

Pretty Straw Hat Suitable for Either Late Summer or Fall



A black empire straw hat with facing of black moire. The brim slashed on the side. The hat is trimmed with wings which are visible through the opening in the brim.

Practical Fashions

MADES' AND SMALL WOMEN'S DRESS.



This beautiful and practical model is designed for the miss and small woman. The costume is up to the minute in style features, yet is so simple to make that the young girl can fashion it herself without difficulty. The waist is made with deep armholes and can be finished with or without the puffed skirt. The skirt is cut in three pieces. The model is an excellent one for development in linen, pique, madras, pongee or taffeta. The collar and cuffs are made of lace, which gives to the costume just the needed trimming touch.

The pattern (5814) is cut in sizes 14, 16 and 18 years. Medium size requires 4 1/2 yards of 36 inch material and 1/2 of a yard of 27 inch all-over.

To procure this pattern, send 10 cents to "Pattern Department" of this paper. Write name and address plainly, and be sure to give size, and number of pattern.

NO 5814. SIZE.....
NAME.....
TOWN.....
STREET AND NO.....
STATE.....

Corded Weaves Coming.

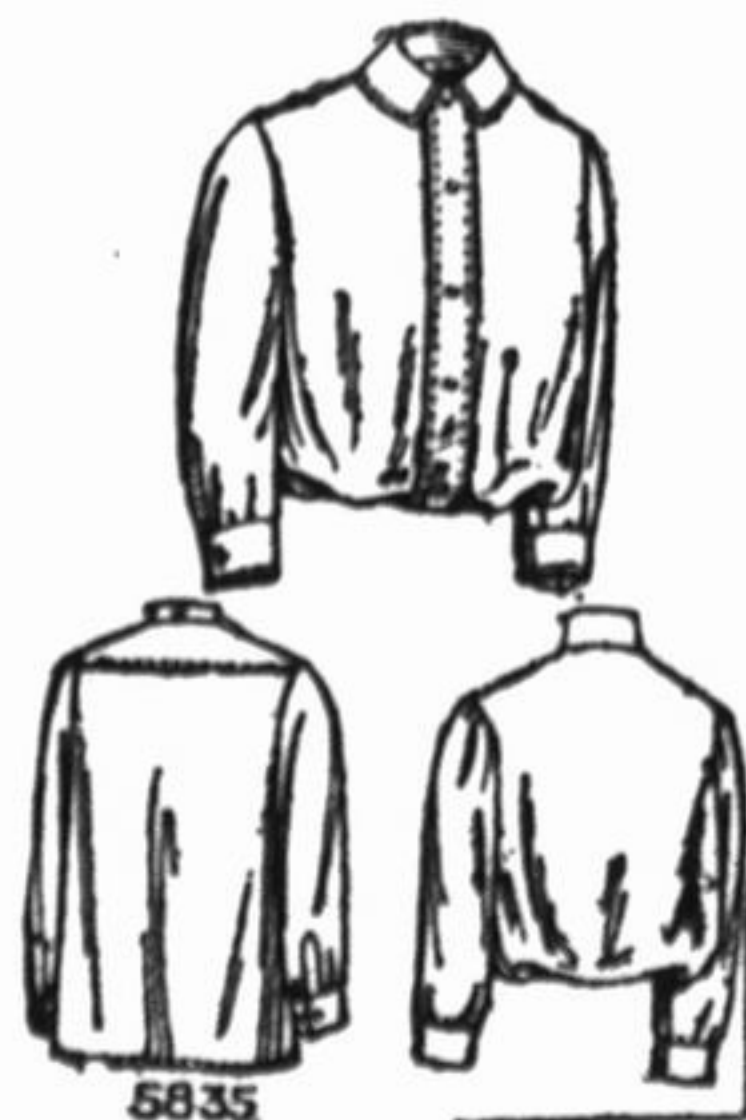
It is said on good authority that corded weaves will be popular in the autumn. These new ribbed fabrics will include materials so light in weight as to be suitable for dress draperies and heavier ones adapted for suits, outer wraps and trimmings.

Rose Parasol.

The rose parasol is one of the novelties of the season. This is made of tulle in a lovely pink, and it is entirely covered with scallops, the edges of which are slightly gathered to resemble rose petals.

Practical Fashions

BOY'S BLOUSE.



