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choice steaks, chops, roasts will be an eminent feature. We always have on hand the best of all the choicest meats, and make very prompt deliveries. Orders called for if desired. Telephone No. 231. 32 South Main Street.

L. KLEIN.

Railroad News.

One way second class colonist excursion rates via the Burlington to the west and northwest, Jan 5-19, Feb. 2-15, Mar. 1-15, April 5-19, at \$18.00 to Denver, Colorado Springs, Pueblo and intermediate points.

Jan. 6, 7, 8, and 9 on account of National Live Stock Ass'n meeting at Portland, Ore. 12-15, round trip tickets will be sold at one rate for the round trip.

On 1st and 3rd Tuesdays of each month Homeseekers excursions to meet any point in the west and the southwest at one fare plus \$2 for the roundtrip.

Also cheap rates to many other points in the west and north-west. For full particulars call at ticket office or telephone the agent.

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Head

Hurt So Badly Was Nearly Crazy.

Had no Sleep—Could Hardly Lie Down.

Dr. Miles' Nervine Permanently Cured Me.

"A year ago I suffered from extreme nervous stomach trouble. I was afraid of every sound, could not bear to hear singing or music and reading or hearing of a death nearly made me sick. I could not sleep or hardly lie down, the back of my head hurt me so badly I nearly went crazy. My shoulders hurt and the least thing I did would bring on an attack of extreme nervousness. There were times when I would have to jump in my bed and my mouth would be so dry I could hardly speak. I was in despair until I began to take Dr. Miles' Nervine. We are now without the Anti-Pain Pills and consider your medicine household remedy. I cannot say enough for the Nervine, because in addition to my own case my daughter, who was out of school for a long time because of her nervous stomach, was completely cured by the Nervine. She is now leading a normal life and is able to attend school. My mother, who has been suffering from nervous stomach for years, has also been cured by the Nervine. Dr. Miles' Nervine is the only medicine that will cure nervous stomach and all the other ailments that result from it. It is a safe and reliable remedy and is sold in all drug stores. Price 50 cents per bottle. Send for free book and sample bottle. Dr. Miles' Nervine, Littlefield, N. Y.

WHY THE PORTERHOUSE STEAK?

Delicious Morsel Had its Origin in Accident.
In the old coaching days there was a tavern in New York, kept by a man named Porter, famous for its steaks, to which house one Saturday night there arrived a traveler who called for a steak. Not one was left, but the hungry traveler called and called again for a steak. Finally the innkeeper in his distress took from his larder a large piece of sirloin, put there for roasting, and cut from it a piece to broil. It was found so delicious that the same piece was often called for after that and was christened after the house and its proprietor, "Porter House Steak." Up to this time this piece of meat had been used for roasting only and the discovery of its virtues for broiling may be said to have been quite accidental.

American Precious Stones.
The United States can supply all the wants of its people for coal, iron, copper, petroleum, and all the useful minerals; gold and silver also are found in generous quantities; but of precious stones, the diamond, the ruby, the emerald, the topaz, etc., it has practically none, except what it has bought abroad, says the National Geographic Magazine. In 1902 we paid \$25,000,000 to foreign countries for precious stones that we imported, while during that year precious stones of the value of only \$338,000 were found within our border. These were principally sapphires from Montana, turquoises from New Mexico, Arizona, Nevada and California, and tourmalines and chrysopteres from California.

A valued correspondent sends us an interesting bit of information in relation to a form of insurance in Denmark.
Discouraging Matrimony.
to be very little known in this country, if at all. In Denmark women who fear becoming old maids may take out a policy of insurance, upon which they pay a stated premium every year, and should they marry before they are 40, what they pay in goes to their unmarried sisters. After they are 40 the unmarried receive a pension for life. It will be seen that marriage is considered ample compensation for the amount of money paid in, no matter what the amount. A cheap, good-for-nothing man would cancel the credit to the spinster on the company's books just as effectively as one of nature's noblemen with ability enough to support his wife in comfort or luxury. If the young woman draws a masculine prize she may well be content. But it rests upon her judgment alone how many men are worth the sacrifice of \$1,000, more or less—or, seeing we are in Denmark—1,000 rigshalers. We can't escape the conclusion, comments the St. Louis Globe-Democrat, that with the growing thriftiness and widened worldly vision of the fair sex, this system will foster spinsterhood to an alarming degree and that it will be practically impossible to secure a policy holder for a bride unless the suitor can reimburse her to the last cent.
The French authorities have been discussing the value of alcohol as nourishment, and they agree that wine is very helpful. The French, by the way, have a great deal of wine to sell. M. Duclaux believes that brandy in small doses is extremely nourishing, but as he forgets to specify what he means by a small dose or how often it shall be taken, we are not much the wiser for his recommendation. Whisky seems to be left out of the argument, and this is very embarrassing in a country where there is much malaria and where the system is generally run down at 11 o'clock in the morning, not to mention the vast quantities for export. Let us hear from the Kentucky academy before we accept the verdict of Paris physicians.

Are editors long lived? In the obituary notes of Fourth Estates recently seven deaths were recorded, five of old men. They were: Henry H. Hayes, one of the oldest and best-known congressional reporters, 74 years old; William H. B. Currier, 55 years the publisher of the Amesbury (Mass.) Villager; James W. Clarke, at one time the publisher of the Williamsport (Pa.) Gazette, 73 years old; Albert Patrick, one of the first editors of the Louisville Courier-Journal, 80 years old; C. M. Nichols, a former editor of the Springfield (O.) Republic, 74 years old.

Prof. Shaler, of Harvard, points out that European peasants are suspicious of "the people in the next valley." Age-long feuds like that between Siena and Florence are common. In this country owing to constant travel the most ignorant are ready to trust strangers.
The men who mind their own business are sure to succeed, since they have so little competition. The man who is trying to regulate the business of a whole neighborhood has a large contract on his hands.

