

Government experts have discovered a new kind of food. It is said to be falatable, wholesome, nutritious, and ought to be reasonably cheap. The food in question is furnished by the seeds of the great yellow water lily, which in Southeastern Oregon have been gathered for many centuries by the Klamath Indians, who depend upon them to a considerable extent for their winter provender. They are so delicious, and so obviously available for consumption by civilized people, that it is thought there would be profit in collecting them on a large scale, preparing them for market by modern methods and putting them up for sale in neat and attractive packages, as a new food luxury.

The aborigines in question dwell among the foothills of the great Cascade range, in a region remarkable for multitudinous springs of icy-cold and crystal-clear water. It is from these springs that two vast water spaces, known respectively as Klamath marsh and Klamath lake, are supplied. The Klamath marsh, writes Rene Bach in the St. Louis Globe-Democrat, contains 10,000 acres of the water lilles.

The water itlies are such exceedingly vigorous plants that they practically crowd out all other forms of vegetation over the area they occupy. even to the cat-tails. Thus the 10,000 acres represent that much space exclusively occupied by the "wokas," as the Indians call them. Their seeds are inclosed in large green pods, which when fully ripe undergo quite suddenly a curious sort of decomposition, as one might call it, literally melting and dropping into the water a mucilaginous fluid in which the seeds are most eagerly sought, the seeds having obtained a maximum of flavor and tenderness.

maths for their own use, paying from 10 to 20 cents a pound for them-that is to say, for the kernels ready prepared and parched. They like them very much. But the price seems to be rether high, and it is suggested by Dr. F. V. Coville, botanist in chief of the Department of Agriculture, that modern methods might be employed to great advantage in placing the crop on the market. It would hardly be practicable, he says, to gather the pods in any other way than that now adopted, but the processes required for separating, cleaning and otherwise preparing the seeds might be performed inexpensively and advantageously by already familiar miling machinesso as to place the product on the market at a price low enough to enable it to compete with other breakfast foods.

gerford to yield graciously to this cus-

tom, especially if the "tuttymen" hap-

pen to be young and handsome bache-

"Beating the bounds" is often asso

clated with other remarkable customs

and at Maidenhead kissing to imme-

mortally associated with it. Any

lady, old or young, rich or poor, who

is encountered on the road must have

the fair alternative submitted to her

of being either "bumped" or kissed.

It speaks volumes for the good sense

of Maldenhead maldens that the vast

majority of them prefer the latter al-

might prefer it as a private rather

than as a public function. Neverthe-

less, there are cases on record where

ladies have chosen to be "bumped,"

and, as this takes place on the boun-

dary stones, they have probably re-

pented, when too late, of their undue

Barge day is a feetival which ap-

pears to be peculiar to Newcastle-on-

Tyne. It seems to be akin to the

practice of boundary beating, for the

mayor and corporation, who doubtiess

in olden times used to sail in barges.

now ambark upon four beflagged

steamers and, followed by two old

state barges, steam up the river to

claim the soil of the Tyne. But the

piece de resistance la reserved for the

ing on the landing stage for the ar-

rival of the "grave and reverend saig-

nora," and from the assembled multi-

tude the mayor has the very delight-

ui but extremely invidious privilege

of selecting any young lady he pleases

and giving her a kiss. For this owen-

latory performance she receives a gol-

It is said that there has never been

deemed this privilege cheap at the

price. Nor is this all. No sooner has

the major received his kiss and pre-

sented his sovereign than the sheriff.

not to be outdone, also chooses a fair

lady, duly kisses her, and presents

her with a severeign. But the fair

maid whom the mayor has kissed has

time from the mayoress, who is bound

by custom, whatever her feelings on

some useful gift the lady whom her

Unconquerable Sonis.

