

AFTER-EFFECTS OF LA GRIPPE.

THE after-effects of the grip are often disastrous. It is commonly known to the medical fraternity that the numerous ailments and complications which follow the grip are apt to be more serious than the acute stage of the disease.

Some people have the grip very lightly. They may be confined to the house only a day or two and yet a long train of disagreeable, disabling symptoms follow. All sorts of tonics and stimulating remedies have been devised to meet this condition. None of them can compare in results with Peruna.

Every one who has had the grip ought to take a short course of Peruna. Read what the following people have to say about it.

Washington, Feb. 4, 1899.
The Peruna Medicine Co., Columbus, O.
Gentlemen:—I have taken Peruna now for two weeks, and find I am very much relieved. I feel that my cure will be permanent. I have also taken it for la grippe, and take pleasure in recommending it as an excellent remedy to all fellow sufferers.—M. W. Howard.
Congressman Howard's home address is Fort Payne, Ala.

Grip Produced Catarrh.
Henry Distin, the inventor and maker of all the band instruments for the Henry Distin Mfg. Co., at Wilkes-Barre, Pa., writes:
1441 South Ninth Street, Philadelphia, Pa., May 6, 1899.
Dr. S. B. Hartman, Dear Sir:—"I write to inform you that I had a bad attack of la grippe last December which lasted more than three months and which left me with catarrh, when several of my friends advised me to try your wonderful medicine, Peruna. I began with a bottle the first week in March and it certainly did me a great deal of good. I was so well satisfied that I purchased another bottle and followed your directions, which you furnish with every bottle, and I am glad to say that it has cured me. I shall certainly recommend the Peruna to all my friends."

D. D. Wallace, a charter member of the International Barber's Union writes from 15 Western ave., Minneapolis, Minn.
"Following a severe attack of la grippe I seemed to be affected badly all over. I suffered with a severe backache, indigestion and numerous ills, so I could neither eat nor sleep, and I thought I would give up my work, which I could not afford to do.
"One of my customers who was greatly helped by Peruna advised me to try it, and I procured a bottle the same day. I used it faithfully and felt a marked improvement. During the next two months I took five bottles, and then felt splendid. Now my head is clear, my nerves are steady, I enjoy food, and rest well. Peruna has been worth a dollar a dose to me."—D. L. Wallace.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Washington, April 24, 1900.
The Peruna Medicine Co., Columbus, O.
Gentlemen:—"About two months ago I was taken very ill with la grippe and was obliged to go to bed. I took three bottles of Peruna with very beneficial results and was able to leave my bed in a week, and regained my usual strength very soon. I have nothing but the highest praise for Peruna and recommend it to those similarly afflicted wherever I can."—Frances M. Anderson.

Grip Poisoned Her Blood.
Mrs. T. W. Collins, Treasurer of the Independent Order of Good Templars of Everett, Wash., writes:
"After having a severe attack of la grippe I continued in a feeble condition even after the doctor called me cured. My blood seemed poisoned. "I also suffered with dyspepsia, and had either to starve or suffer from what I was eating. A neighbor who was using Peruna praised it so highly that she induced me to try it, and I soon found this was what I really needed.
"I could soon eat my regular meals with relish, my system was built up, my health returned, and I have remained in excellent strength and vigor now for over two years."—Mrs. T. W. Collins.

Miss Alice Dressler, of 1313 N. Bryant Ave., Minneapolis, Minn., writes as follows concerning Peruna:
"Last spring I suffered from la grippe and was partially cured, but the bad after-effects remained through the summer and somehow I did not get as strong as I was before. "In the fall I caught cold after getting my feet wet and attending a lecture in a cold hall, and suffered a relapse. Catarrh of the throat and head followed, and as I was in a weak condition physically previous to this, it took but little to break me down completely. One of my college friends, who was visiting me, asked me to try Peruna and I did so and found it all and more than I had expected. It not only cured me of the catarrh, but restored me to perfect health."—Alice Dressler.

