

# DOINGS OF WOMEN

### Don't Break Down.

There would not be so many worn-out, fagged-looking women if we learned early the value of that ounce of prevention. With most of us prevention is like thunder—it comes after the danger is past. So much of the misery of life is preventable that it is pitiful how rarely the effort is made. We lose our looks, break down before our time, and either are snuffed out altogether, or hang on creaking hinges when we should be in the full flush of living. Most women act as if they were fatalists—what must be, must be. Then they groan when the inevitable occurs instead of living up to the true fatalist spirit of stoicism.

Perhaps you are one of the persons who never takes any rest. You look on life as a race to be run, forgetting that the strongest runner goes slow until the finish. Have you the foolish idea that to stop a minute to read the papers or to dip into a famous book is stealing time that should be devoted to husband or children? Are you charitable to every one but yourself, and look upon letting up in your mad pace as shirking?

Are you one of those misguided beings who think monotonous plodding is duty, and crush out young longings for an occasional lull or social outing lest you fall in some chimerical duty? If so, readjust things. Learn to look on these things as "that ounce of prevention" without which snappings are inevitable. It is continual plodding that not only makes life stale, but brings wrinkles and narrow minds.

Do you ever stop to think what a breakdown means? How many of the coveted pleasures or longed-for rests could have been had for the doctor's hire? Occasional flight from the grind is better than skilled specialists to keep one well, which is the sensible modern woman's reading of "that ounce of prevention."

### To Keep Home Happy.

Learn to govern yourself. Do not expect angelic qualities in your helpmate.

Beware of the first disagreement. Also of meddlers and tale-bearers. Never retort in anger. It is the answer which usually begins the quarrel. Avoid moods and fits of sulking.

Never conceive a bad motive if a good one be possible.

When the opportunity occurs for kind speeches make them.

Do not neglect duties which affect the comfort of others.

Remember that speech is excellent, but silence is sometimes more valuable.

Be gentle but firm with children.

Do not furnish boys and girls with too much pocket money; make them understand the value of a dollar. Do not say anything in their presence which you do not wish repeated. Beware of correcting them in an angry or petulant manner. Never allow them to stay away from home overnight without knowing where they are.

cloth for such purposes, and it should be burned and never used but once. The linen formerly used for bandages absorbs the albuminous serum in burns and skin diseases of more or less moist nature, keeps the surface dry and causes pain; also absorbs the fatty substances employed in the dressings and interferes with their action on the skin.

### War Against Hatpins.

A campaign against the murderous hatpin has been instituted by the newspapers of Berlin in view of a series of accidents which have already occurred during the busy period of Christmas shopping. Numbers of more or less serious injuries have been caused by these dangerous implements protruding from the huge hats of fashionable ladies. Last week a lady was permanently blinded in one eye when taking part in a rush at a "bargain sale." Two days later a lift attendant at a neighboring shop had his face so badly injured that it was necessary to take him to a hospital. Many cases of scratched faces are reported from many quarters.—London Daily Mail.

### Stunning Lanchester Gown.



Broadcloth of the finest texture in a delightful shade of Copenhagen blue made the gown from which above illustration was taken and which was unusually smart in appearance. The line just above knee marks the tunic, running from back to front of skirt in front. There is a generous train and a little bolero effect on the bodice opens over a charming chemise of embroidered white mousseline. Black soutache braid is used on jacket and sleeves, the latter formed entirely of deep circular tucks and a band of black satin edges the jacket next the chemise. Two black satin-covered buttons effect a closing at bust line. With this charming hat is worn a fur hat of white fox with long bob to match, the hat adorned with a gorgeous bird of paradise.

### Don't be a Dinner.

Don't mix sets. Guests should have congenial interests.

Don't put the two brightest people together.

Don't put a man next to his wife, or on the same side of the table.

Don't have nervous maids.

Don't fail to be ready and in the drawing room five minutes before the time.

Don't confide any of your nervous anticipations to your husband.

Don't fail to overlook the table in detail before guests arrive.

Count the flat silver at each plate.

Don't allow conversation to be entirely between couples. Make it general at times.

### Eat Only When Hungry.

A prolific cause of chronic indigestion is eating from habit and simply because it is meal time and others are eating. To eat when not hungry is to eat without relish, and food taken without relish is worse than wasted. Without relish the salivary glands do not act, the gastric fluids are not freely secreted and the best of foods will not be digested. Many perfectly harmless dishes are severely condemned for no other reason than that they were given perfunctorily and without relish and due insalivation.

