# WASTE OF HEALTH IS A PERIL TO THE NATION

The emphasis which has been put on health programs, athletics and open-air agitation has been entirely in the interest of happiness, economy and industrial efficiency. All of which is good and necessary but how often have we thought of it as a patriotic program and that preparedness in health was vastly more essential than preparedness in arms? It is "the man behind the gun" who makes or unmakes the value of the gun but if the man be narrow chested, anemic, weak of limb, defective of eye, the gun might almost as well never have been made. All the armaments in the world, the best that Krupps or Bethlehem Steel can turn out will never prevent one foe from landing on our soil if the man behind the gun is a degenerate. Not less so is it on the farms than at arms. In the industrial or agricultural crisis as well as the military we demand a manhood who will come forward and lay on the altar of their country their very best.

When one realizes that the requirements for our army are that a man shall be five feet four inches in height, weigh 125 pounds, have a chest mobility of only two inches, and be otherwise fairly sound, one is surprised to find how large a proportion of our young men of today are rejected. One is reminded that we are threatened with a deterioration which may imperil our very existence. May we not well say to the men of today: "The waste of your health may imperil not only your living but your liberty?"

And have we as a nation realized that our greatest asset was not our banks, or our factories, of our mines, or our farms, but our manhood? Have we been too busy making money so that we had no time for infles. making men? May we not well now turn our attention to building up our walls at this point?

#### SAYS SCHUPP IS GREATEST PITCHER OF RECENT YEARS

Veteran Athletic Hurler Praises the Remarkable Control of the Giant Southpaw.

Andy Coakley, the old Athletic pitcher, likes to sit in the press stand of the Polo grounds in New York, right back of the cutcher.

Coakley occupied his favorite point of observation at a Giunt-Cub clash.



Ferdinand Schupp.

He was particularly interested in the pose they'll be more stuck up than ever who speak to him, old maids who hooks and curves of Ferdinand Schupp, the Giant pitching pride It mattered not that Schupp was hit Cahelle, in Life.

a little harder than usual, although he beat the Cubs. Conkley was only interested in what Schupp was putting on the hall.

"That fellow," said Andy, "is some pitcher! I don't see how anyone bats against him effectively. He has the hest curve ball I've ever looked at and I've looked at a few in my time.

"The most remarkable thing about It is his control of it. He sweeps it over the outer edge high or low, or on the inside, with as great case as Matty used to. I never saw a southpaw pitch that way. The more stuff they have, the wilder they usually are.

"Schupp has wonderful poise. He never lets the batter work him. He keeps the upper hand all the time Unless you sit here and watch every hall he throws you cannot appreciate the wonder of his work.

"He sat around on the bench a long time, but it didn't do him any harm. This is really his first year as a reguinr, but he knows all the tricks of a veteran of half a dozen years of twirling.

"I don't want to seem extravagant in my praise, but if there has ever been Schupp's equal in recent years he has escaped my notice. I wouldn't give him for any pitcher in baseball today if he were my property."

beset by war has a very definite last

moment of peace. There comes a time

when he has made his last sale, when

were he to remain, he would find little

henefit in doing so. Into the toy-shop.

19to the sweet-shops, the children will

come no more, for their little feet are

struggling miles away over these un-

comfortably rounded cobblestones that

seem to them like elippery little moun-

tains over which they must make giant

herd, in Harper's Magazine.

"Business as Usual" for

## Flashlights.

Nobody ever made a real success of the other fellow's busi-

It's human nature to go to some swell cafe to study human nature, where everything except what is real hunga nature can be found.

A virtue that is boasted of is usually a very new possession. A man can live down a victors past, but a fellow is a fool to handicap himself to that ex-

No man is strong enough to carry a grudge and do justice to himself, too.

Being a good fellow downtown is all right enough in its way, but save a little of your good nature for use when you get

A woman never understands why a lot of other women's husbands can make fortunes out of stocks and mines and real estate and her husband can't § even get a raise in salary.

#### When He Volunteers.

The Minister-Trust in God and nake your powder fly.

His Doting Mother-I wender how ong before he'll be a general? His Militant Father-Buffy for him !

