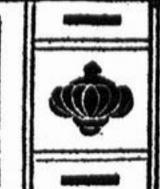
ABOUT



Breathe Fresh Air.

and good spirits attend sleeping with to the eyes that flash beneath them, and by assumes that she is somebody. The one's head under a window tent, one many a plain face has been gioritied assumption is warranted in fact and and all would do it, says a bulletin of when crowned by the sheen of silver conceded in practice. The American the Indiana Health Department, tresses. The fading tints of a well-Coughs, colds, pneumonia, consumption groomed skin are easily concealed by God's best piece of work, and there are and all other diseases of the air pass | the artifices familiar to every woman, ages are principally induced by breath- but a wrinkle is obstinate, a disagreeing foul air. The window tent supplies able, aggressive witness, that bears evifresh outdoor air to breathe and at the dence of age in unpicturesque language. same time permits the body to be in a warm room. The head is accustomed to the cold, and in very cold weather an ordinary woman's kuit hood may be worn to protect the ears and cheeks During the night and when asleep the tissues are repaired and the brain and nerve cells are recharged with energy. Pure air is the great factor in repair work. Consumption and catarrh in] their early stages can be cared by breathing fresh air night and day.



~~~~~~ Gold and silver nets and trimmings are to be very much employed for evening trimming, especially silver, and the thin silver laces and nets will be much in evidence.

All sorts of lovely sushes, arranged in many diverse lines, will be a factor of evening gowns, and often a simple evening frock will be decorated with a rich sash, or a brilliant frock toned down by one in black or some dark tone, aithough as a rule the evening sashes are light and brilliant.

The brocade evening gown laid in folded. By so doing the shoulders natsleep plait about a pointed bodier and urally slip forward, the chest becomes for a gown of silk, voile or crepe. Old

erated; often their framing softens the of self-direction. She is a person of im-If people only knew what good health complexion, giving depth and brightness portunce-and she knows it. She quietas convincing as the family Bible.

> Health and Brauty Hints. To heat an open cut apply alum wa

er twice a day. A drink of warm sage tea will often

soothe a restless child. Half a teaspoonful of lime water will usually cure colic and hiccough.

To bathe tired eyes in water as hot as one can bear will give great relief. For a scald or burn apply immedi-

ately pulverized charcoal and iinseed Orange juice with cracked ice can often be taken by a patient who can retain nothing else.

To cure sleeplessuess take a cupful hot Indian mear gruel just becore cettring. Sip it slowly. When tired out and hungry take a

cup of hot some for quick refreshment rather than tea or coffee. Never leave a patient's untasted food

by his or her side from meal to meat. It will destroy the appetite.

Bathe the face and hands of a feverish person in warm water that has a hit of common socks dissolved in it.

Too rich food and not enough exer cise is responsible for many bloodshot eyes, while too little sleep often has the

Never stand or sit with the arms

NEW DESIGNS IN BLOUSES AND SHIRTWAISTS.

woman is, up to the present moment. no visible indications of outside improvements upon the product."



A beautiful shade of blue is being exploited in millinery. It is a very dark dye of Beauvais, but there is much more black to the present shade. Dusky blue" might best characterize it, and yet there is great indication of the smoke color, too. The tone is universally becoming and seems to go with anything. In the new velvets and velveteens it is adorable. To render the hats of this shade more soft in tone the milliners are patting a covering of mousseline the same shade of felt or There's a ship! Aboy! A ship! My

Handkerchief Laundering.

An easy way to wash and from handkerchiefs. Overworked mothers, try this way: Collect bandkerchiefs and put a couple of stitches through the corners of all. Wash in machine, smooth out each handkerchief and dampen silghtly without removing stitches. Iron each one separately, or, if pushed for time, iron on each side of the bunch.

Gown of Crepe De Chine.

The sketch shows a charming mode laced down the back in quaint and awk. Hat, and deep breathing which is one rose crepe de chine was used for the

IN THE HAY.

We play all day in the hay, you see-John, my cousin, and Jinny and me Jinny and I we'd like to play Just "store" or 'borse" or "lady" al

But John's a boy, that's why I'spect He plays we're pirates. We've all been wrecked,

Jinny and I are nearly dead. We've nothin' to drink and we've go

no bread; And we've suffered so, and we've go We're nothin' but skeleton bones and

And John he paces the shore, an

(Just like they do in pirate books) For a sail, "Cheer up! My eye!" he'l We'll die with our boots on, any

looks

Cheer up, mates! Give us a song! and we sing.