The English soldier who sent his

people the tunic he had worn in a hat-

tle at the beginning of the South

African War, and wrote from hospital,

You will see that there are eleven

bullet-holes in it, but I was awfully

lucky; only six of them hit me," has

a rival in an English schoolboy of 10.

whose cheerful acceptance of the

"bludgeonings of chance" a writer in

"My life has been a very lucky one,

wrote the 10-year-old. "When I was

3 years old I fell downstairs and cut

my head. When I was 5 years old I

was looking at some hens, and a dog

"When I was 8 I went with my

brother in the trap, and the horse fell

and threw us out of the trap; my

brother lit on his feet and I lit on the

"Last year I was playing, and ran

into a lurry and cut my eyebrow, and

"One day I went into the slaughter

house, and a big sheep ran after me

and knocked me down, and broke my

What She Was Doing.

wife was ready to go with us when

"Yes, but she's upstairs now change

If we could only cash in our talk

'Didn't you telephone us that your

"I have had a happy life."

St. James' Budget has made public.

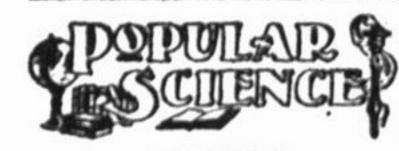
husband has kissed.

bit my leg.

horse's back.

t has left a mark.

ing her mind."



Calcutta is to spend nearly half million dollars for a 3,000,000-galion tank for its filtered water supply. The tank will be elevated 100 feet above the ground on steel columns.

To facilitate its telephone service the British postoffice department experimenting with a slot machine device into which two pennies dropped when a call to made. If the line is busy the money is returned.

The navy's submarine boat, Octopus, holds the record for depth of operations. With a full crew on board the little vessel was operated for half an bour in Buzzard's Bay, Massachusetta, In water no less than 107 feet deep.

The first electric furnace in this country for annealing, tempering and hardening metals has been erected at Schenectady, N. Y. It consists of a crucible containing metallic saits melted by an alternating current of low

A prize of about \$2,400 offered in Germany in 1894 for the best method of preventing the pollution of streams by sulphite liquer from oaper mills still remains unawarded. Scores of methods have been tried, but none has been notably successful.

F. Stubbe, an English ernithologist. expresses the opinion that birds habitually make use of storms in traveling from one part of their range to anot He points out that if a bird cannot find shelter, it must be more comfortable on the wing than on ground during a storm, because in the florcest gales the air, as a mass, is at rest; that is, the bird is in a moving supporting medium, like a swimmer in a strongly flowing river.

The advantages of oil fuel for sta tionary and marine beliers are receiv ing much attention in England. though the total cost is greater for off than coal, off has the advantage of greater convenience, simplicity and cleanliness. It is also more efficient. since a pound of good off is found have a calorific value about 35 per cent greater than that of an equal weight of coal. It also occupies much less space, and in that respect is very suitable for ships. Many improvements have recently been made in the methods of spraying and burnfing the oil.

A carlous photograph of a crocodile's nest filled with eggs, from two of which roung crocodiles were just issuing, is contributed to Nature by G. W. Grabham. The photograph was made in the bed of the river Rahad, near the frontier of Abyssinia. The eggs were about three inches long, and the newly hatched crocodiles are ten inches long. They are perfectly formed, and atter a sound resembling the croaking of frogs. Before being uncovered, the eggs were buried about three inches deep in the sand at the bottom of a hole a foot deep. The young crocodiles, Mr. Grabham says, were perfectly willing to bite, but not strong enough to do any harm.

KIRS BY CUSTOM AND FAVOR.

Perquisites at Hungerford and Priv-Heges of Newcastle's Mayor, Though kissing is said to go favor, yet it sometimes goes by custom, and occasionally by law, says Tit-Bits. For instance, there is a custom connected with Hocktide at Hunperford, a festival which takes place every Aprill A penny tax is collectd on that day by two well-known residents of Hungerford, who are termed "tuttymen" and who go from door to

foor, each carrying a stave trimmed with may ribbons. It is not recorded whether this hor neary post of "tuttyman" is put up to competition, but it certainly how many millionaires there would to be, for there is one very perquisite attached to the ofa ramily visited. It is store teeth

Few capitals of the world are so well equipped, not to say overstocked, with statues of public men as Paris,

No one has ever attempted to count ent islands. them, but a conservative estimate places their number at considerably land showed a decrease of over six in excess of 1,000. Just now Parislans seem to be bit-

PARIS, CITY OF MONUMENTS.

