Golden Fairy-face, I found you where the redwood forest rise. So my fancy hatled and crowned you "Dryad of the Sundown Skies."

Convent-like the tall ferns walled you like a lovely cloistered nun, So I knelt down close and called you "Little Sister to the Sun."

Vision-like the mosses framed you like a sudden star your birth. So I thought a while and named you "Bit-o'-Dreamland, dropped to earth.

Bit-o'-Dreamland, Sister Dryad, names which you may say are wrong, Yet what pleasure Joy and I had, singing you this little song! -Clarence Urmy, in Lippincott's.

## A Runaway Slave

the streets of Rome; the cool breeze cation was the best that could be obinvited many to leave their close apart- tained." ments and come out for a breath of fresh nir. The streets and broad plazas your hands are not yet hardened by were gay with the multitudes, whose toil. But how did you drift so far varied costumes, speech and complexion from that happy home?" showed that they came from every land.

does not always give quiet of mind. The the battle of life.

ventured to address them in their own | soon I was purchased and taken to the tongue.

"l'ardon me, friends, but would you be kind enough to help a fellow countryman? I have but lately come to Rome, and though I have sought earn estly for work, there seems to be no place for me. My money is nearly all gone, and if I do not seen find some honest way to live, my case will be desperate."

"Ah, who are you and where do you come from i

"That is a long story, but I am from the Taurus Mountains in Cappadocta, the same region from which you evidently come, and I am an honest man in search of work."

"Foor boy," said the woman. "You are very young to be so far from home and so adrift in the world. Where le sour mether?"

"I wash, madam, and my father also They were murdered by a band of mountain robbers," and the boy had a struggle to repress a sola

"Ah, well, we must not keep you standing here. We are on our way to a Christian service; would you mind go ing with us?"

Tou." "Are you a Christian?"

contage.

"No, I know very little about the sect, but I threw away a good oppor tunity to learn it, which I now regret for what I then saw makes me believe It more than mere superstition, and b

Such trank questioning and reply drew them together and by the time the seemed like old friends. Sitting down among the waiting people, the quiet calm of the place seemed to bring peace thrilled the routh like noble music. silvery looks and bronzed face revealed phras. And so you were in the home much hardship, yet the clear light in of my friend, Philemon? But tell me Strian couth seemed to drink in the to deeply was he impressed that he asked for more instruction at the end of the service. His new friends introduced him to several, and presently to of his desire for the truth, and also of

his life-story as far as they knew it.

The agest man listened kindly, asked a few questions, and then laying a genthe hand on the youth, said, "I think it | wher I should tamely submit to stavers is the wish of my Master that you come and abide with me for the present. Mr ! friend, Lake the beloved physician, has was my spirit that all the kindness of been taking care of me, but of late he is, my master was lost on me, and I de so occupied with the Gospel message termined to escape. This was the easier that I should not take his time for my accomplished because of the gentle conbodily wants. If you will make your trol in that household. There is only bonie with me, you can assist my waning strength much, and I will gladly that I stole some gold from my master to help me in making my way to other tell you of our blessed Lord and the lands. By this means I was enabled to saivation through Him." So it came about that young Onesimus-for that come to this city. And was not the was his name-was taken into the home of the great apostle to the Gentlies, and to you?" was specially charged with caring for his bodily needs. Willingly did he give his strong arm and lithe body as a your own heart tells you that the taksupport, and swiftly and faithfully did ing of that gold was wrong-it was in he perform even the most mental ser- fact, a theft. And as to the question vice; for he loved and revered his mas, of your bondage; true. God is our ter. And that master in turn took the Father, and He would have all men to handsome, gentle youth to his very be brethren; if the Spirit of Jesus ruled ert, giving him a love next to that in the hearts of men, all slavery and toward Timothy, the more than son.

This very love between them tended our hope and prayer, but to accoun-One day after a long conversation con- incans; in meckness and humility, we cerning the things of the Kingdom of must instruct men, and until they be-Heaven, the master, looking earnestly come willing of themselves to act out the mind of the Master, we His serat the youth, said:

"Tell me more fully your life story, vants must carefully obey the laws. By b'gosh! Onesimus; your up-bringing was not no means must we use violence in order plebelan :that is quite clear." to cause violence to cease among others,

"No, master, it was not. The most of for thereby we ourselves should become my life has been spent in comfort. My breakers of the law. We must be subfather was the wealthiest man in the ject to rulers, and servants must obey village where we lived; our home was their masters in the fiesh, working

