



# Hygienically Cooked Meats

The doctor orders meat broiled for his patients—he wants it hygienically cooked in pure oxygen, with all the nourishing juices and the sweet tasty flavor retained. Meat roasted in a

## SOUVENIR RANGE

comes out of the oven in exactly the same condition as it broiled. The Souvenir's Aerated Oven causes meat therein to be constantly surrounded by fresh oxygen, and really roasts it. Most ovens only bake meat.



Every Souvenir is absolutely guaranteed by the makers.  
The GURNEY-TILDEN CO. Limited  
HAMILTON, WINNIPEG, MONTREAL, VANCOUVER 483

### BOXALL & MATTHIE, AGENTS

### GREAT DISCOVERY OF IRON

TEN MILLION ACRE ORE BED LOCATED NEAR PORT ARTHUR.

Development Work in Progress—Steel Co. Holdings Equalled.  
Toronto, Nov. 23.—The discovery of one of the most remarkable hematite deposits in the Northwest, containing, according to a conservative estimate, some 200,000,000 tons of high-grade iron ore, is announced from Port Arthur. This deposit lies about 20 miles to the eastward of Port Arthur, the area averaging about three miles in width and six miles in length, and comes within 5,000 feet of the lake. It lies in sheet formations, much of it without covering, and all of it can be quarried, no underground work being required. Nearly 100 test pits have been sunk over the property, which amounts to nearly 10,000,000 acres, and tests have shown a thickness of stratified vein running from 8 to 25 feet, and some of the deeper pits do not even penetrate through the ore.

There are many places on the property, it is said, where a high-grade Bessemer blue hematite is exposed for acres, and with the exception of tray dikes, which penetrate through the strata in places, there seems to be no place where the ore does not show up within a few feet of the surface.

This discovery is believed to be the largest body of accessible high-grade ore outside of the holdings of the United States Steel Corporation, and is the only large body of high-grade Bessemer hematite in Canada.  
Development work is now in progress and plans are being laid for the building of an ore dock at Port Arthur, to be ready for operation on May 1, 1907. The ore will be quarried out of the face and carried to a crusher by aerial cable. From the crusher a light railway will convey the ore to the chute on the dock, whence it will be delivered directly to the vessel alongside. The plant is being designed with a capacity of 3,000 tons a day of 10 hours, and with loading capacity of 4,000 tons every 24 hours, which will mean that a vessel will remain at the dock only one day.

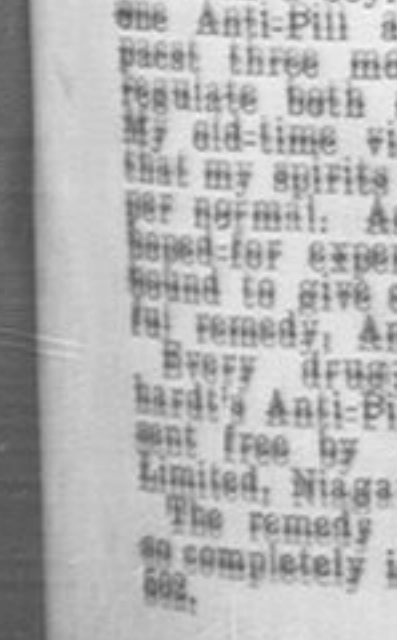
**A Double Promotion.**  
We are in a position to announce that Mr. Montzambert, manager of the Bank of Montreal here for some years, has been promoted to the charge of the branch in the adjoining city of Peterboro, and that the two branches here will be amalgamated and placed in charge of Mr. H. J. Lytle, the present manager of the Kent-st. branch.

### A TORONTO MAN TRIES

Something New and is Delighted—Feels Like a Boy.

Mr. M. N. Dafeo, Manager The Dustless Brush Co., 29 Colborne St., Toronto, is telling his friends how he found health after years of illness and pain. He says:  
"I have been a great sufferer from Dyspepsia for many years. I have been treated by local doctors and have taken numerous remedies with only temporary relief, if any at all, but since using Anti-Pill I can eat anything the same as when a boy. I have been taking one Anti-Pill at bed time for the past three months, and find they regulate both stomach and bowels. My mid-time vigor has returned, so that my spirits are buoyant and temper normal. As a result of this unexpected experience I am in duty bound to give credit to this wonderful remedy, Anti-Pill."

Every druggist sells Dr. Leonard's Anti-Pill, or sample will be sent free by The Wilson-Pfle Co., Limited, Niagara Falls, Ont.  
The remedy that cured Mr. Dafeo is completely and surely worth a trial.



### LINDSAY IN THE EARLY SEVENTIES.

Interesting Extracts From Old Files of The Weekly Post.

