

BREAD A SYMBOL OF CIVILIZATION

Man's Oldest Food. Bread a Diet During Stone Age, Has Amazing History.

Bread, aptly termed the "staff of life," is also a barometer for civilization.

Persons in the United States are just beginning to appreciate the extreme importance of bread as a food, but only very few are aware of its significance in marking the development of the human race.

History shows repeatedly that the humble loaf of bread, which is taken into the home in the most matter-of-fact manner, has been the handmaid of civilization through ages.

Wherever civilization laid its hand bread has been with it. In the lands where civilization made marked progress through the various centuries, bread has been consumed in large quantities.

Bread making is the most ancient of human arts. It marked the man's first efforts to obtain a diet of prepared foods—a step which signaled his departure from the lower animal stage of eating far back in the Stone Age.

Calced remains of coarsely ground grain cakes have been found in Swiss lake dwellings that date back to the Stone Age. The cakes, which would shock the housewife of today, were made of different kinds of grain, barley and one-grain wheat being among the ingredients.

There were no bakeries making bread for Mrs. Stonewife. She did not even have the opportunity of buying breadmaking material in meal form. To obtain her "daily bread" she was compelled to crush grains between some hard surface. Stones, round-shaped ones, were used to mash the grain against other stones with more or less concave surfaces.

Then came the baking—baking without ovens. This was accomplished by laying the dough in a convex shaped stone, which was heated, and covering it with hot ashes.

Bread was at the heels of civilization when it made big steps among the ancient Egyptians. They made bread from wheat, spelt barley and durr, kneading the dough with their feet.

It is also almost certain that white bread made its initial appearance in Egypt, being a food that only the very wealthy were able to obtain. Loaves of bread in those days were small and round, resembling to some extent the shape of the present-day muffins.

Egypt became the wheat-growing centre of the world and biggest bread consuming nation during the golden age of the Pharaohs. When this once powerful nation ceased to progress it was quickly reduced to the present stage, where it grows less wheat and possibly consumes less bread than scores of different states in this country.

Scientists found stone ovens for baking bread in virtually every house in the ancient city of Chalda. Close by the ovens were grinding stones used to make the meal.

When the tide of civilization swung westward to Greece and Italy, bread went with it, becoming a big factor in the diet of the classical Greek and the fast-growing Romans.

When the Romans became the progressive race of the world they turned more and more to bread as a daily food. But it was not until 171 B. C., after the war with Persus, that they were first introduced to the public baker, who today plays such an important role in furnishing bread.

Bakers, in the days of the Romans employed slaves to do the arduous task of grinding grain for bread.

Civilization and bread, hand in hand, continued the westward movement through the middle ages when England, France and other countries in Western Europe began to lead the progress of man. France, today, is the greatest bread-eating nation of the world.

Still on its westward flight, civilization and likewise bread eating, reached America. In this continent, both civilization and bread made their great development, particularly during the last twenty-five years.

Recent inventions and scientific discoveries brought bread to its high state of perfection. The greatest triumph was the automatic bread-making plants which manufacture bread that is untouched by human hands and absolutely pure, uniform, nutritious, and wholesome.

The United States, like other nations which led world progress, is rapidly growing into a big bread-eating country. Persons are awakening to the importance of bread as a food, which was so forcibly emphasized during the war when wheat and wheat flour had to be conserved to feed the world. Since the war, more bread is being consumed by Americans than ever before.

It is said that history repeats itself. If that is true the growing of the bread appetite of the United States augurs well for its future progress as the leader of civilization.

TWENTY-TWO YEARS AGO IN THE REPORTER

From the issue of March 3, 1898. Mrs. Geo. C. Moore has returned from the Baptist hospital in Chicago, where she has been for almost a month.

A sleighing party from the county seat, consisting of Editor and Mrs. N. E. Matter, Miss Matter, of Aurora, Mr. and Mrs. MacDonald, Mr. and Mrs. Stevens, Mr. and Mr. H. Plummer, and Mr. Starbuck, came over and spent Saturday evening with Mr. and Mrs. Frank Rogers.