The full moon shone brightly upon | luxurious for that region, and my edu-

"Yes, your speech shows that, and

"Assuredly it was not of my own choosing, but as you have perhaps Presently a youth in Syrian costume | learned, that home was broken up and turned the corner of an alley and began | destroyed by a roving band of robbers. to drift aimlessly with the crowds. When they attacked the town, my fath-Though strong of limb and supple in er led the villagers, who tried to resist body, yet the dejected look on his hand- them, but he and most of his company some face showed that health of body were slain. The invaders swept down upon us and came straight to our home. elation of youth was lacking; he seem- My mother was ruthlessly cut down as ed to feel himself on the losing side in she sought to protect my only sister: the home was robbed of everything val-Among the Rabel of sounds, just then mubie, then burned; my sister and I his ear caught words in his own tongue, were bound and carried off to be sold A middle aged man and woman passed as slaves, and since that awful day him, the man telling her something have never seen her. The robbers carmost carnestly; a moment more and he ried me blindfolded to their mountain began to sing gently. To the surprise stronghold, where I suffered great bodof the now eagerly listening youth, the lly hardship and intense anguish of song proved to be a Christian hymn spirit. After many months, one day I which he remembered having heard. In- | was hastily summoned, blindfolded and stantly the series of his past life flash- presently handed over to a passing cared over his mind and he seemed to gain avan of merchants to whom I had been fresh strength and hope from the re- sold as a slave. These men took me call. Following these new friends till to the city of Colossæ and exposed me convinced that they were Christians, he | there for sale in the slave market. Very



TO SLATERY ?"

home of a wealthy man named Phile

".th! Where was be from? Was be a ('hristian?"

"He had not lived long in Colosus and I think be came from Ephesus, but "I should be most happy to go with am not certain. Yes, he was a good man and his kind treatment of me was the first thing that impressed me with the idea that his religion was good."

> "The very same! Did he have a grown son? And was his wife named

Apphia?" "You seem to know his family. He my present friendless state. I think it has a grown son named Archippus, who might tend to give me strength and is also, like the parents, an active Chris-

tian worker. "Most assuredly I know that family serving I baptized both the parents and the infant son, but I have not seen them for years. The pastor of that church, Epaphras, is my fellow-prisoner here at Rome, and he has told me And when the aged owney things about the church ther preacher stood up, the tones of his voice which Philemon helped him to found The young nein, Archippus, is now act Though his stature was small and his ing pastor during the absence of Eps-

how did you come here if you were his

servant? I fear you took matters into

your own bands and fled." "Yes, that is exactly the case, but surely you do not think I did wrong in escaping from slavery, do you? True my master was a kind man, and now as I look back upon it all, it may be that he was planning to instruct me in the the great preacher bimself; they told [Gospel; for he always tried to have over the terrible fate which had befall en our entire family. I saw no reason who had the rather been accustomeone thing that I regret, and that is

day that his men were to change their "Yes, truly, it was the goodness of God which led you to us; but, my son, "'But, captain, said a sorgeant to whom this order was communicated "No matter, Military commands undershirts with each other." oppression would disappear. This is Amro-Abner has got it in for the to melt away all barriers of reserve. plish it, we must employ peaceful Standard Oil Company. Ebenezer-I should say he had! He lets all of his lamps burn all night-

hand of Ged in it so that I was led

says he's goin' ter do all he kin ter ex l baust the resources of the Standard There is a little that is true, and a

He Had It In for Them.

great deal that is not true, in both sides to a story.

If you want to be satisfied to work

#### men. He that doeth wrong, whether The Dove and the Stork.

servant or master, shall receive again

for the wrong he bath done, for there

is no respect of persons with God. My

son. I know it is hard, but you must

"What! Leave you? Leave my new-

"It is hard for me also, for as you

ly obtained freedom of body and spirit,

and return to slavery? And what

know. I have learned to love you as my

own child; and, too, I need your help.