His Pucifist Uncle-Dear me! Dear. His Proud Aunt-He gets his brave

spirit from our side of the family. His Little Brother-Gee! I wish I boldest love affair.

ress like that uniform. His Chum-I hope he pays me that

five bucks before he goes, His Best Girl-Isn't be grand! His Girl's Chum-Oh, you must give

me a military button for my collection, public place looking mad enough to

JOKES

Mrs. Higgins-

And so you have

secured your di-

say that I have,

the judge's deci-

unnianned, as it

His Decision.

"I can't marry you," said the girl.

tire stock, despite the shelling that had

ruined his place? And yet his toy-shop.

among British officers who came to

pleased their sense of gentle humor, to

go to the rains where the old man held

forth and purchase toys which he se-

Do Your Boys Stay Home?

more attractive to your books at night?

which youth must have?

What are you doing to make home

Are you allowing them the freedom

Are you providing them with the

will be apt to meet and mingle with the

But where there is a real live boy

cars, then,"

Toy-Shop Keeper of Arras. after he returned, became the vogue

The merchant in the town which is Arras. It was their kindly Joke, and it

his customers flee, and when, even lected from among the debris.

strides. He might as well get his last sort of music which they like?

doors and depart. And little good his fore school age.

had slackened, found it open to the nervous.

akies, so that he had no need to seek

The toy-shop keeper at Arras, who better class of people.

for his door key. Who would ever there is bound to be noise,

would one day sell out almost his en- where. Let it be at home.

moment over with as quickly as pos- Authority tells us that the taste for

mble, put up the shutters, lock the either good or had music is formed be-

shutters and locks will do if the big If your son learns to play some in-

shells come his way, says W. S. Shep- strument or has a talent for singing, he

returned to his shop when the shelling You hate practicing. You are too

have thought-feast of all, he that he | He will find vent for his spirits some

"All right. Here's where I change

"I have been in your train a long

Mrs. Wiggins-

Tes. I'm giad to trip!

when you heard you say?

Well, I felt sort of bride.

Mrs. Higgins- lefty)-Well, sig-

Mrs. Wiggins- I haven't seen the

How did you feel er - what would

vorce, I hear?

Sometimes I wish that I could go Along the paths I used to know, Could go back there and find some kid And go along the roads I did When I had not a single care, And all life's skies were bright and fair, And birds sung in the wayside tree,

Go find a little tad I knew Away back there, and we would go Where water lilles used to grow, And bend a pin and fix a line, Me and this old-time chum of mine, And sit until the light grew dim Where little sunfish used to swim.

Those were the days when bullheads bit And sunfish-why, life seemed to fit Us like a garment, and we slid, Myself and that remembered kid, From one joy to another. So, Sometimes, I wish that I might go And look about and find that tad And be with him once more, and glad. -Judd Mortimer Lewis, in the Houston

#### Jack Rabbits Which Live on Deserts of Southwest Are Never Known to Drink.

A very curious feature of animal life in the deserts of the Southwest is that rabbits, quail, squirrels, deer, antelope, the mountain sheep and many kinds of reptiles and insects live at great distances from visible water. The jack rabbit is especially notable in this respect; and, moreover, it flourishes in regions without a particle of green food in sight for miles and

Westerners assert that the jack rabbit may be found, happy and fat, spending the day under a scrap of bush that makes little more shade than a fishnet. His skin I: as porous as a piece of buckskin, and the heat is sufficient to evaporate every drop of blood in his body, yet he seems to get on very nicely.

Californians aver that no one has even seen a jack rabbit drink. Those who have camped for days in the deserts in vicinities where the only water for miles around was to be found, and with rabbits everywhere, declare that never does one of the little fellows come to the springs to drink. Men have even gone so far as to examine the margins of waterholes in those districts, with never a track of the rabbit disclosed beyond where the grass

#### Some Observations.

Little things trouble us and little things console us. Only a fool will pay twice for the

same experience. When a man becomes thoroughly

contented he has outlived his useful-

It is easier for the borrowed umbrella to keep lent than it is for the

The hardest thing in this world for dend game sport to do is not to tell rou about it.

Many a fool, after putting his foot in it, isn't satisfied until he gets there

with both feet. Marriageable couples are fond of star gazing because they are properly

equipped for it. When a candidate piaces himself ta the hands of his friends they massage his pockethook freely.