The sisters and neighbors of Miss Eusan Faul gave her a surprise Monday afternoon, February 28th, to celebrate her birthday. The ladies present were: Mesdames Marsh, Curtiss, Worley, M. B. Downer, W. S. Carpenter, DeGroot, Brown, McNaught, Davenport, Escher, Mertz, Puffer, Fred Faul, John Stanley, Misses Edith Graham, Cora Escher, Martha Puffer.

Died at his home in Downers Grove Friday, February 25, Alfred H. Saxton, aged 37 years. Funeral services were held from the Baptist church, Sunday at 11 o'clock, the Rev. Geo. C. Moor, conducting the services. Burial was made at the Forest Home cemetery.

The death of Mrs. Abigail Morgan occurred at the home of her daughter, on Saturday afternoon, February 26th, in her 59th year. Funeral services were held Monday afternoon from the home and the body was sent to Menasha, Wisconsin, for burial.

A letter from the Alaska prospectors, Wm. Orr, Frank Owens and John Bradbury, announces their safe arrival at Seattle, and that preparations are being made to sail for the gold fields the present week.

Miss Alice Dent was agreeably surprised on last Friday evening by a number of her school friends, the occasion being her birthday anniversary. Those present were Misses Katherine Dixon, Margaret Cornils, Mary Watts, Emma Cornils, Catherine Wall, Emma Skinner, Ruby Smart, Vern Fowler, Myrtle Collier, Abbie Andrus of Cass, Master Will Andrus, Walter Moberg, Wilhard Moberg, Raymond Miller and Howard Fairweather.

VALUABLE DOGS BEING SHOT

Very recently several valuable and highly-prized dogs belonging to citizens of Downers Grove have come home disfigured and in some cases badly hurt, by gun-shot wounds and with the bullets still imbedded in their flesh.

These dogs were not vagrants nor animals in the habit of committing depredations. Why were they shot?

It is believed by their owners that some of the youthful residents of the village, who have of late been roaming around with "firing irons" are responsible for the mischief and it is suggested to their parents that a stricter supervision of their amusements would be appropriate. Otherwise it may be possible that something in the nature of a tragedy is liable to happen. "An ounce of prevention is worth a pound of cure."

Besides, bread is the food for the muscle, bone, and brain. Scientists have ascertained that it is the most wholesome, nutritious, and economical of all foods. Its exponents now say, "Eat bread—more bread."

Mrs. Mary L. Youde SCALP SPECIALIST AND CARE OF THE HAIR SHAMPOOING

Appointments by telephone. 63-M 54 No. Forest Ave.

State of Ohio, City of Toledo, Lucas County—ss. Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE. FRANK J. CHENEY. Sworn to before me and subscribed in my presence, this 5th day of December, A. D. 1919. (Seal) A. W. Gleason, Notary Public. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Druggists, 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

HOLD-UP MEN TAKE AUTOMOBILE

Druggist Conrad Stuker and His Wife Have Thrilling Experience Wednesday Night.

Automobile bandits took possession of Conrad Stuker's automobile Wednesday evening in a high handed manner as the druggist and his wife were on their way home from the city. Just as Mr. Stuker had driven across the bridge at Lyons and slowed down to turn the corner, a man stood in the middle of the street and compelled him to stop. At the same instant two others jumped on the running board and at the point of revolvers appropriated the car. After searching Mr. and Mrs. Stuker the leader of the gang said: "Be a good fellow and do as we tell you. We need your car tonight in our business. Give us your telephone number and tomorrow we will tell you where you can find your machine."

They then compelled the druggist to drive to the corner of Forty-seventh street and the Summit road, where a street car line runs back to Lyons. "There's your car, now beat it," was the command as the bandits forced Mr. and Mrs. Stuker to alight, and the auto shot south on the Summit road.

