

TELLS OF A WONDERFUL CURE.

S. P. MacConnell Healed by Dr. Still, Founder of Osteopathy.

(From Council Bluffs Nonpareil.) S. P. MacConnell was injured in getting off a motor car about ten months ago. Since that time he has been a cripple, it being thought that his knee was permanently injured. He was treated here at Council Bluffs and spent two months in one of the leading Chicago hospitals, but failed to get any relief. Two weeks ago he went to Kirksville, Mo., to undergo treatment at the institution of Dr. Still. Sunday he returned home almost cured, being able to walk without crutches, which he had been using almost continuously for ten months.

Mr. MacConnell's recovery is almost miraculous, and the satisfaction he feels over his cure is only second to the gratitude he has toward Dr. Still. In speaking of his case Mr. MacConnell said: "My cure is only one of hundreds that Dr. Still is making. He is an old gentleman, 65 years old, and the founder of a new school of the healing art known as "osteopathy." The doctor has made a special study of the human body and in the United States. He uses no drugs, but cures by manipulation. No sooner did he see my injury than he pronounced it a partial dislocation of the hip. He at once set the limb, and in a day or two my crutches were useless. The score of doctors I consulted previous to this diagnosed my injury as of the knee, and you can judge my surprise when I found my hip was injured instead. Dr. Still has a large institution with 300 patients at present. He also has a college with 100 students where his advanced anatomical theories are taught."

Mr. MacConnell left yesterday for Kirksville again to take a further course of manipulation to restore the muscles of his limb, which were badly wasted from the disease of the member. Kirksville is located on the Washburn railroad, 265 miles from St. Louis, 186 miles from Kansas City, and 155 miles from Des Moines.

Sleep the Great Beautifier. Women who sleep a great deal and comfortably, who are addicted to cat naps and regard nine hours of wholesome rest as an absolute requisite to their physical well-being are the women who defy the fringing hand of time. These are the women whose eyes remain the brightest and checks the rosiest for the longest period after the bloom of youth has fled. No less notable a beauty than Diane de Poitiers, who retained her irresistible loveliness until her 70th year, recognized the value of sleep as a preventive of wrinkles. Indeed, so fearful was she of losing a moment of perfect rest that, mistrusting the beds of her friends, she carried her own with its splendid fittings on all her journeys.

In Effect May 19. Remember the new service on the Nickel Plate road goes into effect May 19th. Afternoon train will leave Chicago at 1:30 p. m., arrive Cleveland 11:30 p. m., Buffalo 6 o'clock a. m. Evening train will leave Chicago 9:29 p. m., arrive Cleveland 9:56 a. m., affording business men an excellent train service to those cities. Through routes between Chicago, New York and Boston without change. Superb dining cars. City ticket office, 111 Adams street. Telephone main 355.

Just Buzzing Around. A Kansas City real estate man had been trying to sell a suburban lot by all sorts of representations as to location, climate, view, soil, etc., and a friend listened with astonishment at the eloquent description of the beauty which "his untrained eye had failed to observe. "Say, what did you want to see to that fellow like that for?" he asked, after the prospective purchaser had departed. "Why, I didn't see to him." "Yes, you did. You told him that there wasn't a mosquito on the place, and I saw great swarms of them buzzing around when I was there." "Yes, but that's all they were doing—buzzing around. I forgot to tell him that it was so windy there that the mosquitoes couldn't make a landing."—Ex.



KNOWLEDGE

Brings comfort and improvement and tends to personal enjoyment when rightly used. The many, who live better than others and enjoy life more, with less expenditure, by more promptly adapting the world's best products to the needs of physical being, will attest the value to health of the pure liquid laxative principles embraced in the remedy, Syrup of Figs. Its excellence is due to its presenting in the form most acceptable and pleasant to the taste, the refreshing and truly beneficial properties of a perfect laxative; effectually cleansing the system, dispelling colds, headaches and fevers and permanently curing constipation. It has given satisfaction to millions and met with the approval of the medical profession, because it acts on the Kidneys, Liver and Bowels without weakening them and it is perfectly free from every objectionable substance. Syrup of Figs is for sale by all druggists in 50c and \$1 bottles, but it is manufactured by the California Fig Syrup Co. only, whose name is printed on every package, also the name, Syrup of Figs, and being well informed, you will not accept any substitute if offered.



BISMARCK IS ABSTEMIOUS.

Germany's Grand Old Man Is Compelled to Keep in "Condition."

