

FOR AND ABOUT WOMEN

Health and Beauty Hints.

A half hour well spent upon the complexion at night is worth two in the morning.

A good cure for brittle nails is to soak them daily in sweet oil warmed to blood heat.

A tablespoonful of olive oil taken each day will aid the digestion and ease liver trouble.

The hair should be brushed thoroughly for about fifteen minutes every night before retiring.

Witch hazel is excellent for the eyes, but one should be sure the liquid is absolutely pure before using.

Honey is very nutritious and should be on the bill of fare of every person who wants to gain flesh.

Cold water closes the pores of the skin and makes it firm. A little vinegar or cologne added to the water also assists in the hardening.

If you have dark hair and it seems to be coming out, cut off a slice of lemon and rub it into your scalp; it will stop that trouble promptly.

Soft, flabby skins that fall into folds and pucker need cold water to give them tone. Thick, oily skin, however, should be washed with hot water.

The application of lemon juice will sometimes cause warts to disappear. Touch them several times during the day with a camel-hair brush soaked in the juice.

A healthful and refreshing mouth wash is made by boiling cinnamon bark in water and mixing it with equal parts of the purest alcohol. This is good, both for the gums and teeth, and makes the breath more fragrant.

Often one sees a woman with dark-

headed with hands carrying out the same effect, they make a lovely garniture.

Opera hoods are shown in Paris made of ribbon. Clever fingers will soon be fashioning them here.

Long coats in the directorio modes with the empire waist effects have been chosen for the fastidious woman of good style.

Crowd embroidery is being used in Paris by the artists of dress for giving distinguished trimming touches to handsome costumes.

Ribbon ornaments for the hair are becoming a necessity. Match your gown with the rosette and band or braid to be twisted through the locks.

Dress skirts all show the influence of the sheath furor. The circular gored model will be the popular development. Skirts slashed on the side are numerous, the openings filled with plaits or trainings of some kind.

Charming for wear with tailored suits are waists of dyed nets in colors to match the suit. They are tucked and have the new long, tucked sleeves and just a touch of soft, rich color in the way of Persian bands for trimming.

Revers and sleeve cuffs to suits are unlined. Revers often fall fluffily, forming folds. Basques of jackets are weighted so that they will stay down without looking stiff. Hems of skirts are lined with heavy but quite limp linen.

High-toned collars are seen on dresses and waists. Street suits, coats, even evening wraps, all have high collars. Everything has a collar, some even approaching the old-time "chok-

ing out was known as the Sand River region, therefore this otherwise desirable property was unpopular with the more prosperous class of farmers.

Trampled, however, by the low valuation of this previously situated land, a number of adventurous and optimistic souls settled hopefully in this fire-scarred district. Among them was Xavier Laborde.

For three years Laborde's dwelling escaped the annual flames, but the fourth found him reported among the sufferers.

"Did you lose much?" asked a prospective customer, dubiously examining the Frenchman's load of badly charred stove wood.

"Well, I tol' you how eet ees," chuckled Xavier, with a twinkle in his twink eye. "Dese frys ees hon had juse hon me, hall right. You lak for hear about dat, hey?"

"Me, I ham see her approach, dese beeg frys. Dere ees smoke hon top, smoke hon bottom, dere ees smoke be-hin, dere ees smoke biffore; smoke ees where you ees look. (Coudraire ees fall, spark ees fly down, flame ees rush about—east, west, north, south, an' south—east, too, maybe. By gar, me I'll ham see no more lak dat!"

"Monsieur, w'at shall I do? Shall I lose me bed, ma chair, ma deess, dese mos' lew' clothes of me, dese bean, dese mos' expensive flour? But no, monsieur. Dese home of me mus' go, but hall w'at ees binside, dese I weel save, I weel preserve."