### A Valuable Tip.

Here is a tip for making the lingerie waist wear better than is its wont which is worthy of the consideration of the home dressmaker. When a quantity of insertion is used upon a blouse the lace should be reinforced with a strip of net set in under it. Any kind of wash net of good quality will answer the purpose. It can be sewn on with the lace or afterward by hand.

### A Housekeeping Hint.

The housekeeper who cannot afford a covered garbage pail of zinc can hide the unsightliness of her leftovers by an improvised cover. This can be made of a big bushel or half bushel fruit basket, turned upside down and neatly pasted with oilcloth, which can easily be kept clean. The largest size of screw hook is fastened in the bottom, rather the inverted top, for a handle.

### As to Picture Hanging.

Women who have crazy quilt walls, with the pictures hung in medley fashion all over it by invisible wires, will be interested to know that art dealers are trying to overcome the bad effect by asking permission for their men to hang

the pictures, and these men will also make suggestions about other pictures on the walls. It is no longer considered good taste to use the invisible wire, chains or heavy wire taking its place. The dealers say that as soon as people begin to use the chains or heavy wires they will immediately go to the opposite extreme and want something like a rope for a picture hanger.

### Baby's Weight.

At one year old, baby should weigh twenty and one-half pounds.

If healthy, the gain should be just six pounds the next year.

At three the weight should be thirty-one pounds, and at four years thirty-five pounds.

The normal baby will weigh forty-one pounds at five, and forty-five pounds at the age of six years.

During the next four years—up to ten—the weight should be forty-nine and one-half, fifty-four and one-half, sixty and six and one-half pounds.

If baby has kept close to his average, the chances for continued good health are bright.



There is a rage now for cream white suits, worn with hat and accessories of nut brown.

Mousseline voiles will be faddish this season and will be made into very stylish evening robes.

Frocks may be buttoned down the front as well as the back. Fashion has suddenly become most liberal-minded in that respect.

Bridal dresses have been chiefly remarkable during the last few months for the marvelous laces with which they have been trimmed.

The black sash, with bow and ends at the side, is worn even with the separate waist and skirt, although preferably not with the plain tailored waist.

Black velvet bonnets are flourishing in the land; big and little, simple and elaborate, but black velvet. There is also a hint of the poke in spring millinery.

The full line of the neck is shown and when the long neck is not natural the collar is placed low upon the bodice and fits well under the ears and chin.

Color embroidery on white, black, cream and ecru will be much used, as well as white on color. Most of the embroidery seen now in the shops is machine made.

The separate waist and skirt has almost disappeared from view. The one-piece princess dress is taking its place. This princess style means curves and a waist again.

The long, tight skirt is giving way, for walking purposes, to the short, tight skirt, worn with a long and much-branded coat, the whole costume being often trimmed at hem and wrists with fur.

Employed more for evening than day wear are the deep, rich shades. The reason for this reversal of old-time custom is that these tints are so successful in setting off a beautiful neck and arms.



## MILLINERY

The Crusader's helmet is the very latest thing in millinery. Fair votaries of fashion in quest of new sensations in toilet have gone back several centuries to medieval times, borrowing the garb of monks and crusaders. The new helmet headgear, herewith pictured, is built of rough hemp straw. The crown is dyed bright green, while the brim, which is cut up alike in the back and front, is of dead black. Square, broad top and stiff cleft brim



have the appearance of being held together by nails with rough finished, barbaric looking heads of iron, copper and hammered brass. Large jet cabochons sometimes take the place of the metallic heads. A fine large aigret of green rises straight up at one side of the front.

### Est, but Exercise.

It will be good news to the stout woman to know that what she eats is now thought to have little to do with obesity, and that if enough exercise is taken, even a fleshy woman may eat what she wants.

To half-starve oneself means to look haggard and altogether unlovely.

Don't drink while eating, even water.

Don't drink alcoholic stuff at any time.

### For Falling Hair.

Half an ounce of camphor with one ounce of borax dissolved in a quart of water, preferably rain water, makes a very efficacious wash for falling hair. Heat the water before adding the camphor and borax, as this will facilitate the dissolving of the ingredients. Bottle and keep closely corked for use. Apply freely to the scalp two or three times a week.

## EASTER MORNING.



### EASTER BELLS.

Chime upon golden chime, How the rapt echoes climb At the blest Easter-time! What say the innumerable Unto the hearkening hills and listening dells? New birth! new birth! Life after death and death! Renaissance upon earth!

Chime on harmonic chime, How the clear echoes climb At the dear Easter-time! To man what message tells The rapture of the intermingling bells? New birth! new birth! All hearts attuned to mirth; And Christ-love upon earth!—Harper's Bazar.

