

TALMAGE'S SERMON.

TELLS HOW TO GROW YOUNG IN SPIRIT.

Renewing Youth Like the Eagle—The Way to Conquer the Effect of Advancing Years—Simple Habits Lead to Longevity.

(Copyright, 1901, by Louis Klopfch.) Washington, Feb. 17.—In this discourse Dr. Talmage shows how anyone can conquer the effect of years and grow younger in spirit; text, Psalms ciii, 5. "So that thy youth is renewed like the eagle's."

There flies out from my text the most majestic of all the feathered creation—an eagle. Other birds have more beauty of plume and more sweetness of voice, but none of them has such power of beak, such clutch of claw, such expansion of wing, such height of soaring, such wideness of dominion. Its appetite rejects the carrion that invites the vulture and in most cases its food is fresh and clean. Leveling its neck for flight, in spiral curve it swings itself toward the noonday sun. It has been known to live 100 years. What concentration of all that is sublime in the golden eagle, the crested eagle, the imperial eagle, the martial eagle, the booted eagle, the Jean de Blanc eagle! But after a while in its life comes the molting process, and it looks ragged and worn and unattractive and feels like moping in its nest on the high crags. But weeks go by, and the old feathers are gone and new or ornithological attire is put on, and its beak, which was overgrown, has the surplus of bone beaten off against the rocks, and it gets back its old capacity for food, and again it mounts the heavens in unchallenged and boundless kingdoms of air and light. David, the author of the text, had watched these monarchs of the sky and knew their habits and one day, exulting in his own physical and spiritual rejuvenescence, he says to his own soul: "You are getting younger all the time. You make me think of an eagle which I saw yesterday, just after its molting season, swinging through the valley of Jehosaphat, and then circling around the head of Mount Olivet. Oh, my soul, thy youth is renewed like the eagle's."

Simple Habits and Longevity. Many might turn the years backward and get younger by changing their physical habits. The simpler life one leads the longer he lives. Thomas Parr of Shropshire, England, was a plain man and worked on a farm for a livelihood. At 120 years of age he was at his daily toil. He had lived under nine kings of England. When 152 years of age, he was heard of in London. The king desired to see him and ordered him to the palace, where he was so richly and royally treated that it destroyed his health, and he died at 153 years and 9 months of age. When Dr. Harvey, the discoverer of the circulation of the blood, made post mortem examination of Thomas Parr, he declared there were no signs of senile decay in the body. That man must have renewed his youth, like the eagle, again and again.

All occupations and professions have afforded illustrations of rejuvenescence. Hippocrates, the father of medicine, lived 109 years, and among those eminent in the medical profession who became septuagenarians and octogenarians and nonagenarians were Darwin, Gall, Boerhaave, Jenner and Ruych, observing themselves the laws of health that they taught their patients. In art and literature and science among those who lived into the eighties were Plato and Franklin and Carlyle and Goethe and Buffon and Halley. Sophocles reached the nineties.

Biblical Span of Life. Some one writes me, "Is not three-score and ten the bound of human life, according to the Bible?" My reply is that Moses, not David, who wrote that psalm, was giving a statistic of his own day. Through better understanding of the laws of health and advancement of medical science the statistics of longevity have mightily changed since the time of Moses, and the day is coming when a nonagenarian will no longer be a wonder. Phlebotomy shortened the life of whole generations, and the lancet that bled for everything is now rarely taken from the doctor's pocket. Dentistry has given power of healthy mastication to the human race and thus added greatly to the prolongation of life. Electric lights have improved human sight, which used to be strained by the dim tallow candle. The dire diseases which under other names did their fatal work and were considered almost incurable, now in majority of cases are conquered. Vaccination, which has saved millions of lives and balked the greatest scourge of nations, and surgery, which has advanced more than any other science, have done more than can be told for the prolongation of human life. The X-ray has turned the human body, which was opaque, into a lighted castle. It is easier in this age to renew one's youth than in any other age. When Paul stopped the jailer from suicide by commanding: "Do thyself no harm," he showed himself interested in the physical as well as moral life of man. Among the blessings which God promised was that in which he said: "With long life will I satisfy thee." And, with long life, I illustrate the possibility of palingenesis or rejuvenescence.