"I am only allowed," says Prince Bismarck, "to drink three a day—quarter of an hour after each meal, and each time not more than half a bottle of red, sparkling Moselle of a very light and dry character. Burgundy and beer, both of which I am extremely fond of, are strictly forbidden to me; so are all the strong Rheinisch and Spanish wines, and even claret. For some years past I have been a total abstainer from all these generous liquors, much to the advantage of my health and my 'condition' in the sporting sense of the word. Fortunately I used to weigh over 17 stone. By observing this regimen I brought myself down to under 14, without any loss of strength—indeed, with gain. My normal weight now is 185 pounds. I am weighed once every day by my doctor's orders, and any excess of that figure, I am at once set to work to get rid of by exercise and special regimen. I ride a good deal, as well as walk. Cigar smoking I have given up altogether, of course under advice. It is debilitating and bad for the nerves. An inveterate smoker, such as I used to be, gets through 100,000 cigars in his life if he would live longer and feel better all the time if he did without them. Nowadays I am restricted to a long pipe, happily with a deep bowl, one after each meal, and I smoke nothing in it but Dutch Kaater tobacco, which is light, mild and soothing. You will see presently the pipe comes in with the pint of red Moselle. It will be a whole bottle today, and you must help me out with it. Water makes me fat, so I must not drink it. However, the present arrangements suit me very well."

SWISS WATCHES

How Boys are Instructed in the Methods of Manufacture.

The famous Swiss watch schools are said to be the most exacting institutions in the world. Their methods, which are doubtless the secret of their success, will be found very curious and interesting. In one of the most celebrated of these institutions in Geneva, for example, a boy must first of all be at least 14 years of age in order to enter. After being admitted, the student is first introduced to a wood-turning lathe, and put to work at turning tool handles. This exercise lasts for several weeks, according to the beginner's aptitude. This is followed by exercises in filing and shaping screw drivers and small tools. In this way he learns to make for himself a fairly complete set of tools. He next undertakes to make a large wooden pattern of a watch frame perhaps a foot in diameter, and after learning how this frame is to be shaped, he is given a ready-cut one of brass of the ordinary size, in which he is taught to drill holes for the wheels and screws. Through-out this instruction the master stands over the pupil directing him with the greatest care. The pupil is next taught to finish the frame, so that it will be ready to receive the wheels. He is then instructed to make fine tools and to become expert in handling them. This completes the instruction in the first room, and the young watch-maker next passes to the department where he is taught to fit the stem-winding parts and to do the cutting and filing by hand. Later on he learns to make the more complex watches which will strike the hour, minutes, etc., and the other delicate mechanisms for which the Swiss are famous.

FLIRTED WITH SANDOW'S WIFE.

Way in Which the Man of Strength Finished a Masher.

Sandow the man of muscle, had quite an odd adventure in a street car the other day. He was accompanied by his pretty wife, nee Blanche Brooke, of Manchester, England. A professional "masher" with a dyed mustache and extremely fashionable clothes began a violent flirtation with Mrs. Sandow, giving her most impudently. Sandow, the fellow have his way for a time. Then he stepped up to him, grasped him violently by the hand, and greeted him cordially. "Let me introduce you to my wife," he said, smiling at the man, who was now pale from the pain inflicted by the iron grip of the athlete. She will surely be glad to know you." The masher speedily realized that he had made one more mistake and beat an unlabeled retreat. Sandow is very proud of this episode. —New York World.

Insane from a Peculiar Cause.

Joseph Dennison, who for several years has taken care of Byron McClelland's breeding stock at Lexington, Ky., has become violently insane. His insanity was caused by the accident to McClelland's valuable yearling colt by Longfellow dam Sallie McClelland. The colt broke its left hind leg and had to be shot. Dennison became imbued with the idea that he was to blame for the loss of the colt, and has thought and talked about nothing else since the accident. He went into town and acted so queerly that he was locked up and will be sent to the asylum.

Rapid Rail-Rolling.

"A record for rapid rail-rolling," says the Engineering and Mining Journal, "was made by the south works of the Lackawanna Iron and Steel company at Scranton for the week ending March 9. The converting mill made 6,042 tons of ingots in eleven turns and the south rail mill rolling 5,201 tons of finished rail."

Wonderful in London.

Placed end to end in a continuous line the streets of London would extend from the Mansion house across the entire continent of Europe and beyond the Ural mountains into Asia.

GLASS OF FASHION.

WHAT THE WOMEN MAY AND MAY NOT WEAR.

Hats Are Becoming Bigger Than Ever Before—The Shirt Waist Craze Is One—Economical Styles—Fashion and Fancy—Notes of Modes.



LAST YEAR IT was fur that was to have fashionable summer use, and the coming warm weather promises to be a season for velvet hats. It is all because woman has looked too adorable all winter in her velvet picture-hat to give it up just because the season has changed. She will trim the velvet now with lace and gauze, but she will have drooping black plumes all the same, even if she admits a lot of gaily colored straw into the general makeup. The example of this odd sort of combination that is shown here certainly commends itself, as far as appearances go. Of coarsely braided pale green straw, its low crown is covered with a full-puffed drapery of mordore velvet shirred several times at the lower edge. It is dotted in front with fancy buttons, and the brim is taken up in back with a small bunch of roses and a few green loops. Two showy ostrich plumes are placed on the right side toward the back. If desired the brim can be faced with mordore chiffon or edged with narrow velvet.

