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#### Railroad News.

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# Grip

Brought On Sciatic Rheumatism.

Nervous Prostration Followed.

Dr. Miles' Nervine Gave Back Health.

T was laid up during the winter of 94-95 stintic shoumatism and servous prostratrought on by a severe attack of Lepe. The rheumatic pains were so se
at times that it was impossible for me to
a heat. I was unable to sleep. I had
all the advertised remedies for troubles
be kind but goton help whatever until I
Dr. Mikes Restorative Nervine. Six
a restored me to health; I am better
for many in fact am entirely relieved.

Are with a clear quarcience that it was
that Restorative Nervine that restored
a health. When the pains of scintics
formation were ment severe I secured
a lamediate relief by the use of Dr.
Acti-Pala Pills. I have recommended
that Remediat to many people.—Fred
Reddald, S. D.

shoulders with such heavy op-

ON READING AND TALKING.

Doubt Whether Reading Makes a Ful

Books are no substitute for talk says the Spectator. They come out of talk and go back into talk. We doubt if reading alone ever made "a full man." It has been said that reading with some one else's head; but talking is thinking-if we may borrow a simile from the motor car-with two head power. As a bookworm is to the man of the world, so is the silent thinker to the talking thinker. The man who does not talk is a stranger upon earth. He does not know his fellows, and they do not know him, and those we do not know we cannot greatly like. "Little do men perceive what solitude is and how far it extendeth, for a crowd is not company. and faces are but a gallery of pictures, and talk but a tinkling cymbal, where there is no love." Yet a man may do heroic deeds and never talk at all in our sense of the word, and he may be a learned man and never express an opinion on any subject of the first consequence. All the same, we agree with Bacon that, inasmuch as he is shut up in himself, "closeness doth impair and a little perish his understanding."

THE FALLS OF IGUAZU.

South American Wonder Second Only to Niagara.

Though practically unknown to the world at large, the falls of Iguazu stand second only to Niagara. The Iguazu river forms the boundary between Argentina and Brazil. Twelve miles above its junction with the Parana the river bed bends almost at right angles. The main volume of water, moving with great velocity round the inner or Brazilian bank. rushes into a long, narrow gorge, at one point in which the waters make a clear leap of 210 feet. This gorge does not intercept the whole volume of the river water and the surplus currents rush out past it into the wide elbow formed by the bend, descending in two leaps of 100 feet each in the horseshoe called the Argentine falls. The distance from where the waters enter the Brazilian pit to their last cascade on the Argentine side is 6,000

THE BEST KITCHEN UTENSILS.

English Paper Admits Superiority of German Mathods.

The superiority of German household and kitchen utensils over English ones is discussed by a correspondent who instances as a delightful example, the china or earthenware rolling pin, which has superseded our primitive wooden one. It is almost super- From East and West, and North and fluous to point out that it is more easily and thoroughly cleaned and is cooler for pastry baking than is the wooden rolling pin. If the well-to-do English woman were to work in her own kitchen she would suffely never tolerate such a thing as the ordinary jug, always narrower at the top than at the base, and therefore impossible to get clean, except with much unnecessary labor; she would invent a soup spoon with a lip at the side; and she would insist on everyday cup and jug and vegetable dish handles being put on square, so as not to harbor dirt. -London Telegraph.

Just the Right Answer.

How often have we heard this from A paper that has the most com- an acquaintance in financial distress: Say, old man, can you let me have a couple of dollars? Like a blame fool came off in a burry this morning and left my money on the chiffonier." And how often have we "coughed up"? The other day I heard Sykes put it that way to Tykes and Tykes said: "Sorry. old fellow, I can't let you have \$2, but can put you in the way of getting your money very soon." "You are very kind. How?" "Here's a nickel for car fare. Go home and get your

The Ones to Worry.

The late R. H. Stoddard, whose memoirs are soon to appear, was on his way to work one morning in his newspaper days, when he met an old friend, whose aspect was most sad. "What in the world is the matter

with you?" Mr., Stoddard said,

"I am the wretchedest man in the orld." replied the other. "I am incolvent. I haven't a cent to meet my lebts with."

"Why," said Mr. Stoddard, "in that case I should think your creditors would be the ones to be wretched."

Bridai Costumes in Spain.

In Spain a bride has no girl attendants to stand at the altar with her. but instead a "madrina" or godmother; neither does she have a wedding cake nor any festive going away after the ceremony.

The wedding pair depart quietly to their new home, where they remain until the following day, when they start on their honeymoon. Before departing they pay a formal visit to their respective relatives.

