

Canada Life Assurance Co

Canada Life policies are extremely simple, safe and profitable. They are world-wide, indisputable after one year, automatically non-forfeitable after three years in force until value is exhausted. They provide for 30 days' grace without interest for payment of premiums, and contain generous loan and cash values.

Best on the Continent.

"It pays to have a policy in The Canada Life."

W. R. WIDDESS, General Agent LINDSAY

WANTED

WANTED—Two skilled instructors in carpentering and printing, in the Victoria Industrial School Mimico. Must be men of good moral character. Personal application where possible. Address, C. Ferrier, Superintendent. d.2.w.1

FOR SALE

FOR SALE.—Driver, mare, 8 years old, reliable, not afraid of auto. F. W. Sutcliffe. d2w1

FOR SALE OR TO RENT—For season, summer cottage partly furnished on First street, Sturgeon Point, suitable for small family. Apply G. Blackwell or F. H. Kidd.—w4 stf.

FOR SALE.—Farm, lot 18 con. 2 Fenelon. 100 acres more or less mostly all under cultivation, soil loamy, log buildings. One mile from Ilay school, blacksmith and post office, 2 miles from Glenarm, Church, and good general store. On main road to Lindsay. Will sell cheap as owner wants to go west. Apply to owner on premises. Possession to plow after harvest. w2

FARM FOR SALE.—South east quarter, lot 15, and North half lot 16. con. 13, Emily. 150 acres more or less. Good frame house good farm and barn. For all information apply to Stewart and O'Connor, Lindsay, Ontario. w.5

ALBERT COLLEGE BELLEVILLE, ONT.

Over 300 students enrolled annually, half of whom are young ladies. Highest advantages in all departments. Buildings heated by steam and lighted by electricity. Will re-open Tuesday, September 5th, 1911. For Calendar or room, address

PRINCIPAL DYER, D.D

CANADIAN PACIFIC SETTLERS' TRAINS

MANITOBA and NORTHWEST

Come into Lindsay for your tickets and travel by the short line via Toronto and Sudbury.

TIME SAVED BY THIS ROUTE - Come in by morning trains and leave Lindsay 4:35 p.m. daily, leaving Toronto 10:10 p.m. daily. Only 40 hours Lindsay to Winnipeg by this route

Full supply "Settler's Guides" and "Western Canada" ready now, apply early.

For tickets and berth reservations apply T. C. MATCHETT, agent C.P.R., Kent-st., Lindsay.

OAKWOOD

(Continued from page one) Rev. W. Lambert and family moved into the parsonage this week.

Miss Elsie Hullyer visited her sister, Lorna, at Little Britain this week.

Mr. J. P. Gordon, of the Bank of Montreal is at present enjoying his holidays in Toronto.

The news of the death of Mr. S. J. Fox, M. P. P. of Lindsay, was received here with general regret. Mr. Fox was a man highly esteemed and had many warm friends at Oakwood and vicinity.

A special meeting of the Mariposa township was held in the town hall on Tuesday last.

LINDEN VALLEY

Among the visitors that were present were: Mrs. J. H. Shaw, of Hespeler, Miss Warvey McCorvie, of Rochester, Mrs. McCalpine, of Lorneville, Miss Fernie and Myrtle Anderson, of Cameron, Miss Ada Atcher, of Coldwater, Miss E. Nugent, of Lindsay, Miss Maimie Forest, of Eden, Miss E. McGuines and Miss McKay, of Cambridge. The Dist. Pres., Mrs. F. Webster, and Sec. Treas. Mrs. J. T. Birchard were also present besides quite a number of gentlemen from the neighborhood were present.

Mr. Jas. T. Birchard is spending a week with his son, Russel, of Barrie.

Mr. Sam Anderson, of Cameron, visited his friend, Mr. Ernest Hancock, on Wednesday last.

Among those who took in the excursion to Oshawa were: Mrs. B. Cruess, and daughter Zella, Mr. and Mrs. J. W. Hancock, Miss Florence and Mr. Russell Giles, Mr. and Mrs. Gess Gorrill, Mr. Orsen Weldon, and Mr. Harvey Coad.

Mr. Percy Hancock spent the first at Bobcaygeon, visiting his sister Mrs. Medleton.

Mr. and Mrs. A. Rich and daughter Laurie, spent the first at Mr. J. C. Coad's.

Mr. Ernest Hancock and sister, Stella spent Sunday at Mr. George Fee's Cannington.

On Saturday, Miss A. Swetman, our teacher, left for her home in Picton.

On Wednesday, June 28 the Linden Valley branch of the Women's Institute gathered in Mr. E. Roger's grove to have a picnic. Although it being a very cold windy day there wasn't as large an attendance on that account.

Mrs. G. H. Shaw, of Hespeler, gave a very instructive address on "Home and Country," which was listened to with much interest. Mrs. B. Jewell gave a solo entitled, "I had to call him Father," Mrs. A. Anderson, accompanying on the organ. Mrs. F. Webster, Dist. Pres., then gave a short talk. The Linden Valley orchestra was in attendance and gave several selections. They also favored us with music while the ladies prepared lunch. Mr. Garfield Rogers took a snapshot of the picnic party while at tea.

