AMERICAN FINDINGS

What Is Necessary to Save the Fall of Niagara.

IMMEDIATE ACTION NEEDED

Mutual Agreement Between the United States and Canada Suggested—Recommend That Permits For 28,500 Cubic Feet of Water Per Second Be Granted to Power Companies and No More.

Washington, March 26.—If Niagara Falls is to be preserved as one of the wonders of the world, immediate action by the United States and Canada is required, according to the findings of the American members of the International waterways commission, which has for the past year been studying the condition at the falls and in the tributary great lakes. This report is signed by Gen. A. H. Ernst, chairman, and the other American members of the commission.

The United States section of the international waterways commission, reporting as to Niagara Falls, says:

Charters have been granted to corporations which propose to divert additional amounts in quantities not now limited. The sums of money invested, or being invested, in the works now in operation, or under construction, and in the industries dependent upon them, amount to many millions of dollars. It is probably not expedient to attempt the withdrawal of the rights thus utilized. The commercial value of the water-power at Niagara Falls is very great, but if compared with values set aside by wealthy communities elsewhere for park purposes, this value is not too great to be devoted to similar purposes. The park is visited annually by about [illegible] people.

If the falls are to be preserved it must be by mutual agreement between the two countries. As a step in that direction it is recommended that legislation be enacted by which the Secretary of War will be authorized to grant permits for the diversion of 15,000 cubic feet per second, and no more, from the waters naturally tributary to Niagara Falls. All other diversions of water which is naturally tributary to Niagara Falls to be prohibited, except such as may be required for domestic use or for the service of locks in navigation canals.

The prohibition to remain in force two years, and then to become the permanent law of the land, if in the meantime the Canadian Government shall have enacted legislation prohibiting the diversion of water which is naturally tributary to Niagara Falls, in excess of 36,000 cubic feet per second, not including the amount required for domestic use or for the service of locks in navigation canals.

TO REPAY IN 40 YEARS.

Loan of Five Millions to Suffering Russian Landlords.

St. Petersburg, March 26.—The council of the empire has adopted the project to grant a loan of $5,000,000 to landlords who suffered from the agrarian troubles. The loan is repayable in 40 years, but will not bear interest until 1910.

A delegation representing the Russians in Poland, the Baltic provinces and Lithuania appeared before the Emperor Saturday and pleaded for separate representation in the Lower House of Parliament, contending that, as they are in the minority, they will not be shown any mercy by the non-Russian population. The Emperor promised to order an investigation into the whole question.

The Russ Saturday prints an exposure of Chief of Police Greun of Warsaw, charging him with having been sentenced to loss of civil rights and to a year's imprisonment at hard labor for bribery, extortion and oppression.

Jap Spies Caught.

Vladivostock, Russia, March 26.—Two Japanese merchants were arrested Saturday in one of the forts here. In their possession were found plans of the fortifications and notes referring to them.

Georgians Ask Autonomy.

Tiflis, Trascaucasia, March 24.—The Georgians has presented the viceroy of the Caucasus with a demand for the autonomy of their church. The viceroy promised to lay the matter before the authorities at St. Petersburg.

GIRLS POISONED IN RUSSIA.

One Dies and Ten Out of 34 Are Seriously Ill.

Warsaw, March 26.—The paymaster of the Vistula Railroad was Saturday shot by robbers, who secured $3,500 from him. Owing to continual robberies, the authorities are placing sentries at the doors of private banks.

Thirty-four girls working in Kindler's mills, at Pabianac, ten miles southwest of Lodz, on refusing to join a strike, were yesterday poisoned by a powder that was strewn upon the floor of the mill. One of the girls died from the effects of the poison, and the remainder are seriously ill, ten of them not being expected to recover.

Killed on Railway Track.

Calgary, Alta., March 26.—A man about 50 years of age was found dead on the railway track Saturday morning. Both legs were cut off above the knees, the right arm severed at the shoulder, and the left at the wrist. The name, W. A. Enycart, was found on some papers, and also in a Bible, which was found in his bundle.

Suicides In Churchyard.

Winnipeg, March 26.—Huddled in the snow behind McDougall Methodist Church, the body of Annie Peterman, a handsome Polish girl, aged 21, was found early yesterday morning. It developed yesterday that she ended her own life because her lover had failed to keep a promise of marriage.

