REMARKABLE CASE of Mrs. HAM

Declares Lydia E. Pinkham's Vegetable Compound Saved Her Life and Sanity.

Shamrock, Mo .- "I feel it my duty to tell the public the condition of my



health before using your medicine. I had falling, inflammation and congestion. female weakness. pains in both sides. backaches and bearing down pains, was short of memory, nervous, impatient, passed sleepless nights, and had I neither strength nor

There was always a fear and dread in my mind, I had cold, nervous, weak spells, hot flashes over my body. I had a place in my right side that was so sore that I could hardly bear the weight of my clothes. I tried medicines and doctors, but they did me little good, and I never expected to get out again. I got Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I certainly would have been in grave or in an asylum if your medicines had not saved But now I can work all day, sleep well at night, eat anything I want, have no hot flashes or weak, nervous spells. All pains, aches, fears and dreads are gone, my house, children and husband are no longer neglected, as I am almost entirely free of the bad symptoms I had before taking your remedies, and all is pleasure and happiness in my home."-Mrs. JOSIE HAM, R. F. D. 1, Box 22, Shamrock, Missouri.

If you want special advice write Lydia E. Pinkham Melline Co., (confidential) Lynn, Mass.

There was an increase of nearly 700,000,000 in the cigarette output in the United States last year.

ALLEN'S FOOT-EASE for the TROOPS Over 100,000 packages of Allen's Foot-Ease, the antiseptic powder to shake into your shoes, are being used by the German and Allied troops at the Front because it rests the feet, gives instant relief to Corns and Bunlous, bot, swollen aching, tender feet, and makes walking easy. Sold everywhere, 25c. Try It TODAY. Don't accept any substitute. Adv.

"I" is the only letter in the alphabet of egotism.

Backache Spells Danger

Census records show that deaths from kidney disorders have increased 72% in 20 years. People can't seem to realize that the first pain in the back, the first disorder of the urine, demands instant attention-that it may be a signal of coming gravel, dropsy or fatal Bright's disease. The best prevention of serious kidney disorders is prompt treatmentthe best medicine is Doan's Kidney

An Iowa Case



kina, 509% Chestnut St., Atlantic, Iowa, says: "My system was filled with urle poison. The pain across the small of my back was so severe I could hardly stoop and I also had trouble from the kidney secretions. Nothing retook Doan's Kidthrued, I steadily got better and it wasn't long before my back was free

from pain and my kidneys were in Get Donn's at Any Store, 80c a Box DOAN'S TILLY

POSTER-MILBURN CO., BUFFALO, N. Y

The Army of Constipation Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible — they not only give relief - they permanently cure Contipation, Mil-

Indigestion, Sick Hendache, Sallow Skin. SMALL PILL, SMALL DOSE, SMALL PRICE Genuine must bear Signature

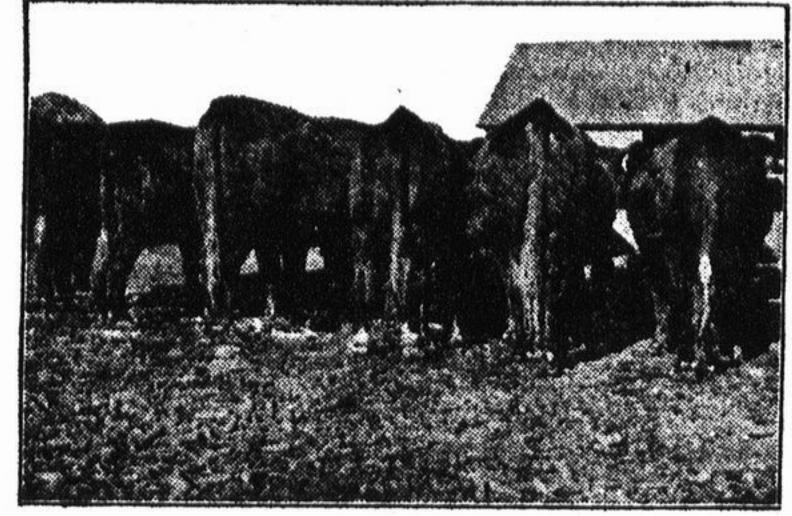


will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Bunches: Heals Boils, Poll Evil, Quittor, Fistula, or any unhealthy sore quickly as it is a positive antiseptic and germicide. Pleasant to use; does te horse. \$2.00 per bottle, delleered. Book 7 K free.

