

**It Pays The Housewife**  
to use the best sugar—because  
poor sugar means poor cooking.



**St. Lawrence Sugar**  
is the genuine "Montreal Granulated"—absolutely pure,  
sparkling crystals of the most inviting appearance.

Ask your grocer for a 20 lb.  
bag of **ST. LAWRENCE  
GRANULATED**—also sold  
by the barrel and in 100 lb. bags.

The St. Lawrence Sugar Refining Co. Limited  
MONTREAL

**MISS F. M. CURRIE TOWN TREASURER  
APPOINTED AT LAST NIGHT'S MEETING**

From Friday's Post.  
Miss Florence M. Currie was appointed Town Treasurer at last night's session of the Council to succeed Mr. Peter Kennedy, who resigned that position to accept the management of the local branch of the Home Bank. Miss Currie's salary will be \$750.00 a year. Mr. Kennedy's resignation was received on motion of Deputy-reeves Dobson and Lewis, and Ald. Smale moved that Miss Currie be appointed Treasurer, and the appointment was a unanimous one.

The different Aldermen paid a warm tribute to Miss Currie's splendid ability as a municipal official, and felt that she would make a most capable Treasurer.

**PASSENGER TRAINS ON GRAIN LINE  
COMMENCE RUNNING DECEMBER FIRST**

The Orillia News-Letter says: "The regular passenger trains and freight trains of the C.P.R. will commence running into Orillia on Friday, December 1.

"This was the announcement which Messrs. James & Horne, the local agents, received from Montreal yesterday afternoon as to timetables, and schedules is not yet available. The opening of this branch from Victoria Harbor to Peterboro will give a straight connection between Georgian Bay and Montreal. The distance from here to Peterboro is 63 miles. There will probably be a couple of passenger trains daily each way, but although it is as a grain route that this branch will be mainly used.

"Some time ago it was decided to recognize the opening of the C.P.R. here by tendering a banquet to the officials of the road. The matter will probably be brought up at the next meeting of the Council and Board of Trade.

"It is said that the C.P.R., who have purchased the Buffalo Ice Company's buildings in Howard's Bay, will turn them into a round house, and repair shops. We doubt it, but here's hoping it is done."

**LIBERAL LEADER WILL VISIT LINDSAY  
WILL SPEAK IN MR. WEEKS' INTERESTS**

Globe: The spirit of enthusiasm which is dominating the Liberal party in the Province of Ontario will shortly find its expression in a campaign tour now being arranged for Mr. N. W. Rowell, K.C., the new leader.

Immediately following the Toronto demonstration on Tuesday, November 14, Mr. Rowell will hold a series of meetings in different parts of the Province. The precise dates will be announced later. He will spend three weeks out of the city, speaking daily from Monday till Friday. Some fifteen or eighteen meetings will be held. The following places will likely be included in Mr. Rowell's itinerary: Guelph, Lindsay, Bowmanville, Ottawa, Alexandria or Stormont, Sudbury, North Bay or Sturgeon Falls, Owen Sound, London, Hamilton, Chatham, Woodstock, Stratford, St. Thomas, Nanawau, Brantford and Pelham.

Mr. Rowell plans to divide his time almost evenly between the different sections. Five or six meetings will be held east of Toronto, three in the north and the others will be distributed between the central and southern parts of the Province.

Mr. Rowell's party will consist of Hon. W. L. Mackenzie King, Mr. Charles M. Bowman, M.P.P., Chief Liberal Whip in the Legislature, and Mr. D. J. McDougall, M.P.P.

**ROYAL TEMPLARS  
ORGANIZE HERE**

Mr. E. Skitch, of Hamilton, is in town working in the interests of the Royal Templars of Temperance. The organization Mr. Skitch represents is a Christian Temperance and Prohibition Society with its doors wide open to any man or woman desiring to unite in the effort to combat the great evil of intemperance teaching also that total abstinence are less liable to sickness and accident, and live longer than non-abstainers, and are better qualified for life's responsibilities and duties.

No doubt Mr. Skitch's work will be helpful to all, especially to the young men of our town.

**"THE MILL"**

You do not run any risk whatever in using our Flour—the fullest guarantee of the Company is behind every bag that leaves the mill.