Journalist's Sudden Death.

St. John, N. B., March 26.—Robert Payne, journalist, died suddenly of heart failure at his country residence on the St. John River, Saturday evening, aged 42.

CASTORIA.

Bears the Signature of Chas. H. Fletcher. The Kind You Have Always Bought

AT THE CHURCHES SUNDAY.

REV. DR. BISHOP SPOKE TO MEN IN THE AFTERNOON.

Rev. Mr. Welch, of the Baptist Church on "Half-Harted Discipleship.

From Evening Post of March 27.

A large and attentive gathering of men, young and old, listened to Rev. Dr. Bishop's talk Sunday afternoon in Cambridge-st., Methodist church. The rev. gentleman took his theme from Mark, 5th chapter, 15th verse, "And they come to Jesus, and see Him that was possessed with the devil, and had the legion, sitting, and clothed, and in his right mind, and they were afraid."

There was something appalling about this story. To think that there should be in one man such a large number of devils! When we consider the man and the conditions into which the devils brought him, and then find him seated and clothed, is it any wonder that the people who had not commanded, wondered—possessed and dispossessed. It was not a case of lunacy or disordered mind, but a clear, definite case of a being possessed of the devil. A man with an unclean spirit, possessed with a devil, a man created in the way of God, designed to be the temple of God—the dwelling place of demons. This man represented the condition of the unregenerated, sitting in the tombs, a wanderer in desolate places.

Sin draws a man away from God, drives him away from home and leads him to utter destruction. This man was uncontrollable, no fetters could hold him. He had the strength of a Sampson to set himself free. Try to bind a man with moral cords who is under the domination of sin and how easy it was for him to break them. He breaks every law of God. He was so unmanageable that he was an injury to himself, lacerating himself with stones. He was also an injury and a terror to others, Matthew said, "he was exceedingly fierce and no man could go near him." A man who gave himself up to sin was a danger to the community. How does the devil get possession of a man? Satan never got possession of a man by stealth, he cannot come upon you unawares; he cannot force an entrance. The devil gets possession of a man by securing the consent of the man, Satan offers inducements to persuade the will and gain possession. He came to our parents. He came to Adam and said, "Ye shall be Gods." Ahab did sell himself to work iniquity. Satan comes and appeals to our nature, makes as offer of position, power, wealth, gratification, and man sells himself away, but he gets no bargain. Satan gains possession of a man in a gradual way. There were certain considerations such as the laws of the land, business, the social duties and home had to be overcome and when these were overcome man became a real slave. When at last a man gives up to Satan he keeps away from the church,; he doesn't like to keep company with good people. The habit becomes fixed and a man becomes a slave.

No man could tell where a life of sin would end, and no man could tell where he would go. What about the dispossession from Satan? It was not accomplished by man's own power. He has power to sell himself but not to redeem. He falls into a pit which he can't get out of. The more he struggles the more he finds the strength of the chains that bind him. Man is led to do the very thing that he does not want to do. He goes protesting but he goes just the same. The final victory was when a man came to the Lord. He has the power and came into the world to destroy the work of the devil. Christ was the only one who could break the fetters of sin which bind a man. A change was found in the man. They found him sitting—he couldn't rest before. Clothed before they couldn't keep any clothes on him. The lunatics are not always found in the asylum and the insane are not always in confinement. The man who lives in sin is out of his mind. Man loses his identity when in sin, but Christ restores his personality. Reason is restored and the man goes home, where he is received with great joy by his family, for he is clothed, and in his right mind. Christ could cast out any kind of devils and any number—demon of gambling, of lust, of bad temper, of drink, and can deliver no matter how low a man is Rev. Dr. Bishop closed with a strong plea for men to break loose from the fetters of sin which bind them and seek the Lord and find deliverance.

AT BAPTIST CHURCH.

The services at the Baptist church last Sunday evening was well attended and Rev. Mr. Welch preached a thoughtful and profitable sermon on "Half-hearted Discipleship," taking his text from Luke 22, 54, which reads: "But Peter followed afar off."