Many mothers will appreciate this simple blouse model, which may be fashioned in a short time, without the least difficulty. The pattern offers choice of plain or gathered sleeve and the waist can be made with or without the back-facing. Rolling or standing collar may be used. The blouse may be made up of cambric, madras, percale, chambray or striped or checked gingham.

The pattern (5835) is cut in sizes 4 to 16 years. Medium size requires 1 1/2 yards of 36 inch material.

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NO 5835. SIZE.....
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The Opportune.

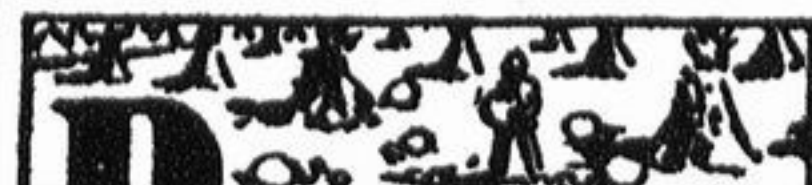
To my mind, he who does not help us at the needful moment, never helps; he who does not counsel at the needful moment, never counsels. I also reckon it essential that we lay down and continually impress on children certain laws to operate as a kind of hold in life. Nay, I could almost venture to assert that it is better to be wrong by rule than to be wrong with nothing but the fitful caprices of our dispositions to impel us hither and thither; and in my way of viewing men, there always seems to be a void in their nature, which cannot be filled up except by some decisive and distinctly settled law.

Pretty Wedding Gift.

One of the most appreciated wedding presents of a recent bride was an attractive basket containing six glasses of assorted jellies. The glasses were daintily wrapped in white crepe paper and the basket had been treated to a coat of white enamel paint, while the handles were tied together with a bow of white ribbon through which was thrust a tiny spray of artificial orange blossoms.

A New Jersey man has been fined for allowing mosquitoes to breed on his land. But how can a man dispense a flock of Jersey skeeters unless he be armed with a galling gun?

The KITCHEN CABINET



RARE indeed is the soul which has journeyed through untroubled ways from cradle to mid-life. The sweetest as well as the greatest souls on earth have experienced great difficulties and borne great burdens.

SOME NICE DESSERTS.

Angel Parfait.—Boil together a cup of sugar and a third of a cup of boiling water; pour over the well beaten whites of two eggs. When cold fold in a pint of double cream, whipped. Pack in half-pound baking powder cans and place in equal parts of ice and salt to mold. Let stand four hours, then unmold and serve with fresh raspberries. This amount serves eight.

Dainty Dessert.—When one has plenty of cream there are endless varieties of most delicious dishes which may be prepared on short notice. Chop a half cup of blanched almonds, cut in quarters a cup of marshmallows; add sugar to taste and stir into a pint of whipped cream. Put a spoonful of this on slices of chilled pineapple. The pineapple may be shredded and the mixture served in a sherbet cup, tasting full as well.

Pastry shells baked in patty tins, and when cold filled with sliced peaches, well sugared, and whipped cream added is a variation from the ordinary peaches and cream.

Line a sherbet cup with strips of sponge cake, fill with chocolate ice cream, arrange a tablespoonful of whipped cream on the top of each, sprinkle with chopped pistachio nuts and decorate with a candied cherry. This is called Chocolate Trife, but is no trifling dessert.

A delicious lemon strawberry frappe is prepared by crushing a pint of ripe berries and then pass them through a sieve; add a sirup of a cup of sugar and a third of a cup of water boiled together, a half cup of lemon juice. Mix well and pack in a mold. Let stand four hours in ice and salt.

A simple and inexpensive dessert, when nothing else seems available, is cornstarch pudding. Prepare the milk and boil the starch, a tablespoonful or two to a pint of milk, sugar to taste, and if chocolate or cocoa is liked, a few tablespoonfuls of that with a bit of vanilla. Be sure to cook it long enough to cook the starch well. Serve with cream and sugar.

Nellie Maxwell

The KITCHEN CABINET



REST is not idleness, and to lie sometimes on the grass under the trees on a summer's day, listening to the murmur of water or watching the clouds float across the sky, is by no means waste of time. —Sir J. Lubbock.

MEALS WITH LITTLE HEAT.

