EIGHT YEARS OF TORTURE.

No suffering more keen than kidney suffering. Sick kidneys make bad blood; cause weak, stiff and aching backs; cause blind, sick and dizzy headaches, lack of appetite and loss of sleep; keep you all tired out and spoil digestion.

To have perfect health, you must cure the kidneys. Read how one man was cured by Doan's Kidney Pills after eight years of torture.

Henry Soule of Pultney St., Hammondsport, N. Y., says: "For eight years I suffered constant agony from kidney complaint. I endured the worst torture from gravel and the kidney secretions were excessive and contained sediment like brick dust. I had to get out of bed from ten to twenty times a night and the loss of sleep wore me out. Indigestion came on and the distress after eating was terrible. Doan's Kidney Pills effected a complete and lasting cure, and after the symptoms of kidney trouble were gone my stomach began to work as it should. This lasting cure, especially in a person of my age, proves the great value of Doan's Kidney Pills more convincingly than could any words of mine."

Doan's Kidney Pills sold by all druggists; price 50 cents per box, or mailed on receipt of price by Foster-Milburn Co., Buffalo, N. Y. Write for free trial.

Japanese Viscountess.

Viscountess Hayashi, wife of the Japanese ambassador to England, is a very charming member of the diplomatic circle, and both she and her husband possess hosts of friends. She owns the quaint and pretty name Misao. On certain days during the season the Japanese legation in Grosvenor Gardens sees an influx of Japanese visitors, who are entertained after the fashion of the far East with curious cake and native dishes, and Japanese tea. Viscountess Hayashi is an exceedingly cultivated woman, who shares her husband's love of England. The Japanese ambassador was, indeed, educated in England, and is a D. C. L. of Oxford university.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, Ohio.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

British and American Areas.

The area of Canada is 3,745,574 square miles and the population estimated in 1902 at 5,456,931, or 1.5 persons to the square mile. The total area of the United Kingdom is 121,371 square miles, with a population of 41,605,220. The total area of the United States, including Alaska, is 3,610,035 square miles, with, in 1900, a population of 76,149,386.

One of the latest publications by Paul Elder & Co. (San Francisco) is the "Psychological Year Book," compiled by Janet Young; the object of the compilation being to illustrate the active influence of the power of thought in practical affairs. The volume is artistically printed and daintily bound.

Railway Hedge Fences.

A bill has been introduced in the New York legislature looking toward the removal of all hedge fences along railway tracks, on the ground that such fences do a considerable amount of harm by banking up snow, while no practical good is derived from them.

Mother Gray's Sweet Powders for Children.
Successfully used by Mother Gray, nurse in the Children's Home in New York, cure Constipation, Feverishness, Bad Stomach, Teething Disorders, move and regulate the Bowels and Destroy Worms. Over 30,000 testimonials. At all druggists, 25c. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

The fair champion of the dew bath is Miss Vesta La Viesta of New York. Vesta just divests herself of her vesture and stands among the dewdrops until the last vestige of weariness has evanesced. It's all very sweet and vestal.

The table of contents for March, 1904, "Impressions Quarterly" (Paul Elder & Co., San Francisco) contains announcements of many articles of highest literary merit. The new cover design is especially artistic.

Rheumatism's Killing Pain.
Left in quick order after taking 10 doses of Dr. Skirvin's Rheumatic Cure, in tablet form. 25 doses 25c, postpaid. WIS. DRUG CO., LA CROSSE, WIS. (W. N. U.)

Do not dare to live without some clear intention toward which your living shall be bent. Mean to be something with all your might.—Phillips Brooks.

Defiance Starch
should be in every household, none so good, besides 4 oz. more for 10 cents than any other brand of cold water starch.

He laughs best who laughs first, when you have made the joke.

Smokers find Lewis' "Single Binder" straight 5c cigar better quality than most 10c brands. Lewis' Factory, Peoria, Ill.

Charity covereth a multitude of shins.