Later the bandits held up an Oak Park store getting \$238. The car used was a Winton touring car bearing Mr. Stuker's license number and Thursday morning the Maxwell street police station called up Chief Nicholson and informed him the machine had been abandoned at 421 Fourteenth st. The radiator was frozen up and the bumper broken, otherwise his car was little the worse for the night's raid.

Neither Mr. nor Mrs. Stuker had a chance to see the man's faces, any attempt to turn their heads to look at the unwelcome companions being thwarted by a shove of a gun. Hinsdale Doings.

We are just as anxious as you—in fact more so—to have the paper just crum full of news every week. We ask you to help by sending in the little locals you know. It is these small "personals" that make the paper "newsy."

NEWSY NOTES FROM LISLE AND BELMONT

Church Notes. Sunday School 10:00 a. m. Evening Service 7:45 p. m. Church Service, 11:00 a. m.

The Community Club will have a meeting at the church on Friday evening, March 5th. A good musical program and a snappy talk on "Seed Corn" by a representative of the International Harvester Co. Come and enjoy the fun. And also learn something about choosing seed corn.

At the meeting of the Milk Producers Association held at Elgin on Thursday, Mr. C. Lacey and Mr. Albert Smith were the delegates sent to represent the Lisle local.

Mrs. Arthur True of Chicago visited her parents, Mr. and Mrs. Haunesser for a few days.

Mrs. W. C. Briggs and granddaughter, Miss Florence Sheldon, visited with relatives in Chicago for several days.

Mr. Van Denburg was called to Holland, Mich., by the death of his mother.

Mr. Frank Thoman and sister have moved into their new home on the Plank road and their nephew, Mr. W. Smith with his bride is moving onto the farm.

SPRING STYLES

Spring styles in Taffetta, Tricollith and Georgette dresses, also suits in many materials including Jersey.

A number of coats, suits and dresses on hand at reduced prices. Georgette waists and separate skirts in many styles.

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COMING NORTH-WESTERN GLEE CLUB Assisted by MUSICAL ARTISTS in Program of Music and Comedy at DICKE THEATRE FRIDAY, MARCH 12th at 8 P.M. Tickets now on sale at Lehmann & Michel's Store. Admission, Adults—50c. Children—25c DON'T MISS IT!

Keep a Record The time will soon be here when the warm weather will entice you out of doors—when excursions, picnics, fishing and camping trips will take the place of sitting by the fireside. BE PREPARED to keep a permanent record of those good times by buying a KODAK now! With this wonderful picture taker you can KEEP ever fresh in your memory a RECORD of your outings. ZINDT'S PHARMACY Day and Night Service. 34 S. Main Str. Telephone 282

News for Shoe Buyers OUR NEW SPRING AND SUMMER STYLES ARE MOSTLY IN Over \$4,000.00 worth of the Latest Styles in Shoes, Oxfords, Pumps and Slippers have arrived in the last two weeks and it are on display in our windows now. The best selection we ever had, quality, Style, fit and price guaranteed the best you can get for your money. MORRIS SHOE STORE 64 South Main Street. Downers Grove, Ill.

Think What Gas Can Do In Supplying Hot Water providing you have a GAS WATER HEATER in your home. You need merely turn the faucet—if you have an Automatic Heater—to have steaming hot water from the tap just as you need it—for kitchen, laundry or bath. With a Tank Water Heater just light the Gas under the coils to have Water that is piping hot in a few moments. You will find that Water is heated hotter and far more conveniently with a Gas Water Heater than by means of the furnace coil. The furnace coil continually fills up with lime, springs a leak and must be renewed often. In mild weather the water is not sufficiently heated and in summer there is no hot water at all. The use of the separately fired coal heater means firing, ashing, inconvenience. A Gas Water Heater is efficient, economical and gives you water that really is Hot Water—the year around. Let us install a Water Heater in your home. It will add so much to your comfort. You will wonder how you ever got along without it. Western United Gas and Electric Company

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