



A prominent Southern lady, Mrs. Blanchard, of Nashville, Tenn., tells how she was cured of backache, dizziness, painful and irregular periods by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—Gratitude compels me to acknowledge the great benefit of your Vegetable Compound. I have suffered for four years with irregular and painful menstruation, also dizziness, pains in the back and lower limbs, and fitful sleep. I dreaded the time to come which would only mean suffering to me.

"Six bottles brought me health, and was worth more than months under the doctor's care, which really did not benefit me at all. I am satisfied there is no medicine so good for sick women as your Vegetable Compound, and I advocate it to my lady friends in need of medical help."

—Mrs. B. A. BLANCHARD, 422 Broad St., Nashville, Tenn. (Send for free trial of this letter proving genuineness cannot be produced.)

WATER COMMISSIONERS MEET

OPS FARMER TO BE PROSECUTED AS A WARNING TO OTHERS.

Contract for 700 Tons of Coal Awarded to a Buffalo Firm.

Our Water Commissioners met in regular session May 12th at 4 p.m. in Secretary Hopkins' office. Those present were chairman J. D. Flavell, and Messrs. McNeillie, Brady and Mayor Sotheman.

A Batch of Accounts. The following accounts were read and recommended for payment: Canada Foundry Co. \$ 2.60 McLennan & Co. 3.62 Grand Trunk Railway Co. 13.24

Engineer Hammond's report of the work done by the pumps showed the water consumption in April to have been 12,448,000 gallons, as compared with 10,970,000 in the same month last year, and this work had been done with a proportionally smaller expenditure for coal.

Farmers' Tax Warning. Supt. Begbie reported the discovery of a dead horse in the water on the edge of Mr. M. Moriarity's farm near Fox's brickyard, the animal being in a putrid condition. This being the second dead animal so discovered this season, it was decided to lodge an information against Mr. Moriarity, it being deemed necessary to impress upon the farmers along the river the necessity of guarding against the vitiation of the town water supply.

In response to the Board's call for offers for 700 tons of Youghiogony coal, eight tenders were submitted, including two or three American firms. The lowest bid was from the Van Buren Co., Toronto, at \$1.15 per ton, and the second lowest from the Rathbun Co., McLean, and A. W. Kennedy, town. The offers of Boynton & Co., Buffalo, and McLennan & Co. were set aside as being the lowest, and a little figuring disclosed the fact that on three-quarter lumps and slack, the quality desired the Boynton bid was at least \$84 lower than the Lindsay firm's quotation.

Mayor Sotheman—"If there was only a slight difference in weight, I would like to see a home man get the contract." Chairman Flavell—"I don't see that we have any option in the matter—we must award it to the lowest man."

Secretary Hopkins—"We must keep faith with outside tenders or it will be useless to ask them to tender next time." On a motion of Messrs. Brady and Sotheman the tender of Boynton & Co. was accepted.

that they only strained their water, as Mayor Sotheman—"That may be, but their water travels a long distance and thus becomes purified." Chairman Flavell—"It's the same water—our surplus goes there."

LINDSAY BOARD OF HEALTH.

Wanted, a Census of Back Yards and Wells Cleaned and Uncleaned. The members of our Board of Health have perpetrated their annual little joke, by their Siding Sanitary Inspector Douglas has issued his customary warning to our citizens, calling on them to have the back yards and surroundings of their premises cleaned up and sweetened on or before July 1st, failing which they will be "prosecuted according to law."

Of course no one figures on any systematic effort being made to enforce the first regulation, and the Board will never inquire as to how many citizens complied with it, and how many did not, but a peep into the back yards about a week hence will go far to convince the curious that quite a large number have disregarded the warning without incurring the penalty.

ROSY, HEARTY CHILDREN.

If you want to keep your little ones rosy, hearty and full of life, give them Baby's Own Tablets the moment they show signs of being out of order in any way. This medicine cures all forms of stomach and bowel troubles, breaks up colds, prevents croup, destroys worms, allays teething irritation, and gives the little ones sound, natural sleep. No child objects to taking the Tablets and the mother has a guarantee that they contain no poisons or harmful drugs.

