The Happy Sunday.

time in order to rest her overwrought rest is bers. I have secured some in if they are taken at random from this way: I do my own work, with the help of a student, so that, with the reputation outside of being a 'good committee woman,' and the ambition at home of running my household upon scientific principles, my serves are usually at high tension. Each morning brings the usual commotion of butcher and grocer at the door, telephone calls and husband and children to be started off to their respective tasks in good bumar, and then the usual round of morning duties and dinner to prepare. But when Sunday comes I lie still. I have my pocon and rolls in bed, the student prepares the dinner, and I emerge to time to accompany my husband to church

afternoon with him and the children "The children look forward all week to this day, which they call hapter Sunday.' My experience has told me that if I arise and go through the usual routine in the morning I become too tired to make Sunday a imppy day for the others in the afternoon. So this plan I have found works very well in our family, and is satisfactory to all those most concerned."

and rested enough for the bing Sunday

Graning Plower Vases. Glass flower vases are apt to become much stained in time, especially if such flowers as mignonette and forget-menots are left in them for a few days family. without changing the water. To remove the stains few methods are bet-

have been sliced up. The children usu- three-quarter length. All the edges are "If there is one thing above others ally find great interest in putting these scalloped with embroidery slik which the American woman of to-day. together, and when they become expert match the pongee. The scallop is first who successfully manages so complex a prize may be given to the one who is run, then padded and lastly embroidan organism as the home, needs to in- somest able to paste his picture on a cred in buttonhole stitch; the work is sist upon it is that she have some quiet piece of plain paper. Toys of this kind just as simple as that done upon linare sold in most stores, it is true, but gerie. says a writer in Harper's when using them it is necessary to put Bazar, "The problem of securing this the same pictures together, while magazine or book, there may be infinite variety in the game.

WOMEN DELEGATES AT DENVER



the Denver convention, Mrs. Mary C. the Carlsienne. Hayward is president of the Woman's Greenaway book. Democratic Club of Sult Lake City. She is a member of a ploneer Mormon

To Have White Hands. ter than that of placing a haudful of little cure is required to preserve it. is white poplinette, a skirt of which cut she had filled a similar position beused ten leaves at the bottom of the says the Family Dortor. A good some in many gores fits perfectly about the fore going on the stage, she would mentations are most comforting and vase, with a little vinegar, and with aided by a pin or two of natment, feet, where it should be finished with not consider such an offer afterward. | curative. They are far better than the hand placed across the top, shak. may be used for a thorough cleansing a deep and obvious bem, pauctuated There would always be the danger of cold applications.

VARIETY OF TUCKED BLOUSES.

Tassels are very much used wherever a place for them can be found The heavy and the fine laces are fash ionable in combination for triuming both gowns and separate blouses.

The rage for a boutountere of artificial flowers seems now almost as well established as the waistcoat itself Among the most worn flowers are the purple pansy and the gardenia.

are needed but where they are not needed on the new gowns. For the tailored suits there are fabric-covered buttons and the braid buttons. Gold bands are decidedly more chic

than ribbon ones for the bair, and come in single, double, triple and even quad ruple forms. These combined with tor tolse shell or amber are extremely hand

Consistent with the passion skimpy skirts and poke bonnets and other things directoire and empire, the brelless slipper with auklet straps that There were two women delegates to cross and recross is now demanded by in more prosperous seasons would

C Bradford, of Denver, and Mrs. Har- Lace inserts in stockings and silk makes it hard for the beginners who rising or anything that promotes want ry J. Hayward, of Utah. Mrs. Brad-lince mitts further record the vogue of ford has been Democratic candidate the early ninetecuth-century styles and months will perhaps dampen their for State Superintendent of Schools, before long it is possible that every and has been a member of the Demo- woman will look exactly as though she of idleness, but don't imagine for a often bring on headaches. cratic State Central Committee. Mrs. had tripped from the pages of a Kate moment that these young men and Brain repair goes on during sleep.

If the skin is naturally white very serviceable materials for this purpose tione as an actress. No matter if sieep is what you need to cure you.