"Hall day, ma f'ren, me, I ham more dese chair, dese bed, dese trunk; frys hon one pass, frys hon noddle pass. Hall day I ham fight dese frys. I ham jomp hon dese spark, dese flame, dese coudraire. For honly one-half hour dese night I am asleep, me. An' w'at ees go for hap, monsieur? Heias! Een dese small half-hour dese bed, dese chair, dese trunk, dese bean, dese ees char, dese tronk, dese bean, dese ees burn herself down."

"Me, I ham hexclaim, 'Hall, hall ees went! Ma house, ma chair, ma bed, dese flour, dese bean, dese mos' bea' clothes of me!"

"Behol, monsieur, to reach some town I mus' proceed for juss dese pass w'ere I ham leave ma house. Monsieur, w'at you (link? W'at you suppose? Here ees one beeg joke on Xavier Laborde. Dese house ees nevraire touch dese frys! So, monsieur, dat ees how I mak to lose dese furniture an' save dese home of massif."

Not the Only One.

He had just returned from a continental trip, and was telling his adventures.

"And above all," he said, "I actually had the distinguished honor of playing poker with a king."

The man in the overcoat had listened in silence up to this point, and now his lip curled scornfully as he replied:

"That's nothing; I once played with four kings."

"Really?"

"Yes. Four kings and an ace."

All the Accessories.

"How is your boy getting along in the correspondence school? Doesn't he miss the usual college features?"

"Not at all. He takes his daily exercise in the gymnasium by mail; he is entered in the track meet as a long-distance rapid writer; he belongs to the correspondence Greek letter fraternity—gets one every week, I believe; he has a photograph record with the college yell; and just the other day he got a live scorpion by mail, which is just their way of hazing him."

If a woman finds out ten things her husband was keeping from her, she guessed seven of them.

Many Find It a Pleasant Matter to Determine.

Many people, even among those who frequently make use of horses, have little idea of what an ordinary horse weighs, and would have much difficulty to guess whether a given animal, standing before their eyes, weighs 500 or 1,500 pounds. Yet they would have no such difficulty with a man, and probably would be able to guess, especially if they were good Yankees, within 10 or 20 pounds of his weight.

The governments of Europe have long been purchasing and weighing horses for the military service, and transferring them from cartage or draft employment to the various branches of the cavalry and artillery. The animals are ordinarily assigned according to weight.

The French military authorities find that an ordinary light carriage or riding horse, such as in the United States would be called a "good little buggy horse," weighs from 300 to 400 kilograms—say from 800 to 900 pounds.

Such horses as these are assigned to the light cavalry corps.

The next grade above, which in civil life passes as a "coupe horse" or carriage horse of medium weight, ranges in weight up to 480 kilograms, about 1,050 pounds. This horse goes to help mount the cavalry of the line.

Next comes the fashionable "coach horse" of persons of luxury, which weighs from 500 to 580 kilograms, or from 1,100 to nearly 1,300 pounds. These horses go to serve the purposes of drill for the cavalry belonging to the reserve military forces.

Above these there are still two grades of heavy horses. The first are those used for ordinary draft purposes and are commonly found drawing the omnibuses of Paris, where such vehicles are still in use. These weigh from 1,100 to nearly 1,500 pounds.

The heaviest horses are the Clydes, dales and Percherons, which are oxen in size and strength, and which weigh from 900 to 800, and sometimes even up to 900 kilograms, that is, from 1,900 up to nearly 2,000 pounds.

None of these Percherons of the heaviest weight are used in the military service, but some of the lighter ones are employed for draft and artillery purposes.

MISPLACED VIGILANCE.

Every spring devastating forest fires consumed what was known as the Sand River region, therefore this otherwise desirable property was unpopular with the more prosperous class of farmers.

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WOMAN

THE SOUL-SLEUTH.

None of us is quite what we wish to appear; sometimes we are not what we believe ourselves to be, and more often we are anything but what others think us. Yet recognizing the difficulty of concealing our private affairs, our business concerns, our financial status and the skeletons in our cupboards, we have hitherto flattered ourselves that the innermost recesses of our souls were still sacred and known only to their owners.