### A PLEA FOR BUNNY.

The Rabbit, like Santa Claus, is Threatened by Modernism. Now that certain clubs and organizations are trying to bring about a general vote to serve Santa Claus with notice to quit it looks as though the Easter bunny would be sent hopping after him.

There's something sad in all this attack upon the legends of childish days. Even the good old prayer, "Now I lay me," which most of us are sentimental enough to believe can never be improved upon, is inveighed against, the charge being that one line of it is full of "the bugaboo of death" and the rest of it "too utterly childish."

The Easter bunny seems harmless enough, and the interest of the children is so wonderful—the anxiety for fear that some stupid grown-up may come along and slant the window down tight, instead of leaving the necessary crack for the bunny to creep in through, and the breathless rush to inspect the nests which have been so mysteriously built in odd corners.

Wonderful eggs are in those nests—pink and lavender, blue and red, with chocolate for the best of all and a generous lot of little sugar eggs, the kind that are speckled all over, filling in odd corners.

Children aren't always deceived by these legends, and the deceit isn't the kind that does harm any more than a bit of poetry does a grown-up. It's a treat to the imagination, and a child's imagination craves its treats as surely as we older children do.

Leave your window "on a crack" the night before Easter if there's a child in the house and provide yourself with plenty of eggs to help the bunny as you helped Santa Claus. It's the days which some mystical personage influences that are the bright particular memories in later years.—St. Louis Star.

### The Easter Vision.

The word Easter is almost synonymous with happiness, but happiness of all are those who have the Easter vision, which is the vision of a living Christ. Easter day is the celebration of the resurrection of our Lord, "who breath and was dead, and is alive for evermore." That is the old, yet ever new, the precious Easter truth, "a living Christ," to give new life through the Pope of immortality. Where is the sting of death or the

### Victory of the Grave.

with the expectation of a perfect world beyond? A living Christ gives new life to all our best relationships here with one another. Everything we begin here that is worth while, we can finish hereafter. There could be little satisfaction in a friendship which must end with the separation of friends. But a living Christ offers us the boon of perfect friendship and perfect love, perfect because eternal and abiding, such as is Christ's love toward His children. The best that is in us has a better chance for development here for the knowledge that death is but an incident, after which comes life in the sinless world beyond.

Easter is the symbol of life. To make room for the life more abundant, there must be a death of the life insubstantial, a death of old desires, ambitions and aims which are unworthy. Each year should bring a fresh resurrection in our lives—a death of the old life, poor and mean, a resurrection to the new life, unselfish and hallowed. We must die to weakness to arise to strength. We must die to selfishness to arise to devotion; we must die to strife and hatred to arise to peace and love. We must die to the things which are temporal to arise to the things which are eternal. To all who have the clear Easter vision, Christ is risen indeed in the heart, to be alive forevermore.

### Easter in Russia.

Throughout Russia the Easter ceremonies are impressive because of many solemn details. Thus on the midnight preceding Easter the priests leave the church, as if going out to seek the body of the dead Lord. The congregation wait in the sanctuary with bowed heads, in silence and in darkness. Then the listening multitude is aroused by ponderous knockings on the door of the church. The priests have

### Returned, and as the doors swing open

a great chorus of voices fills the air with the chant, "Christ is risen!" The priests file in with upturned faces and singing lips, each bearing a lighted taper. Fire is quickly communicated to the candles of the suppling throng. In a twinkling the church is ablaze with light and incense, where only darkness and silence had been before.

### A Novelty for Easter Brides.

One of the new features of Easter weddings is the introduction of the prayer book with shower flower markers in lieu of the bride's bouquet. Through the leaves of a pure white prayer book there are laid three ribbon markers, the ends falling down to within a short distance of the bottom of the gown. At intervals each of the six ends is tied with lilies of the valley with double bowknots, making a shower effect exactly the same as with the shower bouquets. The ribbon is white, of course, and about a third of an inch in width.

### New York's Easter Collection.

There are about 400 churches of one kind or another in Greater New York, and their total collections on Easter morning reach about \$250,000. Last Easter twenty of the larger churches had collections of \$2,000 apiece, seventy-five averaged only \$500 apiece, and the remainder found much less than \$500 in the contribution boxes.—New York Times.

### His Easter Message.

He picked up the Easter statement and read: To one Easter dress, \$40. To one Easter hat, \$12. To Easter shoes and gloves, \$9. And slowly and thoughtfully he drew his check for the amount and muttered: "And next Sunday Jenny expects me to go to church and sing 'Old Hundred' with a thankful heart!"

