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## Flu shot won't stop COVID-19, but it reduces the risk of getting both Fewer people going to the doctor or hospital for influenza frees up needed resources in the fight against the pandemic

News 03:00 AM by [Catherine Whitnall \(/northumberlandcounty-author/catherine-whitnall/1E0E6AE6-EB40-4A3C-A4A9-CC957BF70779/\)](#)   
(<mailto:cwhitnall@mykawartha.com>) Kawartha Lakes This Week



*While they share some common symptoms, the viruses that cause influenza and COVID-19 are very different and distinct. That just makes it even more important to get a flu shot*