ABSORBINE, JR., antiseptic liniment for mankind Reduces Painful, Swollen Veine, Gottre, Wens, Strains, Bruines, stops pain and inflammation. Price \$1.00 per bottle Manufactured only by W.F. YOUNG, P.D.F., 310 Temple St., Springfield, Mass.



PREPARING BABY BEEF FOR MARKETING



Kansas station a lot of skim milk

hay and corn made an average gain of

440 pounds per head, consuming 34

bushels of corn during the second pe-

riod. Adding this to the average

amount fed to the skim milk calves

up to six months of age, the total

calves were sent to market weighing

Another lot of skim milk calves was

placed in the feed lot and finished as

baby beef on cut alfalfa and 35 bush-

els of grain per head. They were

sold when they weighed 740 pounds

at 12 months. The calves in this ex-

periment, however, were of very low

breeding and were well suited for the

purpose. If they had been well-bred

calves, Professor Wheeler states

about a 100 pounds of weight on the

same amount of grain. These are

some of the things that the baby

beef feeder must thoroughly under-

stand before he undertakes to start

cost of making baby beef is the cost

of feeding the dam while producing

the baby beef for market. If the cow

has given no other return she is cer-

tainly worth at least \$15 per year, and

this should be charged against the

calf when he is sent to market. Too

many feeders fail to take this impor-

tant item into account, overlooking

the fact that they must feed the cow

while she is producing milk to give

the youngster a start. If she has fur-

nished milk which has been sold or

made into butter or cheese then, of

course, this item may be very much

suckle-the dams as long as possible

in order to keep what is known as

"calf fat;" that is, the natural fat

which is on their bodies when born,

and they must be taught to eat grain

as soon as possible. This should be

and if fed with one-half bran the

It is a mistake to feed very young

The calves should be allowed to

Another thing to be figured in the

in the business.

reduced.

a little over 800 pounds.

38 bushels of grain when the

(By L. MILLER.)

There is good profit in making calves which were placed in the feed baby beef; that is, in preparing ani- lot at once and finished with alfalfa mals for market when they are from twelve to eighteen months old, but not every man can make it. Many things enter into the preparation of baby beef which very few farmers possess.

In the first place he must have on his farm an abundance of foods that are well adapted for the particular purpose of making growth and fat in the youngsters. He must not feed foods that are so coarse that they will not be suitable for young stock, if he does he will produce paunchy animals and fail to get on their ribs the necessary fat and to make them profitable. Foods, especially fodder, which may be suitable for older animals are often entirely unfit for the production of baby beef. There is a tremendous waste in feeding young animals although a pound of grain fed to the very young calf may produce a pound of gain, but with this there is more or less waste, mainly water, and the first thing to do is to start the fat going on the youngster.

If the calf is allowed to become thin be can never again be properly fattened. Baby beef must be started from the moment the animal is able to take his first meal from his mother and he must be first every moment from that time until he is sent to market.

Dry straw fattens calves particularly when they lie on it and sleep a great deal. Young calves are much like young babies, they must be stuffed as

much as they will in peace and quiet.