ACTORS AND THEIR LIVELIHOOD

M actors and actresses of established position and fixed salaries have been forced by financial depression to turn their attention to the best thing that presents steels, what will those young men and women do who earn at best but meagre pay and who are never certain of the outcome or resses in Summer hotels."

known professionals are ready to fill ven Register. up their spare time with parts which not be ceriously considered. This are struggling, and the Summer of cleep are fertile causes of headambition by presenting a long period are very bad for delicate people, and recognition by some one who had seen her in some play, and personal ventilated rooms, indigestion or any fore risking such a discovery, which poses to headache, would be notsed about and commented | When headaches are not cured by woon both by her acquaintances and simple means, a doctor should be newspapers looking for a 'good story.' Somehow she would lose caste with her associates, and the story would the application of them to the nape always cling to her. That is the rea- of the neck, as well as to the fore son why professionis who really need head, will give more relief than if the money do not go into something used to the forehead. The heat to different in the Summer.

"A depression like that of the pres- New York Times, ent will have a beneficial effect this Summer, because it will demonstrate how powerful a hold real ambition has on the players. Those who are in earnest will pull through somehow, and come back in the Fall as eager as ever, while the others will have turned their attention to semething else for good."-New York Times.

A RAINY DAY TIP

"Women in this town do best all." said the man in the brown derby disgustedly. "They are always raising a howl about the impoliteness of men in holding to their seats in the cars while poor, tired women are standing, and yet take a case that. happened today, I got up and offered my seat in the subway to a woman. though I was tired enough myself eral hundred lows women to draw upafter a hard day down town. And what do you think? - she declined it and, even when I insisted, sat down with obvious rejuctance. Now, what

do you think of that " "Was it raining outside," asked the girl in the merry widow hat. Well that explained it. Let me give whether it is a rainy day, and then look and see if her skirt is damp. If it is, you can sit comfortably where you are, for the lady doesn't want your place. She'd much rather stand. Why? Oh, because a woman with a damp skirt isn't going to sit down. unless she has to, for the reason that it will be hopelessly creased and wrinkled when she arises and the hang of it will be quite spoiled. Reserve your politeness for dry days, when women have dry skirts."-New York Press.

NOT A BRILLIANT COMMENT. When society celebrities say "Really!" in answer to every remark. perhaps they purposely withhold the more brilliant comment. It is all part of hiding the light under the bushel. But "really" is all one hears at present. One can emphasize and separate the syllables in all sorts of ways If one is comme it faut. It affords infinite variety. You ask your friend what kind of a luncheon she had, and she will say, "O, very good indeed." Then you reply with the most sincere a nan during the day.-Pittsburg Dissympathy and congratulation, "Re--| ally" with a heavy accent on- and the exclamation point followingthe first syllable. Society people are luncheon or the dinner was good, and varius in the vocabulary of the so- a great interest, and some time ago cial world. Repecially in congratula- she won a effiver medal for superfority ing each other in response to an an- in that field. nouncement that calls for glad sur prise women can give to the little word "really" a sweetness as of honey sarcastic congratulation. All that is for field, mountain or valley. needed in addition is a lorgnette so | The bands of marabout on the hems that the victim will be dead, not of chiffon and other sheer evening merely wounded. If your eyebrows gowns are effective.

proper way can quickly relieve New port or Tuxodo of an unwelcome "nocial climber." Two or three "reallys" have been known to dishearten an outsider. With her pet Pomeranian and also a husband, along with other impediments, the social aspirant boards her yacht. The captain has testy orders to get up steam, the anchor is lifted, and back to the more comfortable and more cosmopolitan atmosphere of Narragensett Frer she moss. There cordial "howderdo's" take the place of the icy, acid "reallys."-Brooklyn Life.

HAT PSYCHOLOGY.

erican woman will spend much time in discussing the psychology of bonnets as long as she has the proud consciousness that her own hats are in the latest mode. But there positively is a psychology of bonnets. Mrs. Hunt said so at the convention the morrow when the theatrical cogs of the National Milliners' Associaare moving smoothly? They are seen tion in Chicago. Of course Mrs. about Broadway for a while and then | Hunt is Mme. Hunt in the cullinery disappear until the Fall, "What be business. Every milliner must take comes of them?" is a question full of the French prefix even though she be interest to those who merely con- Irish and a spinster. "There certainjecture. The man or woman who ly is a psychology of hots," said Mrs. knows the stage from the orchestra | Hunt, "entirely aside from the fact Buttons are used not only where they seets will answer by vague surmises, that the souls of the majority of womsuch as, "They go to the farm for a en are in their hats. If every woman rest," or "Some of them become cash- should only look in the glass when ters in stores, salesladies, or wait- trying on hats and instead of giving her undivided attention to the hat When asked about his personal would study the outlines of her face knowledge of the Summer occupation as seen under the hat she would look of the players of small part, Nelson | with scientific approval or disapproval Morey. Assistant Secretary of the upon the bat. So few women do that, Actors Society of America, said: you know. Fit the hat or bonnet to "The past season has been extremely the face, and you will always look discouraging to every one, and es up to date and be a fashion plate pecially to those who play small roles, not only in one's own fancy but in for the reason that so many better- the public's eye as well."-New Ha-

OVERWORK AND WORRY.

