



NEWS

Mental health of paramedics impacted by COVID-19 pandemic says Kawartha Lakes chief

Compassion fatigue is just one of many examples of how the virus has negatively effected the mental health of paramedics across the province.

By [Marissa Lentz](#) Kawartha Lakes This Week

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The COVID-19 pandemic has put a strain on the mental health of paramedics province wide, according to Randy Mellow, chief of Kawartha Lakes Paramedics.

While every individual has experienced increased stress as a result of the pandemic due to isolation, loss of traditional sources of support, lack of socialization with