Sunshine and plenty of fresh air are almost as necessary as food because they help digestion wonderfully. The farmer who has plenty of skim milk, alfalfa, clover and corn may produce baby beef at a profit. Calves can be raised on skim milk until about six months of age, provided they are fed on grain, clover or alfalfa at a comparatively small cost. Some experienced feeders say they can make 350 to 400 pounds of baby beef at aix in the form of oats and corn ground months at a cost of less than \$8 per head. In this cost the skim milk ration is an excellent one. has been put at 50 cents per hundredweight. Roughage figures calves cottonseed meal as it is too at \$4 per ton, and all grain at 50 strong for their digestive organs and cents per hundredweight. Labor is is liable to upset them and prevent put in at 10 cents an hour. At the them from laying on fat,

CAREFULLY ADJUST COLLAR OF HORSES

Sore Shoulders Are More Easily Prevented Than Cured—Rest the Team Often.

I have found that sore shoulders on horses at plowing and cultivation time are due largely to a lack of humane thought and to neglect on the part of the driver. We cannot be too careful about fitting the collars. The trouble lies there. The collar should be fitted to every horse with precision and pains. It is cruel and a huckster is fast seeing his finish. mistake to change harness from one team to another without carefully ad- | not a fancier. He is a speculator. It Justing the collar each time, says a writer in Baltimore American. The padding of the collar should be worked down with the hands until it | breed, and to get out of it all that is conforms to the shape of the horse's shoulder. The surface of the collar | time. should be clean and free from grit.

When the collars are removed after working it takes but little time to bathe the shoulders in cold water. and it counts a great deal. It toughons the shoulder and removes all sweat and dirt. Galling will never occur if the horse is not overheated beneath the collar. It takes some thought and care to prevent this, espe-

cially on sultry, humid days. Cultivation is very strenuous and heating, and upon sultry days the team should be rested often, the collar being lifted from the shoulders to and egg records-business poultry. allow them to dry and cool.

Many think galled shoulders a necessary evil, but sore shoulders can be prevented and are more easily prevented than cured. If I think I cannot avoid galling upon a hot, humid day, I prefer to put the team in that cannot be taken hastily.

Silo Preventa Loss.

The aile is not the only way of preventing the usual loss from the corn fields, but it is the only way, and the best way, for preserving the feeding elements of the corn plant. The silo adds nothing to the feeding autrients. On the other hand there is a slight loss through fermentation. but it does increase the palatability greatly.

POULTRY FANCIERS' NEED OF INDUSTRY

Men Wanted to Create Breeds and Perfect Old Ones--Speculator Is Passing.

(By M. K. BOYER.) It has been asked: Will the fancters eventually be driven to the wall by the progress made in growing market poultry? Certainly not. We need fanciers-real fanciers. We want men to create breeds and to perfect the old ones. But the speculator and the

The man with a string of breeds is would be next to impossible for him to give each of these breeds his best attention. To thoroughly know good it would require an ordinary life-

Amateur fanciers will often buy culls from a breed well advertised and then advertise eggs for hatching from so-and-so's strain. The man is a worse enemy of the fancier than the man who breeds danghill fowls.

A wonderful interest has sprung up in poultry matters. Large sums of money are being invested, and poultry farms by the score are started.

These new farms are on the lookout for utility stock. The man who can advertise big egg records generally gets the trade. They want carcasses So the best advice to the beginner

is to join the utility ranks and raise poultry and eggs for market. Then in after years he can, if he attached to the forward end of the feels so inclined, gradually creep up into the fancier's fold. It is a step

About Cows. No matter how well our cattle are bred, or how intelligently they are fed, if the environment does not correspond with their breeding and feed-

able standard unless we employ well bred animals,

ing, our efforts are in vain.

FARM

PROPER CARE OF BROOD SOW

Animal is Often Neglected Before and After She is Bred-Furnish Her With Separate Pen.

The care of the brood sow is too many times neglected before and after she is bred. Many times they are kept most sure to result in a weak bunch of pigs. Good care at this time means much towards a good crop of strong, healthy pigs.

If they do not take plenty of exercise, they should be urged to do so either by driving them daily or by having their sleeping quarters and their feeding place some distance apart.

Another good plan, if a person has his farm fenced hog tight, is to let the sows have the run of the farm. They



Pigs in Clover.

they might have been brought up will wander around quite a little the weather is nice, and pick up good deal of their living.

