ACK IN COLONIA DAYS FOLKS MA GREAT FEASTS MONORING THE OCCASION: HERE'S HOW -

HE Christmas season brings to mind the many Christmas days gone by, with their four great features-turkey, cranberry sauce, plum pudding and mince pie. It was a good old Fnglish cus-

tom, not to be rejected by the American colonists, although modifications were necessary to suit the religion and conditions of living in the colonies, the Christ-spirit being substituted for the pagan yuletide, the famous "boar's head" was omitted, and the Christmas pie became known as mince pie. However, many old observances were kept, including the mistletoe

and holly, and Christmas was a day for family gatherings, with a feast prepared by the women of the house. It is quite possible that we would not like their flavorings today. They used a variety of spices, wines and seasonings in even their plain-

est dishes; but as everything was prepared in the home, either under the supervision of the mistress or by her own hands, the mixtures were wholesome. Everything was turned to account in the season with a view to future use, so in this way

preparations for the holiday were going on long before the day. In cherry time, a supply was carefully packed in hay and kept for Christmas.

The Christmas cookies, with coriander seed in them, were baked six months before and kept in an earthenware jar in the cellar.

Mince Meat Recipe. The rich plum pudding and cakes were made early in the fall and put away to mellow and

The miscemeat was then made, the recipe for which was recently found in an old Philadelphia cookbook. We copy all but the spelling: "Four pounds veal, four pounds suet, two pounds raisins, one pound currants, six apples, some rose water and sack half a pound, no more of sugar, three-fourths pound cloves, mace, nutmeg and cinnamon, some candied orange peel, lemon peel, citron and blanched almonds."

They made a puff paste for their pies different from ours. One recipe called for flour, one pound butter, ten eggs and some milk or water. Some housewives made their winter supply of mince pies before Thanksgiving and reheated them before using.

For the lemon tarts, the lemons had to be first soaked in salt water for two days. Then every day for fourteen days they were put into fresh cold water. When they were made, apples, oranges and sugar were added.

A few days before Christmas the mistress went to market, the maid carrying the basket. She would get her turkey, cranberries, celery, oysters, and a little pig for roasting whole.

The day before Christmas the real excitement began. The stuffing was made, and such stuffing! Bread crumbs, beef suct, liver, lemon peels, nutmeg. savory, pepper, salt, cream and eggs. The little pig, only four or five weeks old, was filled to his utmost capacity with mashed potatoes or apples.

Not the least to be considered were the green decorations. Ground pine for festoons and wreaths, mistletoe to hang, and holly everywhere were the necessities.

When Christmas morning came the excitement was at the highest pitch. The housewife, her daughters and her maids were up early. The brick oven was heated and the mince pies put in. The turkey was dredged with flour and put on the spit, with a small unwilling child to watch and turn it as it browned.

Another child was set to cracking nuts and polishing apples

Roasting the Little Pig.

The little pig was put before the fire to roast in the dripping pan, in which were three bottles of red wine for basting. While the things were cooking a long table,

the length of the room, was spread with the white linen cloth, napkin, china and silver or pewter. In the middle of the table was the famed

Christmas bowl. Here are the quaint directions for making it: "Break nine sponge cakes and half a pound of

macaroons in a deep dish; pour over one pint raisin wine, half pint sherry. Leave them to soak. Sweeten with two ounces of powdered sugar candy and pour over one pint and a half of castard. Stick with two ounces sliced almonds. Prace on a stand and ornament with Christmas evergreens."

The tankard with the Christmas brew was put on the table, and all the sillabubs, jellies, pickles. lemon tarts, red apples, nuts, the cookies and the cherries fresh from the hay. The fireplaces were now blazing, and the red

berries and green leaves of the holly were shining in the light. The mistletoe was waiting for the unwary, and the good smell of the brown turkey, savory stuf-

fing and applesauce was everywhere. Don Their Best Frocks.