SPIGHT FLAYS NORTHERN MOBS

Southerner Says His People Do Not Attack Women and Children.

LYNCHING IN EXTREME CASES

Justifies Summary Punishment Where Brutes of Either Color Violate the Persons of Mothers and Sisters to Save Them Appearing in Court.

Washington dispatch: "Unlike the people of the North, the people of the South do not out with a torch in one hand and a gun in the other, and, pointing the gun at defenseless women and children, shoot them as they flee for their lives." This Mr. Spight of Mississippi said in the House of Representatives in a speech in which he said he wanted to vindicate the people of the South of the charge of barbarism. He said "such race prejudice finds no place in southern hearts," referring to lynchings in the North at Danville, Ill.; Springfield, Ohio, and in New York City, where he said in 1900 the innocent had been pursued to avenge the crime of the guilty.

One Crime Deserves Lynching.

Mr. Spight said he was opposed to violence as a "general proposition." He said:

"I do not think that lynching for any other crime than the nameless one against womanhood ought ever to occur. In all others the courts of the country are ample and generally, with us, swift to punish. But in the one class of crimes so brutal and destructive of all that is dear to an enlightened people, no one with a spark of manhood in him can doubt that instant death to the perpetrator should follow upon the ascertainment of the guilty facts. The poor suffering woman who has been the victim of the devilish lust of a brute, white or black, should not be compelled to appear in court and repeat before a jury the horrible details of the outrage."

He referred to the Wilmington, Del., lynching last year and to the subsequent attacks on the negro settlement. This never occurred in the South, he said. "When the guilty wretch has paid the penalty of his awful crime, that is the end of it; the mob is satisfied and does not wreak indiscriminate vengeance upon the innocent because they belong to the same race as the criminal."

Danger in Social Equality.

Mr. Spright spoke of the attempt of certain white persons to put the negro on a social equality with themselves, and, referring to the occasion when Booker Washington dined at the White House with President Roosevelt, said that "this one incident had done more to inflame the passions of the negro and give him a perverted idea of his importance and his near approach to social equality than anything that had been done for the last ten years." He said Booker Washington had sat down to dinner with the president "as graciously as if he had been the governor of New York." He was, he continued, sorry that Mr. Washington did not have more sense and self-respect than to accept the invitation. "The more the negroes are put on a social equality," he vigorously asserted, "the more dangerous becomes their position, and the surer death by violence will overtake them sooner or later."

Timber and Stone Act.

Washington dispatch: The senate committee on public lands, after a contest extending over two years, in which an attempt was made to repeal all of the general land laws of the country, has authorized a favorable report on Senator Quarles' bill to repeal the timber and stone act. As reported, the bill has a provision authorizing the secretary of the interior to sell at public sale or otherwise the right to cut timber on government lands. The bill was amended to provide that the money derived from the sale of these rights should be covered into the reclamation fund for irrigation purposes, and is now identical with one introduced two months ago by Senator Hansbrough, chairman of the committee, and for which he held out persistently.

Favor Babcock for Leader.

Washington dispatch: Fight for control of the next House of Representatives will be opened next Monday when the Republican senators and representatives will meet and organize the committee which will conduct the next congressional campaign. Republican congressmen generally favor the choice of Representative Babcock of Wisconsin as chairman of the congressional committee. The Democrats have not set the date for organizing their congressional committee.

Timber Land Exchange.

Washington dispatch: The House committee on public lands has agreed to amendments which it will recommend to the bill prohibiting the selection of timber lands in lieu of lands in forest reserves, so as to allow the exchange, providing a clause to prevent persons who have acquired timber lands and deunded the same from exchanging such lands for valuable timbered lands elsewhere.

To Inaugurate President.

Washington dispatch: Rev. John Gordon will be inaugurated March 30 as president of Howard University.

Some Queer Hobbies.

Hobbies have been known to develop into absolute crazes, and it has been argued that, carried to excess, they occasionally invert our moral equilibrium. Yet hobbies reasonably treated have many points in their favor, and they have often been an undoubted boon to young people of both sexes.