The Omnipotent King. I do not advise you to be indifferent to these great questions that pertain to church and state and nations, but not to fret about them. Realize that it is not an anarchy that has charge of affairs in this world, but a divine

government. At the head of this universe is a King whose eye is omniscience and whose arm is omnipotence, and whose heart is infinite love. His government is not going to be a failure. He cannot be defeated. Better trust him in the management of his world and of all worlds. All you and I have to do is to accomplish the work that is put in our hands. This is all we have to be responsible for. In a well-managed orchestra the players upon stringed and wind instruments do not watch each other. The cornetist does not look to see how the violinist is drawing his bow over the strings, nor does the flute scrutinize the drum. They all watch the baton of the leader. And we are all carrying our part, however insignificant it may be, in the great harmony of this world and of the universe which our Lord is leading, and we all have to watch his command and do our best and not bother ourselves about the success or failure of other performers. If you want to renew your youth, better stop managing the affairs of the universe.

Help for the Waifs. It will take all time and all eternity to fully appreciate the work of Van Meter on this side of the sea and of Barnardo on the other side in putting poor orphan children in good homes in America and England. Through that process waifs of the streets have passed up from poverty and wretchedness into bright homes and churches and pulpits and legislative halls and senates, and many have already been crowned in a better world, the work begun in asylums on earth completed in the palaces of heaven.

Whether by such adoption of children or in some other way, call around you the young. Become their associates, their confidants, their encouragement. While you do them good they will do you good. The old eagle while companionship in the nest with young eagles will feel new strength coming into its wings, new light into its eye, new ambition to cut a circle nearer the sun, and for the time will forget hurricanes that have ruffled its plumes and the storms of many years that have swept over its mountain eyrie. The closing years of life ought to be the best part of it, as an arrival in port ought to be happier than embarkation. It is better to have the cyclones behind you than before you. Some one will say: "David might renew his youth, but I have been through so much there is no such thing for me as revivification." You are wrong. You have not gone through as much as David went through. He had all the experiences of a shepherd boy, armor bearer, king's bodyguard, hunter of wild beasts, warrior and monarch. He was forty years on a rocking throne. He was the oriental hero in many a battle, made moral mistakes enough to destroy him, prostrated a giant with one stroke, was the father of Hebrew poetry and wrote poems which all the subsequent centuries have been chanting, dramatized elements to escape assassination, ran against Abithophel's betrayal and Saul's jealousy and Absalom's insurrection, and made Jerusalem the religious capital of the world. If after all that he could renew his youth you ought to be able to do the same.

State of Eternal Youth. My text suggests that heaven is an eternal youth. A cycle of years will not leave any mark upon the immortal nature. Eternity will not work upon the soul in heaven any change, unless it be more radiance and more wisdom and more rapture. A rolling on from glory to glory! In anticipation of that some of the happiest people on earth are aged Christians. The mightiest testimonies have been given by the veterans in the gospel army. While some of the aged have allowed themselves to become morose and cynical and impatient with youth and pessimistic about the world and have become possessed with the spirit of scold and fault finding and are fearful of being crowded out of their sphere many of the aged have been glad to step aside that others may have a chance and are hopeful about the world, expecting its redemption instead of its demolition, and they are inspiration and comfort and helpfulness to the household and to the neighborhood and to the church. The children hail the good old man as he comes down the road. His smile, his words, his manner, his whole life, make the world think better of religion.

Noah Webster, the greatest of lexicographers, departing this life at 85 years of age, exclaimed: "I know whom I have believed and am persuaded that he is able to keep that which I have committed to him against that day." The venerable Daniel Webster, the greatest of American lawyers and statesmen, in his last hours said: "I had intended to prepare a work for the press to bear my testimony to Christianity, but it is now too late. Still I would like to bear witness to the gospel before I die." Being too weak to hold a pen, he dictated to a scribe his words of triumphant faith.

Good Cheer Await Christians. Gibbons in his history says that Mohammed had a dream in which he thought that, mounted on the horse Borak, he ascended the seven heavens and approached within two bow shots of the throne and felt a cold that pierced him to the heart when his shoulder was touched by the hand of God. That might do for Mohammed's heaven, but not for a Christian's heaven. No cold hand put upon your shoulder there; no cold hand of repulse or doubt, but the warm hand of welcome, the warm hand of saintly communion, the warm hand of God.