We congratulate ourselves that no man or woman could penetrate the inner sanctum of our meditations. But alas! even this privilege has been taken from us; henceforth we may never again claim our thought as sacred from the public gaze. The secret fallings which we scarcely dared acknowledge are cruelly revealed by the new searchlight.

A terrible being, says he, has discovered a means of reading or detecting what is described as the aura of the soul. All unknown to ourselves, each of us gives out rays of light according to his or her character. One and all possess a halo, though perhaps it is unnecessary to say that this may be sadly lacking in the qualities which helped to make the cranium of the mediaeval saint the object of veneration and awe.

Our individual auroles may be blue, green, pink, crimson, orange; in fact, any shade; they may be likewise variegated. Moreover they change with the rapidity of a lime-light effect. It all depends upon the state of the emotions, the characters and the passions. Language, it has been said, was vouchsafed to us to conceal our thoughts; but there is no concealing this prismatic aura from those who might have eyes to see it.

Who may these awful persons be that are able to detect at a glance whether we are generous, unselfish, trustworthy, pure-minded and as loyal as we pretend to be? Who are they that determine in a swift glance whether we be vile-tempered libertines, hypocrites, liars and all such unpleasant creatures?

It makes us tremble and quake to think, upon entering an assemblage, we may be confronted by a soul-sleuth, who on the instant labels our aura as belonging to the "fool" or "villain" class, and who acquaints himself with our personality through an orange or purple haze.

Society is in the throes of this craze, and unbelievers and doubters are won over by the score. The study, no doubt, is fascinating, and one may not forget that the whole scheme of existence must undergo a change if this practice of reading one's aura becomes general.—New York Sun.

GETTING CHILDREN TO CHURCH.

The mother of seven sons, three of whom were ministers of the gospel, one a United States senator, and the rest prominent business men, said recently:

"When my boys were small, my toilet on Sunday morning was frequently completely under cover of a 'circular' while on the way to church, but I always got my seven little men to morning service!"

A herculean task! some of us, whose families are smaller, will exclaim. But it really is not so. If preparations are commenced in time, and that time is Saturday night! Get the children to bed a full hour earlier than usual on that evening. After a long day's play out of doors, they really require more rest. See that they get it, that there may be no "sleepy heads" on Sunday morning.

But it is just as important that the mother should wake up on that morning with no dragging trail of weariness from the day before. Just this little thread of exhaustion makes the task of dressing the children seem interminable. Even if some duties have to remain undone until Monday, get to bed in sufficient season to secure a good long night's rest on Saturday night. Saturday is always a tiring day, anyhow. But do not allow its claims to take too much of your vitality. Remember that the most important day of the week is just ahead of you and your children. A day which may be all brightness and joy if you bring to it a thoroughly rested body and mind.—Mary L. Cummins, in the New Haven Register.

WOMEN AND GAME FISH.

Salmon fishing has become the chief sport of the Duchess of Roxburgh, who was Miss Mary Goulet of this city. The young woman has had the satisfaction of winning a fishing competition on the Tweed River, which flows past Floors Castle, the Roxburgh ancestral place. The first prize went to the Duchess for a thirty-seven-pound salmon, which fought for two hours before it was brought to the gaff. When the story of the catch first was made public in England a couple of weeks ago there were many old fishermen who expressed the opinion no woman could battle with a thirty-seven-pound salmon and land it. This led to a rebuttal on the part of a score of witnesses that the Dutchess had played the fish without assistance, and that she still was good for further hard fighting when the big fish was gaffed. Still this does not weaken the fact that any man will not ask for more than one thirty-seven-pound fish in a single afternoon, for, pound for pound, the salmon is the hardest scrapper that swims. As a result of the former American girl's success fishing contests for women are being held all over England. Queen Alexandra even has taken to fly casting for trout using a four-ounce rod which is inland with gold. Fishing for women also has found sudden favor in France, and on the upper Seine Mme Tasserand defeated 200 male competitors and as many women, carrying as first prize a silver cup presented by Waldeck-Rousseau, former Premier of France.—New York Press.