After the housewife and her daughters had seen to everything they hurried to put on their best flowered silks, with white whims around their necks and the most secret beautifiers on their faces.

Then the dinner being nearly cooked, they took the little browned pig, raised him gently and put two small loaves of bread under him, and added more wine; an anchovy, a bundle of sweet herbs and a half a lemon was put into the sauce, which was poured over him hot. They had him sitting on his haunches looking lifelike. Then they put

Want sugges-ATIONS ABOUT ATHE GIFTS. WERE ARE SEVERAL

LL gifts, carefully marked, should be consigned the day before to the on in charge, and she must purchase quanity of clothesline and clothespins The line should be stretched back and forth across the living room, and each gift, wrapped in tissue paper and tied with red ribbons, should be fastened to the line by a clothespin, decorated with wings of red and green paper. In the bay window a table should

be arranged on which is placed "Jack Horner" pie, containing Christmas souvenir for each member of the family. The ribbons attached to the packages in the pie should be carried up to a hollydecorated hoop suspended over the table, each ribbon tagged with the name of the one for whom it is intended. When the "family wash" has been taken down-each person seeking his or her own gift-they gather around the pie, and at a signal "pull out their plums."

Hidden in Egg Shells. When the family is all present at breakfast start to serve the meal of coffee, bread and butter, ham and soft-cooked eggs without any mention of gifts.

At each place have an eggcup or saucer, on which you put an egg, the contents having been removed previously through a small hole in the end; partly fill with sand, and let each contain a small paper with a suggestion in poetry of where or how to find their gifts.

As each person thinks he is cracking his egg he finds the puzzle inside. Much merriment and good cheer will be the

result. Serve original content" of eggshells in omelet with the ham.

Hide one person's gifts in bookcase, paper in egg to read

If you are either wise or smart You'll find me in a hurry. Among gifted people I now dwell; So hunt, don't alt and worry.

Frost King and Snowballs. As this is the time for the clever woman of the family to devise some unique way of distributing Christmas gifts, she may decorate the living room with evergreens, holly and mistletoe, and then place in one corner a table covered with a white cloth, hidden from view by a screen of generous size. On this table is placed snowballs. These snowballs, made of white cotton batting and tied with white robbon, contain each designated present, and are heaped in a pyramid, thus obtaining a mass of snowballs varied size. The pile is scattered freely with diamond dust, in order to give it an attractive sparkle. If there is a small boy in the house he may be dressed as a Frost King, in a costume of white wadding, sprinkled with diamond dust; leaves and holly berries can be sewed here and there upon the robe. At a given signal the screen is removed, disclosing the tiny Frost King, who, with a few words of Christmas greeting, gathers the snowballs into a pretty basket, and as each ball bears a small tag he finds no difficulty in distributing the gifts to those assembled.

A Holly Ple. A novel way of distributing Christmas gifts on Christmas morning is to make a big pie in the center of the table of holly branches, and arrange it so the gifts can be easily drawn from under it. Each gift must be tied with a narrow red ribbon and one end lead to each place at the table. This is great fun, and of course everyone is anxious to see who gets the most ribbons, the lucky one being declared the most popular. The pie is not "opened" until end of break-

A Christmas Trail.

One member of the family should take charge of the gifts, and when the coast is clear should lay the "trail" with them in all of the available downstairs rooms. Start from a tiny Christmas tree on the living room table by fastening to it a card for each person, marked, for example, thus: "Card No. 1, father. Look for eard No. 2 in umbrella stand in hall." In the stand he will find a package tagged in this manner; "Card No. 2, father. Look for card No. 3 in your hat in hall closet." The third card will be found on a gift in the spot designated, with further instructions, which are followed on to the next, until all his presents come to light. Everyone pursues his or her trail at once, and a merry scene of confusion is the result. These cards may be prepared beforehand, and no difficulty will be experienced if, in placing the gifts, each trail is finished before starting to lay another. The last cards should direct the family to their places at the dining room table, where they will find amusing souvenirs of the occasion

Cobweb Method. A rather novel and entirely inexpensive way of distributing Christmas gifts is to employ the "cobweb" method. Suspend a rope diagonally across the room, over which the strings may cross, each string to be labeled at its source with the name of the member of the family or the friend for whom it is intended. A sheet can be hung across one end of the room, hiding the gifts from view until time for winding the strings. Let all begin the quest at once, it being necessary to find the beginnings of the strings where the names are attached. This will afford considerable amusement, as the strings should be run through keyholes, under beds, over transoms and even out of doors, if possible.