I congratulate all Christians who are

in the eventide. Good cheer to all of you. Your best days are yet to come. You are yet to hear the best songs, see the grandest sights, take the most delightful journeys, form the most elevating friendships, and after ten thousand years of transport you will be no nearer the last rapture than when you were thrilled with the first.

Pleasures of Heaven. In heaven you will have what most pleases you. Archbishop Leighton's desire for heaven was a longing for Christ and purity and love, and he has found there what he wanted. John Foster rejoiced at the thought of heaven because there he could study the secrets of the universe without restraint, and he has been regaling himself in that research. Southey thought of heaven as a place where he would meet with the learned and the great—Chaucer and Dante and Shakespeare. He no doubt has found that style of communion. The great and good Dr. Dick was fond of mathematics, and he said he thought much of the time in heaven would be given to that study, and I have no doubt that since ascension he has made advancement in that science. The "twelve manner of fruits" spoken of in Revelation means all kinds of enjoyment in heaven, for twelve manner of fruits includes all the chief fruits that are grown on trees. I suppose there will be as many kinds of enjoyment in heaven as there will be inhabitants.

You will have in heaven just what you want. Are you tired? Then heaven will be rest. Are you passionately fond of sweet sounds? Then it will be music. Are you stirred by pictures? There will be all the colors of the new heavens and on the jasper sea and the walls imbedded with what splendors! Are you fond of great architecture? There you will find the temple of God and the Lamb and the uplifted thrones. Are you longing to get back to your loved ones who have ascended? Then it will be reunion. Are you a homebody? Then it will be home. Here and there in this world you will find some one who now lives where he was born, and three or four generations have dwelt in the same house, but most people have had several homes—the home of childhood, the home they built or rented for their early manhood, the home of riper and more prosperous years. But all homes put together, precious as they are in remembrance or from present occupancy, cannot equal the heavenly home in the house of many mansions. No sickness will ever come there, for it is promised "there shall be no more pain." No parting at the front door, no last look at faces never to be seen again, but home with God, home with each other, home forever. And that right after the molting season, when "thy youth is renewed like the eagle's."

Wings to hover free Over dawn's unperfumed sea; Wings beyond life to soar And beyond death forevermore.

IN EVENT OF WAR.

Kellogg's That Might Arise if England and France Should Fight. In the event of war between Great Britain and France the first and most important part of the struggle would be for the command of the sea, says the Nineteenth Century. Should Great Britain succeed in retaining the command of the sea France would thereby be reduced to a condition of impotence so far as offensive operations are concerned and would sooner or later be obliged to submit to the will of her rival, although it is true the war might last for a long time. If, on the other hand, France should succeed in wresting from Great Britain the command of the sea and in keeping it Great Britain would be much more helpless and impotent than France in similar plight would be that the war would terminate quickly. In a word, France, even without the command of the sea or anything approaching to it, remains capable of prolonged resistance, firstly, because she is a self-supporting country; secondly, because the French national sentiment and strength are already concentrated within her borders and, thirdly, because she stands among the best equipped of the military powers, while Great Britain, deprived of the command of the sea, would collapse with relative rapidity, firstly, because she is in no sense a self-supporting country; secondly, because her national sentiment and strength are scattered over the world and cannot be concentrated save by way of the sea, and, thirdly, because she is not a military power, according to the standard set up by Germany, France, Russia and Austria-Hungary.

Heroic Work by a Tramp. By the heroic act of a tramp two residents of Jefferson were saved from drowning in Rock river. Frank Williamson and his little daughter were crossing the river when the ice suddenly gave way, says the Chicago Inter-Ocean. A tramp who was walking on the railroad track a few hundred feet from where the accident took place pulled off his coat and plunged into the water after the struggling pair, who were fast losing consciousness. The heroic tramp was clad in overalls and a thin shirt when he made the plunge. He succeeded in holding the man and girl above water until boats were brought. John Buchta, who was close to the scene at the time, also worked energetically, and was drawn into the water by the struggling trio. After hard work on the part of the rescuers all were saved. A subscription was taken up for the tramp, and a complete outfit of clothing was purchased for him.