In opening Mr. Welch said that it was fitting that the blackest deed of the ages should have been perpetrated at night — the betrayal of Christ. Peter at first like the other disciples, in a sudden frenzy of fear deserted his Master, but soon he came to himself and his Lord as every sane person should do. Man's true character, will sooner or later, assert itself, as the compass urely returns to its attraction in the skies. It is to his credit that he was a follower of Christ even though he followed afar off, thus manifesting that he had some love for his Master. He was a great boaster but he was no hypocrite. It illustrates the fact that when the fire of love is kindled on the altar of the heart God never allows it to die out. It may burn low and smolder, but sooner or later the Holy Spirit with its warming breath will fan it into flames again. Jesus Christ never loses His grip upon His own. But such hap-hazard discipleship as in this incident Peter manifested is unsatisfactory to the Master and disciples alike. It implies estrangement and when such exists there can be no true communion. It is the disciple's privilege to walk like Enock—with God. We should not follow so far behind the Saviour that our communion with Him is broken at every turn of the road. But what separates between God and man is not tim eand space, but sin. The half-hearted disciple misses the pleasures of the world and comes short of the joys of religion. Such a life is not only unhappy but also impotent.

Such a follower is of little use to Christ and He can be of little service to them. Indifferent Christianity is the great weakness of the church to-day. God needs men and women of consecration. On the other hand as the pole star hidden by grey banks of clouds can give no guidance to the mariner, and the dynamo with its connections broken can impart no power, so Christ, the light and life of men cannot help the disciple who follows afar off. Such discipleship is unworthy and it is unsatisfactory. It expresses cowardice. The boastful disciple became the cowardly deserter. Neither is the spirit of John Knox, of whom one said of him over his coffin, "Here lies one who never feared the face of man." Like him, if we fear God we will fear not man and yet how often we are more cowardly than Peter and with less cause. For not to confess Christ is just as bad as to deny Him. When Christ made His triumphal entry into Jerusalem amidst the plaudits of the multitude no doubt Peter was at the head of the procession. The true disciple will not be ashamed of his christian profession with things going against the cause, and if we are ashamed now of Christ without cause He will be ashamed of us hereafter with good cause. All belief in God is irrational. If the vine can transmit the dew of the morning into wine and the rose can change the elements of the soil into the blushing beauty and fragrance of its blossoms, is anything too hard for the Creator of the universe? and how ungrateful the conduct of Peter! All that he was was and had he owed to God.

Similarly with us, our civilization is the fair fruit of God, and Christ is the author of all our good. Jesus sorely missed a voice to witness in His behalf, but the braggart was dumb. The blackest of all vices is the sin of ingratitude. Those who follow as Peter followed—afar off—are riding for a fall. To follow afar off makes one an easy mark for life's temptations. Peter soon after denied his Lord with blasphemy — saucy face and railing tongue easily put him to flight. Our only safety is to cleave so closely to the Saviour that there is no room for this temptation to come in between, and Peter learned his lesson, for in his Epistle he says; Christ has left us an example that we should follow in His steps. He afterwards repented of his half-heartedness, for it is recorded that he went out and wept bitterly and that is what many of us ought also to do.

Ashamed of Jesus, that dear friend
On whom my hopes of heaven depend?
No, when I blush, be this my shame,
That I no more revere His name.

Will it Touch Lindsay?

From the Stratford News of the Toronto Globe; J. W. Bithell, C.E., London England, C. N. Armstrong and L. B. Howland, who are interested in the Central Railway, together with Mayor Ferguson, several Aldermen and local manufacturers, inspected the possible entrances to the city to-day. The railway is to be constructed from Montreal to Midland on the Georgian Bay, thence via Orillia southwest to Stratford, London and on to Port Stanley. It is a high grade road, to be operated by electricity.

BIRTHS.

BIRTH.—In Lindsay, on Saturday, March 29th, 1906, to Mr. and Mrs. Philip Morgan, Bond-st., a daughter.

MARRIAGES

HUNTER—MURPHY.—On the 14th, in Bobcaygeon, by the Rev. W. G. Smith, Joseph Hunter, of Rugby, N. Dakota, and Rosabelle Murphy, of Bobcaygeon.

CALEY—LAMB.—On the 14th, in Bobcaygeon, by the Rev. W. J. Creighton, Wm. Caley, of Lindsay, and Margaret Edith Lamb, of Verulam, daughter of John Lamb.

DEATHS.

BEECHAM.—Died, at Cleveland, Ohio, David Beecham, of Cambray, aged 82.