An Important Judgment has been granted the Court in this matter, which is of interest to a great many people in this vicinity. The judgment is on the claim of the Liquidator to collect payment of the amount unpaid on subscriptions for stock. The Court holds that the subscribers are liable for the amount of common stock subscribed for, but not for the preferred stock. The company did not take the proper steps to authorize the issue for the preferred stock, and consequently cannot collect payment for stock which they had no authority to issue.

HURRY UPI

"Everywhere one hears that expression 'hurry up!' It is a genuine Americanism, expressive of the 'rush' in which we live. Nothing is swift enough for us. We are in a hurry to eat, and rush through meals as though life depended upon our haste. Life does depend on our haste, but not in that sense. Look at the ordinary column of the papers and see how many prominent men are carried away by 'stomach trouble,' 'acute indigestion' and other related diseases. Their lives have in general been sacrificed to the haste and rush of business which overlooked the fact that food can only be assimilated and that the digestive and assimilative processes must be properly digested and perfectly assimilated.

Dr. Pierce's Golden Medical Discovery, cures diseases of the stomach and the associated organs of digestion and nutrition. The source of all physical strength is food, properly digested and perfectly assimilated. By enabling the perfect digestion and assimilation of food 'Golden Medical Discovery' increases and enriches the blood supply and sends new strength to every organ of the body.

HAPPY MOTHER'S TOUCHING STORY

Of Baby's Dreadful Suffering from Eczema.

CURED BY CUTICURA.

Now His Skin is as White as a Snow Flake.

"A terrible rash broke out on Charles's poor little face and spread to his neck, chest and back. I had never seen anything quite like it before," writes Mrs. Helena Rath of 821 10th Ave., N. Y. City. "The skin rose in little lumps, and matter came out. My baby's skin was hot, and he wouldn't eat, and he wouldn't sleep. He wouldn't eat, and he wouldn't sleep. He wouldn't eat, and he wouldn't sleep."



"I followed the directions, bathing Charles and putting that nice Ointment on the sores. Little by little, but so surely, Charles and I both got more peace by day and more sleep by night. The sores sort of dried up and went away, and now Charles is cured completely."

"Yes, that fat little boy with the window is Charles, and his skin is as white as a snow flake, thanks to the Cuticura Remedies. I think everybody should know about the Soap and Ointment, and if it is going to help other mothers with sick babies, go ahead and publish what I have told you."

WEEKLY POST LETTER BOX

WEAK SPOTS IN OUR TOWN SYSTEM

(To the Editor of The Post.) Sir,—This is the season of the year when Nature takes on her most charming garb and in general renovates herself, and man, not to be outdone, seeks to imitate her by giving not only himself, but his place of habitation, a general overhauling. The "fly in the ointment," however, with most people is the fact that any little expenditure of either money or labor in improving their property, is very apt to lead to a permanent annual charge against it in the shape of extra taxes.

It does seem too ridiculous for anything, but the fact remains that the more a man tries to have his place look nice and neat, the more value the assessors pile on and the more taxes he has to pay. If this were confined to the rich, or those well able to pay, it would not matter so much, but unfortunately, assessors as a rule, (and ours are no exception) like to carry favor with the rich and the same as the rest of humanity, and it just develops into another case of "him as has gets."

The trouble is with the great majority of us who are poor—with good health and God's favor to pay our way—poor. There is no encouragement for a man to beautify his place on this account. Take a place, for instance, that needs painting. With-out it, it looks old and dilapidated, and if left that way the assessor gives it, too. The owner, however, buys \$5 worth of paint and spends a month or six weeks of spare time in painting it, and as a consequence the high assessment is raised \$100 or \$200—that is, he is actually fined from \$3 to \$5 per year PERMANENTLY for spending \$5 on his place. Even had he had a painter to do the job, a dollar agent looks the size of a cartwheel to our progressive assessors.