Too late going to bed, too early aches. Long walks before breakfast

women accept positions other than People often don't know, or forget, Wise women who do not have too those connected with the stage. To this, If you are worrying or workmany clothes take care to provide them- become a waitress or a clerk in a ing hard all day, then go to bed late selves with a separate white skirt to ac store would mean professional ruin and get up early, you are very likely company fancy blouses. One of the most for a woman who expected to con- to be a "martyr to headache." More For all nervous headaches hot fo-

> Want of exercise, living in badly erids would cause her to hesitate be thing that lowers the health, predis-

> > consulted. They mean something.

When hot fomentations are used, the spinal cord soothes the brain,-

NEW IOWA WOMEN'S CLUB.

The newest infant in the club world is the lowa Society, a brand new or ganization which held its christening party at the Walderf-Asteria yesterday afternoon. Officers were elected and a constitution adopted. Mrs. James S. Clarkson was unanimously elected President, and Mrs. Carrie Chapman Catt honorary President Mrs. Catt at first refused to receive this office, saying that she did not possess the qualifications.

The brand new society changed its brand new constitution to elect Mra Catt honorary President.

The haby club is not two weeks old, has sixty two members and sev Women who were born in the State, lived there five years, or who nave taken a college degree in lowa are eligible for active memberahin and any woman who has lived at all in the State and the wives of lowa men are eligible as associate members .- New York Times.

THE SYLPH-LIKE FIGURE. Lithe and lissom is the order re-

She must display no more embon-She must be able to substitute for a ray of moonlight.

beans and oyster plant Apples, rhubarb and prunes will aid in the reduction Any fruit cooked with sugar may

Bels, salmon, fresh mackeral and catfish are prohibited

Eggs may be indulged in if yolks are moved. No breads except gluten and dry

No water or other liquid is advised Sleep on a hard bed and never take

WREN'S SCHOLARSHIP

A girl of twenty-two, Miss Gertrude always asking each other whether the | Wren, is the first of her sex to win the Pereira medal for excellence in one wonders if the repast under dis- chemistry, one of the most-highly cussion is one that they paid for in prized awards of the Pharmaceutical

A Boer hat of brown felt trimmed that has withal the sting of the bee. with a pheasant wing in natural color. And never was there a word so full | yellow dotted with black, completes of condescension when it accompanies the very jaunty and services ble tollet