But your duty is clear; you must return

to your master and serve him till the

Lord gives you honorable permission to

debt myself. Just at this time I am

to bear to them. You shall go with

letter to my old friend, your master,

son, I grieve to part with you, but it

And so it came to pass that not many

days thereafter the messengers received

the precious letters, said a touching

farewell to the revered teacher with

whom another meeting in the flesh was

most doubtful, and set their faces to

the rising sun. Of their reception by

the church at Colossæ and of the sub-

sequent treatment which Onesimus re-

ceived at the hands of his former mas-

ter, the record does not speak; but we

may imagine with almost a certainty

what did happen. The kindly Philemon

he had planned generous things for the

poor captive. But when he heard his

story and read the letter sent by his

ed him to Jesus, all hesitation vanish-

ed; his plans ripened at once and on (

girl was the sister Opesimus had count

ed lost. But good Philemon having

found her also in the slave market and

learned her story, had purchased her

liberty. Henceforth they both were

adopted as children in this home of

wealth, where there reigned the Spirit

AND THE RESIDENCE OF THE PARTY OF THE PARTY

MANY MISNOMERS.

ames Which in Certain Depart

ments of Science are Misicading.

There are terms in certain depart

nents of science that positively mis-

name the products to which they are

The word "oil" to its more compre

bensive and indiscriminate uses is

made to include hydro-carbons, like

etroleum, and also many other sub-

stances that have an oily appearance,

lke "oil of vitriol," which is not oil at

Strictly speaking, the mineral oils,

ncluding all petroleum products, are

not oil, although we speak of "coal oil"

The best dissifications of oils do not

netude mineral hydro-carbons, like

aphtha, paraffine and petroleum, but

reat only the two well-defined groups

fixed oils and fats, and the essential

"t'opperus" is not copper, but sul

ditte of iron. "Salt of lemon" has

nothing to do with the fruit of the

lemon tree, but is not seeinm bluogalate.

"Carbolic acid" is not an acid, but

phenol. In structure it is allied to the

sulphut. "Sugar of lead" is innocent

"t'ream of tartar" has nothing to do

with cream, nor 'milk of lime' with

mitk. "German silver" is a stranger to

silver, and "black lend" is not lead at

These misleading names have come

hown from the corabulary of an early

and inexact chemistry. As popular

wiener extends the old terms are yield-

ng to the more scientific nomenclature,

Cow smallowed a flevomstick.

A movelty in the war of surgical op-

rathers has been performed on a com

by a veterinary at Iron Mountain.

Hinn. While eating last fall the bo-

ine got a turnip lodged in her throat.

ler owner attenuated to refiere her hy

ushing the obstacle into the stomach.

He was successful; but the brownstick

he used broke off, and about 20 inches

of its disppeared with the regetable.

Recently the stick was noticed to have

worked up to a point just back of the

ow's right shanbler. The veterinary

made an incision, and by spreading

apart two of the ribs was enabled to

extract the stick. The cow is conva-

A Martinet.

at a Memorial day hanquet. "Is gen

erally a feed. They tell a story of :

marrinet of the civil war, a captain.

He got orders from headquarters one

men only have one undershirt

"A martinet," said Gen. F. D. Grant

all but graphite, "Mesaic gold" is

or potash treated with exalic acid.

dealers, and has only slight soid

ill, but sulphuric acid.

and "kerosene oil."

or volatile oils.

ulphide of tin

of Jesus.—Christian Union-Herald.

return."

about the gold?"

have your liberty.

must be done."

By Edward A. Ross. matte triends of arbitration err in assuming that wars arise only from oride and hate and greed. The fact is, something more than the leashing of these evil passions is necessary to ensure the world's peace. Those who would lock the European nations in some federal framework that would consecrate for all time the existing frontiers overlook the extraordinary process which, all usperceived, is sowing the dragon's teeth for future strife.

Every one knows that the progress of civilization lowers both the birthrate and the death-rate. Fecundity is checked by popular education, the emancipation of women, the triumph of democracy. Mortality is lowered by the progress of the healing art, higher medical education, better water and drainage for cities. The former factors, however, come in slowly, while the latter may be introduced at a stroke. Multiply hospitals, universities and laboratories, fill the country with good doctors, modernize your water and sewage systems, organize your sanitary administration and the mortality rate will drop at once. "As for the gold, I will assume that The birth-rate, on the other hand, declines only with extensive changes in the standards and aspirations of the masses.

