

FOR AND ABOUT WOMEN

Get Along with People. It is a valuable asset to be able to get along with all sorts and conditions of people.

consequence; the thing is to have the will to improve and then to have the perseverance to stick to the improving.

The softness and grayness that so often accompanies age is not necessary if one is careful of the digestion, sleeps in plenty of fresh air, spends a good part of the day in the sunlight and keeps the liver active.

The woman who does her own shampooing will find nothing more satisfactory than the egg shampoo. It leaves the hair soft and smooth and is strengthening to the hair follicles, as the yolk contains iron and sulphur.



Spring Hat of Missa Brand. The hat shown above was a most attractive model to wear with the early spring gowns.

"Kitchen Minded." "Kitchen minded" is an epithet applied to women who are too much engrossed with domestic affairs.

SOME LATE STYLES IN JACKETS.



Rumor has it that long coats are to be the thing and that jackets are to be relegated to the background, but the old dame must be wrong somewhere.

Health and Beauty Hints. Mustard plaster made with white of an egg do not blister the skin.

No doubt there are women who give too much time to the kitchen, as there are others who give too little.

Hasty Dressing Evil. Never boast that you can dress in five minutes.

No woman who has any respect for her appearance will attempt to dress in double that time.

It is true in dressing, as in everything else, that where there is great haste there is little speed.

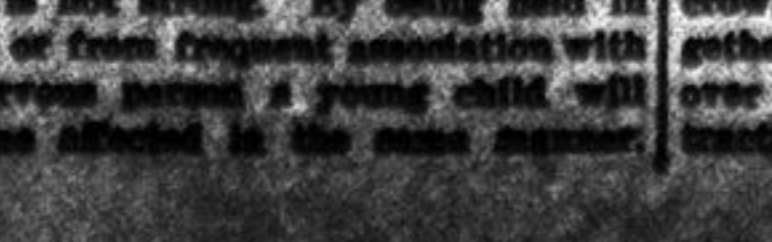
It is particularly trying for any woman to dress in a hurry.

She gets hurried and in her attempt to put in pins sticks her fingers and probably stains her blouse with blood.

Buttons come off, faces break, gloves and veils cannot be found.

When at last she is ready she is conscious of appearing her worst, instead of at her best.

The five-minute dressing habit is one that the carefully dressed woman will never indulge in.



ABOUT THE BABY. The average baby, like the average American woman of the present day, is a bundle of nerves.

The natural but most unwise desire to show off baby has much to do with his being filthy, and quiet is one of the great essentials for him.

Children never should sleep with their parents. A child should sleep alone, if possible.

If one child is sickening with a disease or has a cold the other one is sure to catch it.

Another injurious thing about sleeping together is that the elder and stronger saps the strength of the weaker.

If both children have graduated from the crib, put them in single beds. They both may sleep in the same room, but too much cannot be said about the injurious results of sleeping together.

A baby's nurse should be required to wear a clean, white apron while tending the baby.

Many diseases may be ward off if this is done, and we all know that an ounce of prevention is worth a pound of cure.

A Caudy Tip. Here is a caudy that the boy or girl can try for his or her next party to the delight of all the guests.

Toast figs until soft, cut a slit in them and insert a marshmallow. Dip each of the stuffed figs in a coating of hot chocolate slightly sweetened as for icing and let it cool on buttered plates.

Rich? Of course. But who ever heard of any caudy too rich for youthful palates?

Women in Overalls. Every day we hear of another woman who has decided not to eat so much fine food or drink as many queer drinks or to let herself be jostled about in autos, and who is "going back to nature," and will raise vegetables and chickens.

So it is interesting to learn what a woman who has a farm just outside Boston has to say about the proper assimilation into the citizenship of this country.

In particular, she describes the lack of a native American art to our failure to absorb our immigrants throughly into our body politic.

"Twenty-five years of personal contact with our foreign colonies and of granting to them the proper facilities to make of them American citizens as we are American citizens would bring results to admire and surprise us," she says.