March 9th, 1877.—There was recently cut on the farm of Mr. R. Dark, Ops, a monster pine. It was four feet through at the butt. It was cut into thirteen standard logs and three cords of shingle bolts.

Ingle & Co's door and sash factory commenced active operation last week.

March 15.—The following is the attendance at our school for February: High School, total 49, average 45; public schools, total 699; average 531.

Mr. Faucher has taken up his abode at the Point and has a gang of men making extensive improvements on the hotel at that place.

On Wednesday morning last a very sad case of drowning occurred at the Cross Creeks, whereby Miss A. Hooihlan and Mr. J. Miller lost their lives. They were crossing the river at that point when they were seen to break through the ice. Before assistance could reach them, they had sank.

A very successful masquerade carnival was held at this time. Among those present we note: E. Crandell, J. M. Lennon, W. A. Goodwin, Chas. Jewett, J. G. Lang, S. Britton, Dr. Burrows, J. Lennon, W. Sadler, and H. Wellor.

March 23.—On Monday last, Emily made a grant of \$75 towards the erection of a building for the Agricultural Park.

Mr. Geo. Arnott, a member of the fire brigade, died suddenly.

The rooms over W. Watson's store on the corner of Kent and William-st., are being fitted up for the use of the Liberal Club.

**CATARH CAN NOT BE CURED**  
WITH LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. It is composed of the best medicines known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients what produces such wonderful results in curing Catarrh. Send for testimonials free in writing. F. J. CHENEY, & CO., Props., Toledo, O. Sold by druggists, price 75c. Take Hall's Family Pills for constipation.

### HARVEY MAN THE AGGRESSOR.

Assaulted a Peterboro Man Staying With Ennismore Friends.

Peterboro Examiner: Dennis Daly, a well known local man, was badly injured last week as a result of an attack upon him by someone unknown. He was employed by Mr. Twomey, of Ennismore, and one night last week, while the latter was out of the house, Daly was assaulted and badly beaten. He stated that the attack was made upon by Fred Pluard, who lives in Harvey, and the latter has been arrested by High County Constable Cochrane, on the charge of assault. A rumor had been spread around the city that Mr. Daly was dead, as a result of the assault, but, fortunately, the report is not true, although he was in a pretty serious condition. It appears that Daly was engaged about two weeks ago by Mr. Twomey, who came to Peterboro for him and drove him out. In the evening Mr. Twomey left Daly in the house, while he went out to the stable and returned found that the unfortunate man had been brutally assaulted. Daly states that two men, one of whom was Pluard and the other a stranger entered the house and attacked him fiercely.

### Lindsay Federal Business College.

Winter term begins January 2nd, 1907. All students registering during this month, to begin a business course at this institute for January 2nd, will be entitled to a reduction card of \$5. Write or call for it—wz23.

### What Was Troubling Him.

An Irish larist was driving an English tourist around Dublin, and on stopping for refreshment the tourist remarked to Pat how lean his horse was. Going up to the horse's head the tourist examined its mouth, and turning with the air of a man who knew something he said: "I'm afraid the want of flesh in your horse is due to the large bit you have in its mouth."  
Pat looked sorrowfully at him as he replied: "Shure, yer honor. I won't argue wid ye, but I'm after thinking it's the small bit that he has in his stomach that's troublin' the poor bast."

**Whooping Cough, Croup, Bronchitis Cough, Grip, Asthma, Diphtheria**  
Gresolene is a boon to Asthmatics  
Does not seem more effective to breathe in a remedy to cure disease of the breathing organs than to take the remedy into the stomach. It enters because the air rendered sterile and aseptic, is carried over the diseased tract, every breath giving prolonged and constant relief. It is invaluable to mothers with small children.

**Vapo-Gresolene**  
Established 1879  
Whooping Cough, Croup, Bronchitis Cough, Grip, Asthma, Diphtheria  
Gresolene is a boon to Asthmatics  
Does not seem more effective to breathe in a remedy to cure disease of the breathing organs than to take the remedy into the stomach. It enters because the air rendered sterile and aseptic, is carried over the diseased tract, every breath giving prolonged and constant relief. It is invaluable to mothers with small children.  
Send postal for booklet. L. LEASONS, Mfrs. Co., Limited, Agents, Montreal, Canada. 397



**A Surprise in Biscuits**  
Every box of Mooney's Perfection Cream Sodas you open—you will find a new delight in these dainty biscuits.  
When you want to surprise yourself, give your appetite a treat with  
**Mooney's Perfection Cream Sodas**

### ADVICE ON CARE OF TEETH.

#### THOUGHTFUL PAPER ON THIS IMPORTANT MATTER.

Some Instructions Which Everyone Would do Well to Read.