Now, the latest censuses reveal to the startled eye of the sociologist that engaged in writing a letter to the the equilibrium of the European peoples is being disturbed as never before by the simple fact that science, sweeping eastward through the Teutons to church at Colossæ which Tychicus is the Slavs, is civilizing the death are far more rapidly than democracy, moving slowly in the same direction, car vivilize the birth-rate. During the last decade him, and by you I will send a special of the century the birth-rate in Austria fell a fortleth, the death-rate a thirteenth. In Hungary the shrinkere was a twentieth and an eighth. Since Seexplaining the whole matter, and I am dan the Germans have moderate I their fecundity, a tithe while lowering their well assured he will gladly receive you in my stead and do for you even more mortality a quarter. Russ ia retaining the barbarous birth-rate of forty-nine

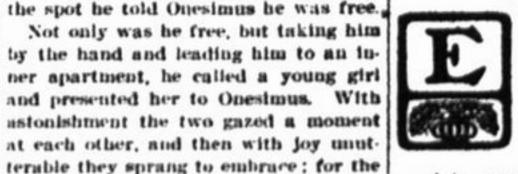
than I shall ask of him. Yes, my dear has got its mortality down to thirty-four The result of this unequal spread of civilizing influences is that the population of Central and Eastern Europe is growing with appalling rapidity. While France is stationary, German increases five-sixths of a million a year and Russia a million and a third. Never has there been so rapid a shifting

of the centre of gravity of numbers and of fighting power. Meteorology declares that when a "low" forms adjacent to a "high" there will be trouble. The same is true of sociology. The people that underbreeds must at last protect its comfort by harring out the cheap goods, the cheap labor, and even the cheap capital of a neighboring people that overbreeds. Then on the one side of the barrier the struggle for existence becomes more intense than on the other. Sooner or later a current sets in toward the centre of depression, which is vulgarly known as an invasion. Against such a movement the decree of a Hague Court will be as futile as Canute's command to

By the time there are two German soldiers for every French soldier and two Russians in uniform for every Gorman, it will be realized that not pride or greed or love of fighting embroils the peoples, but hunger. The last foe of gave the youth a cordial welcome, for the dove of peace is not the peacock, the vulture, or the eagle, but the his own sake, for from the beginning | benignant stork .- Woman's Home Companion

# hand from the great teacher who had bed him to Jesus, all besitation vanish-

Pv William Tyler Bliss



RY spring, on the great day when the procession starts, th bousetops along the streets are crowded with a gayly clothed throng, showering blessings on the pilgrims, wailing loudly, perhaps, for those who will never return, laughing one minute and crying the next, after the ephemeral manner of the East-all in all a curious sight for the Occidental. A thousand pities that it should pass! For even if Ahmed Bey tells the truth, and the

road is never completed to Mecca, yet the picturesque start of the pligrimage must soon become a thing of the past. A puffing railway train is less decorative than a rug-laden camel, and the stuffy smoking compariment of a thirdclass carriage does not lend itself especially to romance. The Mecca "limited" and the Medina "accommodation" will have to answer for many sins; and yet, after all, they will not be able entirely to destroy the delicious local color of the East. Railroad travelling there becomes quickly naturalized. The land of Bookra (tomorrow) cemains the land of Bookra still, even with the advent of steel rails. The guards admonish the passengers with a gentle "Shwel! Shwel!" (Slowly! Slowly) instead of a raucous "Step lively!" The stories of small American railroads in New England which stop for the passengers to pick berries are true in the East. The apcediest express slows up for any interesting happening along its route. One of the most enjoyable rough-andtumble fights I ever saw was on a threshing floor somewhere in the Anti-Lebanon, and the Damascus express halted to let us see the exciting finish of it. At first, if you are newly arrived in the land, you will awear, but after you have been there a few months, by Bookra, you will bribe anybody to put off anything, and the beauty of it is you won't have to do much bribing .-- Harper's Weekly.

### Woman's Way with Her Husband

By Mrs. A. M. Glenn.



HE surest way to retain your husband's love is to make a happy home. Pull up your shades and let God's sunshine into your homes and into your hearts. If you are not your husband's equal, study and improve your mind till you can converse with him on any subject, and he will respect you far more than if you spent your whole life toiling and drudging in the kitchen until there isn't cheerfulness enough about you to even smile at his

coming. I know it is said the surest way to reach a man's affections is by the way of his stomach, but I believe that plain living and high thinking are

There is a why for every wherefore, and the why for family jars consists in not knowing how to manage. Now, we have got the best husband in the world, and I'll wager ten to one that if any other woman undertook to draw the matrimonial reins they wouldn't drive forty rods before he would kick over traces, smash up the whiffletree and raise Ned in general. They don't inderstand the science of management. You must lead, not drive. The only silken rein of love and lead them where you will, but under no consideration must you attempt to drive or they will at once capter off to the farthest limit

Then let us have homes in which these shall be no searching blasts of passion, no polar storms of coldness and hate; homes refined by books and gladdened by song: homes in which wife and mother shall not lose all her attracting charms by unremitting toil and dendgery, nor the husband and father starve his brain and dwarf his soul by hours of overwork; homes in which happy children shall ever see the beauty of love and holiness; homes of culture and homes of love.

