

also make the most of the changes handed down by the pandemic and find their own inner “creator.”

“I hope what I’ve done will inspire others. It’s just one way to get your brain ticking.”

Anyone wishing to reach Emily can find her through Instagram [@chick_inthekitchen](#) or email chickinthekitchen2020@gmail.com.

Catherine Whitnall is a reporter with MyKawartha. She can be reached at cwhitnall@mykawartha.com. Follow her on [Twitter](#) and MyKawartha on [Facebook](#)

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