

THE LINDSAY ADVOCATE

KAWARTHA LAKES' FINEST MAGAZINE

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Kawartha Care offers more services, hours in 2021

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Kawartha Care wellness centre is making it easier for clients to obtain help amidst the pandemic, improving their services and offerings for 2021.

Dr. Manju Asdhir, chiropractor and clinic owner, said Kawartha Care is “really focusing on having services accessible to anyone and anywhere.”

“This means more tele-health appointments available in the comfort and safety of your home,” she said, including naturopathic medicine, sessions with psychologists and counsellors, postpartum rehabilitation classes, physiotherapy and more.

“We want to make it easy and comfortable and

still have patients be able to receive the care they need without having to worry about COVID,” Asdhir said.

Kawartha Care has also extended its hours and is now open 8 a.m. to 7 p.m. on weekdays and 9 a.m. to 1 p.m. on Saturdays. Services available in person include chiropractic, massage therapy, physiotherapy, foot care and reflexology. Direct billing is always available to patients, and the clinic also offers online booking and contactless payment options.

The Kawartha Care team. Photo: Sienna Frost.

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