one but himself?-Boston Transcript. | doson "conline" administered in the | ponce



~~~~~

The blouse that allows effective use of the fashionable buttons or broldered discs as trimming is one certain to be in demand just now, and here is a model that is admirably well It isn't likely that the average Am- | adapted to the treatment. In the illustration it is made of nongee with trimming of applique and chemisette of all



PATTERN NO. 51963.

it. He simply caught hold of the 30 over lace while the wide tucks at the of its tail, gave it a sudden jerk to shoulders are trimmed with buttom, him and caught it by the back of the but in place of butto: is embroidered discs head. He then placed it in a l would be handsome and equally smart tin. The make was three juches while the bloque limit is suited to al diameter and about four feet long. ment all seasonable materials.

The above pattern will be mailed to cal engineer claims to have perfect your address on receipt of 10 cents a process of welding copper to stee Send all orders to the Pattern Depart ment of this paper. Be sure to give ing. Many advantages, it is said. both the number and size of pattern result from the use of this new w wanted, and write very plainly. For such as high tensile strength and convenience, write your order on th ticity, combined with smaller me following coupon: exposed to wind and sleet than

Order Coupon. ADDRESS ......

Girt's Dress. Simple little frocks made with straight full skirts are among the most pretty and attractive and can be made



from almost any really childish erial, the linens, batistes, dimitles are be like of the present senson, and also -halls, cashmere and similar light weight wools. In the illustration, how ver, dotted batiste is trimmed with unbroidery.

The above pattern will be mailed to rour address on receipt of 10 cents. Send all orders to the Pattern Department of this paper. Be sure to give both the number and size of pattern wanted, and write very plainly. For convenience, write your order on the fellowing conpon

| No. 6012.  SIZE |  |
|-----------------|--|
| 81ZE            |  |
| NAME            |  |
| ADDRESS         |  |

UNFAMILIAR PACTS The song of the bird was originally

a cry of alarm. Red-haired persons are usually impulsive and outspoken, Watchmakers' oil is from the inw-

bone of the porpolse. Pure fron in the presence of pure oxygen does not rust. The Lusitania has 49 clocks on board,

all controlled by a master clock in the

go sixty miles if the vehicle is light and the turnpike good. The art of glove cutting requires

great skill, and in France some of th best workmen are paid \$100 a week. After seeing a theatrical performance the kaiser often goes behind the

scenes and visits with the players. Of every 1,000 females over fit cars old, 497 are unmarried in

uary, says a correspondent in the W Spiegel, great images were mis snow, of which there was a great tity. A gigantle statue of BL. U and busts of herole size, on pedestals, of former burgerise of the Emperor Francis were a and the unique street decoration ed that the little place contains artistic talent. Another hot spring was r added to the nineteen which Car had for years enjoyed, Workman wi were engaged in clearing out the ele nels of the "Muhlbrung" and broke into a new apring of hot m water twenty-two feet below the face of the ground. The water at up and, overflowing the promens into the river Tepi. The appearance of the new apring was not altogether and come to the citizens, because they from that its flow may diminish that of the Sprudel fountain, which is Carlabad's most valuable asset as a health res An Austrian engineer has discor

that trunks of trees retain the and sea water that has filtered through I the direction of the fiber. He has on structed an apparatus designed to a ize this discovery in obtaining drink water for ship's crews as quickly the process of filtration is accoun-This apparatus consists of a p which sucks up the sea water late. reservoir and then forces it into the filter formed by the tree trunk. soon as a certain pressure is rethe water is seen at the end in from to three minutes, according to the ki of wood used. It makes its exit fre he other extremity of the trunk first in drops and then in fine att the water thus filtered being details freed. In fact, from every particle the salty taste.

As long ago as the thirteenth con Chinese named Ye-Jin-yang, ered a method of inducing the tion of pearls in the Chinese river seis. The mussels were gently and small pellets, usually of che serted. The mussels were then in about two feet of running water the end of two or three years, and writer in the Manchester G they were again opened, when often found that nacreous matter been deposited on the pellets. pearls, millions of which are China. The most curious panels of aBddhe. The figures are thin lend or stamped on # serted in the mussel, instead of dinary peliets. When covered pearl-forming matter they jects of great reperation to the who pay a high price for the

rago millionaire, "I attende ance of The Merry Widow n Shaftsbury avenue, and m box ant the young King o tween the acts an En sented me to the King young monarch. He is yo peror of Jerusalem,

rag wound around a stick and pushed nork into the creview will effectually re-

more the most electionte staires.



And now for the genuine summer frocks. For the majority of these linen is the chosen fabric and some exceedingly stylish suits are being made from this material. For example, our ent illustrates a charming mode! pule bine linen with tucked yoke and stock of dotted Swiss outlined by band of embroidery insertion. The undersleeves are ruffles of linen with a comple of tacks just above the hem

Statues to Women.

In the streets of London there are only five statues to women. Four of these are of Queens and the fifth Mrs. Siddons', whose statue as the tragic muse is in Paddington Green.

