# AFTER-EFFEGTS

THE after-offects of the grip are often disastrous. It is commonly known to the medical frateralty that the numerous aliments and complications which follow the grip are apt to be more serious than the acute stage of the disease.

Some people have the grip very lightly. They may be confined to the house only a day or two and yet a long train of disagreeable, disabling symptoms follow. All sorts of tonics and stimulating remedies have been devised to meet this condition. None of them can compare in results with Peruna.

Every one who has had the grip ought to take a short course of Peruna. Read what the following people have to say about it.

Washington, Feb. 4, 1899. The Peruna Medicine Co., Columbus, O.:



Congressman Howard.

weeks, and find I am very much also taken it for

cellent remedy

to all fellow suf-

Gentlemen---'I

have taken Peru-

na now for two

ferers."--M. W. Howard. Congressman Howard's home address is Fort Payne, Ala.

Grip Produces Catarra. Henry Distin, the inventor and maker of all the band instruments for the Henry Distin Mfg. Co., at Wil-Mamsport, Pa., writes: 1441 South Ninth Street,

Philadelphia, Pa., May 6, 1899. Dr. S. B. Hartman, Dear Sir:-"I write to inform you that I had a bad attack of la grippe last December which lasted more than three months and which left me with catarrh, when several of my friends advised me to try your wonderful medicine, Peruna. I began with a bottle the first week in March and it certainly did me a great deal of good. I was so well satisfied that I purchased another bottle and followed your directions, which you furnish with every bottle, and I am glad to say that it has cured me. I shall certainly recommend the Peruna | Collins. to all my friends."

CAUSED **HERYOUS** DYSPEPSIA.

D. D. Wallace, charter member of the International Barber's Union writes from 15 Western ave., Minneapolis, Minn. "Following a severe attack of la grippe

seemed to be affected badly all over. I suffered with a severe backache, indigestion and numerous ills, so I could peither eat nor sleep, and I thought I would give up my work, which I could not afford to do.

"One of my customers who was greatly helped by Peruna advised me to try it, and I procured a bottle the came day. I used it faithfully and felt a marked improvement. During the next two months I took five bottles, and then felt splendid. Now my head is clear, my nerves are steady. enjoy food, and rest well. Peruna has been worth a dollar a dose to me."-D. L. Wallace.

Washington, April 24, 1909. The Peruna Medicine Co., Columbus, O.:

Gentlemen-'About two months ago was taken very very ill with la grippe and was obliged to go to \$2 three bottles of beneficial results and was

my bed in a Frances M. Anderson, week, and regained my usual strength very soon. I have nothing but the highest praise for Peruna and recommend it to those similarly afflicted wherever I can."-

Grip Petsoned Her Blook

Mrs. T. W. Collins, Treasurer of the Independent Order of Good Templars of Everett, Wash., writes:

Frances M. Anderson.

"After having a severe attack of la grippe I continued in a feeble condition even after the doctor called me cured. My blood seemed poisoned.

"I also suffered with dyspepsia, and had either to starve or suffer from what I was eating. A neighbor who was using Peruna praised it so highly that she induced me to try it, and I soon found this was what I really needed.

"I could soon eat my regular meals with relish, my system was built up, my health returned, and I have remained in excellent strength and vigor now for over two years."-- Mrs. T. W.

GRIP

LEFT HER

BBOKEN

Miss Alice Dressler, of 1313 N. Bryant ave. Minneapolis, Minn., writes as follows concerning Peruna:

"Last spring I suffered from la grippe was partially cured, but the bad after-effects remain-

ed through the summer and somehow I did not get as strong as I was before. "In the fall I caught cold after getting my feet wet and attending a lecture in a cold ball, and suffered a relapse. Catarrh of the throat and head followed, and as I was in a weak condition physically previous to this, it took but little to break me down completely. One of my college friends, who was visiting me, asked me to try Peruna and I did so and found it all and more than I had expected. It not only cured me of the catarrh, but re-

stored me to perfect health."-Alice

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium. Columbus, Ohio.

15c and 35c.

Veters English and Am-riran.