Aside from the element of mystery contained in this method, there is the added value which attaches to those things which have been really earned through one's own efforts.

airs, making drill work easy.

Reports Extraordinarily Heavy.

When one hears of individual wheat yields of thirty-live to forty bushels per acre, there is considerable incre dulity, but when yields, in whole townships extending into districts covering three and four and five hundred square miles in area, of upwards of fifty and some as high as sixty five bushels per acre are reported, one is led to put his ear to the ground to listen for further rumblings. The writer having heard of these wonderful yields made a trip through the provinces of Manitoba, Saskatchewan and Alberta, to ascertain first hand their truthfulness. it was remarkable to discover that Dame Rumor was no rumorer after all, that modesty was her mantle, that all that had been said of these yields was true, and that yields of over seventy bushels per acre were told of. These were so high that the truthfulness of the story was doubtful and very little was said of them. But such there were, and not in one instance, but in several, not in one tocality but scattered in places hundreds of rules apart. Leaving these out altogether, there were large areas in which the average was over fifty bushels per acre, which in all common sense ought to satisfy most people. Ore hundred and thirty threshers in Alberta have made their returns to the local government as required by an act of the Legislature. and the average of the wheat threshed | pose. was fifty-three bushets to the acre. So immense was the yield that official verification was required before giving it out to the public. Sitting in the smoking compartment of a day coach, where o't passing through a farming community, there may be gathered the gossipy yarns of the neighborhood. one hears also a lot of news. Just

now, the sole topic is that of the crops. A man with more or less of town. a bireute appendage, smock, clothes and han-is giving the appearance of one working in the field, was asked as to the crops. He had got on at Warner, Alberta. Taking out his pipe, lighting it and then crossing his knees, holding his chin in his hands, posseasing an air of supreme contentment, and with an intelligent face, he looked the man who could give some information. And he was just the man. He was a threeher and on his way to Milk River to secure some more help. He was requisitioned for information. "Yes, a good sesson I've made a lot of money. As for yields, let's see, and then he began to string them off. "Peterson had 63 bushels of wheat per acre on his five hundred acre farm; from 350 acres Roland got 65 bushels per acre; gier had one hundred and ten acres that went 63 bushels; Carr had 65 bushels per acre off an eight hundred acre field." And he gave others running from 58 to 66 bushels per acre. All these people lived east of Warner, Alberta. Looking out of the "todow and seeing immense fields, still covered with stocks be was asked why they were not threshed, he repiled that there were not enough 'rigs" in the district, and that they would not get through before Christ-

An American writing of a trip he made through Western Canada says: "I went as far west as Saskstoon, back to Regina, Moose Jaw, and down on the 200 line, and I must say that I never saw such crops, or ever heard of anything to compare with it any country on earth. The country is over the hill, and certainly the farmers have a lot to be thankful for There are very few of them that have done their work and done it properly but what have their debta paid and have bank accounts left."

And he only traveled the skirt of the country. The same story could written of any part of any of three Provinces. -- Advertisement.

Big Success. Mabel--Was your bezaar a success? Gladys-Yes, indeed; the minister

will have cause to be grateful. Mabel-How much were the profits? Gladys - Nothing. The expenses were more than the receipts. But'ten of us got engaged, and the minister in in for a good thing in wedding

ECZEMAS AND RASHES

Itching and Burning Soothed by Cutlcura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal, Relief, rest and sleep follow the use of these supercreamy emollients and indicate speedy and complete healment in most cases of young and old, even when the usual remedies have utterly failed. Sample each free by mail with Book Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere .- Adv.