### LOOKS LIKE USUAL EASTER "REIGN"



Pattern Department  
The one-piece or two-piece house gown is the one that women are sure to require. The skirt and shirt being joined by means of a belt, there is no possibility of annoying separation and the gown can easily be slipped on and off so that it is a genuine boon. This one is made in shirt waist style and also



PATTERN NO. 6183.

at the left of the front. In the illustration the material is one of the heavier cotton fabrics, and a great many women prefer gowns that can be laundered at all seasons of the year, but light weight wool materials also are much used; viscose is a pronounced favorite and is absolutely durable as well as attractive.

The above pattern will be mailed to your address on receipt of 10 cents. Send all orders to the Pattern Department of this paper. Be sure to give both the number and stated pattern wanted, and write very plainly, for convenience, write your order on the following coupon:

Order Coupon.  
No. 6183.

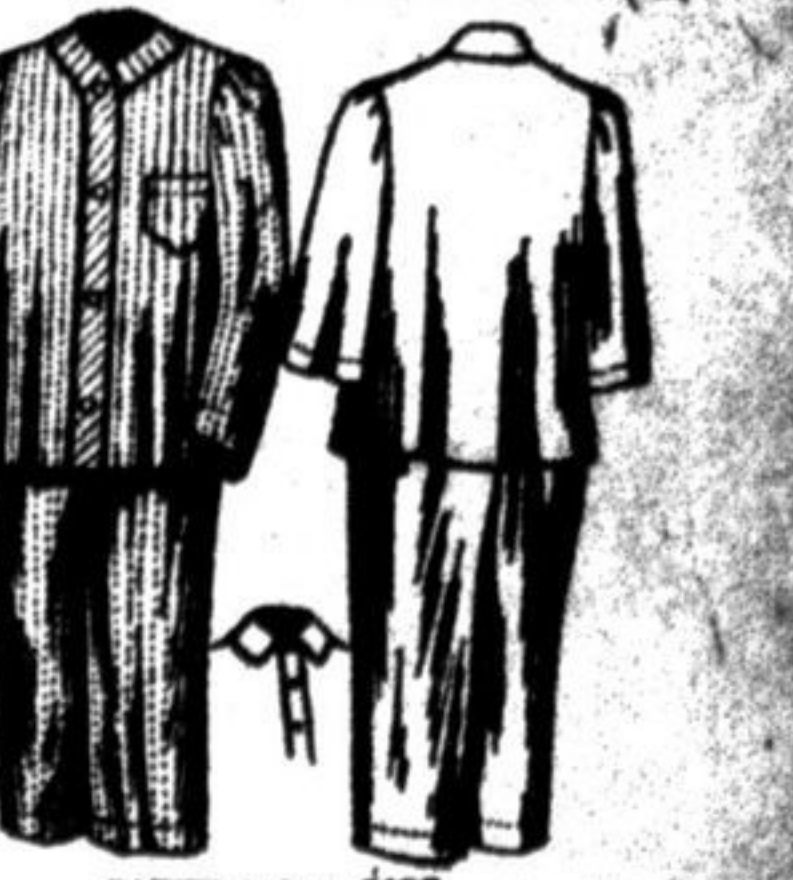
SIZE .....

NAME .....

ADDRESS .....

Women's Pajamas.

Many women prefer pajamas to every other sleeping garment. These are simple, comfortable and roomy and can be made from a variety of materials.



PATTERN NO. 6197.

In this case striped madras is finished with simple stitching, and a predominant feature of all pajamas is to be found in the lack of feminine frills.

The above pattern will be mailed to your address on receipt of 10 cents. Send all orders to the Pattern Department of this paper. Be sure to give both the number and size of pattern wanted, and write very plainly.

Order Coupon.  
No. 6197.

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NAME .....

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### LITTLE ABOUT EVERYTHING.

The Philippine schools have 61,728 pupils.

Australian mines employ 120,000 men.

Plant life rarely thrives under you and ash trees.

Japan is building her first home-made locomotive.

The railroads are raising the cap on the cost of employees, owing to the scarcity of labor.

New York City consumes 25,000 gallons of spirits, malt liquor and wine each day.

The Hawaiian government is about to install a telephone system in the city of Honolulu.

Estimated percentage of the population of the United States who are members of a church is 60 per cent.

Two million dollars worth of property was destroyed in the earthquake at San Francisco.

The United States consumes 100,000,000 gallons of oil each year.

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