A better business than persuading people that they are heirs to estates in Europe would be hunting up proofs for women who want to join the Daughters of the Revolution. There are only about 1,000,000 candidates.
Thirty-seven languages are spoken in Boston besides English.



Tell that boy

whose appetite is missing that there's a present for him in each package of "Vigor"—baseballs, jack-knives, tops—a hundred things.

He will be willing to try a dish of it, with cream, for to-morrow's breakfast. After that,

"Vigor"

will do the rest. He'll want it every meal, and in a week will have the beginnings of a healthy appetite, strong muscles—and a collection of toys that will be the envy of the boy next door.

Then tell that boy, too—and they can "swap" presents.

Sweet, crisp flakes of wheat—scientifically cooked and toasted—ready-to-serve.

10c. for large package—all grocers.



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Write for book book by
Baltimore Road and Food Chopper Co., 11. At your dealer's, 50c.
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WHEATLET

Children prove the deliciousness of Wheatlet by calling for a second dish, while other cereals go by unheeded. Their rosy cheeks and robust bodies testify that

WHEATLET

is made from hard seed Spring wheat, fifty per cent, more nutritious than the many starchy unwholesome cereals made from white Winter wheat because of greater profit.

is limited but never equaled.

Be sure you get the original whole wheat products. Your grocer can supply you.

The genuine made only by
The Franklin Mills Co.,
"All the Wheat that's Fit to Eat."
Lockport, N. Y.

Ready FORCE

The Frost From Far Away.
Oh, the year is growing old, and the sunshine growing cold.
And the shadows gather sooner every day;
Every tree is touched with fire, each day mounting high and higher,
And the night brings up the frost from far away.

There are days of sunny calm when the winds bring only hail,
And the fair blue sky above us bears no cloud;
But the night creeps down the hill, and the soft, sweet air grows chill,
And with rage the prowling north wind shrieks aloud.

Long ago each winged rover sang, "Farewell, the summer's over."
Spread his wings, and to the southward took his way;
Not a scarlet mother-bird hovers o'er the empty nest,
All uncovered where the leaves have fallen away.

Oh, the year is growing old, and the sunshine growing cold,
And the winter coming nearer every day;
But within the hearth is warm, there is shelter from the storm,
And we know the spring awaits us, far away!
—Ninette M. Lowater, in New York Sun.

Disease of Salmon.

Since the researches of the late Prof. Huxley the well-known salmon disease has always been regarded as caused by the attack of a fungus. Mr. Hume Patterson has recently conducted a research for the Fishery Board of Scotland and has come to the conclusion that the disease is due to invasion of the tissues of the fish by a special bacillus, which gains access through some abrasion or ulceration of the skin. When the skin of the fish is in a healthy state the disease is evidently not contracted. The bacilli remain alive in the dead fish, which therefore prove a source of infection. They should be removed and burned as soon as they are observed.

New Use for Pineapple.

Cover one-third of a box of granulated gelatine with cold water. When soft add boiling water to make a little more than a pint; strain it on a platter. When cool break into it the whites of three eggs, and beat until it begins to stiffen. Add sugar to sweeten, the juice and rind of one lemon, a pinch of salt, a tablespoonful of vanilla and one cup of sweetened pineapple reduced to a smooth pulp through a colander. Beat all together until stiff and foamy, then mold in egg cups and set on ice to harden. Serve in a nest of whipped cream, colored pink with strawberry juice.

What a Lord Mayor's Banquet Costs.

Fourteen tons of coal are consumed in cooking the banquet given at the London Guildhall in honor of Lord Mayor's day. Forty turtles are slaughtered to provide 250 tureens of soup, each tureen holding a pint and a half, while the serving of the banquet requires 250 waiters and 8,000 plate changes, the total cost being about £7,000.

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are well qualified to supply your every requirement in baths, and the prices are very reasonable. First-class Grill room and Bachelors' Apartments in connection with the baths.

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VERY LOW RATES to the Northwest

The Northern Pacific has a new and very Low Rate for Colonists, Homeseekers and others in effect from Sept. 15 to Nov. 30, 1903.
This gives not only farmers a good chance to go homeseeking, after crops are harvested, but all others who wish to move permanently into the growing, teeming, improving Northwest, or those who wish to visit, at a trifling expense, the fine tourist resorts of the Northwest, are afforded an unusual opportunity to do so.
The finest valleys in the Northwest, good for grain, hay, fruits, root crops; for mixed, stock or dairy farming; for irrigation or not, as one wishes, are found along the Northern Pacific or its branch or connecting lines. The growing, thriving towns are found there, too. It is a great country, where hunting and fishing are unsurpassed and where the hotels are first class.
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Send six cents for "Wonderland 1903."

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DINNER...	Baked Whitefish 15	Roast Mutton.....15	Mutton Pot Pie..... 15
	Boiled Trout.....15	Roast Pork.....15	Veal Pot Pie..... 15
	Salt Mackerel.....15	Roast Veal.....15	Pork and Beans.....15
	Fried Perch.....15	Boiled Ham.....15	Soup..... 5
	Roast Beef.....15	Beef Tongue.....15	Padding T..... 5
	Small Steak.....15	Pork Chops.....15	Whitefish..... 15
	Veal Cutlet.....15	Breakfast Bacon.....15	Fried Perch..... 15
	Mutton Chops.....15	Salt Pork, Broiled.....15	Salt Mackerel.....15
	Broiled Ham.....15	Fried Sausage.....15	Fried Eggs..... 15
	Liver and Bacon.....15	Lake Trout.....15	Scrambled Eggs.....15

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