THURSDAY, APRIL 24, 1902.

EDITORIAL COMMENTS:

The president's uncle, who is a Demwat, takes occasion to notify his party leaders through the New York Times that the Democratic party has invariably and on all occasions and all opportunities been in favor of acquiring land everywhere and anywhere, and as for the qualities of the citizens of the land acquired, it cared wery little if the soil were good or the mines rich." He then calls attention to our purchase of Alaska and the sort of citizens it had; and yet Alaska does not join the borders. He also calls attention to the acquisition of California, which we wrung from an unwilling people, saying it was not mearer in time or travel when we got It than are the Philippines now. This leads Mr. Roosevelt to declare that Democratic party always has and always will be for the spread of our borders and principles, honestly and peacefully if we can, and or the spread and dissemination of Americanism everywhere."

The Atlanta Constitution, the Nashville American and the Memphis Commercial-Appeal—all leading and influential Democratic newspapers of the south, warn the party that if the question of surrendering the Philippines is made the leading or even a leading issue of the next national campaign it will be a fatal policy. The Nashville American declares that its party is burdened with men who can accept national defeat complacently, so long as they are permitted to pose as lead-The Memphis Commercial-Appeal in an effort to break the force of adverse opinion which has been created by the action of Democratic members of congress, says no Demoeratic platform has advocated the abandonment of the Philippines. That being the case, what are the Democratic members of Congress driving

David B. Hill's recipe for a revised Democratic platform includes the propaltion: "The Democratic party should min press to the front the issue of se reform." The country has forgotten the brand of revreform a Democratic presi sent and congress gave it in 1803, and which left that dark brown taste In the mouth and a ringing beadache, for a period of four years. The country is not hankering for another dose. One does goes a great way with the majority of people.

There is one thing connected with Mr. Bryan that has never received the attention it deserved. With Democrats and Democratic newspapers who refused to preach free silver he has had no patience, but he has never re saked those Democrats who advoated silver against their convictions. He always assumed that gold Democrais were insincere and self-seeking, while giver men were always honest in their convictions,

The Atlanta Constitution believes the Democratic party should make its light in the next two camnaigns upon a tariff revision platform. By all means! The country would be sure to enthuse over the prospect of some tariff legislation along the lines of the famous Wilson bill.

William J. Bryan never loses his tood humor. When chosen an honormember of the New York Press club recently, Mr. Bryan said in acknowledgement: "I can assure you, centlemen, that I am glad to be unaninusty elected to something, and essecially in New York."

Tillinan is very much dissatisfied ith the nation and the nation is thorsphiy dissatisfied with Tillman. So ORDER 424 "EST.

ETTER ON PHYSICAL CULTURE

BEALTH AND STRENGTH SENT BY MAIL-NTERESTING FACTS OF SLAON METHOD

and Pry Tells How Everybody can Become

think a perfectly developed man is be admired than a pretty woman-Why? Recause there are a great more pretty women than strong, well

oped, evenly balanced men.

s sewadays is a pressure of trabit, and our diseases come from the neglect of the

a a crime against nature. No that the crime of squasdering it is nities."

m I driving at? you may. Well wait a map on your ables, got busy-I am

Our stomach is our slave, that must accept everything that to given to it, but it avenges its wrongs as slyly as does the slave. Ethre's an ides. Some day, begin in the moratug, and deplicate everything you cut and drink that day-that is to say, if you drink two cups of coffee, eat a chop, a couple of eggs, some toast, a few potatoes, for breakfast, put au equal quantity of everything in a large bowl. When you go down town and drink a couple of cocktalls before lunch, put in the bows! Your tunch whatever it may be, do not neglect the bowl. Your after dinner libations, your disuer from

Going to the theatre tonight? A little Welsh rarebit (these tittle devils create more trouble than Belgiau hares,) or a I tile bird and a dry bottle? All right, old man, but treat that bow! Prof. Simon and his system worse than I do falt. ow you are through for today. Ready for bed-but wait just a minute. Let's look in

that bowl.

gose into my stomach and still I live?" Yes, and there are thousands upon thousands like you. Oh-cookery-cookery, that kills more than weapons, guns, wars, or poison, and would destroy us all! But now comes my se-

I want that horde of sick men, overworked brains, unevenly balanced physical specimens to pay attention to what I have to say, and by sodoing and following my example I'll turn that army of dyspeptics-Hasbeens, isto a galaxy of bright, able, justy, strong, healthy young bucks. Vo, you're not too old-don't get old-theold adage that 40 is the old age of youth, and 50 is the youth of old age-is no Gerwig's. long or true if you'll follow me and my friend

Now for a plain, unvarnished tale. There are two men in this town, and they are known as Samuel J. Gorman and Sylvester J.