For those who feel that they cannot dispense with meat entirely during the heated term, there are many dishes which may be flavored with meat in small quantities which serve every purpose. The agricultural department tells us that two and a half quarts of milk are equal in protein material to a pound of average beef, nine eggs have the same value, two-thirds of a pound of ordinary cheese, half a pound of peanut butter and two-thirds of a pint of dried peas, beans or lentils.

There are still people who depreciate the value of skimmed milk; it is most excellent for soup making, many puddings and for use in bread and rolls. Skim milk has nearly all of the food value left in it minus the fat. This may be supplied if needed in any of the dishes, so that the milk is as valuable practically for food as if it were unskimmed.

A cupful of meat added to a dish of vegetables or with dumplings makes a good flavored dish, and the gravy will make it go much farther. A mixture of two or three kinds of vegetables with a cheap cut of meat will serve a large family. If housekeepers studied the amount of meat necessary per capita for their family and what was considered a suitable allowance, there would be smaller meat bills and better nourished families.

Excessive protein food is dangerous, as it imposes undue exertion on some of the organs. Over-eating is a common fault and many of the diseases to which our flesh is heir might be done away with if we were more abstemious. The suggestions to cure the "meat ridden" menu are the substitution of salads, milk and milk dishes, cheese, eggs and nuts.

Nuts are so good and wholesome eaten with no accompaniment except salt, made into croquettes or baked in a loaf and served with a sauce as for meat loaf.

Sudden changes are never wise; it is better to gradually wean the family from large quantities of meat by the substitution of some of the above foods a little at a time.

When cooking a fowl add a knuckle of veal and the flavor will be nearly as good for a pie as the chicken itself for another day's dinner.

Nellie Maxwell

Health & Beauty Hints
By Katherine Morton

The beauty of the skin depends to a great extent upon the health of the sebaceous glands. These are little underlying ducts supplying the skin with the grease needed, and if their secretions are suppressed, the pores are stopped up and some complexion defect or other will result.

One must keep the pores of the skin unhampered of old oil and dead cuticle to have a good complexion, and when they seem inactive there is nothing to do but to resort to massage and very thorough bathing with hot water and a good soap. Cold water is useless against the deep seated dust and grease of the skin, even with the aid of soap. Moreover, it tends to contract the pores, making it still harder for them to yield their contents. So as a preparation for helpful massage, which is meant further to clear the stopped-up pores, the face bath must not only be hot but very complete.

There is much contention that soap is injurious to the skin, but this is by no means true. The influences of soap are tonic, antiseptic and cleansing, so that a soap must really be very bad to hurt the skin—contain, in fact, the strong alkali which scorches and irritates. A good face bath with very hot water and a bland soap leaves a smooth skin like marble, and with repeated and systematic bathing the rough one is much improved. Work thick soap suds or a soap jelly well into the pores, and rinse with repeated waters. Dab it partly dry with a soft old towel, and then sit down with a pot of good cold cream, or a little almond oil, and proceed with the massage.

Begin by massaging the muscles of the cheek just in front of the upper half of the ear, using the three first fingers of both hands. Rub outward and upward in a circular manner, with a firm yet gentle touch, covering a spot about the size of a silver dollar. If the muscles are correctly located, the upward motion will pull the skin taut about the corners of the mouth, rubbing out the drooping line at the side of the nose. If the face is heavily lined here, massage will in time so strengthen the muscles that the furrows will be much softer, or disappear entirely.

Next massage the temple muscles in the same way. These are still more easily detected by the even greater influence they exert on the lines each side of the nose. The regular and systematic massage of them will prevent the formation of crow's feet, those fine lines at the corners of the eyes which laughing faces with thin skin take on so often at an early age.

Some unguent or other is undoubtedly required with massage, for otherwise the cuticle would be much irritated, and the benefits of any face cream are increased tenfold if it is used with massage. For the face constantly made-up with cosmetics, rouge and a fancy powder or liquid white, it is also necessary to cleanse the skin first with the grease before using water upon it, for otherwise the bath will only force the makeup down into the pores.

If the face skin is very delicate, do not dash cold water upon it after the hot bath, as this interferes with the circulation and is considered harmful by all the beauty people. Where the skin is very inactive two face steams could be taken a week, the massage immediately following these.