Cost of Hunters' Licenses. Missouri, Arkansas and Louisiana to not allow non-residents to hunt. in Nevada, California, Arizona, New Mexico, Texas, Kansas, Mississippi, Alabama, Georgia, Oklahoma, Indian Perritory no license is required. The righest license is that of Wyoming -\$56; the lowest that of Waskington

Two bee hunters in Woodford, Vt., om then about seventy pounds of

The Only Way. Sympathy's a noble virtue, but it grows Softened by the tears of sorrow, mellowed by the sweat of toll; For it is a truth worth heeding, though That to feel another's troubles you must have some of your own.

If in riches you are rolling, undisturbed You can't "sense" the heavy burden your poor brother has to bear;

If no thorns are in your pillow, if your couch lies soft and light,

Can you realize his worries who lies sleepless all the night?

No; your own heart must be broken, crushed and sore in fragments lie, upon another a wounding you the touch of heating try. That to bear another's burdens you must have some of your own:

There's but one sure wa; of helping this poor struggling human race; You must learn by full experience how to fill your brother's place. Lesson that the Master's learning sanctifles for every one, That to feel another's sorrows you must have some of your own. -New York News.

Hollyhocks.

They stand along the rude farm wall Like buxom dames and fair, Their rosy ruffles caught with bees,
Their bright heads high in air;
To lure the gypsy humming-bird
Sweets in their crimson bowl they hoard.

They brighten all the sober farm With looks of holiday, Content to bide with humble folk Outside the garden gay, Though splendld as the lilles deep That in the warm, sweet sunshine sleep.

A pleasant screen their tall ranks make Before the old back stoop; They sheltered the red hives that stand Where sleepy elm boughs droop; And shut out all the long highway With its bold eyes on market day.

What flocks of golden butterflies
About their tall heads flit! What songs the breezes sing to them When evening stars are lit! And, though they do not tell, I know They sing about the long ago.

And here, these still, sweet summer The hearts of exiles come; For the bees' ring in their gay cups is like the bells of home, And dear lost childhood's voice of glee I'hoy keep as pink shells keep the sea.

My Love.

She doeth Bittle kindnesses Which most leave undone or despise: For naught that sets one heart at case And giveth happiness or peace, is low esteemed in her eyes.

She is most fair, and thereunto Her life doth rightly harmonize; Feeling or thought that-was not true Ne'er made less beautiful the blue Unclouded heaven of her eyes.

She is a woman one in whom The springtime of her childish years Hath never lost its fresh perfume, Though knowing well that life hath room For many blights and many tears.

I love her with a love as still As a broad river's peaceful might, Which, by high tower, and lowly mill, Goes wandering at its own will And yet doth ever flow aright,

James Russell Lowell.

Our Winged Thoughts. If we send forth into the world our winged thoughts, Our cheery thoughts, that of brave patience sing. South, will othern flock, And travel joyously on sunny wing.

To find and soothing give to sad, rebal-Who have not learned that living means

Brave doing is our part, not questioning; For deaf to us as well as blind is fate. we send into the world our thoughts of faith.

That all things work together for the Like homing doves they surely to us wi When comes, as will, the gloom of tran-

-Cora Lapham Hazard. June and December. That youth of thine,

Though thy blue eyes no longer shine With June's delight, and pale December Hath heaped her snows upon thee; But still thou dost remember The gentleness that won me.

As when I first beheld thee. For youth forssoth, is but a name; And all the graces that impelled thee Have so exalted duty That youth bath ne'er excelled thee

In perfectness of beauty. -Louise Morgan Sill in fiarper's Week-The Wind from the Moon.

A white wind blows from the moon. The night has a cry;
"Life, wild life, for the living! Soon
They shall die."

The mad wind blows on the brain And your eyes are near, And the old sin whispers and tempts "Life in dear!"

The hot wind blows in the blood, And it pulses fast, beloved to the flood-

Alice Herbert, "Between the Lights."

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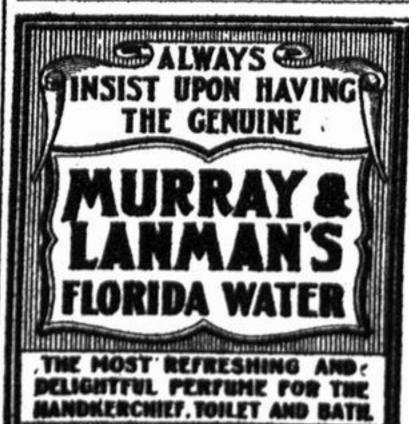


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