"Are we not indeed foolish in refusing to realize it?"

TESTING HIS TONGUE. The Unhappy Experience of a Young Married Woman.

A young married woman in Brooklyn suspected that her husband was indulging in wine. She determined, however, to say nothing till she had confirmed her suspicions.

In conversation with her bosom friend she said she would give anything to discover the truth.

The friend mentioned that a man given slightly intoxicated cannot pronounce words of length. This gave the young wife an idea, which she proceeded to put into execution.

When the young woman met again, the suspicious wife announced that the worst had been ascertained. She burst into tears and took from her hand bag a paper, which she handed to her friend.

"I gave him this," she sobbed. The friend read from the list the following words: "Phillogenitiveness, disproportionableness, pseudocystitis, phthisis, paracrionism, hypochondriasis, photochromy, syncategorematic."

"And," added the unhappy wife, with a fresh sob, "the wretch missed nearly all of them!"—New York Tribune.

Heat of the Sun. It has been computed that the temperature of the surface of the sun would be expressed by 18,000 degrees of Fahrenheit's thermometer, or between eight and ninety times the temperature of boiling water.

This is about five times the highest temperature that man is able to produce by artificial means. The light given off from the surface of the sun is reckoned as being 5,300 times more intense than that of the molten metal in a Bessemer converter, though that is of an almost blinding brilliancy.

If we compare it with oxyhydrogen flame, the sun sheds a light equal to 146 times the intensity of the flue-light.

Children's Favorite Toys. A hundred and thirty-two schoolboys of Paris and seventy-two girls were invited to describe their preferences in the way of toys.

Among the former thirty-one voted for a railway train, twenty-three for tin soldiers, ten for steam engines, nine for building blocks and eight for toy typewriters and mechanical horses.

Forty girls—a solid majority—declared without hesitation that a doll was superior to any other implement of recreation. The supercilious seems, happily, a long way off.—Fall Mail Gazette.

Washed Stock. She—it is said that cats have a great dread of water.

Ho—Oh, I don't know; our cat seems to drink that milk the milkman brings twice a week and doesn't seem to mind it.

A HAPPY DRUMMER.

He Won the Applause of the Eccentric Hans von Bulow. Hans von Bulow, the famous leader and composer, was one of the most eccentric members of a profession where eccentricity is common.

It is related that one day, while walking the streets of Vienna, Bulow came upon a regimental band on its way to the castle. Immediately he ran to the middle of the street and joined the small boys about the drummer.

Following the band, he kept bowing to the surprised drummer, applauding him at almost every beat.

"That is rhythm! Excellent! That's the way I like to hear it!" he continued to ejaculate, to the surprise of all and to the great delight of the small boys.

Persons in the street began to recognize the famous pianist and joined the procession, so that the band had one of the largest audiences to which it had ever played.

Bulow listened attentively to the end of the last piece and then made a deep bow before the drummer and his instrument.

"Thank you," he said. "That was refreshing! That puts my nerves in good condition again!"

It is said that when the drummer learned who his strange admirer was he was the proudest man in the regiment.—St. Louis Republic.

PLEA FOR THE IMMIGRANT.

Noted Social Worker Says America Should Be Less Judgmental. Miss Jane Adams, the noted social worker of Chicago, has been in the east delivering addresses in which she makes a plea for the immigrant.

She dwells upon the loss that America is suffering by indifference to the real value of the foreign population and its



JANE ADAMS.

proper assimilation into the citizenship of this country. In particular, she describes the lack of a native American art to our failure to absorb our immigrants throughly into our body politic.

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Optimism in the Philippines. The Philippines are to-day nearer the realization of the doctrine of "The Philippines for the Filipino" than they ever have been.

There is more English being spoken in the islands than Spanish at the present time. Important public enterprises are under way which have attracted the attention of careful students of insular affairs all over the world.

Water works are being built under the most expert scientific advice, public schools are being built in large numbers, and of superior equipment, and splendid public roads, such as that to the summer capital of Manila, are being laid out and constructed.