We all know the boy or girl who has passed through the varidus phases of collecting, from white rats, rabbits and guinea pigs to birds' eggs and postage stamps; of the latter many boys possess collections of value. The picture postcard has evidently come to stay; it makes a pleasant souvenir of one's travels, and is indulged in by old and young indiscriminately.

The latest grown-up fad is the collection of liqueur bottles, which are to be had in many quaint shapes. They are quite a familiar sight now in drawing rooms, on mantlepieces or tables.

Princess Ferdinand of Bulgaria collects perfume bottles, and inherited a collection from a relative which is said to be worth £5,000.

A well-known society women has a magnificent collection of fans, another of shoes of a bygone age, and so our hobbies go on in bewildering variety.

For Growing Girls.
West Pembroke, Me., March 21—Mrs. A. L. Smith of this place, says that Dodd's Kidney Pills are the best remedy for growing girls. Mrs. Smith emphasizes her recommendation by the following experience:

"My daughter was thirteen years old last November and it is now two years since she was first taken with Crazy Spells that would last a week and would then pass off. In a month she would have the spells again. At these times she would eat very little and was very yellow, even the whites of her eyes would be yellow.

"The doctors gave us no encouragement, they all said they could not help her. After taking one box of Dodd's Kidney Pills, she has not had one bad spell. Of course, we continued the treatment until she had used in all about a dozen boxes, and we still give them to her occasionally, when she is not feeling well. Dodd's Kidney Pills are certainly the best medicine for growing girls."

Mothers should heed the advice of Mrs. Smith, for by so doing they may save their daughters much pain and sickness and insure a healthy, happy future for them.

A Bird's Foot.

The typical vertebrate limb, variously modified in the arm of a man or the forelimb of a cat or frog or bird, has one bone in the upper arm, which gives support to two in the forearm, which similarly yield to four at the wrist and from these five digits can just comfortably be extended. The bird, however, decided to fly rather than grasp with its hand, so that three and a half fingers are all it has retained of the five which its reptilian ancestors bequeathed to it.

"The World To-Day" has many features that will appeal particularly to the busy man, as it contains monthly the latest information in every department of human progress. The able treatment of the "Events of the Month," "The World's Thought," "The Calendar of the Month," with leading articles will give a clear insight into the world's happenings. The Cumulative Index makes it convenient for quick reference.

Insist on Getting It.
Some grocers say they don't keep Defiance Starch. This is because they have a stock on hand of other brands containing only 12 oz. in a package, which they won't be able to sell first, because Defiance contains 16 oz. for the same money.

Do you want 16 oz. instead of 12 oz. for same money? Then buy Defiance Starch. Requires no cooking.

The "Twentieth Century Home" is the title of a new magazine the Cosmopolitan Co. are offering to the reading public. It is devoted entirely to the interests of women and the home and is unusually attractive, being finely printed and illustrated.

Ask Your Dealer For Allen's Foot-Ease.
A powder. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching Sweating Feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. At all Druggists and Shoe stores, 25 cents. Accept no substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

We are to respect our responsibilities, not ourselves. We are to respect the duties for which we are capable, but not our capabilities simply considered.—W. E. Gladstone.

Excessive grief, like excessive joy, being violent in its nature, is of short duration. The human heart is incapable of remaining long in an extreme. —Victor Hugo.

The Best Results in Starching
can be obtained only by using Defiance Starch, besides getting 4 oz. more for same money—no cooking required.

Love should be the supreme thing, because it is going to last; because in the nature of things it is eternal life.—Drummond.

BO-KO BALM.
Cures sore throat in a night. Relieves congested lungs and inflammation of the chest. 50 cents. Ask the druggist.

If we cannot live so as to be happy, let us at least live so as to deserve happiness.—Fichte.

When You Buy Starch
buy Defiance and get the best, 16 oz. for 10 cents. Once used, always used.

Straight tip: Buy radium. It is going up.