Mr. Editor, why should this be? Have our assessors no common prudence? True, it is hard to get brains at the price this town seems willing to pay, but surely, common sense would lead the Mayor, or whoever gives them their instructions, to pound some common sense into them before they start out and make them understand that because a man is inclined to be nifty and neat that it is no reason why he should be fined. It seems to me, Mr. Editor, that we ought to combine a lot of our small offices into one, so that we could afford to make a decent salary, and then get a good man to fill them. It would pay us. What do you think?—Yours, etc., TAX-PAYER, Lindsay, May 12, 1904.

Score Again for the L. C. I.

We notice in the class list of McMaster University just issued that Mr. J. F. Calvert has taken his degree of M.A., in biology and that Miss Alice Matthews has passed her first year examination with 1st class honors in Latin, French and English. The Post extends its congratulations.

Whooping Cough.

"In the spring of 1901 my children had whooping cough," says Mrs. D. W. Capps, of Capps, Ala. "I used Chamberlain's Cough Remedy, with the most satisfactory results. I think this is the best remedy I have ever seen for whooping cough." This remedy keeps the cough loose, lessens the severity and frequency of the coughing spells and counteracts any tendency towards pneumonia. For sale by all druggists.

THE TRENT VALLEY CANAL

A REPRESENTATIVE OF THE EVENING POST TAKES A TRIP OVER THE RICE LAKE-PORT HOPE ROUTE.

And is Convinced by What He Saw and Heard that its Recommendation by Engineer Maliny to the Imperial Government in 1834 was Based on a Thorough Knowledge of Facts—Peterboro's Support of the Trenton Route is in Gratitude to Trenton for Advocating the Canal—Mayor Roger Thinks the Port Hope Route Perfectly Feasible.

Through the kindness of Dr. Powers, of Port Hope, president of the Port Hope Canal Association, a representative of the Post was invited to inspect the proposed Trent Valley route via Port Hope. On Friday last week The Post, scribe, accompanied by Dr. Powers, and Mr. H. F. Hazen, R. T. R. Engineer, was driven over the route. While The Post has always favored the Port Hope route on account of it being the shortest line to Lake Ontario, after going over the route we are more than ever confirmed in our opinion that it is the best, cheapest, and the natural route for the canal. This is not a new route, by any means, but was surveyed as early as 1833 by order of the Lieutenant-Governor of Upper Canada by Mr. Maliny, engineer, who in his report said, "This is the only natural and best possible route, and the cost from Rice Lake to Trenton by the Trent River would alone be as much as the canal from Lake Simcoe to Port Hope."

The engineer's measurement shows a point 1300 feet from Rice Lake a cutting of 8 feet; 1850 feet further along 40 feet of a cutting, and 3200 feet further, at the highest point, 68 feet, while 4500 feet beyond the level of Rice Lake is again reached. The grade to Port Hope is to the advantage of the Canal. There are several streams crossed by the route which would almost supply enough water for lock-ages. The land damages would not be large, as it is estimated that not over 1000 acres of land would be flooded in the whole distance. The distance from the mouth of the Otonabee, on Rice Lake, to Port Hope, is 19 1/2 miles, with no railway crossings; the distance from the same point to Trenton is 53 1/2 miles and five railway lines will have to be crossed. The route leads through a succession of valleys until it reaches Ganaraska River, when it reaches the bed of the stream until it reaches Port Hope harbor, which is one of the best on Lake Ontario, suitable for the largest Lake Ontario vessels. The digging will be the best possible, there being no stone to encounter, except in the town of Port Hope itself; it is mostly sand the entire distance, which could be handled most easily with steam shovels or fourteen-foot buckets with the exception of the little bog's back near Rice Lake, the Port Hope route is a deep ravine right through to Lake Ontario. Another point in favor of the Port Hope route over Trenton route is that Lindsay and Peterboro are 88 miles nearer Toronto, or 176 miles nearer London, which means two days at least in water transportation.