The next time you are ordering Flour try a bag of

**King of Patents**  
—OR—  
**Gold Mine**

and we know you will be delighted with the bread that will be on your table.

"You try our Flour AT OUR risk—not at yours"

**Canadian Cereal & Milling Co., LIMITED**  
LINDSAY, ONTARIO

**HOW COLLECTOR  
WILL BE PAID**

At last night's meeting of the town council, the application of Tax Collector Jackson for an increase in salary came up for consideration. Mr. Jackson was engaged at a salary of \$300, but he asked for an increase to \$500 claiming that it took all his time to properly do the work. Considerable discussion took place on the question, as well as the proper methods to adopt to ensure a satisfactory collection of the taxes.

It was pointed out that the 1909 tax roll had not been cleaned up as yet, owing to the fact that there was a certain amount which the Collector claimed was practically uncollectable. Then the 1910 roll was still out, with \$3,000 or \$4,000 still unpaid.

Some of the Aldermen claimed that the council had been backward in not insisting on prompt payment of the taxes.

The outcome of the discussion was that a Committee was appointed to meet Mr. Jackson this morning. At the conference it is understood that Mr. Jackson agreed to a suggestion thrown out by Ald. Smale at the meeting last night, to be paid in future on the basis of collecting a year's taxes.

**SHE  
SUFFERED  
FIVE YEARS**

Finally Cured by Lydia E. Pinkham's Vegetable Compound.



Erie, Pa.—"I suffered for five years from female troubles and at last was almost helpless. I went to three doctors and they did me no good, so my sister advised me to try Lydia E. Pinkham's Vegetable Compound, and when I had taken only two bottles I could see a big change, so I took six bottles and I am now strong and well again. I don't know how to express my thanks for the good it has done me and I hope all suffering women will give Lydia E. Pinkham's Vegetable Compound a trial. It was worth its weight in gold."—Mrs. J. P. ENGLISH, R. F. D. No. 7, Erie, Pa.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and to-day holds the record for the largest number of actual cures of female diseases we know of, and thousands of voluntary testimonials are on file in the Pinkham laboratory at Lynn, Mass., from women who have been cured from almost every form of female complaints, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, indigestion and nervous prostration. Every suffering woman owes it to herself to give Lydia E. Pinkham's Vegetable Compound a trial.

If you want special advice write Mrs. Pinkham, Lynn, Mass., for it. It is free and always helpful.

**Request Was Granted**

At the meeting of the Library Board on Friday, the prayer of the petitioners concerning the placing of certain Socialist periodicals on the library tables was granted.

Mr. G. J. Jones, of Balsaver, was in town this morning!

**W. W. JORDAN HOME FROM WEST  
TALKS OF SASKATCHEWAN PROVINCE**

Mr. William Jordan, who has been in the Northwest for the past six months, has returned to town. Tuesday afternoon a Post man interviewed him on matters pertaining to the West. The west is a great country, he says, but still he is glad to get back to Ontario, and particularly to Lindsay. While away he saw many old Lindsay people, who are doing well in that country, and whom it was a pleasure to meet.

While away he spent his time in the northern part of the province of Saskatchewan, being in Saskatoon for about five months. He was there in the interests of the Imperial Oil Co., which is erecting large tanks at different points in the country for the supplying of the farmers with gasoline and coal-oil, with which to run their machinery etc. The C.N.R. has a branch known as the Goose Lake branch running south-west from Saskatoon to Kindersley, a distance of about 125 miles. The railway is built on the old Indian trail. Kindersley is near the Albertan boundary, is now the terminus, but the C.N.R. are planning to extend the line about 150 miles thus entering the Peace River District.

The country along this line of railroad, with the exception of about 50 miles from Saskatoon, which is sandy is good. For about 100 miles from Saskatoon to a place called Rosstown, the country is thickly settled and the balance is rapidly filling up. No homesteads can be had now along this railway. To get them a person must go north 100 miles. The price of land in his section averages from \$25 to \$75 an acre.

Mr. Jordan also visited Battleford and, while there is good land there he was more favorably impressed with the land around Saskatoon.

