

Otto Fisk

Sun

Stroke Shattered My Nerves.

Gave Up Preaching For Two Years.

Dr. Miles' Nervine Put Me On Active List.

Are you well? Do you sleep well? Do you get up rested, fresh and vigorous? Is your mind clear and active? If not read the following. See what another has suffered and how he recovered.

Some years ago I was afflicted with sun stroke which left me with a shattered nervous system and exceedingly poor health. I suffered terribly with pain in my head, the top of my head would feel hot. I could not study, and after striving for two years to wear the trouble off, I was compelled to give up my pastoral labor and retire to my farm where I spent nearly two years trying to recuperate. It was all of no avail. Physicians' treatment and patent medicines failed to relieve me. I was exceedingly nervous and irritable and sometimes would shake terribly. I could not bear any noise. At the least excitement the blood would rush to my face and head. Two years ago I was induced to try Dr. Miles' Restorative Nervine. After using one bottle I could see improvement in my condition so I continued taking it for nearly a year. I am happy to say I no longer have those pains in my head or nervous spells. My appetite is good and I am able to preach three times on Sunday without fatigue. I consider Dr. Miles' Nervine the most wonderful medicine ever discovered. —Rev. D. Alex. Holman, Pastor U. B. Church, Marion, Ind.

All druggists sell and guarantee first both Dr. Miles' Restorative Nervine and his book on Nervous and Heart Diseases. Address Dr. Miles Medical Co., Elkhart, Ind.

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While life insurance is good there are adaptations of it that are evil. Investigation of the deaths of several children in Philadelphia has resulted in startling disclosures as to the extent of "cradle" insurance. Nearly \$1,500,000 is yearly paid as premiums on child insurance in that city alone. Charity workers and others familiar with tenement life in New York city and other cities are aware that the business is carried on to a large extent in those places also. Two great objections are advanced to "cradle" insurance; That it is an incentive to child murder. That money which should be used to feed and clothe children is diverted to the payment of premiums. Both these objections, according to the view held by the New York World, are logical and forcible. The continued grind of poverty may warp even mother love. The knowledge that a sickly baby's death will put money in his pocket may become a strong temptation to a brutal, drunken husband. When it is a question whether the children shall have shoes or insurance, it should be shoes. The Society for the Prevention of Cruelty to Children will endeavor to have a bill passed restricting child insurance in various states. It certainly needs restriction. If it is to continue it must be under close supervision.

What the Spanish authorities believe to be the ashes of Christopher Columbus were deposited in a special mausoleum in Seville recently. They are the ashes which were removed from the cathedral in Santo Domingo and taken to Havana after the Spanish ceded the island in 1795. When Cuba ceased to be Spanish territory the ashes were carried to Spain. The people of Santo Domingo insist that the remains of Columbus still rest in their cathedral, and that when, in the eighteenth century, the Spaniards removed the sarcophagus, they took the one which contained the body of the eldest son of the explorer. That their claim is well founded was conclusively shown by F. A. Ober in an account of his investigations into the subject for the Columbian exposition, published in the Youth's Companion in 1893. Aside from the merits of the controversy, there is something tragic in the determination of the Spanish in their progressive retreat from their American empire to carry back with them what they believe to be the body of the man who opened that empire to them.

The alleged bequest by Mrs. Stanton of her brain to Cornell university for dissection—which Prof. Wilder says was never made—reminds an English writer of the case of Harriet Martineau, who consulted an English doctor for deafness and in return for his politeness—his treatment did little good—decided to leave him her ears. Miss Martineau happened to mention her plans to her family physician, who said: "But, my dear madam, you can't do that; it will make your other legacy worthless." And it appeared that she had already in her will bequeathed her head to the phrenological society and left her doctor \$50 for cutting it off!

Stone, wood, glass, brick and cinders have been used for street pavements, and now they are experimenting with steel in New York. Two strips of steel a foot wide have been laid down in the middle of a street, for a distance of a mile, for the use of heavy trucks, and the advocates of this kind of supplementary paving believe that it will be generally adopted for streets on which there is much traffic. They point to its successful use in Spain, where a two-mile stretch of road from Valencia to Grao is now kept in order for little more than one-fiftieth of the former expense.