To Study London's Fog.
The Rev. J. M. Bacon, who has become widely known by his balloon studies, intends this winter to ascend to the top of one of London's worst and blackest fogs, and to explore its constitution scientifically. He will try the effect of gunpowder explosions in dissipating the fog.

What Do the Children Drink?
Don't give them tea or coffee. Have you tried the new food drink called GRAIN-O? It is delicious and nourishing, and takes the place of coffee. The more Grain-O you give the children the more health you distribute through their systems. Grain-O is made of pure grains, and when properly prepared tastes like the choice grades of coffee, but costs about 1/2 as much. All grocers sell it. Use and see.

The 400th anniversary of the birth of Benvenuto Cellini will be celebrated in Florence by a festival and by setting up the sculptor's bust on the Porto Vecchio. Invitations have been sent out to goldsmiths' associations all over the world.

Those who live on the mountain have a longer day than those who live in the valley. Sometimes all we need to brighten our day is to rise a little higher.—Rev. S. J. Barrows.

Lane's Family Medicine.
Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

Florida has far surpassed all her foreign records in the shipment of oranges. Last year there were 700,000 boxes, but this year the total will reach 1,250,000 boxes.

The remarkable success of Garfield Tea, the great HERB cure for constipation and Sick Headache, is due to its healthful action on all the digestive organs.

Says a female lecturer: "The men hold the reins, but the women tell them which way to drive."

TO CURE A COLD IN ONE DAY.
Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. Grove's signature is on the box. 25c.

Mother Nature does a great many things that the stepmother habit tries to undo.

Poor Soap Spots Clothes.
Don't take chances. Buy the best. Maple City Belt Washing Soap is guaranteed to be pure. All grocers sell it.

A good talker is always delighted when he encounters a good listener.

PROCEEDINGS IN CONGRESS.

Summary of Legislation in National Body.

MEASURES IN BOTH HOUSES.

Senator Frye of Maine Re-Elected, Unanimously. President Pro Tempore of the Senate—Senator Morgan Asks for Abrogation of Clayton-Buwer Treaty.

Wednesday, March 13.
Increasing demand for postage stamps making overtime work in Bureau of Engraving and Printing.

Senator Cullom ready to pay off old scores in the way of presidential post-office appointments in Illinois.
Ex-Representative Rodenberg of Illinois not likely to be appointed commissioner to St. Louis fair.

Friday, March 15.
C. H. Duell of New York, sent his resignation as commissioner of patents to the president. Senators Platt and Depew will probably name his successor.

John G. Johnston, Philadelphia, said to have been offered United States attorney generalship.

Rear Admiral Sampson received a check for \$8,335 prize money for defeat of Cervera's fleet.

One man killed and four injured in fire in Merchants' hotel in Pennsylvania avenue.

Postoffice department to remove as few fourth class postmasters as possible.

American troops, except legation guard of 150, ordered from China to Manila.

Only 10,000 recruits accepted up to date for additional regiments.

Minister Wu started on his trip to Buffalo and Chicago.

Naturday, March 16.
As a result of the controversy which has arisen between Capt. C. H. Davis and Prof. S. J. Brown, superintendent of the naval observatory and director of the nautical almanac respectively, both officers will, it is understood, shortly be detached from their present duties.

The German meat inspection law, absolutely prohibiting the importation of American corned beef, sausages, etc., which went into effect some time ago, has made no friends, according to a report received at the state department from the United States consul at Bremen. The law has been the object of very severe criticism in Germany, according to the consul.

Monday, March 18.
State department made vigorous protest through Minister Loomis to Venezuela against further interference with Consular Agent Bais at Barcelona. Situation complicated by conflicting American interests.

War Department received Philippine commission's act establishing department of public instruction.

Recruiting of enlarged army going on slowly. Four home battalions to be sent to Philippines.

United States Supreme court will adjourn on March 25 for two weeks to consider opinions.

All intoxicating liquors to be barred from transmission through the mails.

Amushed by 700 Filipinos.