Now and then you will find that

the shyest girl gets tangled up in the If women were unable to see the His Little Sister-I wish I had a fine clothes other women wear they

would have fewer wrinkles. When you pick up a pretty girl's handkerchief it is permissible to wonder how she came to drop it.

When a married man walks into a Their Next Door Neighbor-I sup- bite a nail in two, and growls to those happen to be present shake hands with Drill Sergeant-Oh, Gawd!-James themselves. They have nothing like that coming home noon and evenings.

How Could He Tell?

How long do you

want to be away

on your wedding

Hawkins (tim-

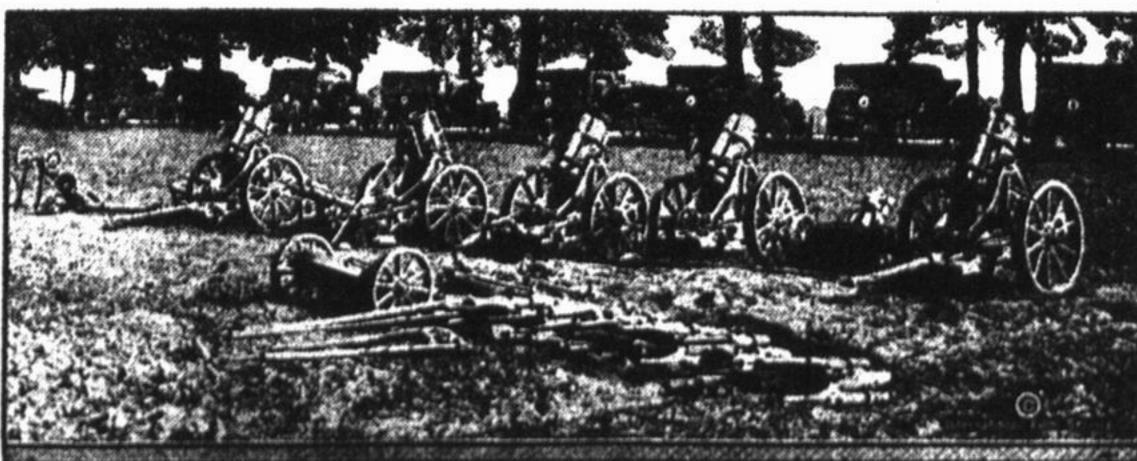
Hend of Firm-How do I know?

seen through.

"Window glass."

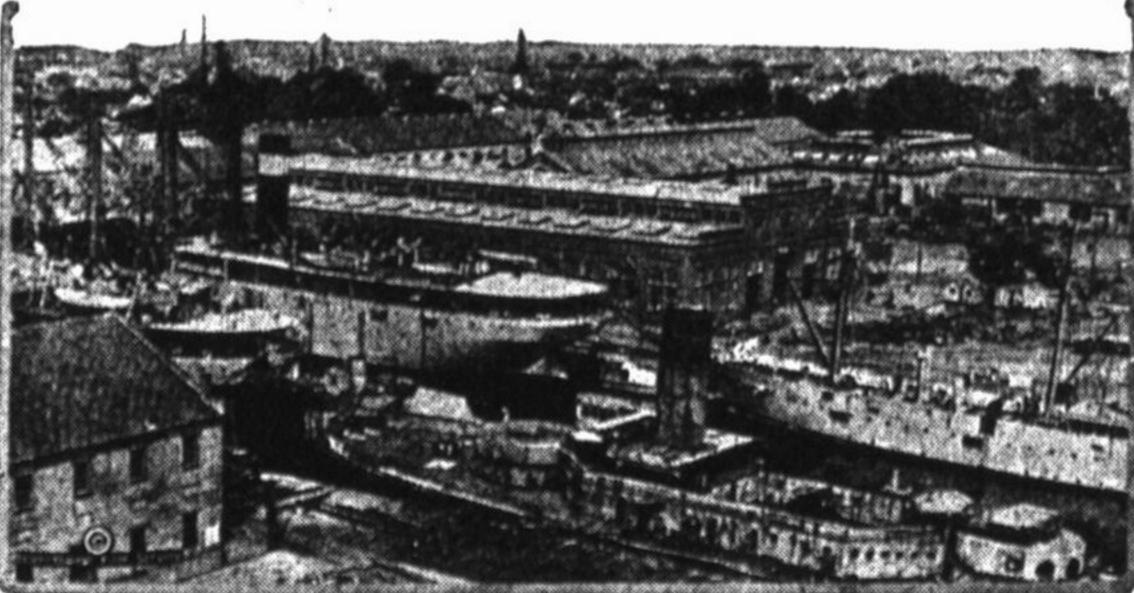
1-British soldiers counting German prisoners taken in a battle near Beaumont Hamel. 2-General Pershing's headquarters in Paris, in the Place des Invalides. 3-American bluejackets out at mine-laying practice. 4-Minister of War Kerensky, the hero of the hour in Russia.