"My country Tis" like anything. But we're all so weak and terrible

(Nothin' but skeleton bones and skin!) That we can't sing long-we're 'bout

to die. When John staggers up and calls out

And he waves and calls, loud as he Then Tom, my uncle's hired man

(He's awful nice! But he don't know We're shipwrecked pirates starvin' Then Tom calls back, "Come along,

If you hump yourselves you can ride; more likely to ca'l pollywogs. They

away

Fast as we can—and we don't play Pirates again till another day. -Youth's Companion.

KATIE DID.

When Kittle came home from Sun day school on the eventful day of which I am going to tell you she found no person downstairs and saw the pantry door standing invitingly open and a plate of crisp ginger cookies on a shelf just within reach. How tempting they were! Kittle looked at them, walked a little nearer, looked again and then tip-toed softly in to taste just one.

The one was a beautiful brown one so delicious that another and another fust like it soon vanished between her little white teeth, while puppy Jinks, who sat on his hind legs and begged, watched them disappear without receiving a crumb. Just then a voice from somewhere

said: "What, isn't Kittle home from Sunday school? I thought I heard her come in," and the voice was followed by steps on the stairs, Kittle brushed the crumbs from

her white dress and looked at the plate. It was empty! What should

But the steps were coming nearer so with a very guilty pink face she tip-toed out and softly, very softly, closed the door, leaving puppy Jinks in the pantry. Then leaving her hat behind in her haste, she fled from the memory of that empty plate. across the wide porch, over the soft grass to her favorite corner of the garden. no matter how fast she ran.

she could not forget that her dear puppy Jinks was penned in the pantry where it was, oh, so dark and lonely; and that, when he was found there he would probably be spanked for being such a greedy dog and eating so many mokies. Kitite was lonely, too, for she

missed pupple links; the garden was very big and quiet without him and she had no one to talk to, not even her old rag doll.

She climbed to a bench near her pansy bed and sat there, a sorry little figure, forlorn from the big pink bow, which dropped dejectedly over one small pink ear, to the little white slippered feet hanging limp-

Suddenly, almost over her head, a queer, shrill little voice said: "Katie did, she did," and the blue eyes opened wide with surprise. Kittle looked all around, but there was no one in the garden; the pansies still whispered together, but surely they could not speak so loudly

not far away, she discovered a strange little creature in a bright green suit hopping about; so she climbed down from the bench and ran nearer to like a grasshopper, thought she had down at her, and then remarked too strong at night, the mother squirshrilly: "Katle did, Katle did."

Kittle dropped in an astonished little heap on the grass under the rosebush. He had said, "Katie did!" have heard Brother Jack call her about that empty plate and poor pup- Brooklyn Eagle. ple Jinks. Yes, he knew, for again he said plainly: "Katte did, she did, she did," as he hopped down to the grass beside her and looked at her with his oweer little round eyes.

But how did he know? He had bile one day overtook the pastor of not been in the pantry; only pupple Jinks had seen. Why, he must be that long word, "C-o-n-s-c-l-e-n-c-e." Kittle spelled it aloud, and, as if in answer she heard, "Katle did, Katle | vited him to ride. did." That was it. But she had not supposed that the long word meant like to, but for my reputation's sake anything that was green and could I had better not. My parishioners

voice from the maple tree remarked: | me."-New York Sun.

meant an ache inside.

tatle did, she did." There were two I them! And, dreadful thought, they could follow the naughty little girl intil she was good again. And Kitle could not be good until she had old mother all about the cookies and then she would have only bread and milk for her supper, instead of ake and preserves

It was very hard to be good, but she were not, these consciences, in their shining green suits, would hop around her always and would say "Katie did" wherever she went,

At the thought Kittle burst into tears and ran as fast as she could toward the house leaving far behind the accusing pansy faces and the dreadful voices. Straight to mother she ran, and, sobbing, told the story: "I ate them-all-the cookies, and I-left pupple Jinks-in the pantry. I-I wanted you to think-he ate them. And oh, those horrid consciences—all green—are out in the garden saying 'Katie did,' andthey know all about it. Do you 'spose they'll go away-if I'm good and don't have any cake for supper, and -ask pupple Jinks to 'scuse me?"

Mother looked grave as she answered: "I think you will not hear them again, little daughter, for conscience does not often trouble good little children." But she smiled as she said: "I did not punish pupple Jinks because I had never known little dog to close the pantry door when he went in to eat cookles, and I rather thought some one must have helped him." That evening a very happy little

Kittie, with a happy pupple Jinks beside her chair, ate her supper of bread and milk, but she couldn't quite understand why brother Jack should laugh when she told him about the consciences in the garden. But, then, big brothers do laugh at very serious things, sometimes. think it must be just because they are boys, don't you?-Emily Macklin

A TANK OF POLLYWOGS. A tank at the Aquarium that attracts attention contains a bundred or more tadpoles, which children are are bullfrog tadpoles, which are the On top of the load!" So we burry | biggest of all tadpoles, and they are big ones at that.