One need not look for changes of world-wide importance to follow the ain, for the power of the British sov- to the top of one of London's work ereign is, after all, closely circumscribed. Though in theory, for exof Parliament, in practice the privilege | dissipating the fog. is not allowed. No English king or queen, in fact, has exercised the power almost two hundred years ago. It tried the new food drink called GRAIN-Ot is worth while to contrast this with the practice and power of our own chief executives. Although Washington, indeed, vetoed only two bills, and Lincoin three, Grant vetoed forty-three and Cleveland, in his first term alone, vetoed 301.-Saturday Evening Post.

Contain Mercury,

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Chency & Co., Toledo, O., contains no mercury, and is taken Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimoniais free. Sold by Druggista, price 75c per bottle.

Hall's Family Pills are the best.

A Scientific Sarap-Book.

Mr. L. O. Howard, chief of the division of entomology, felt somewhat flattered at receiving one day a letter from a gentleman asking him to send a copy of his report, Mr. Howard replied promptly, and asked to which particular report his correspondent referred. The answer came: "Am not particular which one you send. want it for a scrap-book."-Youth's Companion.

Home-Seekers' Excursions. On the first and third Tuesdays of each tonth the Chicago, Milwaukes & St. Paul Railway will sell round-trip excur-sion tickets from Chicago, Milwaukee and other points on its line to a great many points in South Dakota, North Dakota and other Western and Northwestern States at about one fare. Take a trip west and see the wonderful crops and what an amount of good land can be purchased for a little money. Further information as to rates, routes, prices of farm lands, etc., may be obtained by addressing F. A. Miller, General Passenger Agent, Chicago, Ill.

Take Laxative Brown Quining Tablists. All drugglets refund the money if it fails to cure. E. W. Grove's signature is on the box. 25c.

Mother Nature does a great many things that the stepmother habit tries

We toil and moil and scrape and make ourselves anxious about the dust and dross of earth; and all the while God is holding forth to us in vain the crown of immortality and golden keys of the treasure of heaven,-Dean To Study London's Fug.

The Rev. J. M. Bacon, who has be come widely known by his balloon accession of a new ruler in Great Brit- studies, intends this winter to ascend and blackest fogs, and to explore its constitution scientifically. He will try ample, the sovereign may veto an act the effect of guncotton explosions in

> What Do the Children Drink? It is delicious and nourishing, and takes the slace of coffee. The more Grain-O you give the children the more health you distribute through their systems. Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about 14 as much. All grocers sell is

The 400th anniversary of the birth Beware of Cintments for Catarrh That of Benvenuto Cellini will be celebrated in Florence by a festival and by setting up the sculptor's bust on the Porto Flora, III., and Fred Mason of Char-Vecchio. Invitations have been sent out to goldsmiths' associations all over the world.

> Those who live on the mountain have a longer day than those who live in the valley. Sometimes all we need to brighten our day is to rise a little higher. - Rev. S. J. Barrows.

> Lane's Family Medicine. Moves the powels each day, in order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

Florida has far surpassed all her foreign records in the shipment o oranges. Last year there were 700,000 boxes, but this year the total will reach 1,250,000 boxes.

The Remarkable success of Garfield Tea, the great HERB cure for constipation and Sick Headache, is due to its healthful action on all the digestive organs. Says a female lecturer: "The men

hold the reins, but the women tell them which way to drive." TO CURE A COLD IN ONE DAY.

things that the stepmother habit tries to undo.

Poor Scap Spoils Clothes. Don't take chances. Buy the best. Ma-ple City Self Washing Soap is guaran-teed to be pure. All grocers sell it.

A good talker is always delighted when he encounters a good listener.

#### PROCEEDINGS IN CONGRESS.

Summary of Legislation in National Body.

MEASURES IN BOTH HOUSES.

Sonator Frys of Mains Ro-Blocted, Unauimonely, President Pro Tempers of the Sanato-Senator Morgan Asks for Abregation of Clayton-Suiwer Treaty.

Wednesday, March 13. Increasing demand for postage stamps making overtime work'in Bureau of Engraving and Printing.

Senator Cullom ready to pay off old scores in the way of presidential post-

office appointments in Illinois. Ex-Representative Rodenberg of li linois not likely to be appointed commissioner to St. Louis fair.

Friday, March 15. C. H. Duell of New York, sent his resignation as commissioner of patents to the president. Senators Platt and Depew will probably name his succes-

John G. Johnston, Philadelphia, said to have been offered United States attorney generalship.

Rear Admiral Sampson received a check for \$8,335 prize money for defeat of Cervera's fleet.

