

Coiffures Adapted to the Small Hat.



THE small hat is launched upon one more season of popularity and hair dressing must be adapted to it. But the very simple coiffures which have prevailed during the past year have become too tiresomely popular to suit women of fashion, or women who strive for individuality in dress. They want something new. Therefore, those divinities that shape our ends (so far as the arrangement of hair is concerned) have developed some lovely new coiffures.

These truly remarkable and beautiful styles accommodate the new hat shapes, and at the same time answer the demand for more dignified and elaborate hair dressing than the passing mode displayed.

There are three different styles to be featured. One shows the hair dressed high—on top of the head—in another, it is coiled low on the crown,

and in a third the regulation Psycho knot is worn. In several of the new styles a higher and slightly curled fringe appears across the forehead.

In all the new styles the hair is not much waved, and in all of them the ears are covered. In the majority of coiffures three very short, tiny curls nestle somewhere, either at neck or peeping out from the knot, or displaying themselves resting on the hair just above the ear. They are just about the prettiest little finishing touches that can be imagined. Women call them "cunning" and perhaps they are; for these little curls appear to rivet the attention of the masculine mind with extraordinary force.

By the way, few people realize how much men admire pretty styles of hair dressing and good grooming in the women they know.

JULIA BOTTOMLEY.

Social Forms and Entertainments



New Bird Game.

This is a novel way of giving a "bird party," the idea is given by Martha Burr Banks.

Supply the guests with cards bearing as many members as there are birds portrayed, by various methods on the walls. These examples will show how the names of the birds are demonstrated, each illustration is numbered, so the guest may write his guess down opposite the corresponding number on the card. It is well to attach pencils to the cards and to start the contest after all have arrived. A half hour is sufficient time to allow for the guessing.

Blackbird; A bird cut from black paper. Redwing; A home with a wing painted red. Flicker; A candle blowing in the wind. Highhole; A hole in the top of the paper. Cuckoo; A cook and two o's. Woodpecker; A match, a peck measure, and an R. Meadow lark; Children romping in a meadow. Yellow-breasted chat; Two men, with yellow shirt-fronts, talking together. Brown thrasher; A school-master in brown, with a rod in his hand. Cardinal; A church dignitary. Crow; A cock in the act of crowing. Hawk; A peddler. Swallow; A child eating. Swift; A boy running. Crossbill; A bill on which are written these words: "Pay at once!" Spoonbill; A spoon and a bird's beak. Blue-jay; A blue J. Fox sparrow; A fox and the letters S and P above an arrow. Song sparrow; A bar of a song, a spar, and a man rowing. Junco; A junk cart and an O. Bluebird; A bird with drooping head and wings. Wagtail; A dog. Maryland yellow-throat; A map of Maryland and a stork with a yellow neck. Chippy; A man chopping wood. Flycatcher; A piece of fly-paper. Redstart; The word "start" written in red ink. Indigo bunting; A scrap of blue bunting. Kinglet; A child wearing a crown. Pewee; A small P. Hummingbird; A spinning top. The names of other birds, such as catbird, oven bird, nut-hatch, snowflake, yellow-hammer, brown creeper, kingfisher, sandpiper, chickadee, etc., will suggest their own illustrations.

Have chicken in some form (sandwiches are always acceptable) and loaves or cream in shape of birds would be appropriate. It will be easy to manage "bird" cookies and perhaps the confectioneer will make nests of spun sugar in which candy eggs may be placed. These would be charming at each place on the table. There are many

delightful as well as inexpensive bird books to give for prizes.

A Field Day Party.

This is just the season for a "Field Day" party with all sorts of athletic sports. The guests may be any number, but twenty-four is just about right for the competition. This affair is fine for children, young people and those who are older grown.

Egg and spoon races are great fun, as well as the "needle and thread" contest. Then there should be running races, forty yard dashes, interspersed with three legged and sack races.

Rope climbing is most laughable as well as the merry "obstacle" race. A time-keeper, referee and a "judge" add to the interest and the prizes may be as many and elaborate as the hostess wishes. In some of the races blue and red ribbons may be awarded.

Perhaps tennis, croquet, archery and baseball matches may be arranged.

Refreshments or supper should be served on the lawn or porch. Such a party as this was recently given at a country place called "Glimmergen."

It would be a jolly thing to have the guests conveyed to and from the place in a hay wagon drawn by four horses. Provide horns and have bells on the harness.

It is needless to say that outing suits should be worn. From four to ten are good hours, but the time should be set to suit the convenience of the largest number.

Unique Card Party.