THE OLD FOLKS AT HOME

Are Never Without Peruna in the House for Catarrhal Diseases.

MR. AND MRS. J. O. ATKINSON, INDEPENDENCE, MO.

UNDER date of January 10, 1897, Dr. Hartman received the following letter:

"My wife had been suffering from a complication of diseases for the past 25 years.

"Her case had baffled the skill of some of the most noted physicians. One of her worst troubles was chronic constipation of several years' standing.

"She also was passing through that most critical period in the life of a woman —change of life. In June, 1896, I wrote to you about her case. You advised a course of Peruna and Manalin, which we at once commenced, and have to say it completely cured her. She firmly believes that she would have been dead only for these wonderful remedies.

"About the same time I wrote you about my own case of catarrh, which had been of 25 years' standing. At times I was almost past going. I commenced to use Peruna according to your instructions and continued its use for about a year, and it has completely cured me.

"Your remedies do all that you claim for them, and even more. Catarrh cannot exist where Peruna is taken according to directions. Success to you and your remedies."

John O. Atkinson.

In a letter dated January 1, 1900, Mr. Atkinson says, after five years' experience with Peruna:

"I will ever continue to speak a good word for Peruna. In my rounds as a traveling man I am a walking advertisement for Peruna and have induced many people during the past year to use Peruna with the most satisfactory results. I am still cured of catarrh."

John O. Atkinson,
Box 272, Independence, Mo.

When old age comes on, catarrhal diseases come also. Systemic catarrh is almost universal in old people.

This explains why Peruna has become so indispensable to old people. Peruna is their safe-guard. Peruna is the only remedy yet devised that meets these cases exactly.

Such cases cannot be treated locally; nothing but an effective systemic remedy could cure them. This is exactly what Peruna is.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Mapl-Flake

FLAKED WHOLE WHEAT — PURE MAPLE SYRUP

A delicious cereal, as well as healthful; and economical enough for all.

THOROUGHLY COOKED — READY TO SERVE

"If to yourself some strength you'd take, Just start the day with Mapl-Flake."

Send top cut from a package of **Mapl-Flake** for handsome Color Barometer and Booklet.

HYGIENIC FOOD CO. BATTLE CREEK, Mich.

Wiggle-Stick (Patented)

Laundry Blue

DIRECTIONS FOR USE:—Wiggle-Stick AROUND IN THE WATER.
Wiggle-Stick LAUNDRY BLUE won't spill, break, freeze nor spot clothes. Costs 10c and equals 20c worth of any other bluing. If your grocer does not keep it send 10c for sample to THE LAUNDRY BLUE CO., 14 Michigan St., Chicago.

Looking for a Home?

Then why not keep in view the fact that the farming lands of

FARMS IN WESTERN CANADA FREE — **Western Canada**

are sufficient to support a population of 50,000,000 or over? The immigration for the past six years has been phenomenal.

FREE Homestead Lands

easily accessible, while other lands may be purchased from Railway and Land Companies. The grain and grazing lands of Western Canada are the best on the continent, producing the best grain, and cattle (fed on grass alone) ready for market. Markets, Schools, Railways and all other conditions make Western Canada an enviable spot for the settler.

Write to Superintendent Immigration, Ottawa, Canada, for a descriptive Atlas, and other information, or to the authorized Canadian Government Agent—C. J. Broughton, No. 430 Quincy Building, Chicago, Ill.; T. O. Currie, Room 12, Callahan Building, Milwaukee, Wis.; M. V. McInnes, No. 4 Avenue Theater Block, Detroit, Mich.

GREAT OPPORTUNITY To Farmers Owning Good Farms.—I can sell for cash for the most it realizes, any unoccupied farm in Lawrence, KS. Lawrence Property, Lawrence, Kan. Mr. Hyde will make a special low price on his farm. Address, at once, C. M. LAWRENCE, Owner, Chicago, Ill.

REAL ESTATE.