In the matter of memorial tableta women fare no better, as out of fully 100 affixed to houses where celebrated people dwelt only four have women's names upon them. These commemorate Burney (Mme. O'Arblay) Jounna Ballie, Elizabeth Barrett Browning and Mrs. Siddons,

To Amane Children.

A novel way to entertain children on a rainy day is to give them pictures cut

ing it until the parks ture disappear of the hands twice a day, and if need with a row of soutsche ed. If not completely climinated, this ful to still further cleanse them warm braid. should be repeated, while in soldition a water not but will do the accessary

> three a week they should be rubbed all over with a slice of lemon. If these squisitely white hands are inclined to chap, camplar ice may be applied at night and white gloves worn to increase

the softening effect. Holes should always he cut to the palms of the gloves to allow ventilation. For distressingly red hands equal parts of gly-erin, benom , nice and rosewaler may be applied nightly under gloves faily applications of Jemon Juice are

sure to preduce a whitening effect. Tight sleeves and tight finger rings are a frequent source of red bands, and the only remedy for this is to remove inc

the irritating cause, The New Place Cards. Vegetables and flowers form a favor ite piace card for summer lancheon

and dinner. These may be easily made at home

if one has an idea of coloring The design is first sketched on bristol board, then cut out and the petals are

padded with cotton or wool. Over these partied sections tinted crepe paper is stretched and the edges pasted to the cardboard.

The leaves and stems are covered with a wash of green and a touch of water color will improve the petal. The small rectangular bit of cardboard for the writing is left undecor-

Brides of every type are constantly sketched for bridesmaids' inncheons. A white satin slipper with the toe filled with orange blossoms makes another presty design for such a lunch-

Paper dolls are used extensively in holding the place card.



www. Fagoting, which for a while retired rom modish garments, has been revived and now is found on some of the very

smartest blouse models. One of the very prettiest models for its place much better than if laid on the sleeve of an evening dress is cut the bare for r. straight and even and so loose that the outer edge is tucked up almost to the

In Paris the smartest little coats for children are made of pongee. They are from some magazine or book which cut on kimono lines and the sleeves are

Henlth and Beauty Histo. Lark of sufficient sleep soon abour

ill one s signaramore. Pattermilk is very good for removing freskles or sunburn.

Steeping with the month open will squal the strape of the lips Eight hours sleep out of every you men a tip. Before you offer

twenty four is required for building your seat to a woman, first think my the lasty

A solution that connetings will aid balt is wet with this while dressing, in warrs and held so while der



The ever popular black and white combinations are as fashionable a ever and the model from which the above sketch was made was black Neapolitan, the brim rofling as Indi cated and crown trimmed with two upstanding rows of platted white lace. Below this was a pretty and artistic trimming of white pearl beads and on left side falling over brim was a black breast with soft, feathery ends.

ring smoothly on the floor, place under ft on old carpet a trifle smaller than the rug. Tack the corners of the under one to the floor, if desired; the

Rugs That Creep.

To keep an art square or ingrain

upper one will cling to it and keep Seifish Indeed. Hab-I insured my life to-day. Kate. garding woman. point than a water nymph.

> Therefore-She must not eat any vegetable with Green peas, beets and potatoes are

Likewise, corn, rice, stringless

also be taken. Sea food must be either boiled broiled in flesh reduction

toast are admitted.

money at a restaurant, or only in Society of London. At the age of compliment by virtue of their pres- eighteen she began the study of her ence and verbiage to a hostess at specialty at a girls' high school in whose home they were guests. "Real- Camden Town. Botany is another ly" is in all truth a veritable Stradi- study in which Miss Wren has taken

FASHION NOTES.

Wife-And not mine, too? Isn't that are genuine instead of pencilled, the Tassels and fringes are used in just like a man, never thinking of any serosum may be quadrupled. Half a Paris as a faish for the

Misses' Miouse.

1913 at Tokyo will of

There are sliver

more than 200 years.

Jowis societies in Lo

tating the problem of re-

lob metional language.

Large quantities of

Britain. Among the latest

a new sugar-making indust

ment is in session a letter in

manufactories, and a co

being ordered by James fr

mmense heating plant, for a

Every night while the lightle

from the House of Commons

Edward, giving a summary of

reedings during the sitting. At s

the letter is written by Herbert

"The Nu Spelin Leag of A

has," the says the Glasgow

"lust added seventy-five more

to the langwage. "Tisis" and "to

spelt with wun 'g.' We get in

thru all our lims at the

won parragraf."

two of the wurst. It wood six w

foren wurds as 'agust' and word

toos, caught a large cobra de

alive. The cool way in which he

cold shiver through every one who

the trick (says a local paper) sent

We hear that a Parisian metally

be the case with from wire of the

conductivity. This wire is see

-Engineer.

useful over long spans, as pole inf

may be much greater when it is

Tyrol, recently celebrated the adva-

ment of their town to the grade

"market place." The streets were ele

erately decorated, and in place of at

The inhabitants of Groden, In the

and 'indetted.' There are about a

more, but these are more than court to

A driver on the Avontuur rallway

South Africa, while staying at the Gam