An interesting paper was read recently by Dr. Gowen, at a meeting of the Woman's Institute in Simcoe County. It was published in the Dominion Dental Journal, and contains so much good advice that its publication is thought desirable.  
Dr. Gowen said: Decay of the teeth will not occur if they are kept entirely clean. Therefore, the first thing necessary in the care of teeth is cleanliness. Eat food that requires vigorous chewing, and clean the spaces between the teeth with a good toothpick after every meal. Use tooth brush and clean water at least once a day, or as often as you wash your face. Preferably, the brush and water should be used after every meal.  
Hold the brush lightly between thumb and tips of first and second fingers, to allow a rapid yet gentle action of the bristles upon all surfaces of the teeth and to prevent injury to the gums and delicate lining of the mouth. Learn so to use the brush that it will clean all the surfaces of the teeth—upper and lower—inner as well as outer sides, and the spaces between. Use a large bowl of water, or better, a stratum as from a tap, holding your face close over it; keep the brush as wet as you can by frequent dipping, and allow the excess of water to run out of the mouth while brushing. Rinse with a glass of water to finish.  
Frequently examine your teeth in a small looking-glass. Get acquainted with them. And once a year, if you are under thirty, have them examined by a dentist. Children's teeth should be examined often. At the age of three years, a child has twenty temporary teeth. About the sixth year permanent teeth appear. The first permanent grade appear behind the temporary ones several years before the latter are lost. This occurs generally between the age of six and seven years, and from that time until the age of twelve the child will have twenty-four teeth. During this period the mouth undergoes the greatest changes and should be frequently examined. Parents often do not know that a child has permanent graders at this time, and so neglect to have them attended to until toothache begins. In this case serious trouble and loss of teeth may follow.  
If when they begin to decay, the teeth are repaired by filling, the pain, time and expense of the operation will be much less than if left until the cavities are large and, besides, the child will generally submit to it willingly, whereas if delayed until disease and pain come, the extraction of a tooth, the dental operation, and this may delay further attempts to save his decaying teeth.  
Allow no one but a qualified dentist to extract or otherwise interfere with the teeth of a child, for no one else is competent to judge what ought to be done. Far-reaching injury may result from the ill-advised extraction of a child's tooth. As what nature the child, or the man who cannot do, refer to the man whose special knowledge enables him to see and to do what is best, and to instruct the child in how to clean and examine his own teeth as well.

**Free Treatment for Sick Kidneys**  
WRITE FOR GIN PILLS

If you have suffered for years with kidney trouble—if you know your kidneys are sick, but have not been able to find anything that will help you—if you suspect that you have kidney or if you suspect that you have kidney trouble, write for a sample of GIN PILLS, the pills that cure. We don't want you to spend a single penny, or promise to spend any. Simply take the box of pills which we send you free of charge. We leave it to you whether or not you will take any more after the sample box is gone.

**Ontario Provincial Winter Fair \$3.55 to QUELPH AND RETURN**  
Tickets good going Dec. 8th to 14th inclusive valid to return until Dec. 17th. Pullman sleeper for Ottawa leaves Toronto daily 10.15 p.m.  
For tickets and full information call on W. R. WIDDERS, Town Agent, B. G. Mc RA, Depot Ticket Agent, J. D. M. DONALD, District Passenger Agent, for \$3.50.

**Grand Trunk Railway System**  
The Mineral Springs of St. Catharines, Mount Clemens and Preston

**W. H. JACKSON, Organist and Choir-Master**  
Cambridge-st. Methodist Church.  
Studio over Britton's store—Entrance on Ridout-st.

Hours for consultation between 10 and 11 a.m., and 2 and 4 p.m. Specialties—Voice Culture, Organ, Piano, Singing Instruments and Theory. Voices tested free—advl.

**Cook's Cotton Root Compound**  
The great Uterine Tonic, and only one of its kind, which regulates the system, and which women need. Sold in three degrees of strength—No. 1, 2 and 3. 10 to 15 drops three times a day, for special cases, 15 to 25 drops on regular occasions. Address: Cook's Compound Co., Toronto, Ont. (formerly in London, Eng.)