An astringent of a harmless and invigorating sort is often needed after massage, especially if the pores are inclined to be big, and all authorities agree that a first-class cologne is the best for this. A formula for farina cologne, which is much used in this way, follows below:

Oil of bergamot 1 ounce
Oil of neroli 4 drams
Oil of rosemary 5 drams
Oil of lemon 3 drams
Oil of cloves 1 dram
Oil of lavender 1 dram
Rectified spirit 1 gallon

The druggist would put up this formula more perfectly than it could be done at home, or else supply a bottle of German cologne, which would be very nearly as good.

Arranging the Veranda.

Do not crowd the veranda to overflowing with odds and ends, or all its comforts and charm will be dispelled. Arrangements should always be perfected to make it desirable as an outdoor living-room, well lighted at night and suitable for breakfast, luncheon, tea and even dinner. And if in a vicinity where mosquitoes and flies swarm, screens must completely inclose the porch space.

Dark Slippers.

At the present moment slippers of the paler tints are not considered good styles in Paris and footwear in richer shades of dark red, blue and violet combined with gold and silver are worn with gowns introducing these tones. These metal brocades enhance their popularity to the rich Oriental effects introduced by the evening gown.

Turkish Toweling as Used for Pretty Walking Suits



Photograph by Underwood & Underwood, N. Y.

The prevalent material craze for this summer is Turkish toweling made up into walking suits. This rough material is all the vogue now at both seashore and mountain resorts.

CLING TO BLACKS AND WHITES

Combination Always Popular Seems to Show Little Falling Off in Favor.

In spite of the rage for color which threatened our peace of eye so seriously in the early days of summer, we remain very faithful to the time-honored combination of black and white. Amongst the most successful of white lace dresses destined to adorn Ascot is one made in tunic style with broad bands of black sillon, a short, rounded, black ninon coat hanging in sack style over this ruffled with black ribbon with a white picot edge, and the whole is to be crowned with a black hat lined beneath with white chip with a forest of black and white ostrich feathers waving their fronds over the crown; a parasol of white lace hemmed with black chiffon will complete the effect. —London Madame.

FOR THE EVENING.



A chic evening gown with lace sleeves and graceful draperies. The high-waisted skirt is finished to the bottom and finished off with a wide black sash.

RATHER STUPID PARIS FANCY

Zebra Rip Could Only Attract the Gaze Because of the Extreme Ugliness.

Very odd, indeed, are some of the new tailor-mades, writes a Paris correspondent. In fact, a few of them irresistibly suggest that the wearer, despairing of finding any new ways of being beautiful, is as a last resource falling back on ways of being ugly.

How otherwise could one account for a coat like an Early Victorian dressing jacket, than which nothing more shapeless has yet been discovered in the history of costume, made of stone-colored cloth, and suddenly bursting into an orgy of black and stone-colored zebra stripings, just on a level with the cuffs, which are of the same arrangement?

The skirt, up to the bottom edge of the coat, has also the horizontal stripings, so that the general effect is of a blege jacket standing up in a black and blege basket.

New Stocking Device.

Women who are afflicted with perpetual Jacob's ladders in the tops of their stockings should adopt an amateur device that is successful in preventing such mishaps. Instead of using the steel hooks at the ends of the side and front elastics substitute quarter-inch satin ribbons. Fold a piece in the middle, sew it there to the elastic itself, leaving the two short ends free.

On each stocking put two or three loops of silk braid to match in color and through these tie the ribbons. Fold a piece in the middle, sew it there to the elastic itself, leaving the two short ends free.

On each stocking put two or three loops of silk braid to match in color and through these tie the ribbons. There will be no madeira work, as some one terms these tiny holes in the stockings made by the hooks, and the effect of the pink or blue satin ribbon bow is attractive.

Pictureque Tunic Frocks.

Despite the success of taffetas which had such a run during the spring, it was inevitable that the soft clinging materials should sway for summer, and consequently modes are becoming somewhat simpler. What constitutes a panner in the crisp silks becomes merely a folded drapery in silk linen and chiffon.

The favorite fashion of the moment is the tunic frock, for the tunic is such a versatile garment that it may be said to merge into the panner in some of its simpler forms. Mouseline de soie and lace take alternative parts in the latest Paris frocks to the tunic.

Maine in Vogue.

Hats, Gumpes, And also tunics. The most necessary of them. They're made on the wire and are very nice. Fringed with lace in some of the styles.