### Machine Education.

Statistics and Stupidities Should Be Avoided by

Lecturers.



By W. G. Parsons, W lecturers, alas, know anything about lecturing. It is not lectur ing to read off bibliographies. If every lecturer would first con vince himself and his audience that there was some reason for his speaking rather than printing, there would be fewer lectures The art of lecturing requires art. It requires-a thing unrecognized by science-personality. The college lecturer comes stoopshouldered from his stack of indices and recites the latest statis

tics; or he comes square-shouldered from the athletic field, and recites the latest stupidities. Statistics are better in books. One may skip them. the true lecturer, who knows how to lecture, who has something of his own insufficient, but he must say it with his own lips, looking in the faces of his students-he no longer comes. Or, if he does, he comes discredited, uncertain innocence or determined in his wisdom, that he continues to lecture, to believe in heart and character, in feeling and taste, in moral upint and in tellectual fire, in a world where the reigning gods want only facts. But the students know the difference. How refreshing to behold the cheerful sanits with which they avoid the pits that have been digged for them, and go their Where a true lecturer opens his doors, there they flock in. But soon the teeth of prescription selze them. They are forced to go here and there. And thus the bores also win an audience. A fact which accounts for ships who would stand with their majority among those who insist upon prescription. As most college lectures go now, they are nothing but oral books. The men have vanished out of them. The typical college of today consists of a shrewd financier, libraries and their librarians, and laboratories and their laboratorians. Like the rest of the age, they are made up of money and matter. Machine-mad, we have gone far toward making education also a machine.--From the Atlantic

Couldn't Help Being Cool.

A Massachusetts congressman who was on board the train which was that barbarism, "nom-de-plume," unwrecked at Hyde Park, Massachusetts, | der the apparent supposition that it of the passengers was pitched over seem to date either from the short several seats just in time to receive peace during the Napoleonic wars, the contents of the water-cooler, which which enabled Girtin to produce his tipped over and soaked his clothing beautiful views of Paris, or the period senger rushed up to him and told England as the final authority on him to keep cool. "Go away," said | French literature; though, perhaps, the wet man. "I am the coolest man the introduction of the phrase is more to the car. I have just had two recent. At any rate, it appears nevbuckets of ice-water emptied down my er to have been French ... London beck "-The Argonaut

Not French. Who first introduced into English

says that when the shock came, one was French? "Nom-de-plume" would with ice-water. A highly excited pas- when Charles Nodier was accepted in

His Judgment, Re Wante Die. It seems that there was a decided difference of opinion among the military and naval authorities at Tokio as to nounced his intent the intentions of Admiral Rojestvensky, lemma by taking his who came out from Cronstadt with judgment as a satior, I the great fleet of Russian ships. Most of them believed that he had instructions to attack the southern coast of Japan and divert attention from the his reverence for his a struggle in Manchuria and the siege of not permit him to disober Port Arthur. They were convinced that he would attack Kobe and Yokohama and other ports and try to reach Tokio. If he falled there they expected him to sail up the eastern coast and attack Hakodate. At any rate, they were absolutely certain that he would not run the risk of almost certain destruction by entering the China sea or try to pass through the straits between Japan and Korea, where Togo lay in concealment walting to pounce upon him.

This conviction was so positive that the council of war at Tokio, which was composed of cabinet ministers, veteran generals and admirals, and that notable group known as "the older statesmen," ordered Togo to come out of his lair and patrol the southern coast, so as to be near by when the attack came. Togo remonstrated. He was convinced that Rojestveusky had come from the west to vindicate the Russian navy and not to invade a fortified coast. His arguments were carnest, but they had no weight with the Tokio authorities, and he was again ordered to come down to defend the coast. To their amazement he refused to obey, and they finally appealed to the Emperor, who, at their soiicitation, repeated the order. It is a tradition in Japan that no

man ever disobeyed an order of the Emperor, who is descended from the gods, who is himself divine, and the highest object of reverence. Hence, when Togo received instructions from his majesty to abandon the strategic anchorage he had chosen and cruise down along the southern coast to await the mysterious fleet of the enemy, he called his captains together and laid the facts before them. He told them that the information he had received from his many views upon it as there are scouts and spies, as well as his own judgment, convinced him that the Russtan fleet was intending to attack him in the Straits of Kores, and he had decided to await it there, notwithstand- should be made to eat what was not ing the orders of the Mikado. He fully appreciated the significance and realized the penalty of such unbeard of disobedience, but he believed that his majesty had acted upon mistaken information, and he was willing to accept the responsibility of disobeying his or- hateful dunspling and gravy dash dors, because the honor, and perhaps the school midday dinner. It was the the fate, of Japan was at stake. He did not ask any of his captains to share the awful responsibility with him.