SANPIETLER.—In Lindsay, Tuesday morning, March 29th, Mrs. John Sanpietler.

WELDON.—In Lindsay, on Sunday, March 25th, 1906, Sylvanus Weldon, aged 69 years, 4 months, and 15 days.

AIRD.—We copy from the Montreal Witness the following: "Died at Smith's Falls, Ont., at 8 o'clock a. m., on March 19th, Anna Aird, beloved wife of Wm. Hilsden and second daughter of the late Robert Aird, Cote-St. Catherine (Outremont) Montreal."

BARR.—At Fenelon Falls, on Friday, March 16th, 1906, Samuel Delbert Barr, aged 28 years, 6 months and ten days.

CONWAY.—In Ops, on Wednesday, March 21st, 1906, Mrs. Mary Conway, aged 90 years.

A Siege

The matrons of the Edison Orphanage at Lowell, Mass., U.S.A., wrote they had a siege of whooping-cough in their institution. They said that every case was promptly relieved by Vapo-Cresolene. Its value in coughs and colds was so great they always kept it ready for use. You know how it's used, don't you? 'Tis heated by a vaporizer and you inhale it. Write us for a book that tells all about it. 18

Vapo-Cresolene is sold by druggists, or sent express prepaid on receipt of price. A Vapo-Cresolene outfit including a bottle of Cresolene, complete $1.50. Send for free illustrated booklet. LEMING, MILES CO., Ltd., Agents 288 St. James Street, Montreal, Can.

MR. GLEASON OF GREENWOOD

"For years I have been troubled with Piles. At times I would have to lie down and remain perfectly quiet for hours. Each attack was worse than the last. I tried many Pile medicines but got no better till I used Hem-Roid, and this cured me permanently. Thanks to Hem-Roid, I am now free from every symptom of Piles. L. M. GLEASON," Assistant Post Master, Greenwood, Ont.

Thousands tell the same story of Hem-Roid, the $1,000 Guaranteed Pile Cure. All druggists $1.00, or THE WILSON-FYLE CO., Limited, Niagara Falls, Ont. 25

WATER COMMISSIONERS MET

SOME TAMPERING WITH METERS REPORTED TO THE BOARD.

New Patent Seal Will be Used as Soon as a Supply Arrives.

The full Board of Water Commissioners attended on Monday afternoon's meeting, Chairman Flavelle in the chair.

A matter in regard to insufficient paying for a service was brought up, but settlement will be arrived at later.

Mr. T. J. Tilley, local manager of the Bell Telephone Co., was heard. He would not require the water service after the contract runs out, as the company intend to use electric power, which would be much cheaper. The Commissioners decided that they couldn't compete with electric power and make a revenue, so that after the expiration of the contract the service will likely be taken out.

Applications were read from Mr. Geo. H. Lindsay for water service for building purposes on Cambrdige-st.

From Dr. Totten, for building purposes for a house to be erected on east half lot 18, south Peel-st.

Mr. Geo. Ingram applied for a service to a new house to be erected on Cambridge-st.

A communication was read from the Underfeed Stoker Co. in regard to sending a representation to interview the Board as to the saving of fuel.

A sample seal was forwarded by the Peerless Meter Seal Co., makers of a new and improved meter seal. The Board of Commissioners felt that this was a very important matter, as some of the meters had been tampered with and the Secretary was instructed to secure a number of the seals.

Communications were read from Frank Williams & Co., Jules E. Hoffman, Wilson and Co., coal companies who preferred not to tender at present for a supply of coal on account of the strike outlook, so the time will be left open for a longer period.

The accounts were read as follows:

Geo. McGahey	$ .90
W. Lowastrough	13.74
A. M. Paton	.35
D. Dunnagan	2.23
Dominion Express Co.	1.00
The Deane Steam Pump Co.	1.44
Neptune Meter Co.	111.68
H. Mueller Co.	36.60
Geo. Ingle	4.55
A. L. Campbell	7.36

Ald. Geo. Ray applied for a meter to be put in his terrace on Glenelg-st.

A resolution was passed permitting the secretary to overdraw the Dominion Bank account for an amount not to exceed $6,000, the Board to be responsible for the overdraft.

After a few other items of minor business had been disposed of the Board adjourned.

Ontario Educational Association.

