

# THE LINDSAY ADVOCATE

KAWARTHA LAKES' FINEST MAGAZINE

WINNER - NEW BUSINESS OF THE YEAR



---

## Uncertain times spurs Gamiing Nature Centre to extend outdoor program into 2021

*Published on November 28, 2020 — in Education/Environment/Events — by Lindsay  
Advocate*

---

While parents are struggling to manage the risks of COVID-19, Gamiing Nature Centre, in partnership with The Forest Farm, offers parents an alternative; 200 acres for children to explore while providing them with an opportunity to be active, learn and be immersed in the great outdoors.

Outdoor education and play support emotional, behavioural and intellectual development. Studies have shown that students who learn outdoors develop: a sense of self, independence, confidence, creativity, decision-making and problem-solving skills, empathy towards others, motor skills, self-discipline and initiative.

Operating since early October, the weekly nature school has been successful thus far. Irrespective of the weather conditions students explore, cultivate vegetables, do archery, reflect on self care in nature and learn plant identification to name a few.

The program changes with the seasons, focusing on the opportunities each has to offer. Participants become stewards of our water, land and air, leading towards sustainable ecosystems for future generations.

Robin Uprichard insists the Outdoor School is the highlight of her child's week. "This year we enrolled our child in Gamiing Forest School," she shares. "Being a learn at home student, we try to encourage as much outside time as possible in our family. The students learn many valuable life skills in a more natural environment and each week come back refreshed from their time at Gamiing. It is the highlight of our child's week to get out to Gamiing."

Uprichard adds that "Boriana has been an excellent teacher and we love hearing each week about what the children have learned that day. She is passionate about permaculture and learning about our natural environment."

Our reality is that COVID-19 necessitates social distancing. High-density, confined, indoor settings are associated with a higher risk of transmission. Given these conditions, the answer seems clear;

activities are safer if they are held in outdoor spaces.

The next program runs from Jan. 8, to Mar. 12. between 9 a.m. and 3 p.m. weekly. The cost for the 11 sessions is \$545.

For more information [click here](#) or contact Boriana Karan, instructor, at 416-722-7262.



The most magical season of the year is ahead of us and **Gaming Nature Centre and The Forest Farm** are partnering again to host the Winter Session of the Outdoor School 2021. One day weekly our participants are immersed in Nature, as their main source of inspiration for experiential and inquiry based learning. The program is designed to address the holistic approach in learning: body, heart and mind. Through activities that inspire movement, body awareness, observation and team work our young participants learn to connect knowledge in a deeper and long lasting way. During this session we will be building snow forts, play and create white games, observe wild life and its ability to adapt and survive, forage, make fires, use different tools to practice fine motor skills and enjoy crafting with natural materials.

**Winter Session 2021 starts Jan 8 and ends Mar 12/2021, 900 am to 300 pm**  
**Price: \$545**

We apply the latest Covid-19 protocols, based on consultations with the Halliburton Pine Ridge Health Unit

OUTDOOR NATURE SCHOOL POSTER JANUARY 2021

FACEBOOK

TWITTER

GOOGLE

PINTEREST

LINKEDIN

LINDSAY ADVOCATE LATEST POSTS



LEAVE A REPLY

COMMENT