He was also in Prince Albert for a few days. The country there is heavily wooded. None of it was fit for lumbering purposes, of course, but the settlers find it useful for firewood. The land is not difficult to clear and is excellent for agriculture.

Speaking of crops, Mr. Jordan said that where the land is well tilled, the farmers invariably had a good crop. In some sections the frost injured some of the grain. Flax was a poor crop as a rule.

When travelling through the country he visited the place where Louis Reil was captured, namely, Batoche on Duck Lake, centres which are indelibly associated with the rebellion of 1885.

Mr. Jordan, as a result of his observation, says that Saskatchewan is the leading agricultural province. Saskatchewan is growing by leaps and bounds and is destined to be one of the greatest centres in the west. The boom going on there is not of a spasmodic nature, but is sure and steady.

Mr. Jordan is in splendid health and was welcomed by his host of friends.

Mr. A. J. Campbell, his friends will regret to learn is ill at the Ross Hospital.

that delicate mechanism of the brain which he intended should be put to the noblest uses, not the grossest abuses, thus making ourselves unable to meet even the most ordinary emergencies of life. We invite physical infirmity, mental disease and spiritual decay.

By worry the functions of digestion which was designed to work in harmony with God's beneficial laws, enhancing the joy of being, is impaired and weakened to an extent which makes life one long chain of misery. Being a self-made dyspeptic we are not alone miserable, but are possessed with an uncontrollable desire to make everybody around us share our misery. I do not believe worry has its origin in a disordered stomach, for mind is ever lord of matter, but I do believe that the habit of always looking on the dark side of life created the trouble. In other words the mental condition was reflected in the body and disease followed.

A distinguishable peculiarity of those people who are so unfortunate as to let this evil possess them is that they seldom acknowledge that it is a fault, but rather regard it as a virtue they dwell in an atmosphere of self-justification, and think themselves martyrs to duty and faithfulness, when in fact they make martyrs of nearly everyone who is so unfortunate to come within the radius of their poisonous thought.

The story of many a divorce case, of many a wayward boy and girl, if it could be traced from the beginning, would reveal that the friction thus occasioned was the secret which caused the final separation and downfall, for the mother's habit of worry often brings out a corresponding tendency in those about her, creating discord and ill-temper.

There are two divergent classes of these fussy people, and I am at a loss to state which one is most deserving of pity or condemnation. One class worries over the evils of life, present, past and those to come, usually those to come. Like Noah they live many years under the afflictions of a flood, and like Jeremiah repent the loss of Jerusalem long before it is besieged. Distressing ones, self greatly and constantly in the apprehensions of misfortunes which after all never arrive, weakens the mind and breeds disease in the body.

Women often break down from overwork, it is said, but in nine cases out of ten these breakdowns are the result of worry as much as work. Their children, whether at home or at school, furnish an ever present theme of worry. Their husbands, servants, relatives, friends, club reform, and church work, give them additional anxiety and imposed ungmtura, and which it was never designed by a wise and loving heavenly Father that any one of His children should bear.

The other class of women given to worry have less claim to our sympathy. Like Martha they are cumbered with too much serving, determine 'to have everything in the house 'just so,' from the start.

That term, as everyone knows, means perfect in every detail. That is a large contract, as experience will soon teach, but she has assumed it and is going to carry it out no matter how great the cost. Were it not for the fact that she takes pleasure in her pangs, we would pity her, for she frets worse than a woman who has company for tea, and not enough spoons to go around.

If you accompany this woman to the dressmakers' you will find another phase of her worrying. She tells you there isn't a trial on earth so hard to bear as having a dress fitted, and when finally the garment is finished and she has exhausted the patience of the poor dressmaker, who has tried to give her the best service the chances are that she will, after examining the finished article at her home, find flaws in the work and send it back.

It is harder for such people to overlook trifles than great faults. The fact that John has left muddy tracks on the hall carpet annoys her more than the knowledge that he spends his evenings at the Club, where drink and gambling form the chief pastime. Somehow she accepts the most prominent failings in the most matter of fact way as something incident to poor humanity and she summons her charity to forgive them, but ah, these pin pricks, they are too exasperating to be endured.