"Spheres of influence" embrace pretty much all that is worth appropriating of Africa, territorially six-sevenths of the continent.

THE WORLD'S BEST KNOWN TRAIN.

The Empire State Express—What It Does Daily and How It Does It. "There is only one train in the country that exceeds fifty miles an hour in speed for 100 miles run, and that is the Empire State Express."—Public Ledger, Philadelphia.

The Ledger might have added that this great train averages fifty-three and one-third miles per hour for the entire distance from New York to Buffalo, 440 miles, including four stops and twenty-eight slow-downs; that it does this each business day of the year. The attention which the Empire State Express has attracted in every country of the world has proved one of the greatest advertisements for American machinery and American methods that has ever been put forth, and that the New York Central and Hudson River Railroad Company is entitled to the thanks of not only the entire state of New York, but of every person in the United States from one end of the land to the other for placing before the world an object lesson without an equal.—From the Syracuse Post-Standard.

Manufacturing Signal Flags. One of the busiest industries in England just now is that of the manufacture of signal flags. On Jan. 1 next the mercantile marine will be obliged to adopt the revised system of the international code of flag signaling, and each vessel will need ten new flags. As England and her colonies have nearly 11,000 vessels in this category, a prodigious amount of preliminary work in bunting is made necessary.

Try Grain-O! Try Grain-O! Ask your Grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal aroma of Mocha or Java, but it is made from pure grains, and the most delicate stomach receives it without distress. If the price of coffee is 15c and 25c per package. Hold by all grocers.

Good Idea. Bobba—But, even if we could communicate with Mars, what would we ask the people there, anyway? Dobbs—Might ask them if they had seen Pat Crowe.—Baltimore American.

Coughing Leads to Consumption. Kemp's Balsam will stop the cough at once. Go to your druggist today and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once; delays are dangerous.

Not Hard to Suit. Executive—I would appoint your man, but he is too ignorant for the police force. Heeler—Den put him on de school board.—Moonshine.

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I will not affirm that women have no character; rather, they have a new one every day.—Heine.

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THANKFUL TO MRS. PINKHAM

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MRS. ANNIE THOMPSON

"I cannot say enough in regard to Lydia E. Pinkham's Vegetable Compound. It has done me more good than all the doctors. I have been troubled with female weakness in its worst form for about ten years. I had leucorrhoea and was so weak that I could not do my household work. I also had falling of the womb and inflammation of the womb and ovaries, and at menstrual periods I suffered terribly. At times my back would ache very hard. I could not lift anything or do any heavy work; was not able to stand on my feet long at a time. My husband spent hundreds of dollars for doctors but they did me no good. My husband's sister wrote what the Vegetable Compound had done for her, and wanted me to try it, but I did not think it would do me any good. After a time, I concluded to try it, and I can truly say it does all that is claimed for it. Ten bottles of the Vegetable Compound and seven packages of Sensitive Wash have made a new woman of me. I have had no more trouble since taking the fifth bottle. I weigh more than I have in years; can do all my own household work, sleep well, have a good appetite and now feel that life is worth living. I owe all to Lydia E. Pinkham's Vegetable Compound. I feel that it has saved my life and would not be without it for anything. I am always glad to recommend it to all my sex, for I know if they will follow Mrs. Pinkham's directions, they will be cured." Gratefully yours, MRS. ANNIE THOMPSON, South Hot Springs, Ark.

(ALL LETTERS ARE PUBLISHED BY SPECIAL PERMISSION.)

CHANGE OF LIFE. "I was taken sick five years ago with 'The Grippe,' and had a relapse and was given up by the doctor and my friends. Change of Life began to work on me. I showed very badly until a year ago, then my stomach and lungs got so bad, I suffered terribly; the blood went up in my lungs and stomach, and I vomited it up. I could not eat scarcely anything. I cannot tell what I suffered with my head. My husband got me a bottle of Lydia E. Pinkham's Vegetable Compound, and before I had taken half of it I began to improve, and to-day I am another woman. Mrs. Pinkham's medicine has saved my life. I cannot praise it enough." M. A. DENSON, Millport, N.Y.

\$5000 REWARD.—We have deposited with the National City Bank of Lynn, Mass., which will be paid to any person who can find the other location of the missing. LYDIA E. PINKHAM MEDICINE CO.

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