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Health and Lifestyle

News

Some Kids Have Spent Almost A Third of Their Life Under Lockdown And It's Impacting Their Mental Health



By **Jennifer Walker** April 16, 2021



Blake watches his friends play through the kitchen window. Courtesy - Jenny Lacroix

KAWARTHA LAKES – Four year old Blake Lacroix has spent two of his four birthday's under lockdown. His parents say he has lost his confidence, his friends and any sense of normalcy.

For his fourth birthday, Blake wished for nothing extraordinary but a simple game of bowling with his friends. His mom, Jenny Lacroix was heartbroken to tell him that this wish was not a possibility.