It pays to be kind. A young lady traveling on a train three years ago did an act of kindness for an old gentleman who she thought was poor. The other day she received a check for \$40,000 as an evidence that kindness at least in one instance was duly appreciated. It don't cost anything to be kind, and the reward is often greater than can be measured in dollars and cents. A well-known writer has said that "men are only great as they are kind."

A scamp who has been arrested eight times for beating his wife cried when he was led away to prison. It's a pity that such a fellow could not be taken into the yard and treated as he treats his wife. Then he would see that there was something to cry for.

Montaigne once wrote: "A man's sensations of himself are always believed; his praises never." The wise man lets others do both the fault-finding and the commending. It is seldom one can be too chary of his speech.

It must be a tax on equality even in Spain to pretend that a boy 17 years old is ruling the country. Monarchy isn't near as tyrannical as it is silly.

Punctuality is one of the cardinal virtues, and the man who is "on time" has been made an example to the world. It is a tardy and negligent ever since mortals began to take an unpleasant personal interest in the behavior of their fellow-creatures. With fables of the tortoise and the hare sort, and maxims about early birds, we have sought to point out the salutary results of loitering and procrastination. A half-hour's stolen slumber beyond the appointed rising hour haunts us till nightfall like an initial sin that blights an otherwise well-ordered and well-spent day. We may squander golden hours after dinner, but they do not root like gloomy birds in the shadows croaking accusingly as do those 30 wasted matutinal minutes when we should have been up and doing. Why 30 minutes of the early morn are worth so much more to the drowsy brain sent into the busy world before its time but half waked up than 30 minutes later when the mental mists have cleared away no one undertakes to explain. Why should we rise with the lark when we do not feel like one? If a lark prefers to get up at sunrise that is his business; but we might pause here to remark that if they rose later they would have a larger audience for their musical efforts so justly celebrated. The lark does not concern us deeply, being an English bird, but their compatriots, the sparrows, which have emigrated to this country, are even more profoundly impressed with the importance of early rising than the lark. They get up before daylight—what might be called early candlelight—as if they had the haying and the harvesting to do. Yet despite their exemplary and forehanded habits, they lead a precarious life, and none of them enjoys the distinction of the owl, which does not get up at all before sundown and is universally regarded as the repository of wisdom. These reflections on the folly of assigning too much significance to those philosophical meditations on the value of promptitude and dispatch, that have been imposed on us, are suggested to the St. Louis Globe-Democrat by the trip of the ship Tillie E. Starbuck from Honolulu to New York with a load of sugar. By putting on all sail and seeking the advantage of every favoring breeze, the captain made the trip round the Horn in 109 days and proudly sailed up New York bay ahead of his scheduled time. Had she taken two days longer the rise in the price of sugar would have given her owners, under their sugar contracts, \$12,500 more for her cargo.

People have learned by experience to make allowance for error in the predictions of the weather bureau, but Prof. Arthur Schuster thinks that the allowances should be officially stated. Astronomers, he remarks, are in the habit of giving the value of the "probable error" when publishing their observations. But although meteorology lends itself more readily than any other science to the evaluation of deviations from the mean result, the weather forecasters have not adopted the custom of stating the probable error. Prof. Schuster looks forward to the time when weather forecasts will be accompanied by a statement of the odds that the prediction will be fulfilled. Then, perhaps, we shall read in the weather column not simply, "rain to-morrow," but "three to one," or "nine to one for rain to-morrow."

American visitors to Mexico contribute largely to sustaining the bull fight of Juarez, so says the Mexican Herald. Americans express their regret that a bull fight is to be held, yet every one of them procures a ticket for a high-priced seat in the shade, and tries to secure a genuine blood-stained "banderilla" after the fight is over, to take home as a curiosity. A like inconsistency has often been reported against foreigners who visit Spain. Distance from home never frees one from the obligation to be self-respecting, considerate, honorable, decent.

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