#### TRENCH MORTARS CAPTURED BY THE FRENCH



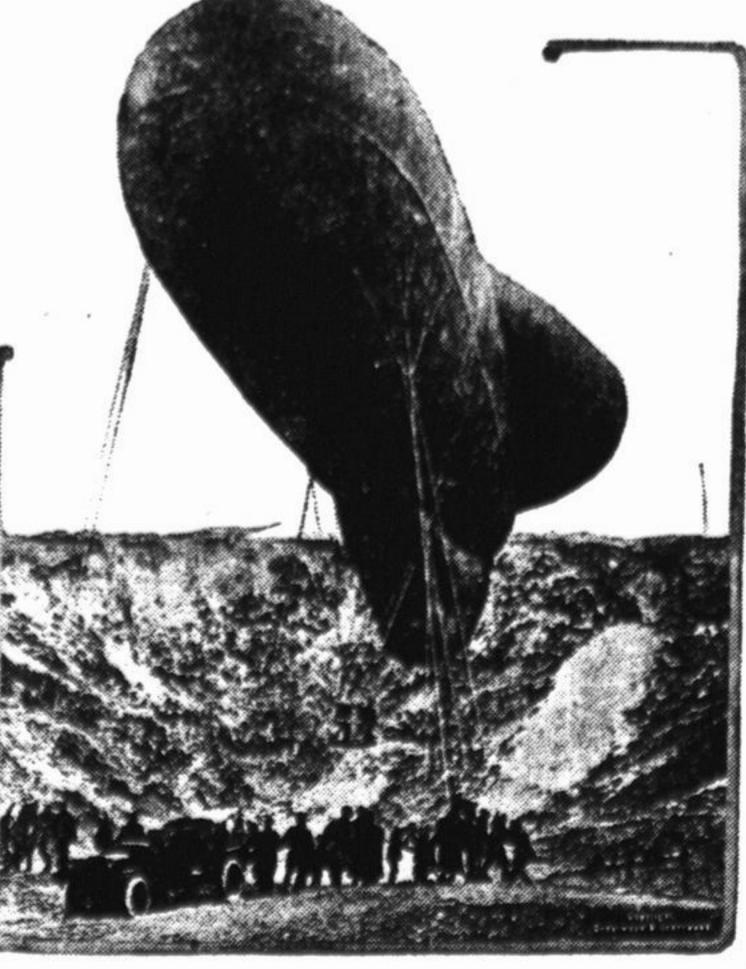
Line of German treuch mortars captured by the French in the Aisne district.

## ONE OF OUR GREAT NAVAL BASES



Interesting view of the United States navy yard at Norfolk, Va.

## MINE CRATER HIDES SAUSAGE BALLOON



A "sausage balloon," much used by the French for observation purposes, is shown here in an immense mine crater, about to rise with observers. There are many such craters in the territory where the British blew nine miles of German trenches into the air.

vary as greatly according to the famt- the moon; by others with the goddess

lies to which they belong as do their | Venus or the planet of that name.

cles 9:11).

1 The psaiteries of David were made

Solomon of the almug tree (II Chroni-

There is only one reference in the

MUCH IN LITTLE

Bread that will keep fresh two

weeks after it has been wrapped in

paper and sterifized has been invented

other characteristics and habits.

by a Paris baker.