Simon, Mr. Gorman is president and Mr. Simon is secretary of the Simon's Natural Development system and also the proprietors of the New Northern Baths, located at 14 Quincy street. A six-story building devoted entirely to this

corporation and I am reliably informed that more than \$100,000 has been apent in fixing up this place. I've been all through it.

First you enter on the ground floor, you are then in the finest tonsorial parlor west of New York, and I don't know that that city can beat it. Every barber is an arsist. This is a fact, not a cheap advertising statement. There is elevator in the corner. The uniformed darky takes you up to the fourth floor. This is the business department; cashier, buffet, sitting and longing room for guests, and, without gushing, it's a thing of beauty. It is artistic. The chandeliers cost \$300 eash; the sidewall lights \$50 - the stained glass windows are veritable work of art, the carpets are velvet and moquette, the furniture, fixtures and settees are genuiue mahogany, the uphoistery real .eath er, and everything to correspond.

Here I am introduced to Mr. Gorman, the pre I lent. Also to Mr. Simon, the originator and instructor of his Natural Development ayatom. Mr. Simon is one of the most perfectly developed men, physically, in the world. Gen' erally, our strong men are associated in our minds with the prize ring, wreatling bouts. and we are apt, in such persons, to meet men w.o have developed their physical at the expeuse of their mental power.

Here it is especially where Mr Simon overtu us that theory. This man has the figure of Mercury, the features of a litterateur, and the speech of a man of culture. He is sure of his points; his arguments are based on facts, and I am going to outlier his theory of physical culture as it was shown me.

Before I do that I want to say that the six floors of this building are devoted to the New Aurthorn Baths, and when I had visited each flor and came to the plunge bath I unbenitat ingly pronounced the entire plant the grandest thing of the kind in the world. Every device knows to comfort, all baths known to science and the price-just the same as elsewhere;

Now, back to Mr. Slimon. I was taken to the sixth floor, the frost portion of which is exclusively devoted to the physical culture de-

"Where are your dumbbells, your weight pulleys, your boxing gloves, your horizontal bars and other paraphernalia of that sort?" I

"Haven't any, my boy," pleasantly smiled Mr. S. "Not necessary in my system."

I was astounded, and frankly acknowledged that I could not understand his idea. Now listen to what he says: "Pant Pry, you say I am a finely developed man. All right; it is all due to my method.

You realize, Mr. Pry, that method is the arithmetic of success. When I began to me my 'at ural Development System my strength was far below the average. I was weak, servous and in poor health generally. Now you see me as am and what my system has done for me. principle is, in a not hell, to give to my pat rous tie benefit of my personal magnetism by exercising with them, and by the force of resistance I permit a certain degree of antagon ism to enter their physical makenp, so that every practice to a sort of mental as well as physical combat. Beginners do not realize this principle during the first few lessons, but they soon learn, become interested, then delighted and before they are through are completely fancinated, and that is the secret of my success. I take flenky men and reduce them in thirty days from fifteen to thirty pounds. I take constipated, weak-livered, nervous wrecks and in the same length of time regenerate them-yes, Paul Pry, completely rejuvesate them."

All this time Mr. Simon walked the floor and illustrated his theories. Gracious, what man! With his muscles in repose he walked the incarnation of strength and grace; when slightly excited his mascles would swell-well, he is all right.

Boy comes to the door. "Mr. M---, for his

"All right, come in" Then enters one of the prominent business men of Chicago. I had knows him for a long time, but had not seen him for months. Not the same man now, I was invited, with Mr. M--- 's consent, to watch him put through his course of spronts.

I did, and it was a delightful, physical and Mr. M----became three years younger while se was going through his twenty minutes' exercise. Every movement, as he tried to overcome the instructor, assumed grace, power and

A constant flow of pleasant talk helped matters. Here are a few of Mr. Simon's aphor loms as he taught Mr. M---:

"Yes, use soap when you go to your bath; remember, as long as there is life there's somp. (See the point?)

"Health is the vital principle of bliss." "Abetinence is the great strengthener and

"I do not say the mind gets informed by confut without health. Health is no atrength by it, and that nameless something to all the daties of life as well as that gives a man the masterable of his fac-

"The grantest happiness comes from the greatest activity."

Cod sever scade his work for each to mean.

And so continually one delightful flow of with a few facts. Or control you know of contained old mean and young mean and some or the heat in form. I know he in doing a world of good.