**WHOLE DRUG CO., WINNIPEG, MAN.**

And loss. On the other hand, such work, badly done for lack of knowledge, skill, or honesty, is worse than useless, for it destroys people's confidence in filling operations, and leads to loss of teeth in whole families. The quality and value of a dental operation depend on the knowledge, skill and honesty of the man who performs it. By all means preserve the natural teeth. They are essential to health, beauty, convenience, and pleasure. If this advice is too late for you see that your children have the benefit of it, and, for them, never contemplate a tooth which is already gone have no other remedy. For this great skill must be used to make artificial teeth satisfactory, and even then they are almost as far short of perfection as are glass eyes and wooden legs.  
In this kind of professional service there may be vast differences between the work of one man and another, so do not think you can buy a set of teeth as you do a pair of shoes, not caring who makes them. You will be the sufferer if you try it. Always keep artificial teeth clean. Use brush and water on them every day and do not wear them at night. Your mouth needs to be rid of the plate at night as your feet need to be rid of shoes.  
In consulting a dentist, remember always that his judgment and advice as to what you are no better prepared to dictate to a dentist than you are to a lawyer, or a physician. If you have no confidence in his knowledge of dentistry, go to some one else.  
If practicing properly, a dentist has no goods to sell, no "prices" to quote, and nothing to advertise. His business is to render professional service by means of special knowledge and skill for his patient's welfare. For this he collects a fee proportioned to extent of difficulty, importance, etc., of the service rendered. He instructs his patients so far as possible in means to prevent suffering, and to take a general, reliable view of human weakness and a sympathetic interest in relieving pain.  
The teeth are the most prominent feature of the human face. No scale so long a story in so short a time. The story is pointed as to the education, cleanliness, intelligence, good sense, taste, style, social position, and general character of the person whose teeth you see. And you need to be a dentist to read it.

**LICENSE COMMISSIONERS MEET.**  
Changes Authorized in Management of Two Town Hotels.  
A meeting of the License Commissioners was held in Inspector Thornbury's office, Cambridge-st., Saturday afternoon, for the purpose of considering the transferring of a couple of licenses. The Commissioners present were, Messrs. Robt. Bryans, chairman, and J. Fleury, Lindsay, and Wm. Coad, Lorneville, and Inspector Thornbury.  
Mr. Thos. H. Gabriel, of King & Gabriel, proprietors of the Benson house, is retiring, and it was agreed to transfer the license to Mr. O. R. Alguier, of Brantford, so that the future proprietors will be Messrs. King & Alguier.  
The proprietorship of the Grand Union hotel has also changed hands, the license being transferred from Mr. Geo. Moore to Mr. Benjamin Carscadden.

**A New Scheme.**  
Edward Meeker, a farmer of New Providence, R. I., and his son, were asleep when a loud knocking woke them. A stranger stood at the door. "What do you want around here at this time of night, wakin' everybody up asked Meeker.  
"I'm sorry to disturb you," responded the man, "but I was driving from up the country to market with a nice fat hog, and as I was passing your house he jumped out of the wagon and ran toward your barn. I didn't know what you might do if you saw me running out there, and besides, I can't catch the hog alone. Can't you give me a hand?"  
Farmer Meeker called his son, and the three caught the hog after chasing it for half an hour. It weighed 300 pounds and was hoisted into the wagon after a struggle. The stranger thanked the Meekers and drove off.  
"I'll bet that hog is almost as big as our'n," said the son to his father as they went upstairs to bed. In the morning young Meeker ran into his father's room.  
"Oh, pop," he exclaimed, "the hog's gone! That fellow stole our pig and he made us help catch it."  
"Well, by hen!" said Farmer Meeker.

**Indispensable in Winter.**  
There's a need in every home for  
**GRAY'S SYRUP OF RED SPRUCE GUM**  
A few doses, at the first sign of a cold, will allay all throat irritation—take away hoarseness—check the inflammation—strengthen the lungs—ward off the cough.  
All the healing, soothing, curative properties of Canadian Spruce Gum—combined with aromatics. Pleasant to take. 25 cts. bottle.

**Seasonable Specials**  
"Thistle" Brand Raisins and Currants  
This brand stands for special fancy quality. If you want the best for your holiday baking, be sure you use this brand.

**Candied and Drained Peels**  
We have imported these direct from England. They are prepared from the finest selected whole fruits, not from fruit skins from which the essential oil has been extracted.  
Orange, Lemon, Citron.

**Teas and Coffees**  
We devote particular attention to these lines. As we import direct from the growers for spot cash our values are unequalled.  
Black, Japan or Mixed 25c lb. English Breakfast ..... 50c lb. Extra quality blends 60c, 70c Also other grades at all prices.

**Quality Always the Best. Prices Always the Lowest.**  
**A. L. Campbell**  
Grocery Dept. Doheny Block. Kent-st. Phone No. 10.

**THE ATTENDANCE AT THE Peterborough Business College**  
has increased every year under the present management.  
**No Better Proof**  
could be given of the satisfactory work that is being done for its students  
**Attend a Reliable School**  
Patronize a school that is known for its thorough work and is situated in Peterboro, one of the leading manufacturing cities of Canada, where stenographers are constantly in demand. Write for particulars.  
**WM. PRINGLE,** Principal.  
Peterboro, Ontario.

**HOLIDAY GROCERY NEEDS**  
Don't buy before you have priced our very superior lines. Too busy to name them now--Come in.

**SPRATT & KILLEN**  
THE FAMILY GROCERS.

**W. H. JACKSON, Organist and Choir-Master**  
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