Now and Number in Increasing.

ten with a mania for adding to the number, and no fewer than thirty new monuments are in course of erection or planned, the New York Sun's Lou don correspondent says. in the Champs Elysees are to be placed the statues of Waldeck-Rousseau and Zola. The legislator Theophile Roussell is to find a place on the Avenue de l'Observatoire and Clovis Hugues

in the Buttes Chaumont park. Victor Hugo, whose memorial Rodin has not yet delivered owing to his quarrel with the municipality is to secure a pedestal in the gardens of the Palais Royal. The authorities are at a lors to find sites for statues of Alfred de Vigny, Sully Prudhomme, Francois Coppes, Frederic Mistral. Catulie Mendes, Victorien Sardou, Barbey d'Aurevilly, Ivan Turgenieff, Adam Micklevitz and Robespierre, all of which are being subscribed for.

In addition plans are out for statues of Villiers de l'Isle-Adam, the chemist Berthelot, Louise Michel, Francisque Sarcey and Pean, the famous surgeon. Then there are several legacies to be dealt with, left for the purpose of erecting allegorical statues of virtue, charity, benevolence, etc. The latest project is concerned with a statue of

No wonder that an anti-staine society has been formed in Paris which lifts a protesting voice against what it calls the disfigurement of the chi by the productions of-mostly-thirdrate scuiptors.

SHORT METER SERMONS.

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Discipline. Discipline is the highway to virtue. -Rev. Statom, Presbyterlan, Coeur D'Alene, Idaho.

Christian Work. Christian work is work together with God.-Rev. H. F. Carpenter, Christian, Santa Clara, Cal.

The Gospel. The Gospel is not a sort of galvanism, but life out of death .- Rev. David J. Burrell, Reformed, New York City.

Valith's Rewards. Paith gives us moral power, clear vision, undaunted hope.—Bishop F. S. Spalding, Episcopalian, Salt Lake City. The Will.

The will is the most important force in man, for it is the power of choice with which we decide between good and evil.-Rev. J. P. Lloyd, Presbyteterpative to the former, aithough they rian, Seattle, Wash.

Heart Impulses. The impulses of a warm heart are better and truer and finer, often than the mathematical formulas of a big brain.-Rev. R. W. Hogue, Episcopalian, Raleigh, N. C.

Love's Demands. Many married lives are unhappy because they thought love could live on kisses. Love demands other things also to feed upon.-Rev. A. M. Balley, Methodist, Akron, Ohio.

Rejolee. If there are others of God's children who are better off than we are, why, it to all in the family, and let us rejoice with those that rejoice. Rev. Charles F. Aked, Baptist, New York City.

Purpose to Life. Life does not happen in goodness. Life cannot grow good without pur pose. Take up the "pled" line; and make it spell out high resolve, noble purpose.-Rev. M. A. Casey, Methodist.

The Labor Question. The labor union is not the labor question. If every labor union in exfatence were to be abolished to-day. the labor question would still be present.-Rev. Charles Stelzle, Presbyte-

rian, Denver The Wages of Sta. As long as sin keeps at work the wages will be paid-death; death to heart peace; death to vigor of mind; death to strength of body; death to soul.-Rev. M. A. Casey, Methodist,

still another gift to receive, and this Tacoma. Having Faith. He that would follow in the footsteps of the Master must be prepared. not simply to stand upright himself,

but to have faith that others will stand

by him.-Dr. A. T. Hadley, New Haven, Conn. The Modern Cirl. The modern girl is made too often to feel she is something to be powdered and puffed and painted and frizzed and curled and ruffled and flounced and

sleeved.-Rev. W. W. Youngson, Episcopalian, East Orange, N. J. Applying the Commandments.

York City. The greatest need of America to-day education, a bigger navy or a bigger church services or more Sunday schools, more preaching or more newspapers or books, but it's more home.-Rev. E. R. Williard, Reformed, Akron,

Future Best Seller. "Is your education," we inquired,

"now complete?" graduate. "I've still got to give a year ed last year by the municipality to the study of alcoholism, six months | Vienna. The old idea that sunlight, to the divorce laws, a quarter to mor- air and water are the main restorabid psychology and another quarter to lives was long ago taken up by a civilbridge and bridge cheating."@

"But-but-" we stammered "You see," she explained, "I intend the simplest kind. His results were so to be a novelist."

try's prosperity, but you must work for your own.