The man factuated me. When I got made

"Paul Pry, how much do you weigh? You've got outliely too much bel-excuse me, I mean

" over mind," says I, a little nettled, (be tween us, my impediment to my stoop is my sore point;) "you can't help me any, I weigh

"Oh, I don't know," warbled the professor. "I can put you to 200 in thirty days if you will I come here twenty minutes a day—and make you a better man in every way." As he said this he looked me in the eye and I

know he meant it, and I accepted. So every fish to dessert, and claret to sherry, fix that day at 5 p. m. you can find me there, and I will keep you posted as to my progress. Come up and ore nie.

Say there are a lot of fellows on the board of trade-and I know about 200 of them-that need Why don't you join me?

By the way, Mr. Simon sends his system of development, to earnest seekers, by mail. Write "My God," you cry, "is it possible that all | forfull explanatory circulars. All the facts that horrible, greasy, indigestible mess has are gotten up in fine shape, beautifully illustrat-Yours truly,

PAUL PRY. Let it not be forgotten, that all that needs to be done is to write Sam J. Gorman, 14 Quincy street, Chicago, and full explanatory, beautifully illustrated pamphlets will be sent-Free to any applicant.

WHAT THE MERCHANTS ARE OFFERING.

Shenandoah pents \$1.75, at Nash's. Shenandosh pants \$2 00, at Nash's. New evaporated silver prunes at

Fancy California evaporated fruits at Nash's.

All kinds of fresh bakery goods at Gerwig's.

Light weight underwear for spring wear, at Nash's.

If your boy needs a new suit the

A new line of neckwear, the latest designs at Nash's.

Orange and maple syrup and maple sugar at Gerwig's. See Mertz & Mochel before buying a

new heating stove. Fancy evaporated peeled pears, a

new thing at Nash's. Buy Yankee rolled oats; prize dish in every puckage; at Gerwig's.

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First class cornet in good condition for sale, cheap. Enquire at his office. Something new in prunes: Ruby prunes, 10 cents a pound at Gerwig's. If you want a spring suit made to order call at Nash's. Price from \$8 00

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Federation of Women's Cubs Convention, Los Angeles, California, May 1902 \$50 from Downers Grove. Ill., to SanFrancisco or Les Angeles, California, and return. Tokets mat be purchased at this very low rate on April 20th to 27th inclusive, final limit June 25, 1902. For full information call on C. P Scott, ticket agent Telephone No. 3.

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Baker's Premium chocolate, per lb 35 cts
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Mertz Mochel

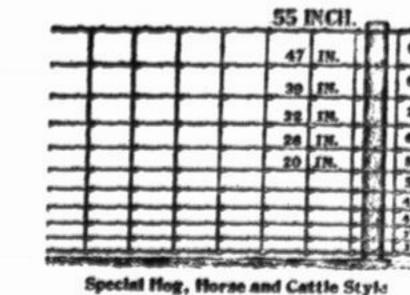
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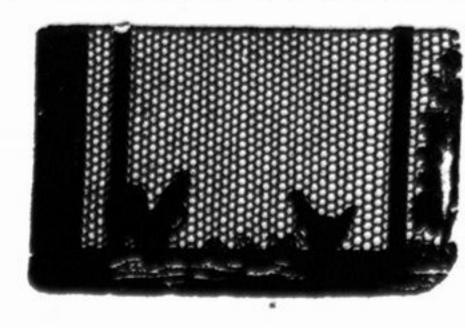


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THE DOWNERS GROVE DIRECTORY.

METHODIST EPISCOPAL—Rev. Merbert H. Rood, Pastor. Services Sanday at 10:45 a.m. and 7 p.m. Sunday School at 12:00 m Prayer meeting Wednesday evening at 7:30 Epworth League Sunday evening at 5:00. ONGREGATIONAL—Rev. E.H.Libby, Pastor. Services Sunday at 10:45 a m and 7:00 pm. Sunday School at 12 m. Prayer meeting Wednesday evening at 7:45. Christian Endeavor Sunday evening at 6:00.

BAPTIST-Rev. C. J. Pope. Pastor. Ser vices Sunday at 10 :45 a m and 73.0 p m Bible school at 12 m. Prayer meeting Wednes-day evening at 8:00 Baptist Union Sunday at 6:30 pm. Junior Union at 4:30 pm. EV. ASSOCIATION; GERMAN-Rev. Carl Efriederick Pastor. Services Sunday 10:30a.m. Peoples' Alliance 7:00 p m. Prayer meeting

PRCTESTANT EPISCOPAL, St. Andrew's Mission-Rev. A. B. Wuitcombe Rector.Service Sunday at 3:10 p m. Sunday school at 2:30 p. m. W. S. Waples, Supt. LERMAN LUTHERAN-Rev. I. J. Meyer. Pastor. Services every other dunday at 2 m in the Congregational church. Sunday

Wednesday evening at 7:45.