Any game of cards may be played that the hostess prefers or that is popular in the town. Request the guests to dress in costumes representing either the face or suit cards. For instance, have two five of diamonds, one lady and one a man, so that when all have arrived partners may be chosen for the first game. The prizes may be a handsome deck of cards in a case, a book on card games, ferns growing in a pretty jar, a bit of brass or a piece of pottery.

The score cards may be cut out of cardboard in the shape of diamonds, hearts, clubs and spades; the markers may be of these same figures, cut out of thin colored paper and gummed a few days before they are used, so they will be dry.

Serve hot bouillon in cups, patties of chicken and sweetbreads, salad, orange sherbet, small cakes, coffee, nuts, bon-bons. If ice cream is preferred, use the brick, cut in thin slices, ornament with tiny hearts, diamonds, clubs and spades cut from citron and candied cherries.

MME MERRI.

On Parasols.

Fine shadow lace decorates some of the daintiest parasols, and it is put on in many pretty ways. Sometimes tiny lace squares are inserted in the silk, but in a number of cases the lace is put on in the shape of a frill and caught here and there with a tiny pink rosebud. When the parasol is simple and of one color it is a pretty fancy to have the edge outlined with tiny closely packed silk blossoms.

Medici Turban, New Millinery Creation.



A small close fitting shape of black velvet with crush crown and narrow rolling brim and a distinctive and new trimming feature, which gives it its historic name. The wide upstanding lace ruff, wired and threaded about the crown with a ribbon of a brilliant color, is most becoming to the wearer.

Exercise to Develop the Throat, Neck and Bust

Girls who are inexperienced in the matter of deep breathing do not realize that lung expansion, and using the cords about the neck, will do wonders, not only for the throat and neck, but will also develop the bust.

If you doubt the effect of full lungs upon hollows of the neck you can demonstrate it easily to your own satisfaction. Just remove all tight clothing, stays, etc., and stand with bare neck before a mirror. Then slowly inhale through the nostrils until the lungs are filled from the lowest part to the top, and with the swelling of the upper part of these organs, all angles will disappear, for the hollows will be filled out. If the habit of deep breathing can be acquired and regularly practiced a great step toward beauty is thus gained. Incidentally so much other physical benefit comes from this habit that the entire system is improved.

During the exercises hold the chest in correct military position and throw the shoulders well back.

I have often heard dumbbells recommended as a valuable adjunct to these exercises, but if the fists are clenched and all work is done with a vigorous throw of the hands, as if one were trying to fling them from the arms, nothing further is needed. It is only in this way, though, that good will result in the exercise, for if the work comes merely from the elbows it is useless. Try it, and you will see that if the arms above the elbow are not vigorously worked no chest or neck cords are exercised.

Different individuals need different treatment as to external applications. From experience I have found this to be true. Often I advise a certain lotion or cream to be used, and in some cases results will prove very gratifying, while in others the women will write me to say the lotion was absolutely no benefit to them at all. This is mainly caused by different textures of the skin. Some skins absorb what is applied to them quite readily, while others have to be massaged and worked upon in order to make it sink in.

I know a woman who declares that she can make her neck plump in a few weeks by massaging it every night with warm almond oil and drinking a glass of two of milk before retiring. The same treatment might suit others admirably, for almost any kind of warm oil is certainly a tissue builder and in this state it absorbs more readily and so feeds the pores. Milk is also fattening.

A physician has recommended in cases of thin neck, as from ill health, the taking of cod liver oil and direct applications of a good lotion to the neck. The action of any application is likely to be hastened if the skin has been previously wet with hot cloths for five or ten minutes to soften and open the pores, which will then have even a greater power of absorption.

A cream that has the reputation of filling out when persistently used is made of half a gram of tannin, thirty grams of lanoline and twenty grams of sweet almond oil. Mix by breaking the lanoline into bits and melt it in a china cup set into a pan of hot water. When you see it becoming

olly beat in the almond oil, then remove the cup from the water and beat. At the first sign of cooling beat in the tannin. When all is creamed it is ready and is used as any other massage cream.

If after following all directions for applications you find that within a reasonable time it does not absorb as well as it should or in any other way does not agree with your skin, it is evident you need to change, and another kind of cream should be substituted.

Warm oil, tissue builders and massage creams have all had their praises sung by different women, and of course it only remains to be found out what agrees best and absorbs readily into your skin. Having decided upon the kind of application that best agrees with your skin, and being willing to take the time for the work, you should remove all constricting garments and have plenty of fresh air in the room. Exercise may begin with deep breathing. At first only two or three long breaths may be possible without becoming light-headed. This sometimes is due to your not being accustomed to filling your lungs, and as the habit is acquired the unpleasant feeling disappears. It is better to take a couple of long drawn breaths every few minutes than to take ten at once, for instance.

