

### **Practical Fashions**

LADY'S TAILORED SHIRT WAIST.



Every woman requires a number of tailored shirt waists in her wardrobe, and the model here given is an expellent one for the fashioning of a plain waist. The garment can have plain or gathered sleeves and low, rolling collar or removable turn-down collar. Linen, madras, percale, chambray or pique can be used. The pattern (No. 5764) is cut in

aixes 32 to 42 inches bust measure. To ma a the waist in the medium size require 314 yards of 27 inch material or 21% yards of goods 36 inches

To procure this pattern, send 10 cents to Fattern Department" of this paper. Write sme and address plainty, and be sure to give a and number of pattern.

# MO 5764.	81.2R
MAME	
TOWN	
STREET AND	NO
STATE	

Japan a Field for Suffragettes. The wife of the missionary I visited in Gaaka told me one or two amusing incidents—amusing in one respect and pathetic in another—that are of in-

ternat. A Japanese member of her church declared: "No, no, Mrs. Hall, you can't ever make me believe that my wife is as good as I am!" On another occasion she was teaching a Sunday school class concerning the woman of Samaria, and asked: "Why did Jesus ask the woman to call her husband?" And the Japanase answer was: "Because he was going to talk mintellectual things and she needed ome man to help her understand."-Clarence Poe in "Where Half the

Condensed Milk. "Do you call this a pint?" asked the mary servant girl of the milkman.

World is Waking Up."

Well, it won't do. When we want and milk we'll buy it at the

> Looked Like Ready Money. did he succeed so long in foolcreditors into bolleving that on for appendictibe."

# **Practical Fashions**

LADY'S EMPIRE DRESS.



The front closing is simulated in this stylish model, but the fastening is at the back. The dress is made with the fashionable Empire waist line, has separate guimpe and a fourgored skirt. To make the garment silk, mohair, pongee or linen can be

The pattern (No. 5772) is cut in sizes 32 to 42 inches bust measure. Medium size requires 51/2 yards of 36 inch material for dress and 2% yards of 18 inch fabric for guimpe.

To procure this pattern, send 10 cents to Pattern Department" of this paper. Write name and address plainly, and be sure to give size, and number of pattern.

NO 5772.	SIZR
NAME	
TOWN	
STREET AND	NO
STATE	

A man electrocuted in Kentucky loked as he was placed in the chair. This might be described as shocking levity.

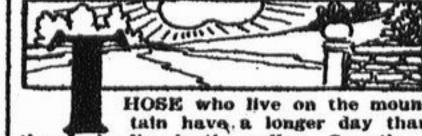
Now a tramp comet has been discovered. As if we did not have trouble enough coming along with the gentlemanly kind!

If you don't like your mother-in-law around the house, throw her out. Michigan judge says you have a perfeet right to do so.

A Hungarian woman has left a rubbed around the edge of the bottle million-dollar estate to a lap dog, and a dog that can't be happy with a milton bones is no good.

all with the turkey trot is





tain have a longer day than those who live in the valley. Sometimes all we need to brighten our day is to rise a little higher.

#### TIMELY SUGGESTIONS.

Small pieces of toilet soap, too small to use, should be kept in a small jar, and when a sufficient amount is collected boil with water until dissolved. Use this liquid soap for the shampoo, and there never will be the possibility of having small particles left in the hair. This is an excellent soap for the children to use, and they like it, too, especially the boy with the grimy hands.

Milk that is slightly soorched may be redeemed by putting it into a clean dish and letting it stand in cold water.

A good way to warm rolls or muffins: Lay a cloth in a colander or a sieve, and place the rolls in it over the teakettle; the water can be boiling for the tea or coffee and the rolls beating at the same time.

Every cellar should have a partition or closet shut off from the rest, where the potatoes, fruit and perishable foods may be kept at a temperature below fifty.

A most dainty dessert and one which, if the materials are at hand, may be prepared in a short time is the following: Peel and cut in halves sufficient peaches for the number to serve. Whip cream, sweeten and flavor and a few marshmallows cut into quarters.

Another unusual peach dessert is this: Place the halves of very ripe peaches on slices of angel cake and pour over sweetened whipped cream.

Do not tax the brain after a hearty meal, as the blood is all needed in the digestion of the food; if both functions are at work, one must suffer. Grape fruit salad with a French

dressing is an excellent digester at the end of a heavy meal, and makes an appropriate dessert. Asparagus is said to be an excel-

lent remedy for rheumatism; it is at least a pleasant one, and leaves no such after effects as many of the rheumatism medicines do.

When cooking beans for Boston baked beans, always soak them over night, and a little soda added while they are parboiling will soften the skins.

Beans should be baked at least eight hours in a moderate oven. Keep them covered until the last hour. A little mustard added to the molasses gives a good flavor to a pot of beans. Many like an onion baked with them for

Mellie Maxwell.