SOMETHING FOR EVERYBODY

~~~~~~~ There are about seven million Fill

pinos inhabiting three hundred differ-Last year's output of coal in Engmillion tons.

One-third of all the tonnage under the American flag is employed on the Great Lakes.

An alloy of Iron and thorium, when lightly struck like a flint, gives off very bright sparks which set shavings

The world's stock of gold has decreased about one-half in the last decade, and doubled in the last quarter of a century. From July 1 to Dac. 31, 1908, 24,500

persons entered Mexico. Of these 11, 000 were Americans and 3,700 were home-coming Mexicans. Of the 3,238 fires which occurred in London in 1908, electricity is said to

have been the cause of 101, and 355 were attributable to gas. The death records of the ratiroads have been lessened materially recently as a result of the compulsory adoption

of safety devices and 'systems. There is a union of hatmakers at Le Mans, France, in which the offices of president, vice president, secretary and treasurer are held by one man.

The current year book of the Carnegle institution shows that during the last year \$636,300 was distributed among nearly three hundred persons engaged in conducting scientific re-

were, during a period of twenty years following 1881, as many as one thousand wrecks of vessels carrying preclous cargoes of human beings and of in all countries -in Italy as the taran-

The first matriculation of women students at the universities in Prussta has resulted in the admission of 663 students, including forty-three from America and seven from the United Kingdom.

The negroes of this country formed in 1800 18.88 per cent of the population; in 1810, 19.03 per cent; in 1850, 15.68 per cent; in 1860, 14.12 per cent; in 1880, 13.11 per cent; in 1890, 11.92 per cent, and in 1900, 11.59 per cent.

As against the 41,000 motor vehicles all told in Germany there are more than 160,000 automobiles in the United States, or twice the number in use throughout all Europe. In New York State alone there are about 70,000 cars

The most spectacular fire ever witnessed in the oil industry was at one of the Dos Boras wells in Mexico. About sixty thousand harrels of oil were burned up daily for nearly two months. The flames rose to heights of 800 to 1,400 feet.

Whalebone cost only 25 cents pound half a contury ago. To-day It costs about \$5 a pound. The total product landed from the American fisheries during the nineteenth century exceeded ninety million pounds. single whale may yield up to three thousand pounds.

The story is an old one of the party of tired travelers who entered a house decorated by a pecultar sign and de manded oysters. "This is not a restaurant," said the courteous gentle man who met them: "I am an aurist." "Isn't that an oyster hung outside the door?" asked one. "No, gentleman, it is an ear."

Nock botls come with the sweaty season. Many people have large hair pores on the back of the neck. The sweaty starched collar rim is good culture soil for boll and carbuncle germs, which get rubbed into the large hair follicles or sacks, producing a painful, sometimes dangerous apread-

presumably not so high for the whole belt or abdominal bandage. This last two and one-half miles was passed is sometimes useful when the abdoabout twelve hundred miles from New men is large, not only in making York on Monday last by the French | the girth seem smaller, but actually line freighter Mexico. It was in lati- in causing an absorption of fat by tude 42:20, longitude 48:70. New York | the action of the constant slight also

More than 2,000 New York Jewelers. opticians, optometrists and lens grind ers have been registered by the Board of Regents and have "exemption" certificates from the University of the State of New York, which are hard for the public to tell from medical diplo mas. The head men say that of all who had thus far been examined by the Board of Regents only sixteen were able to pass the examination in optom

Mrs. Anna S. Lashbrook is the first deaf woman to have charge of a printing office. She is foremen of the printing office of the School for the Deaf at Rome, N. Y., and is also business manager of the Deaf Mutes Register, which is published semi-monthly. She has The Commandments should apply to more than twenty apprentices under her. She is said to be an advocate of conquest, deliberate slaughter of arm- deaf women who last fall voted for les of men under the guise of wat. - commissioner of the Board of Educa-Rev. Stephen S. Wise, Hebrew, New tion.

> A record run of 1,554 miles by a motorboat traveling at the rate of 27.3 miles an hour throughout the distance has fust been accomplished by the "Bred Fox II.," which left Cincinnati recently to make the long distance speed test run to New Orleans, carry ing a message from the Governor of Ohio to the Governor of Louisiana. Faster time has been made by racing motorboats over a short course, but the 1.554-mile run breaks all records for speed maintained throughout long distance races.

