hopefully optimistic that the area will not advance to the more severe levels but pointed out a large part of this will rest with the public.

"This is the time for us to consider what we can do to protect ourselves and others. . . Think about what you are doing," said Noseworthy, affirming the basics of wearing a mask, hand washing, sanitizing and physical distancing are more important than ever. "And don't go out if you feel ill."

With the growing numbers of cases and outbreaks, the health unit is moving into surge levels for staffing. This means individuals who normally delivered health unit programming will focus on pandemic response.

## Headlines newsletter

Top stories delivered to your inbox.

Sign Up

**Catherine Whitnall** is a reporter with MyKawartha. She can be reached at cwhitnall@mykawartha.com. Follow her on Twitter and MyKawartha on Facebook

Tags: Hyper Local, Human Interest, News

REPORT AN JOURNALISTIC ABOUT US ERROR STANDARDS

## You might be interested in

3 of 7 12/4/2020, 9:28 AM