They were taken in Lake Agassiz, in Bronx Park, by fishermen from the Aquarium, who were seining for specimens of the aquatic life there. The seiners got some sunfish, pickerel, suckers and big mouth black bess and this lot of big builfrog tadpoles. Some of the tadpoles are four inches in length and many of them are over three.

The tadpoles of some sorts o toads change from their tadpole to their toad form and are hopping about on the land with their legs or in a few weeks, but to go through this complete change from the time it is first batched out takes the bullfrog tadpole about two years. These tadpoles at the Aquarium are new beginning their second year of life, and though their tails are all still at full length on some of them hind legs, which come first, are now beginning to appear. In due time their forelegs will start out and their long wavy tails begin to dwindle. This in the sort of frog from which the edible frog's legs are taken; and the survivors of this lot of tadpoles ought to grow up to be fine big builfrogs of perhaps a foot or more in length.

But in their present stage they bear no frog resemblance whatever. Their bodies are in shape and size like so many small plums, each with its long slender tapering tail burdered on either side with a wide. thin, finiske edging, making the whole tall in fact like a sort of flat," thin, tapering, wave fin.

only the tiniest of mouths, and with wetl as its portability, makes it most this little mouth it is a nibbler. It nibbles on regetation in the water and feeds on minute forms of animal life. Here they feed the taifpoles on scraped beef. They are a lively, vigorous lot. The only trouble with them is that, being cannibals, they are disposed to bite pieces out of one another's wavy talls .- New York

## A MOTHER SQUIRREL

rels in this village which give daily performances upon the telephone and electric light wires strung across the village square, and it is a common occurrence to witness the squirrels run across over the street on a single wire at quite an elevation.

One day the antics of the squirrels over the square attracted special attention, particularly when a mother squirrel was seen to remove her famlly of three young ones across one But away up on a tall rose bush, of these wires, making three trips, each time carrying a young squirrel in her mouth in the same manner as a cat lugs her young.

It was discovered that this mother to my room and knelt down and praysonirrel had originally built her nest led, and when I arose I knew that I in the top of an electric light pole, never seen one so large and so green, in which was installed a sectional and he hopped jauntily to the high- lightning arrester. It is believed that est red rose, where he sat looking owing to the electrical current being rel had decided to move her young to safer quarters—a box at the top of a telephone pole-where she probably has ascertained that the elec-Of course he meant her, and he must tric current is not so shocking to the nervous system as at her former Katle. Oh, dear! And he knew all place of abode. Sayville special to

The Pastor and the Auto.

A New York man who tours the surrounding country in an a Long Island country church. The pastor was trudging along in the dust, and the automobilist, who had a slight acquaintance with him, in-

"Thank you," said the pastor, "I'd hop about; she had thought it just are mightly down on those machines, and if I should be seen riding in one She sat still, very much puzzled, they would say I was putting on airs and thought about it until amother and might make it unpleasant for

FOR THE SIMPLE LIFE AVLOAT.

Atlantic Liner Passengers Vind the

New Order of Things Necessary. There is a yearning for the simple life, even on the broad Atlantic, says the London Telegraph. Nor is there any difference on the subject between passenger and purveyor. Atlantic voyagers have, thanks to the inordinate competition among the various steamship companies, been treated in the past to a style of catering which even Lucuilus might have envied. It is no exaggeration to say that the managera of the best appointed London hotels would stand aghast at the extravagance and waste which have distinguished the cuisine of the average Atlantic liner. The curious thing is that this somewhat senseless competition has been proceeding regardless of the fact that in the last four years the cost of feeding the first-class passenger has probably gone up by not less than 25 per cent.

From the standpoint of economy, it

was time that a halt was called in the interests of the steamship companies. But the first-class passenger is himself wielding an influence which cannot be overlooked. He has found that the more voluminous the menu the longer the dinner is drawn out, until the restraint of the table d'hote has become almost unbearable. Moreover, the tendency is all in favor of freedom. People are nowadays not always willing or ready to eat at stated hours, and to sit down to stated dishes under stated conditions. It is to this fact that the introduction of the restaurant system on the modern liner is probably attributable. The idea, however, did not begin with the ocean restaurant as now understood. The initial step was the provision of a grillroom on board the Hamburg-American liner Deutschland This was followed in the case of the Amerika and the Kaiserin Auguste Victoria by the restaurant, where break-Atkinson in the Philadelphia Record. fast, luncheon, dinner and any and every intervening meal could be taken at the will of the traveler at his own time

and in his own way. Once begun, the a la carte idea caught on, and, either independently of or more or less in conjunction with the table d'hote system, now prevails extensively. The passenger finds it a great relief to follow his own whima.



