances. Addressograph Co. Bill 37213 \$ 5.26 Petty cash, April a/c 2.14 Dept. of Public Affairs. Lawrence P. Conover, Bill 5/1/20 \$100.00 Legal Adviser Pub. Co. Bill 4/8/20 8.65 Salary Election C. B. Blodgett \$6.00 E. L. Dickerson 6.00 C. Ford Davis 6.00 H. F. Legenhausen 6.00 H. L. Blodgett 6.00 S. A. Dexter 6.06 Petty Cash, April a/c 10 Dept. of Health and Safety. Chicago Telephone Co. Bill 5/1/20 \$2.00 Salary-Fire Fred Heinke 15.00 Dept. of Streets and Public Imp. Lord Lumber Co. Bill No. 222 \$ 5.40 J. H. Frankenfeld, Bill 5/1/20 9.90 Champlin Law Printing Co. Bill 4/24/20 65.06 Appellate Court of Ill. Bill 4/15/20 10.00 Harry O. Sutter, Bill 5/1/20 12.05 Potter Mfg. & Lumber Co. Bill 4/15/20 2.00 F. D. Heinke, Bill 5/1/20 2.95 Merz & Moehl, Bill 5/1/20 5.72 C. E. Baker, Bill 5/1/20 170.18 Petty Cash, April a/c 65 Dept. of Public Property. Petty Cash, April a/c Lord Lumber Co. Bill No. 222 80 Western United Gas Co. Bill 5/1/20 9.15 The Ford Meter Box Co. Bill 10254 5.94 J. W. Nash, Bill 5/1/20 5.67 Raymond Lead Works, Bill 4/23/20 72.24 Standard Oil Co. Bill F 83608 \$24.12 Standard Oil Co. Bill F 76148 23.59 Standard Oil Co. Bill C 41675 29.69 77.40 James B. Clow & Sons Bill B 41442 66.26 Hersey Mfg. Co. Bill 4/3/20 33.00 Hawkins Electric Co. Bill 1066 13.80 McMaster-Carr Supply Bill 4/2/20 18.72 Sinclair Refining Co. Bill E 116849 46.40 Fred D. Heinke, Bill 5/1/20 166.82 H. Mueller Mfg. Co. Bill 13576 32.76 Western Electric Co. Bill G V 634075 17.42 Western Electric Co. Bill J D 640189 62.89 J. D. Gillespie & Co. Bill 5/3/20 8.10 J. H. Frankenfeld, Bill 5/1/20 23.06

BREAD IMPERATIVE FOR HUMAN RACE

Diet Would be "Topsy-Turvy" Without Familiar Loaf. Is Most Economical, Nutritious. Bread. What is it? Giving everyone credit for knowing the ingredients used in making the commonly known bread that has a regular place on the average dining room table, the question remains answered in part only. Bread, as a food for the human race, is without parallel. Since the stone age it has been the mainstay of diet—the very sinew of human life. Poverty and famine through centuries have been always heralded by the afflicted persons with the cry, "Give us bread"—never give us peas, potatoes, or any of the score of other foods known to the average individual. Without bread the diet of the human race would be set "topsy-turvy." Why is this? The answer is that wheat is the greatest human food. In every grain there is a complete ration of raw food to meet the needs of the human body. Baked into bread it is the most palatable, wholesome and economical food. Dr. Robert Hutchinson, F. R. C. R., one of the world's most famous dieticians, says in his book on "Food and the Principle of Dietetics": "Bread is the least watery of vegetable foods, and is relatively less so than meat. Weight for weight, bread must be regarded as one of the most nutritious of our ordinary foods. This is due to the fact that three-fifths of it consists of solid nutriment. There are no animal foods and but few vegetables of which this can be said." Another excerpt from Dr. Hutchinson's volume is: "Bread is not only one of the most nutritious, but it is also among the cheapest foods. For a given sum one obtains a larger number of calories from bread than from any other food." French people have been most alert to the high nutritive qualities of bread. They are recognized as having the biggest bread appetites in the world. The daily bread consumption of the average Frenchman, we are told by French scientists, is 600 grammes daily. When ingested this furnishes the Frenchman with 1660 calories, or 46 per cent of an adult's daily food requirements. Although the average person is not familiar with the relative caloric value of foods, nature seems to have provided a certain instinct regarding foods which becomes apparent during moments of extreme hunger. At such times the individual demands bread. Scientists have recognized this fact and during the recent periods of food shortage in Europe, when wheat was at a premium, every Continental nation sought to appease the public appetite for bread with substitutes prepared in bread form and endowed

with the name of bread. Codfish roe was used in Norway. Germany made bread of potatoe parings, acorns, bechnuts, and even sawdust. Sweden for a time was eating sawdust bread also. Rice and corn flours were used in several of the countries—even in the United States. Today Russia, stricken with hunger, is call for wheat that its people may have bread.

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G. B. TOPE, M. D. Physician & Surgeon Downers Grove, Ill. Office and Residence: 15 Highland Ave. Telephone 185 OFFICE HOURS: 10 to 12 a. m. 1 to 3 p. m. After 6 p. m.

DR. W. W. GOURLEY Office at Residence - Phone 283 N. Forest Ave. and Franklin St. OFFICE HOURS: 8 to 9 a. m. 3 to 5 p. m. Sunday by appointment

C. A. DURKEE OPTOMETRIST 92 E. Curtiss St. Every Evening Phone 134-W

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G. H. BUNGE Lawyer Office, Farm'rs & Merchants Bank Building, Tuesdays, Thursdays & Saturdays, 9 a. m. to 5 p. m. Every evening, 7 to 9.

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