You must spend well your Sunday

We shall be so kind in the afterwhile, We shall bring to each lonely life a smile But what have you brought today?

#### A FEW TIME SAVERS.

Any stove blacking will stay of longer and be free from dust if a few drops of molasses are added to the blacking before using.

Teach the children to open beds and windows wide before leaving their rooms in the morning, and when it is time to make up the beds the room will be well aired.

Kerosene is a magic cleaner. Wipe out the boiler with a damp cloth dipped in kerosene. The sink will be kept free from grease and streaks if

wiped with a kerosene cloth. When food has burned on in a kettle or saucepan, remove at once and add a little soda and cold water and boll. It will then be easy to clean the

dish. China should be packed in barrels with the edge of each plate and saucer down. Excelsior or hay is a good medium for packing. Glass should have an additional wrapping of paper or cotton batting.

If the rugs are rolled on poles they are easily moved and as easily placed. Once a week put salsoda or some equally good grease remover in the sinks and drains and follow with a good flushing of hot water.

When putting anything very hot into glass dishes set the dish on a wet cloth and the danger of cracking is

When dusting a sick room, use batting that has been moistened in a steamer over hot water, then burn the batting after using, and all danger from germs will be avoided. A bottle of glue that has been

opened will be kept free from sticking if a little lard or fat of any kind is before the cork is replaced. Use salt water and a brush to clean

bamboe furniture, then rub very dry

with soft cloths.

GRACEFUL ARMS MEAN MUCH

Woman Who Desires Charm Should Cultivate Their Proper Use and Movements.

If the woman who declared that she would rather have beautiful arms than be clever and good has not our entire sympathy, at least she has our under standing. The character of our arms is so intimately connected with our whole appearance. Our feet, if their modeling is at fault, may be discreetly veiled in skirts and tucked away under tables and chairs, but we can do little to disguise our arms.

The woman who has time to exploit every chance of beauty which she possesses will practice using her hands and arms before a mirror in order that their movements shall be graceful, but it is a mistake for women who are dignified and reserved to use too much gesture. The emotion of the moment should, if it is strong enough, bring gestures into play, but each should be expressive; meaningless movements are only vulgar and distracting.

Every woman should put herself under review occasionally and try to discover whether she is in the habit of making restless movements with her hands. One soon becomes irrltated by a companion who is forever rubbing her face, arranging her hair or patting her chair or gown.

A lecturer on deportment has a simple exercise which she recommends for the benefit of those who feel "all hands." It consists simply of dropping the hands before you and wringing them hard for five minutes. The process will limber up the hands so that you forget all about them.

#### SIMPLE COSTUME OF CLOTH

Classic Lines Give Ample Effect to Model That Has Approval of Fashion.

This costume is in cloth; it has a panel front to skirt, laid on with a wrapped seam and tut wider at the foot, where buttons are used as trimming. The bodice is trimmed with a plastron cut to correspond with skirt panel; folds are made where the ma-



teria! joins; buttons form trimming. The alceves are finished with material bands; lace is used for the under-sleeves, also for the collar.

Hat of Tagel to match, trimmed with a feather mount.

Materials required: Four yards cloth forty-four inches wide, one doz en buttons, three-quarters yard lace.

### SLEEVES WILL BE FULLER

Everything Indicates a Speedy Return to the Lines in Favor a Few Seasons Ago.

There is a tendency, slight at present, but likely to assert itself and be accentuated as the season wears on, towards sleeves fuller below the el-

Perhaps the large cuffs are partly to blame for this, for one must need have sleeves to fill them out.

But it is difficult to place the latest sleeves in any one period since many individual models combine points of fashion from two or even more pe-

There is one sleeve, however, which has not been copied or adapted and that is the "leg-of-mutton," for one thing at least is certain-the fashionable shoulder must slope unimpeded by gather or tuck into the arm, in a pure outline to form.

Thus the fashions are easily and quite naturally slipping from one extreme to another, from the very scant frocks devoid of trimming to more voluminous styles in which the trimming is the feature.

Hint for Embroidery.