those who would stay by him in defigure of the Emperor he would be accordingly grateful. He gave them twenty-four hours to think the matter over and consult among themselves,

The captains were so overcome with amazement at the audacity and the enormity of the offense proposed by their commander that they made no reply. Many of them left the flagable auspecting that he had lost his reason. Even to suggest or to think of doubting the wisdom or of disobeying the sacred voice of the Emperor was the highest treason, and here was Togo deliberately determined to defy it. As may be imagined, nothing else was discussed or even entered the thoughts of the captains that day, but they were careful that the cause of their anxiety should not become known to their subordinates. They had no conference, for man was made up from the moment that Togo mentioned his purpose. Not one of them healtated for an instant as to the course he should pursue, and when they met in the admiral's cabin on the flagship the next morning there was no controversy, no explanations, no difference of opinion.

As Togo called them one ofter another he found nimself unsupported, and when he asked their opinion they told him that they did not believe he could find a single officer upon any of his against the orders of the Emperor. They laid their swords upon his table

and resigned their commands. With tears rolling down his weatherheaten cheeks, Togo asked them to reconsider their decision. He argued with them for an hour, giving the reasons why he believed the Russian fleet was coming up the Straits of Korea, and every captain heartily indorsed his judgment, but the Emperor had spoken, pessimist and optimist. and they must obey him, right or not ordered for the wrong. There was no alternative were not ordered to Togo asked them what they would do they were orde in his place, if the responsibility was hope or der upon them. They answered with one a particle.

"Obey the Emperor." He displayed them sadly, again a

a patriot, would not abandon the snot which for an attack mon the orders, although he was c were wrong. Therefore lieve the situation by next in command must sponsibility of earrying out peror's orders.

The admiral's farewell to mand was interrupted by an who rought the news vensky's ships had been In a short hour every captain his post and the line of battle formed. The result is well line

After the war was over and miral returned to Tokio to receive honors he had so richly earned asked a private audience of his ereign and frankly related the story his disloyalty that I have so the told. None but the two men know was said at that interview, but it satisfactory to both.-William M. tis, in the Chicago Record-Heraid



Training the Appetfig.

The question is often asked, "Bi children be compelled to eat food the they dislike?" The question is rath a puzzling one, and there may be most educational queries. A few ades ago the question was rarely rain The saying was handed on from gen eration to generation that "children before them," and that was all there

The writer still recalls the loathing distante with which, some three the a week all through his extreme you be watched the bringing on of a curtain aversion of his youth, and it w never have been "downed" had it no been for the fact that he feared muster more than he did his as But out of evil may come forth an and honesty compels him to a that the result of this ever-rene battle between his tastes and his d pling is that, with the exception parmips, he can now est every eatable with resignation, if not on

One would have to turn to all governed by an exaggerated form mushy concession to obtain the panion picture to this one, but wi edly many such nurseries are to found. Here one may discover as ma likes and dislikes so there are to form them. Mary cannot bear ton, and a special dish must be pared for her on chop day. Jack tests scup, and Bobby - an untwentieth-century Bobby - will touch Jans. It is impossible to be certain longing for some of the old-fashioned practice in a case this; and where the kind of food criminated against is a really me one in the dietary-as milk, for ample—the child should be made, is old-fashioned phrase, to "learn to

ter of food should never be allowed always go to the table hungry. ikes and disilkes should never b useed before them. With a water to drink between meals. healthy hunger to carry to the guestion the food set before

#### OAK AND PINE

The Value and Usefnineen of T

Though generally assumed that of in the wood capable of being put to greatest variety of uses, it is known. a matter of fact, that the pine is re the most used, on account of its abundance. Nevertheless, the tim the onk combines in itself the a hardness and elasticity in a ing, carving, mill work, con innumerable other purposes, w tan and yielding a bitter extract tinual demand for medicinal

But of uses for the pine detail he well nigh endless. The tim valuable in houses and ship of common turpentine is extracted in vast quantities, and it piles of tar, pitch, resin and In the manufacture of a above all, paper pulp, th tens of thousands of acres of briefly, the timber of this