The furiture shown in the living room sketched is a good example of taste and comfort, says Beatrice Carey. Designs of both the table and chair are practical, but artistic, and are on Mission lines. Furniture of this character may be had in various stained woods, or in mahogany or oak. Especially attractive for the summer cottage is furniture of this class stained dull green (bog oak), a tint which is very effective with gay flowered chintz es and other summer fittings. This chair is most comfortable with its adinstable back and broad arms, suitable for holding books and sundry other small articles. The cushion covers are more satisfactory if made detachable so they may be readily cleaned. Fresh, lean covers always lend a chair delightful air of coolness.

The writing table illustrated is new and very useful, as well as grace fully simple, model. It may be used Most unfroglike is the tadpole's from either side, and with its double mouth. The builfrog's mouth, as is drawers is most capacious, though light well known, is as wide as its body. In appearance. The simple, graceful The tadpole, on the contrary, has lines of this new style in furniture, as attractive and useful.

"He's Got It."

Among college undergraduates, where slangy and picturesque expressions al ways are up with and often shead of the times, "He's got it." is the very latest. If a man has "got it" he is distinctly all right; his fellow students have put on him the seal or their unqualified approval; they have bestow ed on him the highest praise they can bestow. There is about him an Indefinite something, morally and mentally, that makes him all right-a square. clean, capable, likable chap.

As is the case with most slang, the geneals of "He's got it," is hard to trace. It will be seen, however, that the mysterious, intangible "it" is pregnant with meaning. The expression first came into note last fall, when the papers told of the prayer made by Tad Jones, the Yale quarterback, on the morning of the Harvard-Vale football game. "Fellows," said Jones at the Yale dinner after the game, "when I got up this morning something was wrong. I didn't have it. So I went had it." Yale won the game.

With Jones something was missingunfidence regarding the outcome of the game, clear judgment or some conds tion of mental preparedness—the missing "it." Since then the expression has come to be more general in meaning. A fellow may try hard and mean well, but if there is something lacking in his ability to accomplish things he

Where the Poet Erred. Tess-Mad at him? Why, he wrote

lovely poem to her. Jess-Yes, but she never read ft. When she saw the title of it she tors the whole thing up in a fit of anger. You see, he called it "Lines on Mabel's Face."

Tee Loud. "Surely you don't despise him simply because he's a self-made man?" "No. I merely regret that when he made his voice he didn't pitch it in a

It is a bad plan for a girl to have faith in any man to whom her fa

model is being met with just now, and many women the more severe style rrying to welcome such a pretty as this. The skirt and the tions are joined at the sides of a belt, but the panels at the and the back give the long. lard is trimmed with plain with a little chemisette of en



batiste. The skirt portion is made with two gores at each side, which are joined to the papels, and the front and back edges of these gores and the edges of the panels are arranged to form verted plaits.

The above pattern will be mailed to your address on receipt of 10 cents Send all orders to the Pattern Departs ment of this paper. Be sure to give both the number and size of pattern wanted, and write very plainly.

Order Coupon. No. 6057.

Misses' House Jacket. The pretty and becoming breakfast incket is always in demand, and this one designed for young girls is both simple and graceful. There is the bu collar that is always becoming while it leaves the throat comfortably free and there is a choice allowed of three quarter or long sleeves. In the line trated dotted challis is trimmed with



washable ones. The above pattern will be mailed to your address on receipt of 10 cents Send all orders to the Pattern Daparts

Order Coupen

ADDRESS .....

LITTLE ABOUT EVERYTHIES. Sixty-four out of every 1,000,000 the world's inhabitants are blind. If a phrenologist is a mind a

the bumps must be raised letters.

don't talk about yourself. The Nile river contains a greater

The gray and black Agrico of Brazil is 13 inches from wing the t wing tip.

The use of electric power in the staple industries of the S

stantly increasing. lower key."-The Catholic Standard he has read

first wrinkle. Gray hairs may be tol- pendence, more power of initiative and saving the making of button holes.

appeared on the horizon of fashions. The gown is a revival of the styles of the period of Louis XIII, and is made with long tight sleeves and folds of feet and purify the air and kill any heavy brocade, with no stiffening or facing of any kind about the foot of

The latest examples in trains now shown are the squared ones, but al ready comes the promise that the train for midwinter will have not only a pointed end but one extremely pointed so does the pendulum swing and then back again. Certainly it is much easfer to change a square train into pointed one than rice versa, and those having their trains made long and they desire.