WOMAN

LOVE LEVELS RANKS AGAIN.

Seldom have the rigid formalities that hedge royalty been violated with such determination as that shown by the Princess Amaha Furstenberg in her marriage to an army lieutenant of humble birth. The princess is one of the prettiest girls in all the courts of Europe, and, like the Princess Patricia of Connaught, who jilted the King of Spain, she has proved she possesses a will of her own and the courage to exercise it. After the ceremony the bride left her ancestral palace without a word to her mother, who had lashed the young lieutenant verbally, and at the last moment vainly implored him not to go on with the wedding. Further to show her love for the bridegroom the princess kissed and embraced him in the sight of servants and villagers just before she passed out of the palace gate. In short, the princess rose up like a true woman and married the man of her choice without thought or care for the disparity in stations.—New York Press.

AMERICAN GIRLS WIN. American girls are winning the applause and admiration of staid old England for their politeness, freshness and neatness in dress. For example, a postal card company in London has issued a special "beauty series," and four out of the six faces in the set are those of American girls, two from New York, one from Chicago and one from Buffalo. London newspapers also have been praising the American girl for the smart appearance she makes upon the street, and in fact on every occasion. This has led to many letters from readers, who generally take the view that our girls are akin to the French young women in their good taste in dressing and the ease and grace with which they wear their clothes. In the latter respect at least, the English critics hit the truth, for the American girl of every station has an instinctive knack for making the most of her good looks or plainness, as the case may be.—New York Press.

HOW TO BECOME PLUMP.

The fat-producing foods are principally milk, cream, eggs, butter, olive oil, the sweets—sugar, honey, sweet desserts, jams, sweet fruits; the starchy vegetables—potatoes, peas, beans, corn, beets; wheat bread, rye, cereals of all kinds, rice, sago, etc. Of the fruits, peaches, grapes, bananas, prunes and figs are especially recommended. The only foods cut out of a thin person's diet are the condiments—pickles, pepper, mustard, curry, salt, etc.; the acids, including acid fruits, the vinegar in salad dressing, etc.; and the stimulants, tea and coffee. It must not be forgotten that although the tissue-making foods, such as meats, fish, etc., are not fat-producing, they are required for their own special functions. Some of the green vegetables and fruits are not fat-producing, but they are needed for other purposes. The fat-producing foods should be included in principle, but to the exclusion of others.—Harper's Bazar.

THE WAIST 'CAME BACK.

"The other day I hung my prettiest waist out on the line at the kitchen window," said the fat-dweller, "after I washed it. Then I forgot all about it, and when I went to look for it two days later it was gone. I rushed frantically down to the janitor, and we climbed together over the coal into the area to look for the waist. I lamented deeply. It was a beautiful waist. We couldn't find it. The janitor came from the next house and helped us look, but there was nothing doing. I came sadly in to the window back over the coal and ascended to my sixth-story flat."

MISS HILL'S STORY.

Miss Lillian B. Hill, the advertising expert, said, at a clothiers' banquet in Grand Rapids: "I am glad you clothiers who advertise, now print pictures of men's and boys' fashions. Thus you smarten up the country, and you help to abolish the cutting down of the father's clothes for the son. I remember how, in the distant past, my little brother rushed whimpering into my room one night. 'Oh dear,' he whined, 'pa's had his beard shaved off, and now I guess I've got to wear the old red thing!'"