Correspondents in the Philippines failed to tell of one exploit of the soldiers of the 30th regiment which reads like stories of fights against the Indians in the old days on the plains. In January of last year, when Schwan's flying column was swinging through Luzon, volunteers were called for to bring up a pack train that was several miles behind. Forty-four men of Cos. A, B, C and D of the 30th responded. They found the pack train and at once started on the return trip. This column had gone but a few miles when it was ambushed near Alaminos by 700 Filipinos. Joseph E. Hyrnes of Chicago and two others of Co. C were killed in the fight, and Charles Worthington of Chicago, Edward Boswell of Florida, Ill., and Fred Mason of Charlotte, Mich., were never heard of afterward. Many more were wounded, among them being Frank Junker of Lawrenceburg, Ind., who was shot four times and later sent home.

Primary Day in Kentucky.
Democratic election primaries held in various portions of Kentucky resulted in an unusual number of free fights, in which, so far as has been learned, one man has been killed and thirteen or fourteen wounded. In a small store at Breckinridge, Harrison county, during the primary, William Hayes and Wash Slade engaged in a desperate fight with revolvers. Slade was mortally wounded and Hayes was hit twice in the head and arm. Slade died in three hours. The Democratic primary to select officers for Morgan county was held at Caney. In a general fight ten men were wounded. Three of them were badly shot, and two of them are reported dying. Caney has no telegraph communication, and further particulars are unobtainable tonight.

Servant Girls Combine.
The servant girls of Pittston, Pa., have effected an organization, known as the Domestic and Housekeepers' Protective association. Hundreds are joining the union, and already a list of demands have been formulated to be shortly made public. They ask for a wage scale of \$3 a week, object to carrying out ashes, and taking care of a furnace. No meals are to be served after 6 p. m., and they want three nights a week off and permission to receive their men friends in the parlor.

Gown for the Ladies.
Valencian and blue white cambric sewed together row after row go to make an entire gown that would prove most elaborate but for the care in the design. The strips run vertically on the bodice and plain gored skirt, and horizontally on the yoke and elbow sleeves. At the hem there are three narrow ruffles, the middle one of embroidery, the upper and lower of lace. A series of small full ruffles of black velvet ribbon set along the top of the ruffle are connected by loops of the velvet left to hang in festoons.

A Reviver.
Sandy Pikes—Detroit Dick fell in de lake. Dey rolled him on a barrel an' he come in five minutes.
Billy Coalgate—Yes, 'twas a whisky barrel.

A Month's Test Free.
If you have Dyspepsia, write Dr. Shoop, Racine, Wis., Box 124, for Dr. Shoop's Restorative, 50c. Express paid. Send no money. Pay 50c if cured.

A man thinks himself superior to a hen, yet a hen can sit on an egg without getting mad.

Fits Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE 60c trial bottle and Restorative. Dr. E. H. Kline, 1212 Arch St., Philadelphia, Pa.

A wife is sometimes known as a man's better half—and sometimes as the whole thing.

WANTED—Men with rig to advertise and introduce Mearns' Family Mixture, straight salary \$10.00 weekly and expenses. Address with stamp, Mearns Manufacturing Co., Box 99, Springfield, Illinois.

Nature supplies a man with character, but he must furnish his own reputation.

OKLAHOMA OFFERS FREE HOMES to 50,000 people on 2,000,000 acres of land, soon to open to settlement. Opportunity of a lifetime. The SHOW CHIEF, devoted to information about these lands, will contain proclamation fixing date of opening. One year \$1.00, 6 months 50 cents, 3 cents per copy. SEND FOR MANUAL (Complete Settler's Guide) with sectional map. \$1.00. MANUAL, MAP and CHIEF, six months \$1.50. For sale by Book and Stamp Dealers, or address SHOW CHIEF, 1000 Park St., St. Paul, Minn.

FOR SALE A simple and effective pain cure consisting of a side wheel propeller for venous, that furnishes RUBBER SPREAD, at a high or expense for feet, operated by cable, will completely revolutionize traction. SEND for details, to R. G. RUTON, 124 Van Buren Street, Chicago.

ABSOLUTE SECURITY. Genuine Carter's Little Liver Pills.