One man killed and four injured in fire in Merchants' hotel in Pennsylvania avenue.

Postoffice department to remove as few fourth class postmasters as pos-

American troops, except legation guard of 150, ordered from China to Manila.

Only 10,000 recruits accepted up to date for additional regiments. Minister Wu started on his trip to Buffalo and Chicago.

Saturday, March 16.

As a result of the controversy which has arisen between Capt. C. H. Davis and Prof. S. J. Brown, superintendent of the naval observatory and director of the nautical almanac respectively. both officers will, it is understood. shortly be detached from their present

The German meat inspection law. absolutely prohibiting the importation of American corned beef, sausages, etc., which went into effect some time ago, has made no friends, according to a report received at the state department from the United States consul at Bremen. The law has been the object of very severe criticism in Germany, according to the consul.

Monday, March 18. State department made vigorous protest through Minister Loomis to Venezuela against further interference with Consular Agent Baiz at Barce-

flicting American interests. War Department received Philippine commission's act establishing department of public instruction.

lona. Situation complicated by con-

Recruiting of enlarged army going on slowly. Four home battalions to be sent to Philippines.

United States Supreme court will adjourn on March 25 for two weeks to consider opinions.

All intoxicating liquors to be barred from transmission through the mails.

Ambashed by 700 Filiplans.

Correspondents in the Philippines failed to tell of one exploit of the soldiers of the 30th regiment which reads like stories of fights against the Indians in the old days on the plains. In January of last year, when Schwan's flying column was swinging through Luzon, volunteers were called for to bring up a pack train that was several miles behind. Forty-four men of Cos. A. B. C and D of the 30th responded. They found the pack train and at once started on the return trip. This column had gone but a few miles when it was ambushed near Alaminos by 700 Filipinos. Joseph E. Byrnes of Chicago and two others of Co. C were killed in the fight, and Charles Worthington of Chicago, Edward Boswell of lotte, Mich., were never heard of afterward. Many more were wounded. among them being Frank Junker of Lawrenceburg, Ind., who was shot four times and later sent home.

Primary Day in Kentucky.

Democratic election primaries held in various portions of Kentucky resuited in an unusual number of free fights, in which, so far as has been learned, one man has been killed and thirteen or fourteen wounded. In a small store at Breckinridge, Harrison county, during the primary, William Hayes and Wash Slade engaged in a desperate fight with revolvers. Slade was mortally wounded and Hayes was hit twice in the head and arm. Slade died in three hours. The Democratic primary to select officers for Morgan county was held at Caney. In a general fight ten men were wounded. Three of them were badly shot, and two of them are reported dying. Caney has no telegraph communication, and further particulars are unobtainable

Servant Girls Combine

The servant girls of Pittston, Pa. have effected an organization, known as the Domestic and Housekeepers' Protective association. Hundreds are joining the union, and already a list of demands have been formulated to be shortly made public. They ask for a wage scale of \$3 a week, object to carrying out ashes, and taking care of a furnace. No meals are to be served after 6 p. m., and they want three nights a week off and permission to receive their men friends in the parlor.

Valenciennes and fine white cambric ewed together row after row go to make an entire gown that would prove most elaborate but for the care in the design. The strips run vertically on the bodies and plain gored skirt, and herisontally on the yoke and elbow sleeves. At the hem there are three narrow ruffles, the middle one of embroldery, the upper and lower of lace. A series of small full rosettes of black velvet ribbon set along the top of the ruffle are connected by loops of the velvet left to hang in festoons.

A Roviver. Sandy Pikes-Detroit Dick fell in lake. Dey rolled him on a barrel an' he come to in five minutes. Billy Coalgate-Yes, 'twas a Whisky

A Month's Yest Free.

If you have Dyspepsis, write Dr. Shoop Racine, Wis., Box 143, for six bottles of Dr. Shoop's Restorative, express paid. Send no money. Pay \$5.50 if cured.

A man thinks himself superior to a hen, yet a hen can sit on an egg without getting mad.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nervo Hestorer. Send for FREE \$2.00 trial bottle and treatise. Dn. R. H. KLINE, Ltd., 931 Arch St., i hiladolphia, Pa. A wife is sometimes known as

the whole thing. WANTED—Men with rig to advertise and introduce Monarch Pouitry Mixture. Straight salary \$15.00 weekly and expenses. Address with stamp, Monarch Manufacturing Co., Box 689, Springfield. Illinois.

man's better half-and sometimes as

Nature supplies a man with character, but he must furnish his own reputation.