the skirt.

cerise taffeta, or of wide ribben divided the very faces that will wear it. While through the center, the cut edge multipe small, plaited frill is pretty, the turned backward, so that the selvage ways to have the stock very high if you edge will supply a finishing on the up-livers one of these ruchlags. Nothing is per side. When these negligees are in- laglier than the tight stock that is an tended solely for use in sleeping cars luch too low, with the plaiting that they are provided with deep attached droots over its edges. hoods to be drawn over the head when golde to and from the dressing room and with small bags about the size of those carried to the theater, which are designed to hold the purse and any other valuables of small size.

When Anyone Is III.

in the house, that, before taking any ascertain if he is ready for it. It is disappointing to bring a tempting little meal, all piping hot, and find that the invalid wants his hands washed and his pillows shaken up, and various other little things attended to, and when the meal is finally tasted to have it pronounced "too cold." The thing to do is Avenue Church, New York, who came first to see that the patient is all ready. then bring the meal.

The Abominable Wrinkle. Nothing is more fatal to a woman's to spend and better things on which to make the undershirts large enough at peace of mind than the discovery of her spend it. She has more freedom, inde-

looks is impaired Coffee burning on a bot store cover. carried about a sickroom, will disin-

unpleasant odor that may exist. An excellent preventive against scar let fever or diphtheria in their season is to give a child a small pinch of sulphur every night and morning.

Egg shampoo is well enough, but s said to make the hair dry. Nothing is better than some and water, provided the soap is a good sort and especial-

ly made for the purpose.

High Ruching. The new plattings and frills at th square can have them modified later if top of boned stocks are growing higher than ever. There seems no limit Very pretty negligees of kimono what can be done in the height of the shape are developed of black or white collar and the size of the hat. Very coin-spotted foulard silk, with border few faces can stand as much ruching bands of light blue, emerald green or as the fashion prescribes, but these are on to the edge of the garment and then laxtra large one is not. Remember al-

Removing Color Stains. The despair of the home laundress is the garment which has become stained by a color which has run out of another one when they were all washed together or when a moist garment has been worn over another and imparted tainly true that the charm of a woman's Don't forget, if you have on invalid its color. The garment should be put at once into a large vessel of cold water | beauty. meal up to him, it is always wise to for twelve hours and then allowed to

> Praise for the American Woman. The American husband is the best in the world and his wife the happiest woman in the world, according to Rev. Dr. Charles F. Aked, pastor of the Fifth to this country a year or so ago from England. "The American woman has less drudgery and more leisure than any other woman. She has more money

ward old fashioned manner has again of the essentials to health and good original, the effective hand work, in

just now that the organs of mastica-Inclination to ream or not to ream. you want a home body," says the aged high priestess, "marry a girl whose teeth grow close together. If the teeth are distinctly separated, your wife will go gadding about all the time. She may love her home, but she won't stay there. She will want to be traveling. The greater the distance between the teeth the greater her inclination to wan

smile was once estermed even above

also help to keep freckles away.

To Make Underwear.

hold design, used on the bodice being done in silk to match. The skirt was long and trailing, and was finished by a shaped applied fold. The yoke and undersleeves were of white chiffon tucked in small squares and juset with Chantilly lace.

Look at Her Teeth. Young man, before you marry, take particular notice of the teeth of your intended wife. Aunt Peggy tells me tion are certain indicators of a wife's

der abroad."-New York Press.

Smile's Face Value. Although most of us would hesitate to express what might be termed the face value of the "modern smile," we certainly realize at times that it is a form of currency which is depreciating. In the "modern smile" we recognize the crude, official thing which neither illuminates, cheers, nor bridges awful gaps of silence. It may savor of suggesting a wave of imbecility to declare that we ought all to smile more; but it is cer-

Buttermilk is one of the simplest and most effective remedies for whitening the skin. Ba'he with it both before and after exposure to the sun and let it dry on the skin. This will

Will Whiten the Skin,

When making undergarments for the men of the family use the ribbed bottom of old drawers for the new and the neck to slip over the head, thus

There are a number of gray squir

and Times.

LIVING ROOM FURNITURE.



SIZE ...... ..... NAME ..... ADDRESS .....

lace, but the model suits not alone the

purpose. It also is adapted to all the

ment of this paper.

If you want people to listen to pe It is a waste of time to grown you will soon have to smile again.

riety of fish than any other body of