The 45th meeting of the Ontario Educational Association will be held at the University, Toronto, on Tuesday, Wednesday and Thursday, April 17th, 18th and 19th, 1906. Programs may be had on application to Inspector Knight.

Had Her Hand Pierced.

Miss Curtin, cashier in Dundas & Flavelles L'td., met with a strange and painful accident the other day. While seate dinsecurely on the high stool she had occasion to reach forward for a cash system carrier; just then the stool wobbled and to save herself from falling she clutched at the ledge close by and her left hand descended on the pointed wire of a letter file, which passed completely through the palm and emerged at the back. She displayed great pluck while the wound was being dressed by Dr. White, and made light of the painful wound.

Lindsay Capital in this Brick Co.

We were shown to-day a specimen of brick made by the Canada Lime Pressed Brick Co., of Toronto Junction, a company in which a number of our citizens are interested, and Mr. Robert Kennedy, of this town, is president. The brick shown us by Mr. Kennedy was of a yellowish tinge and made as perfectly as the finest pressed clay brick. The bricks in the their natural state are grey in color, but Mr. Kennedy has devised a plan whereby they can be made almost any color desired. We shall give a description of the process of manufacture at a later date.

Try Again for Health Gin Pills Will Cure You

OR MONEY REFUNDED

If you have wasted money on doctors, and taken medicine after medicine, without relief, of course you are discouraged. But don't give up. There is one cure—certain and sure—that will make your kidneys well and strong.

Here is a letter from an old gentleman, 72 years of age, who had just your experience, but who was convinced that he owed it to himself to at least try GIN PILLS. Read what he says:—

The Bole Drug Co. Winnipeg, Man. Boissevain, Man.

Dear Sirs,

I am now 72 years of age. I have been ill for about six or seven years, and have been attended by different doctors, but I could get no help. I started taking —— Kidney Pills, and I have taken several odd boxes, and I found they helped me a little. This spring I started to take Gin Pills, and believe they have cured me. I cannot say too much about them, and recommend them as a good kidney pill.

(Signed) WILLIAM CUMPSTONE.

Note that Mr. Cumpstone not only found quick relief, but "believe they have cured me."

Try just once more. Give GIN PILLS a fair trial. So sure are we that GIN PILLS are a positive cure for all Kidney troubles that we will let you test them free.

Send name and address, and tell in what paper you saw this offer and we will send you a sample box of GIN PILLS free of charge. Gin Pills are sold by all druggists at 50c a box, or 5 boxes for $2.50.

THE BOLE DRUG CO. - WINNIPEG MAN.

THEIR INVESTMENTS

Government Was Pressed to Enlarge Companies' Powers.

DRAFT BILL WAS PREPARED

Hon. Mr. Fielding's Absence Prevented Its Submission—Officers of Companies Asked For Extension of Limit For Investments—Only One Company Satisfied With Present Powers —The Insurance Invesigation.

Ottawa, March 24.—When the insurance investigation opened yesterday morning Mr. Shepley read a memo, produced by Mr. Fitzgerald, sent to the department by the Canada Insurance Association through President McKay and Secretary Bradshaw in 1903, asking that the powers of insurance companies in regard to investments be increased, and that they be allowed to invest in bonds of coal, electric railway and electrical manufacturing, and iron and steel companies, all of which had been successful enterprises.

In a letter dated Feb. 7th, 1903, from Hon. W. S. Fielding to Mr. McCabe, the former said he had given consideration to the representations of the life insurance companies recently submitted to him with respect to an enlargement of their investment powers. He thought it might be possible to grant power to invest in some further securities, which by actual experience might prove to be of a satisfactory character. The managing director of the Dominion Life Insurance Co. of Waterloo wrote complaining that by the general insurance act life insurance companies were not permitted to hold real estate, not even the property occupied by its offices. No public interest was served by causing the companies to go to the expense of a special act, when a few lines in the general act would cover the case.

Continued the Pressure.

The Insurance Officers' Association continued to press for amendments that would enlarge the scope of their investments, including power to invest in real estate up to five per cent. of the total investments of the company. The insurance men in one communication claimed they were patriotic and enthusiastic, and in every way wished to build up Canada. Other things being equal, they would certainly give the preference to Canadian securities, but while Canadians, they were also business men, and it would be very unwise on their part to take inferior securities simple because they happened to be Canadian.