In general, lats are bigger than ever, and their plumes flaunt even more jauntily than in the month just past. Black hats are quite the thing, no matter what the tone of the dress, and when trimmed with gray wings and white-mull are to be accepted wear with wash dresses. Though flowers have been general on winter hats, it is better not to put any on the spring hat. Let the flowers come as a brand new and fresh sensation on the summer headgear.

Now that dust flies and the sun is getting warmer veils are in great force.



Black, brown and white are the only wear. The general weave is a delicate mesh set with soft dots. Unless a veil is faultlessly crisp it is unbecoming, and that means that one can be worn but a few times.

New Model for Sleeves.

Sleeves are as large as ever, and some authorities say are still spreading. A new model has a trimming of gauze set from wrist to elbow on a long-mutton sleeve. The gauze meets at the cuff and spreads as the sleeve widens; the upper ends of the strips are either turned in to form points or the ends are doubled over and make a loop, which is left loose for about an inch and a half. The sleeves of summer dresses will be trimmed in this same fashion with ribbons about half to three-quarters of an inch wide. Although a great deal of summer sewing is already under way, the demand for velvet would suggest autumn rather than spring.

Beginning Early.

The shirt-waist craze is beginning early this year. They are already on the bargain counter and can be had for any price, from 48 cents to \$2.50. The cheapest ones are not at all pretty and the far-seeing woman never buys them. A shirt-waist which is made of good material keeps its shape and color long enough to outlast three waists of inferior quality. The new ones come in plain blues and pinks and in checked black and white, green and white, etc. Stripes are seldom seen in this line of goods.

A few of the new waists are trimmed—some with collars of a different shade, others with embroidery of some kind. Some have collars and cuffs that can be removed and laundered without considering the whole garment to a wetting and a starching that only the collars and cuffs require. The light yellows and buffs are favorite shades and these have white collars. Nearly all the shirt-waists are made with the plait down the front, which is

ornamented with pearl or gold buttons, according to the wearer's fancy. This fancy for a box plait on the front of a waist is carried into the realm of silks and cloth, as the above silk waist would indicate. It has also a plait down each side of the front and all are ornamented with tiny buttons placed very close together.

A Trick that Can Conceal or Emphasize

There is a craze just now for the use of folded ivory lace, any gown for all occasions being enriched by a fall of such lace set on the shoulder at the bust line, but not over it. All sorts of modifications of the trick of so outlining the figure are indulged in. Lace or satin is often attached at the under arm seam, around the armhole in front and to the tip of the shoulder seam, the whole falling forward in a cascade effect, which veils and at the same time emphasizes the curve of the figure from hip to beneath the arm. According to the adjustment of such drapery the figure takes on fullness, or its fullness is disguised, while in either case the gown is enriched.

Plaits All the Rage.

Plaits are one of the new fads; whether in wool, silk or velvet, the demand seems to be increasing. A handsome costume recently made to order is of puffy-colored broadcloth and black velvet. The skirt is of velvet, a broad-cloth front covered with cut-out velvet embroidered in jet. The bodice is of velvet with lapels and cuffs of cloth and cut-work. With this cape there is a rather deep velvet cape with two collars—a large one of cloth and opening, the other of velvet, both being elaborately trimmed with jet. A ruche of ribbon, closely plaited, finishes the neck, and there are very long ribbon ends and loops falling almost to the hem of the skirt.

Economical Fashions.

There are a few people who cling to the close-fitting bodice, despite the popularity of the ubiquitous blouse. This is usually among those who are possessed of pretty figures, graceful lines they dislike to conceal. A basque is out of the question for everybody, but a compromise is sometimes effected by making the bodice tight fitting and putting the skirt over

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Romance of the Dowager Empress of China

The dowager empress of China has had a romantic history. She was an extremely beautiful girl, the daughter of poor parents who lived in the suburbs of Canton. When the family was starving she, knowing her commercial value, persuaded her parents to sell her as a slave. She was purchased by a renowned general who, delighted with her beauty, disposition and general cleverness, adopted and educated her as his daughter. When, later, the general was summoned to Peking he could think of no finer gift to offer his sovereign than his daughter. The emperor found her so charming that he made her his wife. When her husband died, in 1861, this slave-empress became regent, the present emperor being only 7 years old. She found China crippled by debt and torn by internal rebellions, yet five years ago, when she handed over the governing power to her son, peace and prosperity reigned throughout the vast empire.

French Africa comprises a territory of nearly three million square miles, about the size of the United States.

If the Baby is Cutting Teeth. Be sure and use that old and well-tried remedy, MAN WASH'S SCOTCH WHISKY FOR CHILDREN TEETHING.

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CONSUMPTION

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