Another important part at this time is the feed. Their feed should be of rather a bulky ration. Corn should be fed moderately along with alfalfa hay, some mill feeds, and a small quantity of oil meal or tankage. The sows should be kept gaining slowly from the time they are bred till farrowing time, and care should be taken that the feeds are not too fattening.

A week or so before farrowing time, each sow should be shut by herself and watched closely. Her feed should be reduced a little.

If this plan were followed more closely, the average of the pig crop would be somewhat larger.

AND SOIL FERTILITY

Everything Possible Should Be Done to Bring Ewes to Vigorous Condition at Mating Peeriod.

As the country ages and the fertility of its fields becomes exhausted its appreciation of the sheep will increase. Early maturity is an important quality to consider in selecting sheep.

Whether you are keeping sheep for pleasure or profit, your desires will be more fully met if your flock is of superior quality. A strong sheep does not necessarily have to mean a large one; in fact, a majority of the strongest sheep are medium in size.

Every sheep owner should keep a purebred ram, but every man is not qualified to keep purebred stock. Everything possible should be done to bring the ewes to a vigorous, fleshforming condition at the mating period. Sheep are excellent farm clean-

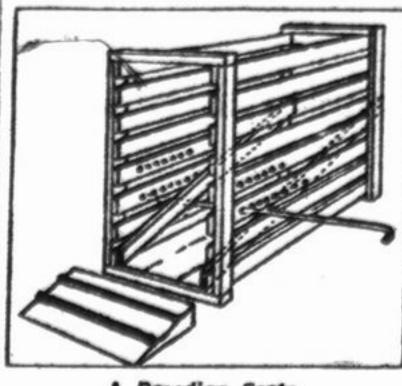
ers, weed killers and fertilizers. The man who desires large profits from his flock should afford it the best that good management will pro-

BREEDING CRATE FOR SWINE

Stout Frame Made of Two by Four Stuff, Closed in Front and Open Behind, Is Useful Device.

In answer to a query for an illustration and description of a breeding crate for hogs, one is taken from "Swine in America," by Coburn, and is given herewith:

"It is a stout frame made, say, of two by four inch stuff, closed in front



A Breeding Crate.

and open behind, with a bar adjusted to slip behind the sow above the hocks, and a two by four inch strip crate on either side at about where the sow's head comes, and extending to the rear and bottom where it is fastened. These strips are for the boar's forward feet to nest upon and hold his weight off the sow. A very good size for such a crate is five and onehalf or six feet in length, two feet four inches in width, and three feet high. Cleats can be nailed crosswise Our lives are too short for us to of the crate floor to prevent the sow's try to perfect a herd of improved slipping. When necessary, in breedcattle from a bunch of scrubs. Neither | ing a small boar to a large sow. can we keep our herds up to a profit. raised platform for his hind feet, such as the illustration shows, can be pro duced."

The seeding of spring wheat was pretty general this spring about 7th of April or about as early as in Illinois and lowa. Oats and barley followed. Information is to hand that on first of May all seeding was practically finin the same lot with the fattening ished. Farmers will now be busy at hogs, which is a sad mistake and al- their breaking, and the land for summer fallow will be entered upon. Some who did not get their land prepared last fall, will be later than the others, but as the spring in Western Canada In the first place the sows should has been very open they will be only have a separate lot from the rest of a few days later. At the time of the hogs, and it should be large writing rain would be welcome, but enough so they get plenty of exercise. at seeding time, the ground contained a splendid lot of moisture and the lack of rain at the present time will not be serious. The number of farmers who have gone into the raising of cattle has been considerably increased, and the preparation for extensive cultivated grass pastures is in evidence everywhere. The cultivation of fodder corn is being largely entered upon in Manitoba there being upwards of 25,000 acres in corn. In Saskatchewan there will be a large increase in the area planted, and in Alberta many of the more progressive farmers are taking hold of it The yield varies according to the cultivation it receives, and runs from five to nine tons per acre. In some portions of Manitoba where it has been poor for some years, success has been achieved in ripening and it is expected that a variety will soon be developed that will provide seed for the entire West, that will at an early For Sale to Settlers date give to Western Canada a fame for the growing of a marketable corn in tracts of ten acres and upequal to that it has now for the growth of smaller cereals,