Questions by Mr. Shepley brought out the fact that while the insurance companies generally wanted wider powers of investment, there had been one exception, the Mutual Life of Canada, which was satisfied with the present powers.

A draft bill prepared early in 1905, but not introduced owing to Mr. Fielding's absence in Europe early in the session, was read by Mr. Shepley.

One provision was that authority be given to the department to place a limitation on a license renewed in any year, by limiting it to the several provinces and to less than one year if desirable. Another clause widened the field of investment to securities in Great Britain or any colony or dependency, or any country in which the company did business.

The Draft Bill.

During the afternoon Mr. Shepley took up and discussed with the superintendent the draft bill submitted by Mr. Fitzgerald to the Minister of Finance. It provided for greater liberty to the companies in the matter of their investments and for a more detailed statement in their annual returns. Apparently it did not receive a great deal of attention.

Some items were furnished by the superintendent as requested by the Sun Life. The foreign investments of that company increased from $7,836,426 in 1904 to $8,961,978 in 1905. The increase in cash on hand is quite remarkable. It has grown from $145,000 in 1903 to $1,080,478 at present.

TO INVESTIGATE BANKS.

What May Occur After the Insurance Inquiry Is Over.

Montreal, March 24.—Leading financial interests have been advised that a Government investigation of the chartered banks of Canada will follow the insurance investigation.

In anticipation of the investigation some of the banks are already negotiating for the disposal of certain stocks they have been obliged to carry much too long, and are closing out large loans to industrial companies, the stock which have been watered to quite a large extent.

It is also claimed that the relations between some of the insurance companies and banks have been of too intimate a character.

ASK FOR $3,370,341.

Demand Upon McCurdy by the Mutual Life Insurance Co.

New York, March 24.—The first complaint in a series of eight actions already begun by the Mutual Life Insurance Co. against ex-President Richard A. McCurdy, his son Robert H. and the firm of Charles Raymond & Co., the company's former Metropolitan agents was made public yesterday. The company demands judgment against ex-President McCurdy for $3,370,341, with interest, as damages for alleged unfaithfulness and neglect.

Make it Your Business

to See our new **Spring Clothing and Furnishings.**

We are making a speciality of high class Suits and Overcoats this Spring.

Men's Suits from $8.00 to $22.00.

(A Square Deal for Every Man.)

Dundas & Flavelles Limited,

Clothing and Furnishing Department.

It Will Pay You

If you require anything in China, Porcelain or Glassware to call and inspect our new Spring Goods. We can show you unequalled values as well as offering the newest and most select designs.

SPECIAL SPECIAL

22 Toilet Setts, all fine new goods, handsomely decorated in gold and colors, regularly sold at $6.00 for $4.50.

15 Tea Setts, dainty patterns, English China, regularly sold at $5.00 to $6.00 for $3.50.

Our Grocery Department

is always up-to-date with new goods, close prices and quick service. Telephone your order to No. 10; it will receive careful attention.

Quality Always Uppermost; Our Goods—our Reputation.

A. L. CAMPBELL,

Grocery, Kent-st. China Hall, William-st.

Phone No. 10.

First-Class Seeds

Red Clover, Alsike, Timothy.

We are in a position to offer our patrons some extra fine lines in the above Seeds that are guaranteed equal to Government Seed Test.

A number have already purchased, and you may be wise in following their example. At any rate, call next time you are in town, inspect the seed samples and get prices.

Spratt & Killen.

AUCTION SALE.

The Subscriber is again prepared to conduct Auction Sales of all kinds that he may be favored with. CHARGES MODERATE.

ELIAS BOWES,
Auctioneer

BEFORE AND AFTER

Wood's Phosphodine,

The Great English Remedy.

A positive cure for all forms of Sexual Weakness, Mental and Brain Worry, *Emissions, Spermatorrhoea, Impotency,* Effects of Abuse or Excess, all of which lead to Consumption, Infirmity, Insanity and an early grave. Price $1 per pkg., six for $5. One will please, six will cure. Sold by all druggists or mailed in plain package on receipt of price. Write for Pamphlet. The Wood Medicine Co. Windsor Ontario.

Confidential

"Say, pa", queried small Tommy Toddles, looking up from the book he was persuing, "what is a death roll?"

"Between me and you, Tommy," replied Mr. Toddles, "I think it is one of those sour mother sometimes makes for breakfast."