



## 4. Meeting the needs of transportation, shopping and more



Barb Mildon, CEO, Community Care City of Kawartha Lakes (<https://www.ccckl.ca/>) says, "Many of our programs successfully evolved from in-person services to virtual groups, including social wellness and grief support. We maintained primary care services through a combination of virtual and in-person visits. This included essential medical transportation to ensure individuals safely got to their dialysis, cancer care treatments and offered new services to assist isolated seniors and

others including grocery shopping and in-home respite. **Demand for our Meals on Wheels** (<https://www.ccckl.ca/services/nutrition/hot-meal-delivery/>) **program has grown by over 25% during the pandemic."**