Plagues have been made practically impossible, the customary fever period has been largely robbed of its terror, and sanitary conditions and the health of the people have been made subjects of special attention.

While complete independence is the dream of the people of the islands, they are finding that with so large a number of their own people in charge of the local government, as officeholders, they are practically administering their own affairs.

The Philippine Congress contains many of the brightest men in the islands, who are manifesting an enthusiastic interest in her new responsibilities. The speaker of the House, Senor Don Asnena, is a progressive and talented young man who believes in American ideas and is adapting them to his large field of usefulness. Hopefulness and optimism are the dominant notes in the Philippines to-day, and these are the qualities that make for success and progress.

From Secretary Taft's Own Story of His Tour Around the World in the National Magazine.

Napoleon as a Reader. Napoleon was a reader—persistent, omnivorous, indefatigable. By the camp fire and in his traveling carriage, in his temporary staff office or his own bedroom his favorite volumes were ever kept within easy reach.—Reader Magazine.

Most people don't become angels until they are so old and fat that it sounds ridiculous to call them angels.

But the woman with a history is never anxious to dispose of a copy.

Sample Ballot

The following is a facsimile of the official ballot to be offered to the legal voters of the Village of Downers Grove, DuPage County, Illinois, for Village Officers. Election to be held at the Village Hall in said Village, Tuesday, April 21, 1908.

Citizens Caucus Ticket (By Petition.) For Village Trustee, JOHN WILLIS HANDY. For Village Trustee, C. H. DICKE. For Village Trustee, E. M. GALLUP. For Village Clerk, BERT C. WHITE.

Citizens Independent Ticket (By Petition.) For Village Trustee, L. R. PUTTER. For Village Trustee, WILLIAM J. McELROY. For Village Trustee, LOUIS B. WELLS. For Village Clerk, JOHN FINDLAY.

Advertisement for WAHLBERG & HERMAN'S HOME-MADE BREAD. CAKES AND PIES FRESH EVERY MORNING ABSOLUTELY PURE AND WHOLESOME.

Advertisement for Farmers and Merchants Bank. DOWNERS GROVE, ILLINOIS. ACCOUNTS SOLICITED, 3 PER CENT PAID ON TIME DEPOSITS. SAFETY DEPOSIT VAULTS \$25 AND UP PER YEAR.

Advertisement for LIVERY. Boarding and Feed Stable. RIGS FOR PARTIES ALWAYS READY. C. E. BAKER. Successor to Q. Schmitt and A. Durst. Grove Street. Telephone 302.

Advertisement for MERTZ & MOCHEL. DEALERS IN HARD AND SOFT COAL. All Kinds of Grain, Feed and Poultry Supplies. Red Comb Poultry Mixture. Sale Agents for Washburne-Crosby Gold Medal Flour. We have a full Stock of Glass. When in need of anything don't fail to call and get our prices before buying.

Advertisement for MERTZ & MOCHEL. Telephone 233. 36 SO. MAIN STREET. Arthur R. Beidleman, NAPERVILLE, ILL. MONUMENTS AND TOMBSTONES as you want them at reasonable prices. EGYPTIAN CEMENT BURIAL VAULTS FOR SALE BY ALL UNDERTAKERS.

Advertisement for Economical Cooking. WHEN you use a gas stove to do your cooking, kitchen drudgery becomes a pleasure. We can show you how to let household comfort take the place of household drudgery and your cooking made easy with one of our modern gas ranges installed in your home, the prices of which are suitable to the most particular economy seeker.

Advertisement for Meat Market. Fresh or Salted Meats Fish or Game in Season. Recd by the Quarter at Wholesale Prices. Phone 18. 32 South Main St.

Advertisement for Western United Gas & Electric Co. Telephone 863. Cottage Dining Room. 12 COURTESY STREET. First home east of Post Office. MEALS AT ALL HOURS. Day Board, Meal Tickets, \$4.50.