# rie in "Seeing the World Through a

Porthole," a group of children were listening with great interest to the "yarns" of an old sailor, who seemed to them a miracle of knowledge. "In crossing the equator you either gain or lose a day," the story-teller de-

On the Safe Side.

Many years ago, says Surgeon Guth-

Easily Detected.

goods, for such a trick could be easily

"Smith could never misrepresent his

"What kinds of goods does he sell?"

One of the children appeared to him somewhat incredulous, whereupon the old man cleared his throat and added. "that is to say-sometimes,"

Another old saflor who was being tried by court-martial had been so impressed with the instructions of the roung officer detailed for his defense that he be extremely careful about qualifying evidence when he was not absolutely certain, said, when the judge advocate asked his name:

"My name is John McGraw-or words to that effect."

is of the 1891 pattern. It is rather | Ezra 25:15, as one of the most im-Life is so short that the most sur slow, discharging only 15 rounds of portant commodities imported into prising thing in the world is that same shot a minute. people want to kill time.

## **HONOR CARDS FOR HOUSES**



This new card has appeared recently on many houses throughout the United States, and signifies that a real true American has left his home to take his place in the ranks of Uncle Sam's marines. The placard reads "A Man From This House Is Fighting in France With the United States Marines." It is printed on a fac-simile of the French tri-color, the bars red, white and

Perfectly Grand. "What is a grand jury?" "One that gives a verdict in your favor."

Important Duty. "An old-fashioned woman, you say?" "Decidedly. She won't trust a nurse to wash her children's ears,"

Weights and Measures. Municipal departments of weights of cypress (II Samuel 6:5) those of and measures may obtain on request from the United States bureau of standards in Washington material for Astareth was the principal female drafting ordinances relating to weights

divinity of the Phoenicians. By some and measures and suggestions as to The sleeping hours of the animals ancient writers she was identified with methods of operation. A Sound Mistake, "Are the submarines wonden w The Italian Mannlicher Carcano rifle Bible to chony. It occurs only in | sets?"

"Then how can they be ye

# Save Pennies—

save pennies by

a good printer and

"Of course not; what makes you as

extra large chicken house, a fruit deep well, gas, about 15 a to station, Price \$4,700. 1% acres. 6-room house, gara chicken house, fruit trees, about from village limits, a bargain for let me know as I have at present acre tracts for sale. Prices range 6-room house, all modern, lots best of location, owner is anxious at once, reasonable terms. Make ment, laundry, furnace heat, bath, a floors hardwood, extra large front pere also sleeping porch, large shade trees, as tra large lot, 65x175. A bargain for 50,000 casy terms; better have me abow you the If you are looking for a good lot i

4-room cottage with stone four cement basement, electric light, gas, also small barn. This property is good condition and is a bargain for all 6-room house, with steam heat, a basement, bath, with two fifty-food on paved street best neighborhood.

If you are looking for a cheap lot as south side let me hear from you.

7-room house, hardwood floors de stairs, water, gas and bath, large fruit trees chicken house. Price, 15,000 6-room new bungalow, modern, on pa street, easy terms. Price, \$1,300.

5-room bungalow, water and gas, blocks from station. Price \$1,000. 50-ft. lot east front, good to paved street. Price \$400,

Don't forget to have your a household furniture insured aga by fire, the cost is so assail. The

6-room house on Maple ave basement, furnace heat, bath, Price, \$2,500.

This property is only several Price, \$4,000. 5-room bungalow, new all modern, ocution, east front, lot 78x135, Price 2

5-room house, water and gen. house, some fruit, near station easy terms; price \$1,500.

T-room house, steam heat, bath, wood floors downstairs, lot fluid. \$2,000, terms.

120 acres, fair buildings, about 254 from Downers Grove. Price per acre 158 acres on main stone road. Price per acre. Make offer

50-foot lot just out of village limits, water, electric light. A bargain

Ask me about the price. 30 acres, part timber, on main road, about 1% miles from depot. If you don't find the property policeling for in this list call up 200-have a number of others that mig

33 S. Main Street Phone 266-J

Waste Dollars Some users of printing ting inferior work and lose dollars through lack of ac

vertising value in the wor they get. Printers as a rule charge very reasonal prices, for none of get rich although all of them work