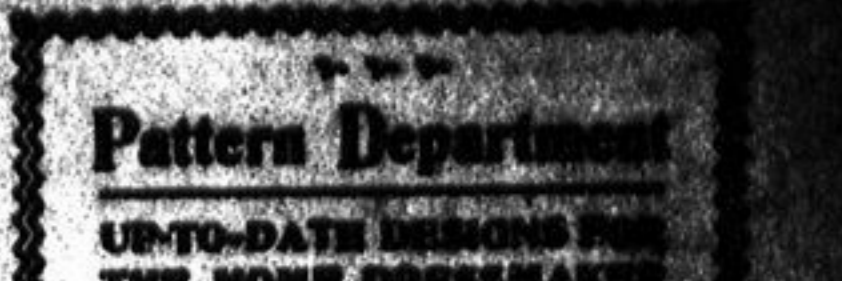
DESIGN FOR BRONZE DOORS.

Miss Evelyn Longman won a \$14,000 commission by her design for the bronze door for the chapel of the United States Naval Academy at Annapolis. There were thirty-three men among those competing for the work. The "Winged Victory" that surmounted the dome of Festival Hall at the Louisiana Purchase Exposition was made by Miss Longman.

FASHION NOTES.

After white the gown of some shade of pink seems to be best liked. Bronzedolts of light weight will be a favorite selection. Diagonal striped worsteds are the very last cry in worsteds and will make some of the smartest street suits. Gray combines effectively with pale or turquoise blue, yellow, orange, golden brown, almond green and shell pink.

A new self-colored damasse design in silk is called directorio damasse. This is light in weight, elastic yet firm, and is similar in texture to tulle. There is a plaid lawn or betise on the market which is as dainty as a handkerchief linen and more desirable for a frock because it does not muss so easily.



WOMAN

PATTERN DEPARTMENT.

UP-TO-DATE DESIGN FOR THE HOME SEWING MACHINE.

Girl's Semi-Princess Dress. Semi-princess dresses are among the prettiest of the season for young girls, and are shown in a variety of styles. This one is eminently simple, but is made dressy in effect by means of the combined bertha and panel.



PATTERN NO. 6101.

which is arranged over the plain dress. In the illustration casimere is trimmed with an effective banding, but all the materials that are used for girls' dresses are correct for this one, and trimming always is a matter of taste.

The above pattern will be mailed to your address on receipt of 10 cents. Send all orders to the Pattern Department of this paper. Be sure to give both the number and size of pattern wanted, and write very plainly. For convenience, write your order on the following coupon:

Order Coupon.

No. 6101.

SIZE

NAME

ADDRESS

Directorio Shirt. The Directorio, or shirt-making skirt, evidently has taken a hold upon fashionable fancy and already is to be noted in a number of forms. This one is among the most graceful and attractive and is adapted to almost all the fashionable materials. In the illustration one of the new silk and wool fabrics is embroidered in matching color, but in place of the embroidery



PATTERN NO. 6062.

banding, applique or bordered material could be used. Again, the skirt can be made either with the train or in round length so that it suits occasions of many sorts. Also if liked the panel, shown at the left side, can be made of contrasting material, or can be covered with frills of plisse chiffon or lace or anything of a similar sort.

The above pattern will be mailed to your address on receipt of 10 cents. Send all orders to the Pattern Department of this paper. Be sure to give both the number and size of pattern wanted, and write very plainly. For convenience, write your order on the following coupon:

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FADE OF FAMOUS PEOPLE. Roscoe Conkling was an excellent amateur boxer.

Danton was the most noted card player of his day.

Nero was fond of music, and attained great proficiency in the art.

Virgil, during the summer season, filled his house with butterflies.

William the Conqueror was immediately devoted to dog-fighting and horse-baiting.

Mrs. Radcliffe ate raw pork before going to work on a particularly thinking chapter.

Socrates was fond of playing with children, and was often seen busy with them at their games.

Louis XVI. in his early life learned the trade of a blacksmith, and during his imprisonment amused himself by making locks.

Scott was fond of riding, and he light could be cut with a few days' practice.

GOWNS FOR AUTUMN WEAR.



brown lines below the eyes, also noted there on the face and frequently upon the forehead. This is due to intestinal trouble of a serious nature and only a reliable physician should prescribe for such when medicinal aid is needed.