DO YOU WANT A FARM? Invest your money in good land in Nebraska while it is cheap. I have good wild prairie land, level, good soil, well settled neighborhood, from $5. to $15 an acre. Improved Farms from $15 to $30 an acre. Good crops, good markets; quantities from 40 acres to 1,000 acres. Good terms. Railroad fare paid. Write me what you want and terms desired. T. V. GOLDER, O'Neill, Neb.

Deal With Owner—Square Treatment—Save Agent's Profits. Your railway fare paid if you buy improved clay farm—200 under plow, 80 woodland; fair buildings; good water; 2 miles from school—town—$31,000; liberal terms arranged. Also half interest Milling and Bee-Hive plants, 200 horsepower, new mill-dam, modern machinery—$20,000. The Rural Bee-Keeper, new monthly, sample copy free. Address WILLIAM PUTNAM, - - River Falls, Wis.

Do You Want a FARM for a Home, or for Investment? If so, write me at once. I have a fine list in the very best localities. Special bargain of 160 acres splendid irrigated land, well fenced, surrounded by improved farms; 120 acres in cultivation; near school; abundant and sure water supply; fine climate—only $25 per acre; is worth $35. L. W. TULLEYS, - - Council Bluffs, Iowa.

MANITOBA LAND FOR SALE
In good neighborhood, near town. 160 acres, 3½ miles from school, fenced 2 wires, 40 acres cultivated, $18 per acre. 320 acres unimproved, $8 per acre. 160 acres, 10 miles from town, 60 acres cultivated, $18 per acre. 160 acres, 12 miles from town, $10 per acre. For further particulars address, W. E. WARD, Thompson's Eye Water

DOLL HUMOR CURE

From Pimples to Scrofula From Infancy to Age

To those who have suffered long and hopelessly from Humors of the Blood, Skin, and Scalp, and who have lost faith in doctors, medicines, and all things human, CUTICURA Soap, Ointment, and Pills appeal with a force hardly to be realized. Every hope, every expectation awakened by them has been more than fulfilled. More great cures of Simple, Scrofulous, and Hereditary Humors are daily made by them than by all other Blood and Skin Remedies combined, a single set, costing but one dollar, being often sufficient to cure the most distressing cases when all else fails.

Sold throughout the world. Cuticura Resolvent, the New Blood Purifier, internally, and Cuticura, the great skin cure, externally, cure every form of skin, scalp, and blood disease, from pimples to scrofula, from infancy to age, when the best physicians, even, fail. Cuticura Soap, Ointment, and Pills are the only unfailing skin and blood purifiers and beautifiers. Cuticura Soap, Ointment, and Pills are sold throughout the world. Potter Drug & Chem. Corp., Sole Prop., Boston. Send for "How to Cure Skin Diseases."

"From the cradle to the baby chair."

HAVE YOU A BABY?
If so, you ought to have a
PHOENIX WALKING CHAIR

(PATENTED)
"BETTER THAN A NURSE."

OUR PHOENIX Walking Chair enables the baby to learn to walk, without injury or excessive exercise. It is impossible for the child to fall and injure itself, and it enables it to walk without assistance, thus gaining confidence in itself at once. It is well made, and is provided with a sanitary cloth removable seat; it also has a table attachment which enables the baby to enjoy itself with its toys without further attention. This chair is so constructed that it prevents colds and diseases from drafts or floor germs. It will prevent enough soiled clothes to pay for itself. It is attractively made and is an ornament to any home, and baby will get more strength, comfort and enjoyment out of it than anything else you can get.

"As indispensable as a cradle."

MANUFACTURED SOLE BY
PHOENIX CHAIR CO.
SHEBOYGAN, WIS.

Can only be had of your furniture dealer.

BAD BLOOD TELLS. Free Advice on All Blood Diseases. DR. A. W. KIDDER, 1047 W. 36th St., New York.

AGENTS

Agents Wanted—Hustling Article for Farmers. A fire extinguisher even the farmer can afford. Sells at sight; special terms and territory. Address Kidder Extinguisher Co., 236-238 Broad St., N. Y.

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