The Gauschaufel is simply an open girl air sanitarium for healthy people openian crank who opened up on the banks of the Danube a free establishment of favorable as to prompt the city to enlarge and run one on most scientific It is all right to vote for the coun- principles. No fewer than 200,000 requests for treatment for this summer WHERE DANCES ORIGINATED.

Walts First Popular Among German Peauants. Of all the wonderful, stately old dances which 200 years ago were in vogue, only the minuet remains, and that nowadays is very rarely attempted. Of course every one admits that of all dances the waltz is queen. It originated among the German pearants in the seventeenth or eighteenth century. As they danced it it was the

slow waltz, called the landler.

Later the Vienna musicians took up, quickened the pace, and by their lovely musical settings of this dance rhythm established the reign of the waltz throughout the world. It is noteworthy that the composers of the finest dancing waltges ever written-Schubert, Weber, Beethoven, Strauss, Lanner, Labitzky and Waldteufei-were all Vienna men. It is properly a threestep dance, whether slow or fast. The two-step walts is a recent innovation

and not an improvement. Besides the waltz we owe to Ger- adjust many the gallop, an impetuous, dashing dance dating from about 1800; the polka, a justly popular four-step dance line grow after years of trying to derived from the Bohemian peasantry keep it down, therefore, she may find again become popular. about 1830, and the redowa, a quick herself encased in pads, while the movement in triple time, also Bohe- new stays she adopts come only to mian in origin.

France has given us the minuet, the The hips, unless they are extremely quadrille or contradance and the farandole, all square dances or dances participated in by several pairs or sets | they are unencased in stiff steel can achievement is commonly alleged to simultaneously.

Poland has furnished some beautiful dances, notably the much-admired mazurka in modern triple time; the stately polonaise, a kind of processional much used in European courts and at elaborate social functions; the varso-On the shores of Cape Cod there vienne, a slow three-step, and the cracovienne, a fast two-st-p.

Italy's chief contribution is the jig which is danced under different names tella and saltarello, in England as the hornpipe, and in Scotland and Ireland as the reel.

The only dances native to his country are sundry jigs, reels, clog dances, break-downs, etc., mostly originating among the Southern plantation hands. While these dances are lively and amusing, they cannot be called artistic. like the national dances of Germany, Poland, Spain, Scotland and



Exercise for the Fat.

Although the food that one takes often has much to do with the amount of fat put on, and a restriction in the intake of fat-forming foods may prevent the formation of more fat in the tissues or even effect a reduction, well expended. it is seldom that this alone will prove

A strict diet is trksome, and most fat people are too easy-going to carry it out faithfully. This is not that they are weak or deficient in seifcontrol, but they are too happy and content with their flesh to be willing to suffer overmuch discomfort in any effort to rid themselves of it. Moreover, too radical a change in a diet may prove injurious, and it is better to be too fat-a little too fat, anyway-than to suffer from indigestion or damage to the kidneys, as one may easily do by inconsiderate and injudiclous dieting. It is much better to restrict somewhat the intake of fatforming foods, enough to prevent the increase of fat, and to effect the actual reduction by mechaniscal means, that An iceberg described as two and one is to say, by exercise, massage, and half miles long and 500 feet high- in certain cases, by the wearing of a

Massage, when skilfully performednot simply desultory rubbing here and there-will do much in reducing flesh, when combined with dieting and with active exercise in the open air.

Exercise systematic, active exercise is of the greatest value in restraining a tendency to the overproduction of fat and in causing a reduction of fat already formed. It must, however, be combined with dieting, otherwise its object will be defeated. It natnrally increases the appetite, especially when taken in the open air, and if this appetite is satisfied with the articles of diet that the fat people prefer. the last state will be worse than the

The best exercise is walking-not with shoulders back and arms swinging. This kind of walking fills the lungs with oxygen, which burns up the fat, puts all the muscles in motion, by which a natural massage is effected, and increases the circulation, by which the waste products are more rapidly eliminated

Golf is an excellent game for the overstout, and so is tennis, if the heart is strong. Equestrian exercise is also good, but driving and motoring are not the ways to reduce flesh, as they increase appetite and assimilation without giving the requisite exercise. -Youth's Companion.