Madapest has one woman apothecary, Mme. Bertha Hainisch.

A school for woman chemists has recently been opened in Dessau, Germany. Graduates are assured of employment at from \$20 to \$48 a month.

Miss Laura White, of San Francisco, is having quite a great deal of newspaper notoriety because she has discovered a rich vein in a Nevada gold mine, and in order to "work" it she toiled at the windless, wearing some of her brother's clothes for convenience.

Jean Leckin, of Giehe House, Blackheath, is the beautiful wife of Sir Arthur Conan Doyle. During their courtship "The Hound of the Baskervilles" was written, and the scenes are laid around Blackheath, which is full of romance to the distinguished couple.

More than 600 women are reported to be studying medicine at French universities. Paris alone is said to have 100 women practitioners, most of them holding official places of more or less importance. Woman physicians are preferred in girls' high schools, normal schools and public schools generally.

A little 8-year-old girl named Jessie Perrie was one of the heroes of the recent conference of the National Education Association at Cleveland. Of 500 words submitted to her she spelled 498 correctly, writing 100 and spelling 398 orally. A gold badge, certifying that she was a champion child speller of America, was pinned to her pinafore.

Making Girls Happy. The provision in the will of Mrs. Waldo Sibthorp, a generous English woman, which provides a sum of £4,000 for wedding dowries for poor girls, says that the amount is to be invested and the income paid each year as marriage portions to two deserving girls residing in or near Sleaford, on their

of iron rust as a result. The very first thing to do is to rip off the fasteners and get the rustless kind. Then rub each spot of rust with salts of lemon and wash out thoroughly. It may be necessary to repeat this two or three times, but it is worth the trouble. If you haven't this preparation use plain lemon juice, soak the salt in it, put it on the spot and expose to the sun. If all of this proves useless and the garment is of white cotton or wool try chlorinated soda.

Buttons are lavishly used for trimming, covered with self material or satin. The buttons themselves are frequently adorned in some way to add to the effect. Crochet buttons are employed for this purpose, the crochet covering a satin or velvet mold, which gives a very pretty result, especially if it is in contrasting color.

There are very pretty hats out for school girls. Gray and white felt are used. The brims are broad, the crowns round and the trimming is of broad, short wings in bright blue and purple. Other colors can be used, but these seem to take the lead. A white hat trimmed with scarlet wings is a very good touch to a white-duck skirt and shirt waist with a heavy top-coat of cream serge.

Midnight Oil Means Suicide.

"People talk about the midnight oil as if it had some virtue attached to it," writes Dr. Hale in Woman's Home Companion for August. "In truth, four times out of five the midnight oil means overwork, or it means that you have neglected some duty which should have been attended to before the sun went down. Unless each night recovers the ground lost in the exertion of the day before, you are committing suicide by inches; and you have no right to commit suicide at all."

For Teething Baby.

If your baby is teething and the front of its dress gets wet at the neck, try the following: Buy a pair of the largest size stockinet dress shiftings, cut each shield in two where it fastens to the seam, and pin this under the bib. This will prevent the moisture from going through the dress and will keep the little chest dry. One pair of shiftings makes four of these patent bibs, and that will be plenty to keep baby dry. They are easily washed and dried.

Furniture Cream.

A fine furniture cream, which will impart a high polish to furniture and is splendid for floors, is made from three gills of turpentine, two ounces of brown beeswax, two drams castile soap and two drams borax. Melt the wax and soap in the turpentine, stirring thoroughly. Mix the borax in a gill of boiling water and add the mixture to the other ingredients. Apply with a



Tucked net is popular for gimpes. Some nets are so woven as to simulate hand tucking.

The rhinestone horseshoe brooch is being supplemented with those of coral, turquoise and jet.

Pendant ornaments will still be a popular trimming. Of silk, with touches of gold, silver or other metal,