When you are embroidering with silk floss or handling silk of any kind you will find it difficult to stop it from catching on your fingers. Moisten your fiagers with vinegar. This will make them smooth and you will find that you can work much faster and



A toilet vinegar of any desired odu: is made by digesting four ounces of any fragrant flowers or scented herbs in one pint of strong white-wine vinegar. Merely put the flowers in the cold vinegar and let it stand for a week, agitating three times daily; then strain several times, and repeat the process with more fresh flowers or herbs if the liquid is not sufficiently perfumed Toilet vinegars made from dried herbs, such as lavender and rosemary or others, can be prepared in the same manner, only half the quantity of these being needed; but fresh materials are better, these exercising a more active result upon the

Women used to the coquetries o the tollet understand the use of toilet waters and vinegars of all sorts. Where cold cream is much employed, they are indispensable for taking the shine off the skin, and since a liberal use of cream burns the flesh, making it at last darker and rougher than before-remember the point-the tollet vinegar is often required for a thorough cleansing. When using, about a tablespoonful of strong sort is put in a small bowl of water. For astringent treatments of the neck the vinegar or water will be used full strength. after the throat has been washed, massaged and creamed. Sponging down with a solution of toilet vinegar and water is also very refreshing on a hot day and to sick persons, while if a hot plate is sprinkled with one or it is sprayed about the chamber the sick room will be gratefully purified.

When treating sagging muscles of the neck use the vinegar hot.

Where the herbs or flowers cannot be had, flower and herb oils achieve the next best thing in the way of a beneficial toilet water, and a vinegar of this sort is as easily managed. One of the simplest lavender waters made. and which always receives the name of "fine" in the drug stores, can be fabricated at home by digesting one ounce of micham oil of lavender in a half pint of strong rectified spirits. Other perfumed oils can be used in the same way.

A toilet water especially for resting the muscles of the body owes its invention, it is said, to Mme Bernhardt, who used it every day, particularly when coming in from her outdoor exercises. As this wonderful woman at sixty-eight or nine is younger than many women of forty, I would advise a little trial of her "calming" water, which is made in this manner:

Alcohol	\9 pin(
Spirits of	camphor2 ounces
Spirits of	ammonta 2 ounces
	5 опреед

Put all ingredients in a large bottle. or in two, and agitate thoroughly. When using, shake the bottle always and rub the water into the skin with the hands. 

Health & Social Forms

From "An Orphan." Have found your column of questions and answers very much help. A very good boy friend of mine has failed to write to me for a very long time and I have never done anything to stop him from corresponding. Would like to start corresponding with him again, as we have been great friends for four years, therefore i would like to continue being friends. I am now seventeen years old and would like to know if it is proper for me to wear ribbons on my hair? I don't care to do my hair upon my head. I want to look girlish as long as possible. I am an orphan and will take your advice any time.

EUGENIA.

Write a letter to your friend and ask him why there has been such a long time between letters. You know "Uncle Sam" occasionally lets mail go astray, and it is possible that "he" has written you and you have never received the letter. So give him the benefit of the doubt and write once again to him. This is all you can do. You are not a bit too old for hair rib-

From a School Girl.

I have been helped very much by your valuable column. Many thanks. Do you think a young lady should teach a young man to play cards? How often should a school girl let her beau call upon her, or do you think a girl of fifteen too young to receive

company? Do you believe in "leap year" affairs, where the girls go for the boys? Do you approve of going automobiling "VIOLET EYES." at night?

There is no harm that I can see in teaching a young man to play cards, for I do not object to cards any more than any other game. A girl of fifteen is entirely too young to have what you are pleased to call a "beau." Wait until you are out of school before you allow such thoughts. Leap year parties are lots of fun when properly chaperoned, as all parties should be. I am not much in favor of night automobiling without a chaperone.

From a "Young Girl."

I am a young girl of fourteen years. Is it right when at a party a boy who is in my room at school escort me home? My brother is just my size. When he has one or two boy friends at his home is it right for me to play H. SMITH. games with them.

Certainly it was perfectly correct for your boy friend to see you safely home, and equally proper for you to help your brother entertain his friends, that is, if he likes to have you with him, and he should.

MADAME MERRI.

## Dresses for Girls



FIGHE first is for a girl of 8 to 10 ed to the bodice by a braided waista silk stripe.

It has a Magyar bodice with the underslip. is carried from above waist to hem for undersity. of skirt.

to match, and the waist-band is also of years, and is just a straight, simply the plain material.

44 inches wide, 14 yard plain 40 inches die encircles the waist, and a narrow

wide, 1% dozen buttons. The second would look well in fine face cloth and is for a girl of 6 to 8 40 inches wide, I gard Vandyke at years. It has a pleated skirt connect- 116 yards narrow lace.

years, and is made up in ruby band; the neck and armholes are red fine woollen material, with trimmed to match. Piece lace or figured silk may be used for the required

right side of front cut in a slant and | Materials required: 2 yards cloth taken over to the left. A strap of 42 inches wide, 6 yards Russia braid, plain material trimmed with buttons 11% yards silk or lace 18 inches wide

For the third black satin is used. The neck and sleeves are trimmed The dress is for a little girl of 4 to 6 cut Magyar, trimmed at the neck and Materials required: 21/4 yards stripe sleeves by Vandyke lace. A cord sir-

lace edging finishes the foot. Materials required: 1% yards satts