A trip through Western Canada re veals field after field of alfalfa, the growth of which in any portion of the country is now absolutely assured. When these facts are made known to the farmers of the corn and alfalfa growing states, where their value as wealth makers is so well known, there will be no hesitancy in taking advantage of the splendid gift of 160 acres of land made by the Government of the Dominion of Canada, where equal opportunities are offered. Besides these free grant lands, there are the lands of some of the railway companies and large land companies, that may be had at low prices and on reasonable terms. During the month of February a large number of inquiries were received, asking for farm

land situation in Canada is the large percentage of sales made to settlers in the country who desire to increase their holdings or to others who will take up farming in place of different occupations previously followed .- Advertisement.

Unchartvable.

dead. Teacher-Well-yes-1 suppose so:

CLEAN SWEET SCALP

May Be Kept So by Cuticura Scap and Ointment. Trial Free.

of dandruff and itching with shampoos of Cuticura Scap and touches of Cuticura Ointment to dandruff apots and itching. Nothing better than these pure, fragrant, supercreamy emollients for skin and scalp troubles. Sample each free by mail with Skin Book. Address Cutleurs, Dept. XY,

Boston. Sold everywhere.-Adv. It is estimated that 760,000,000,000

cubic feet of illuminating gas are burned in the world annually.

SEEDING FINISHED

Wheat and Other Grains Have Had an Excellent Start.

An encouraging feature of the farm

Pupil-Teacher, may I be absent this afternoon? My aunt's cousin is

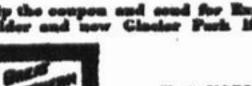
To have good hair clear the scalp

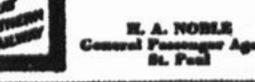
California Expositions

via Glacier National Park!

By overland trains across Rocky and Cascade Mountains via Spokane to Scattle, Tacoma and Portlandenroute a tour of Glacier National Park-

aboard new steamships Great Northern and Northern Pacific down the Pacific to San Franciscogoing or returning, travel this "Great Northern way."





H. A. NOBLE, General Passenger Agent, Great Northern Railway, Dept. W. U., St. Paul, Minn. Soud Expositions folder and Glaster Park books

Florida Lands

wards, in Volusia County, adapted to cultivation of citrus fruits, vegetables of all kinds and general crops. Situation healthful. Send for circulars. Write in English. Railroad runs through tract. Will sell on monthly payments. Agents wanted. Address

Florida Land & Settlement Co.

Care Alex. St. Clair-Abrams, Attorney 615-19 Dyal-Upchurch Bldg., Jacksonville, Fla.

No Great Wealth. Tom-She has a wealth of bair. Bess-Oh, I don't know. You can

buy those switches new for \$6,

YOUR OWN DRUGGIST WILL TELL TOU Try Murine Bye stempty for Red. Weak, Waters Byes and Granulated Byellds; No Sunring-

Truth may not be stranger than flotion, but it's a great deal shyer.





ajore saything.

W. N. U., CHICAGO, NO. 22-1918.

Canadian Wheat Start to Feed the World The war's fearful devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and there is an unusual demand for Canadian wheat, Canada's invitation to every industrious American is therefore especially attrac-



to raise immense wheat crops, You can get a Homestead of 160 acres FREE and

other lands can be bought at remarkably low prices. Think of the money you can make with wheat at its present high prices, where for some time it is lie-bie to continue. During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre, Wonderful crops also of Oats, Barley and Flax.

Mixed forming to fully an profitable an industry as grain raising. The excel-lent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent,