Her Panta.

They were talking in low tones of the hostess. "She has a very gracious presence," said one. "It's a pity she isn't married to a man with money, so that she could entertain more elegantly. She seems to be used to enter-

"She is," another explained. "Several of her former husbands were men of brains and some means, they tell

The cotton materials have been The men who are bound for the pushed somewhat into the background front, do not wait until New Year to for the present by the new silks and make a start.

Friendship is terribly overworked.

*Che HOME ^

"SHEATH" FIGURE.

a straight "up and down" appearance

that is not to be confounded with

as much curve in the waist line over

the hins as muscle or nature could

make, but in the newest models there

the waist line, being really girdles.

in sitting back until the spine (about i

sosition when sitting, large hips will

be prevented and the entire figure

-Washington Star

in favor.

a sudden fad.

glosslest satin

its popularity.

fashionable cloaks

takes its place.

destrable colors.

Crinoline has risen

der a small, flat button

FASHION NOTES

There is a turnuoise fad in fewelry.

The locket watches are quite styl-

Paris is in a rage over amethyst

The panel style is much used for

Black hats have never been so high

Wide velvet Mbbons on hats are

Wedding gowns of the hour are of

Jetted lace makes an some very

a row of soutache braid, ending un-

The new band is rounded, and then

made into soft, loose little curis that

are just visible under the drooping

Foremost among bags is the bronze

bag, which comes in logically enough

than formerly, but gray, tan khaki,

and even the darker shades, are the

much to be desired undulation.

seen in advance showings of this The influence of the sheath gown fabric. will have a marked effect on fash-

The quaint poke bonnet, silk handions, for the shape of the figure must bag, scarfs and shawls, overskirts and be literally changed to suit the short sashes, point to the past with prewalsted, long skirt Directoire lines. These, strangely enough, consist in

Some of the new skirts are so agrrow that they look like bolster cases: and, indeed, go under that name "straight fronts." The latter showed abroad.

The misses' gowns are patterned from their mothers'. Embroidered tunics and empire effects are favoris no curve, for a board is no straight- ites.

er than the latest figure, and to at-Some of the loveliest of the coats tain this the waist must be largeare made of the lighter silks, of a reversal, truly, of what has beencrepe, cashmere de sole and such like. Silk and wool fishnet is another of and, therefore, the more difficult to the new mixtures to be had in well It is extremely unlikely that a stocked departments. woman will wish to make her waist Cherries and plums, in all states of

greenness, ripeness and decay, have

HAS NOT CONQUERED MAN. As the American woman is constrntly said, by ourselves and by forlarge, are unconfined, and for grace eign critics, to be the fine fleur of this last is desirable. Only when our civilization, so her greatest a woman move with any of the so be the subjugation of the American

If there is danger of her hip di-As described, she sits on a throne mension being broader than that of radiant in a Paris gown and glitterthe waist it will be necessary to wear ing with diamonds, while chained by a separate wide belt (so called for the leg in a treadmill downtown the lack of a better name) that is fitted man of her family, be he father or and boned to the body. This article husband, sweats, ceaselessly in her must be entirely separate from the service. Uptown these carefree butstays for the upper portion of the terflies flutter from social pleasure to frame, and there is no doubt that the social pleasure making fashionable former will be uncomfortable. Nev- | New York the equal, in idleness, ertheless, these two-piece corsets are splendor and folly, of any European a great deal more easy to wear than capital. Downtown-but why go on? the long kind formerly worn, for in All this we fondly believe.

the new the waist is unrestricted. In I loon this fancy picture we octhis very fact, however, lies their casionally splash a tear of sympathy danger for women who sit carelessly, for the unfortunate man, whose spirit for they must hold themselves with is thus crushed by the triumphant martial erectness and without any amazonian female of his race. Really, aid from steels, and unless they is it not worth while, in simple jusstraighten the spine they will "slump", tice to those women who have strugso shockingly when sitting or stand- gled so long, so bravely, so much in ing that the gown will be merely one | vain, to bring men to terms, to throw mass of wrinkles. This, in any em- a stone or two at these accepted pire effect, is not to be permitted, for the dress material must be flat and