Must Bear Signature of *Dr. Wood*
See Post-Office Wrapper Below.
Very small and so easy to take on trips.
FOR HEADACHE. FOR DIZZINESS. FOR MILDEWASS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLI'W SKIN. FOR THE COMPLEXION.
CURE SICK HEADACHE.
IN 3 OR 4 YEARS AN INDEPENDENCE ASSURED.
If you take up your home in Western Canada, the land of plenty, illustrated pamphlets, giving experience of farmers who have become wealthy in growing wheat, reports of delegates, etc., and full information as to reduced railway rates can be had on application to the Superintendent of Immigration, Department of Interior, Ottawa, Canada, or to C. J. Broughton, 1228 Montross Block, Chicago, Ill., or R. T. Hodson, Room 3, "Big Four" Building, Indianapolis, Ind. Special excursions to Western Canada during March and April.

A Splendid Investment!
The Wyoming Cattle and Investment Co are offering shares at par. The safest and best paying investment now on the market. If you have money to invest, either in large or small amounts, write for particulars.
D. H. KOOKER, Secretary, Des Moines, Iowa.

FREE
A 24-page 21 treatment of Dr. O. P. Pillsbury and all Nervous Diseases. Address: P. O. Box 100, 24 Broadway, New York, N. Y.

PATENTS WITHOUT FEE
MILBURN STEVENSON & CO., Patent Attorneys, 217 Broadway, New York, N. Y.

MONEY INVESTED
\$3 WILL start you in Other Business in which you can make \$1000 a Week. Send for particulars and sample worth \$3. We waste no time with triflers. UNITED SUPPLY CO., Morrilton, Arkansas.

See This No. 1000...
Central Kansas Wheat Farm
LITTLE ROCK, ARKANSAS
FOR SALE—640 ACRES FARM
Wheat buildings; five well water; stock pens; mill; city and city; all acres under cultivation; in acres ready for crop. Splendid wheat and stock farm. Can be bought cheap. One-third cash, balance over or partial payments. Will sell readily. Call on market. Correspondence invited.
H. N. TUCKER, Courthouse, North Omaha, Neb.

1,000 ACRE FARM, \$27,000
"EASY TERMS." SOME TRADE.
Half-mile county seat, Hutchinson Co., in the river valley; 400 outbuildings; 17 miles of fence; hay, 1500 per acre; well timbered; completed modern improvements; 1 daily mail; 3 miles to station. For particulars address WOOD SPRING, W. Va., or, South Omaha, Neb.

For 14 Cents
Wheat the following year and varieties:
Lafayette Wheat, 100 lbs. \$1.00
Northern Blue Stem, 100 lbs. \$1.00
Hull's Blue Stem, 100 lbs. \$1.00
Standard Blue Stem, 100 lbs. \$1.00
City of America, 100 lbs. \$1.00
12-Row Blue Stem, 100 lbs. \$1.00
Standard Blue Stem, 100 lbs. \$1.00
Worth \$1.00 for 14 Cents
Always 10 packages per 14 Cents
Send 10c for catalogue with map of Western Canada. Also Catalogue of the "Big Four" Railway System. Tables and forms with map of the West. Write for them. You will receive them free. JOHN A. BAKER, 1000 N. 1st St., St. Paul, Minn.

The "Big Four Route"
Is a Railway System Comprising
2,500 Miles of Superb Roadway
Built and Equipped in the Most Approved Manner of Modern Railway Construction.

The Passenger Train Service of the "BIG FOUR ROUTE" provides 200 Passenger Trains per day, requiring for their operation
150 Passenger Locomotives
450 Passenger Cars
25 Parlor Cars
20 Dining and Cafe Cars

In addition to which Sixty Pullman Sleepers are in Continuous Service on the "BIG FOUR" and its Through Car Lines.
WARREN J. LYNCH, W. P. DEWEE, Gen. Pass. & Tkt. Agt., Am. G. F. & N. Y. C. CINCINNATI, O.
W. N. U. CHICAGO, NO. 12, 1901.
When Assuring Advertisements Study Notice This Paper.