No Occasion for Rossting. "I hear Mamie trowed you down." "Aw, she needn't brag. I been trowed down by better girls dan Mamie."-Life.

And Got It. "I hear that poor Bill got blown up in a powder factory." "He told me he was expecting

labeled them "Polsor One night, as he can the act. Seizing the bottle in

"Great heavens! Do you know what you are doing? Don't you see that what that bottle contains is marked

Paddy held it off and looked at it Then be, smelt it with a look of m ancholy, replied: "Tain't poison, sir!

that's foiled agin.' "How dare you tamper with whether you knew it was poison

"It's like this, sir. From the way yer honor emptied that demijohn in the cellar I thought you had your suspicions of me, an' it made me melancholy, so I thought, yer honor, I'd commit suicide."

CURE THAT WAS PERMANEN

Farmer Had No More Thought of S ing Afflicted With Cattle Plague After That,

by the cattle plague was fully per have never sunded that he had himself been at it's too into tacked by the epidemic. Forthwith cal man, who tried to laugh him out of the absurd notion, but to no pur-

The farmer then went to an old. well-known practitioner, who, being a bit of a wag and seeing how matters stood, entered minutely into the details of the case, expressed his concurrence with the patient's views, and told him he could cure him.

The doctor thereupon wrote a pre scription, sealed it up, and told the farmer to go to a druggist in the next

The farmer lost no time in going with the prescription, but was some what startled when the drugglet showed him the formula, which ran

"This man has the cattle plagu-Take him into the back yard and shoot him, according to law."

Soldiers Want No Children asked Zeni Peshkoff, socialist what his sensations were when h went out to kill. "It didn't seem ren it doesn't now. Before my last chare the lieutenant and I were filled with the beauty of the night. We sat gasing at the stars. Then the command came and we rushed forward. It di not seem possible I was killing his man beings." It is the unreality that sustains men. Germans are not he man beings-only the enemy. For the wounded French soldier will tell you he loathes war and longs for peace He fights or one object, permanent peace. He fights to save his children

from fighting. "Have you any children?" I naked one soldier, "No. thank God," in the reply. "But why?" "Because," comes the flerce answer, "If I had a son I would rather he deserted than see what I have seen." The man is unusual. The soldiers-not the women-are beginning to say: "We will have no more children unless there is no more war."-The New Republic.

Examine carefully every bottle CASTORIA, a safe and sure remedy for infants and children, as Signature of

In Use For Over 30 Years.

Children Cry for Fletcher's Castorie Too Speedy for a Guaranty. Joy Rider (stopped by rural cor stable)-Haven't we got any right left in this country? Doesn't the constitotion guarantee us life, liberty and

ings, Absen

the pursuit of happiness? Constable-ft don't guarantee man the pursuit of happiness at 96 miles an hour."

No Saving. "The women ought to be able to save money on dress this year, wear-

ing their skirts too short. "Yes, but they have to spend a much more on shoes and stockings."

make us look older than we are. Keep your Eyes young and you will look young. After the Movies Muripe Your Eyes, Don't tell your age. Murine Eye Remedy Co., Chicago, Sends Eye Book on request.

The Better Half. "Is he making her a good husband?" "No-she's making him that way."-Michigan Gargoyle.

Not Entirely, "Is your papa asleep, Dorothy?" "His eyes is, auntie, but not

Dr. Pierce's Pleasant Pollets are the original little liver pills put up 40 years ago. They regulate liver and bowels. Adv.

nose,"-Boston Transcript,

Edith—Aren't you atraid of mice? Ethel-Not now when I'm wearly eat fur on my shoe tops.

When all others fall to pleas Try Denison's Coffee

A near argument is one nobody gets angry.