MME. ARMAND.

DAINTY FALL GOWN.



Model of black satin trimmed with cords of beads. Blouse of blue and black brocade, trimmed with stripes of gray fox.

SHIRTWAISTS FOR THE FALL

Washable Materials Will Be Favored, With Linen, Duck and Gingham Most Popular.

The chic shirtwaist this fall will be washable.

"No starch" is the verdict for the fashionable shirtwaist.

Many waists of chiffon will be worn.

Chiffon waists may be washed if stiffened with a somewhat stronger gum water, two teaspoonfuls of the stock solution to a cupful of water.

Plain shirtwaists will be worn this fall—linen, duck and gingham being popular.

Extremely simple cuts are the rules in shirtwaists.

Very close to the man's shirt is the fall waist for women, elongated shoulder line and short yoke being the rule.

Cotton crepe, voile, satin and broad-cloth waists must all have the short yoke.

For a plain tailored waist of linen, madras, pongee or wash silk the yoke may be omitted and the plaits at both front and back run to the shoulder.

Stitching will be made prominent on tailored waists. "Round stitch" will be used on many of the tailored waists.

FOR THE AFTERNOON.



Model of cream charmeuse and tulle, trimmed with edgings of pink ribbon. Lace fichu.

NET WAIST ALWAYS BECOMING

Fashion Had Good Reason for Its Popularity, Which is Almost Certain to Continue.

There is no doubt that the transparent waist of cotton net was the leader in the race for popularity. The model in it which sold by the hundreds and is still in fashion has a long shoulder seam, slightly gathered, and a loose sleeve that hangs above the waist with two box pleatings of lace. The long V shaped neck is outlined, and there is a lining, also of net, which is trimmed across its top edges with a smaller lace pleating.

On the majority of these waists there is ribbon attached to the lining. It is done more or less well. Sometimes there are three bands around the figure ending in stiff bows in front; again the top of the lining is gathered into a two-inch ribbon band which is finished with a large flat bow in front.

The whole blouse is loose and appears to fall from the figure, and the corset cover that goes with it is of chiffon in flesh color trimmed with tiny button roses. Now if the blouse is still selling wherever you are, buy it. It is unusually becoming. If you don't like the ribbon, take it out, or adjust it to suit your taste.—Washington Star.

Dainty Flowered Hatpins.

The methods of making flowered ornamental hatpins is easy. An ordinary hatpin, with a round or pear-shaped top, such as is bought for a penny or two, is utilized. The head of the pin is first swathed in wadding, and then covered with colored silk or satin, on which should be embroidered colored beads to represent the center of the flower. Pieces of ribbon are next taken to form the petals. Such flowers as poppies, daisies and roses are particularly becoming. The result when finished is eminently satisfactory, and often adds a pleasing dash of color to the general effect.

Flower Muff.

Have you seen the huge summer muffs made of artificial flowers? They are exceedingly decorative, and are composed of many different kinds of blossoms, such as roses, Parma violets and orchids. Some of them are finished with long hanging branches of the same flowers. Of course, they have come from Paris, where they were fashioned for evening fetes and gay dinners.

Novel Hosiery.

Wonderful ingenuity is exercised in the matter of smart hosiery, and for women who like novelties in any form there is plenty to choose from. Curious effects are contrived with stripes in lace or silk stockings, varying from about an eighth of an inch to a fine hairline. These are so cunningly wrought that they give elegance to the ungainly ankle.

Two of the Season's Smart Costumes.



blue, and blue and gray checked cloth. The skirt is of the check; the coat of the plain cloth, with revers and cuffs of the check; vest of white corded silk, with collar of the same, which lies over the coat. Small gold buttons trim the vest; it is fastened

The costume on the right is in sand-colored pique, the skirt slightly draped at the right side, the fulness being fixed under the wrapped seam.

The coat is one of the fashionable shape that hangs rather long at the back and cut up at bust in front, where it is fastened by two buttons. The collar and revers are faced with black satin.

Hat of sand-colored Tegal, trimmed with feathers and black satin ribbon. Materials required for the costume: 1 1/2 yards check 44 inches wide, 2 yards plain cloth 44 inches wide, 1 yard corded silk 20 inches wide, 1 dozen small buttons, 1 large one for coat, 4 1/2 yards lining silk for coat.

with press studs.

Hat of gray Pidal straw, trimmed with a blue mount.

Materials required for the costume: 1 1/2 yards check 44 inches wide, 2 yards plain cloth 44 inches wide, 1 yard corded silk 20 inches wide, 1 dozen small buttons, 1 large one for coat, 4 1/2 yards lining silk for coat.