It will be to Lindsay's interests to support the Port Hope route, as it will put us in direct water communication with Toronto, and Hamilton, districts, our chief wholesale trading points and will not mean a longer water haul for our freight to and from Montreal. It will also be a great factor in keeping down the price of coal, which is so influenced by high railway freight rates, and will be a direct advantage to us in many other respects.

Favors Trenton. Mr. Richard B. Rogers, the superintending engineer of the canal, does not need any urging. He is frankly and firmly in favor of the route to the lake via Trenton, and so reports to the Government, and speaks whenever asked his opinion in the matter. He is not halfway about it either. He says that the chief utility of the canal will be as a grain route, and the inside route down the Bay of Quinte is therefore by far the better route.

One man in Peterboro who believes in the Port Hope route is the bettor one under all considerations is Mr. J. H. McClellan, senior member of the McClellan Coal and Wood Co., which has now merged with the Peterboro Cartage and Fuel Co. He was unreservedly in favor of the Port Hope route. Mr. McClellan considers it the proper route, no matter whether the canal is completed as a 6-ft, 10-ft, or 14-foot canal. Mr. McClellan states that what is worth Lake to 1-ft more, 2-c.b. at Port Hope than at Trenton, also that coal costs 10 cents per ton more delivered at Trenton than Port Hope. Why? because Port Hope has a deeper harbor and more easily approached. He knows the country thoroughly. The news that Port Hope might urge the construction of a large canal from Peterboro to the lake interested him immensely. "If we can get a 10 or 12-foot canal here, Peterboro will be a lake front city," he remarked. "Why, the big lake carriers will come right up here, and take freight clean through to Montreal, and maybe further. These lake vessels can bring us up anything we want, coal, manufactured articles, and all sorts of miscellaneous products from Montreal or any place up or down the lakes. In return, they can get the grain, and when grain is not moving, all of the manufactured and mineral products of Peterboro and the district behind us. They would have freight both ways, both east and west on the lake, all the time. The little grain barges from the north country would not go back empty-handed either, for there is lots of stuff here for shipment to the Northwest. All this talk about 6 or 8-foot barges not being able to make the lake voyage from Port Hope to Presque Isle Bay is nonsense. Why, those barges can go any place on the lake in almost any weather. It isn't between Port Hope and Presque Isle that vessels get the full benefit of a storm. It is on either end of the lake, with the wind and sea running up north, full sweep from end to end. Why, a tug will take those barges anywhere safely. With the best of barges, they are as safe as any of the big boats. Any grain man will tell you that what is worth from 1-4 to 1-2 a cent more a bushel L.O.B. at Port Hope than it is in Trenton."

Mr. McClellan saw much greater advantages to Peterboro in the completion of the canal via Port Hope than he did by Trenton, no matter what the maximum draft of barges allowed. It gave the city access to ports that were of inestimable value to her manufacturers, to say nothing of the advantage in the saving of time and distance, and capital. "A twelve or fourteen-foot canal would result, too, in a large summer tourist traffic, like that of the Rideau canal and lakes," he remarked. "That would not come via Trenton, owing to the extra distance of the lake journey from Rochester and western ports, to say nothing of the roundabout canal journey."

What is meant is the canal built," said Mayor Roger. "We are not very particular about the route, but we want the thing in operation. The city, however, feels in honor bound to support the claims of the Trenton route because Trenton has stood by us in the fight for this canal ever since the project took definite shape. We cannot very well now abandon that route after all the Trenton people have done in this matter. If it had not been for this Port Hope agitation we would have had a fine start on the Trent River section before this. I don't doubt but what the Port route is perfectly feasible."