THE GENUINE BLACK OR TELLOW WILL KEEP YOU DRY MOTHING ELSE WILL LOOK FOR ABOVE TRADE MARK TAKE NO SUBSTITUTES SHOWING FULL LINE OF GARRENTS AND HATS

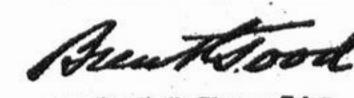
A.J. TOWER CO., BOSTON, MASS. lands, soon to open to settlement. Opportunity of a lifetime. THE KIOWA CHIEF, devoted to information about these lands, will contain proclamation fixing date of opening. One year \$1.00; 6 mos. 60 cents; 5 cents per copy. \$000-GAN'S MANUAL, (Complete Settler's Guide) with sectional map. \$1.00. MANUAL, MAP and CHIEF, six months \$1.50. For sale by Sect and Sout Dealers, or address DICK T. SORGAN, Parry, O. T.

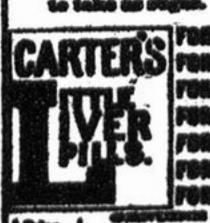
FOR SALE A simple and effective paten con-t. or expense for fuel; operates by cable; will con-sider partnership propusition. SEND for details, to B. Q. RUXTON, 134 Van Buren Street, Carcago.

Conuino

### Carter's Little Liver Pills.

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CURE SICK HEADACHE.

IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED



lilustrated pamphiets, giving experiences of farmers who have become wealthy in growing wheat, reports of delogates, etc., and full information as to reduced rallway rates can be

had on application to the Superintendent of Immigration, Department of Ir.terior. Ottawa. Canada, or to C. J. Broughton, 1239 Monadnock Block, Chicago, Ill., or E. T. Holmes. Room 6. "Hig Four" Building, Indianapolia, Ind. Special excursions to Western Canada during March

The Wyoming Cattle and Investment Co are offering shares at par. The safest and best paying investment now on the market. If you have money to invest, either in large or small amounts, write for particulars.

D. H. KOOKER, Secretary, Des Moines, Iowa

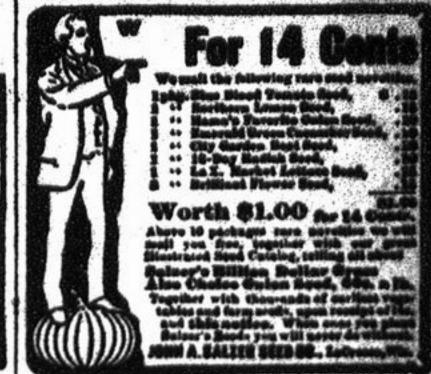


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ONEY to Sharp In Montane to SAFE and page VESTED mont Get in at buttons prices for our annual report and particulars.

WILL start you in Office Business in which you can make \$190 a Week. Send #1 for particulars and sample worth &. We unste no time with triffers. UNITED SUPPLY CO., Morriston, Arkansas.

Half-mile county seat, Hutchinson Co., is Jim it valley; 475 outdivated; 17 miles of fence; hay, 21 per acre; well timbered; complete modern linge ments; 2 daily mails; 2 miles to station. For part lare address Nuop Grannauts, Nov., when, seen to



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W. N. U. CHICAGO, NO. 12, 1901 When Answering Advertisements Rindly Mention This Paper.

CONSTIPATED

## 



Means misery on the eve of life. Nine out of ten old people are constipated because the muscles of their intestines have become weak, worn out and flabby. Constipation is the curse of old age, causes bile and acid poisons to remain in the blood, making the skin yellow and wrinkled, the eyes bleary and causing the "bones to ache." Keep the bowels strong, healthy and regular and old age loses all its terrors and weaknesses. No reason why grandpa and grandma shouldn't have bright eyes, and clear, ruddy skin and feel lively and active, if they will only keep their bowels open and vigorous with CASCARETS CANDY CATHARTIC, the greatest bowel tonic ever heard of. Try them to-day a 50c box-a whole month's treatment-and find that the tortures of constipated old age are