Unhappy "society women" in New smooth over the front of the figure. York believe that men work because It would be a wise plan for any they like to. Wives actually cry because their husbands will not leave woman who means to a lopt the mod! fied empire models to learn to sit the office and go abroad with them correctly, so that her | for those Paris gowns.

Matrons of the parterre tier at the quire the habit is all that is necess Metropolitan would double the price sary, and one good way of beloing of their boxes if only they could see is to sit properly in a chair for five the men of their family come to the minutes at a time. Such a pose as opera otherwise than tugging at the will keep the back straight consists batter and with their ears laid back,

What does it avail American womtwo inches from the tip) rests firm- en that men allow them to do every ly against the chair back. This has thing they like if they cannot force the effect of throwing the shoulders | the men to do anything which they futo position instead of allowing them | - the men-don't like? What is the to sag. The abdomen should be held | American man, if you please, but a in, though not rigidly, and thought stubborn, selfish, unconquered brute? must be given to having the chest Where, after all, is the treadmill; in upper Fifth avenue or in Wall street? Once a person learns to hold this -The Brookman.

HOW A GIRL LOVES

College professors have many redsons for "flunking," or "cinching," as One who is observing will note that a woman, as a rule, when the Berkeley patois expresses it, stusits, collapses, letting the aboulders | dents who have not necessarily failed come forward and the spine curve in their courses. There is the case almost like an "S" toward the lower of Prof. Ritter and the tadpoles which part. This inevitable brings big hims. Illustrates the point. There is a To insure correct poise of the head romance in the story. A "freshie" place a book on top while sitting. This coed had become great chums with a may seem a great deal of trouble, but Ired-headed student, and as the couple It is necessary to look graceful in took snology together they met in contumes that are extremes of fash. The lecture room and laboratory and ion. Faffure in these details makes a worked out their theories of amonba and Carwin's theory of descent of An excellent exercise to aid in ac- | man by watching the ascent of polityquiring a correct standing position is wogs to the frogs' proud estate. In o stand without heels and place the the lecture room the girl, when she body flat against a wall. Holding should have been taking notes on the was instead wondering whose hair was the redder-ber friend's or the

One cheerful Berkeley afternoon the girl entered the laboratory in the They may the room at her friend's stand she the body saw a familiar red head bending over a howl of tadpoles and a great thought prove her regard for the rooms man constant and long practice will take of juvenile batrachians. There was a This work must be severe, listy splash and a wholesome splutter, and the girl made her escape from the terrible presence of a wet red head

She was cinched in her coursethe wet red head belonged to Prof. Ritter.—San Francisco Call

DIGNITY IS LACKING.

"Among the roung married set in what is called the best society it may often he noted that a woman who as a girl, under her mother's conrentional wing, was conventional almost to prudery has thrown most conventions to the winds," said a social leader. "Dignity is sadly lacking in more than one such member the smart set and pranks between men and roung women are publicly indulged in. Of home life as it was known a generation ago ther are totally ignorant. They dine chiefly in restaurants, which they make notorious by their foolish be The craze for metallic effects was havior, and waste money upon enterin the height of fashion last, and it tainments that savor of the orgies of looks as though it would hold good the ancient Romans. These young women and their debutante relatives are beyond the age when proper punishment for naughtiness can be meted out by their parents, but many a sudden trip abroad that removes a fair fledgling from the circle in which has been gayly shining as a star performwith the craze for bronze shoes and | er in some particular line is the modern equivalent and an expedient that Black has held a conspicuous place is not resorted to often enough to in the wardrobe of Madame Mode. As save a daughter's name from being the season advances gray or mauve dragged through the mire of public criticism and censure."-New York White linens will be less worn Tribune.

> The total quantity of fish taken by the Scotch in 1907 (exclusive of shellfish) was 9,078,059 hundredweight, of the gross value of \$15,425,525,

Asia and Africa have about 8,000, Colored foulards, with small black | 000 Christians and 642,009,000 non designs in place of white dots, are christians.