School before service. ST. MARY'S CATHOLIC-Rev. C. J. Votypka Rector. Mass every Sunday moreat 8 and 10:30 o'clock. English sermon 1st and 3rd Sundays in each mouth. Mass every week day morning at 8 o'clock.

Suulktiem, ROVE LODGE 824 A. F. & A. M. Meets every second and forth Friday evening in each month. Visiting bretheren cordinity in-vited. J. H. Griffithe, W. M. E. C. Fuenzel, Secretary.

VESTA CHAPTER 242 O. E. S. Meets second and forth Tuesday of each month n Masonic hall. Visiting members always welcome. Mrs. N. Roblin, W. M. Mrs. Louis.

. Hall, Secretary. JAPER POST 468 G A. R. Meets the second and fourth Thursdays of the month. Visiting comrades always welcome. T. S. Rogers, commander. Geo T. Hughes Adjutant. IOWNERS GROVE LODGE 326 A.O. U.W. Meet in own hall on first and third Fri-

days of each n.onth. Visiting brothers a ways welcome. C. B. Blodgett W. M. A. J. tross OWNERS GROVE LODGE 750 I. O. O. F Meets every Saturday evening in hall Con-tral block. Visiting brothers cordially invited. D. Horton, N. G. H. F. Legenhausen,

ICTORY COUNCIL 110 ROYAL LEAGUE Meets first and third Tuesday evenings in Workmen hall. J. B. Huling, Archon. Chas

MAPLE CAMP 898 M. W A. Mosts lu Carpenter hall on the second and fourth Thursday evenings of each mouth. Visiting seighbors always welome Fred Innis, V. C. H. Barnhart, cleru.

MAPLE GROVE LODGE 529 K. OF P. Meets first and third Wednesdays of each mouth. Visiting Knights cordially invited. Dan J. Miley, C. C. M. King Bush, K. of

NOWNERS GROVE TENT, No. 142 Knighte of the Maccabees. Meets second and fourth Wednesdays in each month in Carpenter's hall, A. J. Gray, Commander. Julius Johnson, Rec-

ADIES' LIBRARY ASSOCIATION. LA brary building on Curtiss street. Meet first Tuesday in each month at 2 p m. Emma . Miller, President. Mrs. D, O. Cole, Treas. OWNERS GROVE LOAN AND HOME stead Association. John Holland, Presi dent; J. W. Rogers, Treasurer; Guy L. Bush,

COUNTY OFFICERS. County Seat..... Wheston Recorder and Circuit Clerk T. M. Hull County Judge John H. Hatten VILLAGE OFFICERS.

Police Magistrate...... D. G. Grainant Superintendent Water Works and Electric... Light Plant F. L. Sloat

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HOARE OF EDUCATION Members-C. B. Blodgett, H. S. Wheeler, G. P. I,nce, Bert C. White, J. W. Worley, Ed. Wootton. Sept. of Schools O. M. Searles Regular meetings held first Tuesday of each month in the Maple avenue school building THE MAILS.

From the east:-7:07; 9:07 a. m. 12:11; 5:11 p. m From the west: -7:07; 9:52 a m. 1:30; 5:28 p. m

C. B. A U. RAILWAY TIME DAME. Enal Herernd Leave Downers. Arr. Chi. Downers Grove suburban Downers Grove suburban. Denver and California..... Jowners Grove suburban. Saturday only Downers tirove suburhan Downers Grove suburban. Ottawa, Streator & LaSalle. 5.28 pm.. 6.10 pm Downers Grove suburban. 5.45 p m. 6.33 p m

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Leave Downers. Arr. Chi. Local (stops on signal).... Downers Grove suburban.. 7.55 a m.. 8.45 a m Milk express..... Downers Grove suburban.. 9.23 a m. Denver and California..... 1.32 p m . 2.15 p m Downers Grove suburban.. 3.08 p m.. 4.00 p m

Sanday Trains-West Bound. Leave Chi. Arr. D. G. Aurora suburban..... 9.10 a m Galesburg and Quincy.... 11.30 a m.. 12.09 p Downers Grove suburban. 11.40 a m.. 12.30