The only argument he had to advance against the Port Hope route was the exploded one of the dangers of an open lake trip from Port Hope to the Presque Isle Bay, 28 miles, for 6-foot barges. He said that he could not urge that if the canal from Peterboro were out for 10, 12, or 14-foot barges. "If there was any transhipping of grain to be done from 6 or 8 foot barges to large vessels he would like to have it take place at Peterboro, and he quite recognized the advantages of Port Hope over Trenton if transhipping had to take place on the lake front, for Port Hope already had a fine harbor and three elevators. "The Trenton route would be better from a military point of view," he remarked. "It would be more easily protected because of its practically complete inside route."

"Peterboro won't mourn, whichever way it goes," he said in conclusion. During the course of the interview his Worship pointed out the immense water-powers available along the route of the canal north of Peterboro. He exclaimed, "with the completion of the canal and development of a gray rock dam forward to the utilization of these grand water-powers, I see no reason why the whole district should not team with industry or why the wheat should not be arrested up the canal and forwarded in its manufactured state all over the world."

Complimentary. "There you are, sir!" exclaimed the barber, as he yanked the towel from the victim's neck after removing his whiskers. "Feel better now, eh?" "Sure," answered the whiskerless party. "A man naturally feels good after getting out of a bad scrape."

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The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Ayer and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are the result of the unscrupulous profit-takers. Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Purgative, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Ado to all these advantages the very material one that the shares in the surplus earnings of this leading Company, and have an opportunity for safe and profitable investment rarely elsewhere. A handsome booklet, giving a full explanation, will be sent on request.

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If you have transgressed against the laws of nature, you must suffer. Self-abuse, excess and private diseases have wrecked thousands of promising lives. Treat with scientific precision and be cured. Avoid quacks. E. A. Siders, Toledo, says: "At the age of 14, I started a habit and at 19 contracted a serious disease. I treated with a dozen doctors, who promised to cure me. They got my money and I still had the disease. I had gone up hope when a friend advised me to consult Dr. E. K. & K., who had cured his own case without any confidence called on them, and Dr. Kennedy agreed to cure me if he failed. After taking the New Method Treatment for six weeks I felt like a new man. The drains ceased, worms veins disappeared, nerves grew stronger, I stopped falling out, urine became clear and my sexual organs vitalized. I was entirely cured by Dr. Kennedy and recommend him from the bottom of my heart."

We Treat and Cure Syphilis, Gleet, Varicocele, Emission, Stricture, Urinary Discharges, Seminal Weakness, Kidney and Bladder Diseases.

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GOOD PUMPS

The day of iron pipes and cast iron cylinders is past. public know from experience what you want when you buy a rot or taint the water.

We are making a large bore brass cylinder and steel rod which will outwear and throw more water than any pump on market.

Our practical man, Mr. J. Dennis, looks after all orders, repairs, and we can guarantee satisfaction.

Mail orders receive prompt attention

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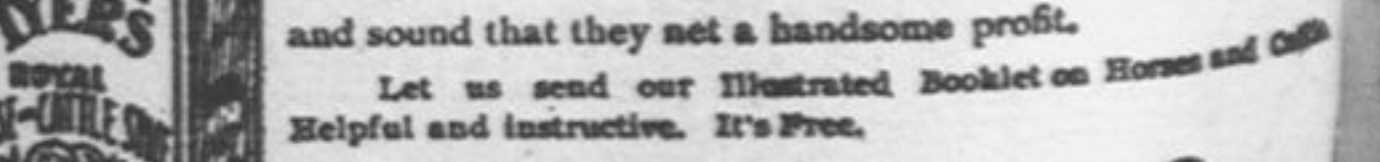
LINDSAY

FAT CATTLE

are not the biggest eaters—but they get the most good out of what they eat. Too much food often does as much harm as too little. The farmer who keeps his cattle in prime condition all winter—who fattens them quickly—and who spends the minimum for feed—uses Myers' Royal Cattle Spice. It keeps the digestive organs in sound, healthy condition—makes cattle enjoy what they eat—helps them to get all the nourishment out of hay and grain—prevents stomach and bowel trouble—and sends them to market so plump and sound that they net a handsome profit.

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