SUNDAY SCHOOL CHRISTMAS ENTERTAINMENT

giving Christmas instead of a receiving one. The

suplis bring gifts instead of receiving them. The favorite method is for a class to plan a Christmas dinner. Each one in the class brings something for that purpose. One of the boys or girls can march forward dragging a turkey or chicken, and other member or members of the time clear following with articles for a Christ-na dinner, not forgetting cranberries, mines

For many years one Sunday school has had a an order for a ton or half a ton of coal. This may be given by the united contributions of a

a red apple in his mouth, which, alas! he could

At last the company came, the mistress pre-

serving a calm exterior, but with an inward

anxiety lest comething be burned or spilled at the

When all is ready the beaming bost says,

"Friends, will thee join us in the Christmas

feast?" And with great dignity he leads them.

with the guest of honor on his arm, followed by

The Table Decorated.

The table is a picture to cheer the hungry.

The large turkey is at one end and the pig at

the other end of the long table, with everything

they are to eat between, excepting the plum

After the silent grace, which stills the noise

for a moment, the carver takes his knife, and

with a deliberation born of steady nerves carves

The directions in "Gentlewoman's House-

wifery" says: "Raise the leg fairly of the tur-

key and open the joint with the point of the

and open the breast pinion, but do not take it

off. Then raise the Merry Thought between the

breast bone and the top of it," and so on till

the turkey is boned. While this is being done

pass the vegetables and deficacies, and even the

mince pie is eaten when they have the desire

The Correct Manners.

to. The book of etiquette says: "A gentlewom-

an must not lean her elbows on the table, nor by

a ravenous gesture discover a voracious appe-

tite, nor talk with her mouth fuil, nor smack her

feast was decorous, but merry for all that,

The children were kept in order. In all the

At last, when they have eaten to the extent of

their capacity, the plum pudding, blazing and

with a piece of holly stuck in the top, is brought

in and eaten with brandy sauce. Then the toasts

are drunk with the good home-brewed wine, and

HISTORY OF CHRISTMAS

Christmas, originally Cristes masse ("the mass

or church festival of Christ"), is the English

name for the season in which the birth of Christ

is commemorated. It is apparent, however, that

a festival was celebrated at this season long be-

fore it was held sacred as the birthday of Jesus

of Nazareth. The Saturnalia of the Romans and

the winter festival of the heathen Britons were

both celebrated about December 25; and later,

the Roman festival in honor of the sun god.

Mithra (instituted 273 A. D.) From the latter the

day became to be known as the "Birthday of the

Unconquered Sun;" and after its adoption by the

Christian church in the fourth century as the

anniversary of Christ's birth, this name was

A study of the customs associated with this

period also reveals a heathen, if not invariably

a solar, origin. The lighting of the Yule log (la

buche de Noel) on Christmas eve, once a wide-

spread European custom, is or was a function of

such predominant importance among the Li-

thuanians and Letts that their words for Christ-

mas eve literally signify "Log evening." The

sports of the "Lords of Misrule" in England are

thought to be an inheritance from the Saturnalia.

The decoration of churches with the once sacred

mistletoe and holly is a pagan survival.

given a symbolic interpretation.

The proper conventions are strictly adhered

After they are helped to turkey and pig they

"Then lace down both sides of the breat bone

never eat, and garnished him with holly.

the older people and the children.

under the fire of twenty pairs of eyes.

knife, but do not take off the leg.

the "Christmas bowl" is passed.

lips like a pig."

the feast is done.

last moment.

pudding.

A novel and successful Christmas entertainment was given in an eastern Sunday school.

After prayer, Scripture responses and carola, sleigh bells were heard, announcing the coming of Santa Claus. He appeared upon the platform shaking an empty bag, and lamented he had no

dren followed; then representatives from every class in the school, even the Bible union. Offerings were accompanied by specially prepared rec-Stations, songs or dialogues, and givers dressed to suit their gift. Children bringing concals appeared as "Quakers;" rice suggestee Chinese contume; ten, Japanese; "pure" products, the Puritan style, each. Sough were set to popula