Fortunately there are many women who can see things in their right proportions, women whose perception of perspectives is accurate, and to whom small things do not assume undue proportions. Such women can separate essentials from non-essentials. They can stand off a little way from the situation and get the general effect, or see it as it really is, which is the most important step toward re-adjusting themselves to it. But this practical sense of perspective is a thing which many women sadly need to develop and cultivate.

**THE VICTORIA LOAN  
and SAVINGS COMPANY**  
INCORPORATED 1895

Capital.....\$300,000.00  
Reserve Fund.....\$58,000.00

In the mortgage business we are enabled to pay interest on savings at rate varying from 3 1/2 to 4 1/2 per cent. under conditions as to security, etc., which are unexcelled. We respectfully solicit your patronage.

**JAMES LOW,** Manager  
**NEWTON SMALE,** Assistant

**THE STANDARD BANK  
OF CANADA** 80 Branches  
A DEPOSIT OF ONE DOLLAR

is received in our Savings Bank Department, and is sufficient to open an account and entitle the Depositor to a pass Book. The highest current rate of interest is allowed, and money may be withdrawn at any time without delay.

Savings Bank Department at Every Branch.

Lindsay Branch: } F. F. LOOSEMORE, Manager  
Dunsford Branch: }  
Little Britain Branch: C. S. THOMPSON, Act'g Mgr  
Nestleton Station Branch: W. J. WHITE, "

Branches also at Cannington, Woodville, Beaverton, Pefferlaw, Brechin, Sunderland and Blackstock.

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OPENED 1858 ESTABLISHED 1817

Capital Paid up .....\$14,400,000  
Reserve .....12,000,000  
Undivided Profits .....1,070,735  
\$27,470,735

Branches in every Province of the Dominion.  
A GENERAL BANKING BUSINESS TRANSACTED  
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Office Hours:  
10 to 3 o'clock  
Saturdays 10 to 1 o'clock

**H. B. BLACK**  
Manager Lindsay Branch

**THE CANADIAN BANK  
OF COMMERCE**

SIR EDMUND WALKER, C.V.O., LL.D., D.C.L., PRESIDENT  
ALEXANDER LAIRD, GENERAL MANAGER

CAPITAL - \$10,000,000 REST - \$8,000,000

**DRAFTS ON FOREIGN COUNTRIES**

Every branch of The Canadian Bank of Commerce is equipped to issue drafts on the principal cities in the following countries without delay:

Africa	Cuba	Greece	New Zealand	Siberia
Argentina	Denmark	Iceland	Norway	Southern Africa
Australia	Egypt	India	Panama	Spain
Austria-Hungary	Faroe Islands	Ireland	Peru	Strait Settlements
Belgium	Finland	Italy	Portugal	Switzerland
Brazil	France	Japan	Roumania	Turkey
Bulgaria	Germany	Java	Russia	United States
Ceylon	Great Britain	Manchuria	Siam	Uruguay
China	Great Britain	Mexico	West Indies, etc.	

The amount of these drafts is stated in the money of the country where they are payable; that is they are drawn in sterling, francs, marks, lire, kroner, florins, yen, taels, roubles, etc., as the case may be. This ensures that the payee abroad will receive the actual amount intended.

**H. A. HOLMES, Manager Lindsay Branch**

**The HOME Original  
BANK 1854  
of CANADA**

Notice is hereby given that a Dividend at the rate of SIX PER CENT. per annum upon the paid up Capital Stock of The Home Bank of Canada has been declared for the THREE MONTHS ending 30th of November, 1911, and the same will be payable at its Head Office and Branches on and after Friday, 1st December next.

The Transfer Books will be closed from the 16th to the 30th November, 1911, both days inclusive.

By order of the Board,  
**JAMES MASON,**  
General Manager.

Toronto, October 25th, 1911.

**TORONTO**  
HEAD OFFICE  
LINDSAY  
BRANCHES IN THIS DISTRICT  
JANETVILLE

**SNAPS IN GASOLINE ENGINES  
FOR FARM OR MARINE WORK**

We have several engines in stock running 2 1/2, 3 1/2, 4 to 18 h.p., which can be purchased now at a low figure. Cheap power for farm work or for pleasure craft. Gasoline, Oil, Batteries and other supplies in stock.

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