WANTED

WANTED—Teacher or S. S. No. 21, Mariposa, Victoria county, Normal certificate required. Salary \$525. Duties to commence September 1. Apply to J. K. Wilson, Sec. Treas. Valenita Post Office. w.4

Lindsay Market Weekly Quotations

Flour, best Manitoba, \$2.80.
Shorts, retail \$1.25.
Rolled oats, \$2.50.
Bran, \$1.20.
Fall wheat 80c.
Spring wheat 75c.
Goose wheat 75c.
Buckwheat 45c bus.
Barley, 50c.
Rye 58c.
Oats 40c.
Large peas, 90c.
Small peas 75c.
Hay 10 to 12
Pea straw, \$1.50 per load.
Eggs 18c.
Dairy Butter 20c. and 23c.
Creamery Butter 25c.
Cream, 15c and 30c.
Lard 15 to 18
Honey 25c. a comb
Cheese 15c.
Hens 14c and 15c lb
Live Hogs \$6.75 M
Little Hogs \$5. to \$6.
Pork, 12 1/2 to 15.
Beef Cattle, 5c to 6.
Sirloin steak, 18c. per lb.
Rib roast, 12c. to 15c. per lb.
Spare ribs 10c. \$lb.
Hides \$7 to \$8.
Head cheese 12
Potatoes \$1 to \$1.10
Straw \$3. to \$5 der load.
Dressed hogs, 8c, 9c and 10c.
Dried apples 10c

MARKET REPORTS.

Liverpool Wheat Futures Close Lower, Chicago Exchange Closed—Live Stock—Latest Quotations.

LIVERPOOL, July 4.—Closing—Wheat—Spot nominal. Futures quiet; July 6 1/2 @ 40 3/4, Dec. 68 3/4 @ 39 1/2.
Flour—Winter patents, 47s.
Hops—In London (Pacific Coast), 45 1/2 to 46 1/2.

The Chicago Board of Trade and the American grain exchanges were all closed to-day over the holidays.

Winnipeg Options.
Close. Open. High. Low. Close.
Wheat— 97 1/2 97 1/2 97 1/2 97 1/2 97 1/2
Oats— 25 1/2 25 1/2 25 1/2 25 1/2 25 1/2
Rye— 32 1/2 32 1/2 32 1/2 32 1/2 32 1/2

Toronto Grain Market.
Wheat, fall, bushel, \$2.83 to 2.84
Wheat, spring, bushel, 0.80
Rye, bushel, 0.70
Oats, bushel, 0.43
Barley, bushel, 0.60
Buckwheat, bushel, 0.48
Peas, bushel, 0.78

Toronto Dairy Market.
Butter, store lots, 0.16 to 0.17
Butter, separator, dairy, lb, 0.19
Butter, creamery, lb, 0.22
Butter, creamery, solids, 0.23
Eggs, new-laid, 0.19
Eggs, old, 0.12
Cheese, lb, 0.14 to 0.15
Honeycombs, dozen, 2.50
Honey, extracted, lb, 0.10 to 0.11

Liverpool Grain and Produce.
LIVERPOOL, July 4.—Beef—Extra India mess, 78 3/4.
Pork—Prime mess, western, 72s 6d.
Hams—Short cut, 14 to 16 lbs, 6s 6d.
Bacon—Cumberland cut, 25 to 30 lbs, 5s 6d.
Lard—Short rib, 18 to 24 lbs, 4s 6d.
Middles, light, 25 to 34 lbs, 5s 2d; long clear middles, heavy, 35 to 40 lbs, 50s 6d; short clear backs, 15 to 20 lbs, 3s 7d; shoulders, square, 11 to 12 lbs, 4s 6d.
Lard—Prime western, in tierces, 31s 6d; American refined, in pails, 42s.
Cheese—Canadian finest white, new, 55s 6d; Canadian finest colored, new, 56s 6d.
Butter—Good United States nominal. Turpin—Spits, 18s.
Rosin—Common, 18s.
Petroleum—Refined, 6 1/2d.
Insect oil—4s 6d.
Cottonseed oil—Full refined, spot, 7s 3d.
Tallow—Australian, in London, 32s 10 1/2d.

Montreal Grain and Produce.
MONTREAL, July 4.—Business in wheat and oats for export account continues very quiet. There was some inquiry from foreign buyers for Manitoba spring wheat, but the prices bid for No. 2 northern were 1/2d lower than yesterday. There was also very quiet, and prices were unchanged. A few cars of winter wheat flour were worked for export, but the demand for spring wheat grades is limited. A fair trade is passing in millfeed, of which supplies are none too plentiful.
Oats—Canadian western, No. 2, 41 1/2c to 42c; car lots, ex-store, extra No. 1 feed, 40 1/2c to 41c; No. 3 C.W., 40 1/2c to 40 3/4c.
No. 2 local white, 39 1/2c to 40c; No. 2 local white, 39c to 39 1/2c; No. 4 local white, 38 1/2c to 39c.
Flour—Manitoba spring wheat patents, firsts, \$5.30; seconds, \$4.90; winter wheat patents, \$4.50 to \$4.85; strong bakers', \$4.60; straight rollers, \$4.10 to \$4.25; in bags, \$1.35 to \$1.50.
Feed barley—Per barrel, \$4.35; bag of 50 lbs., \$2.15.
Feed barley—Car lots, ex-store, 51c to 52c.
Corn—American, No. 3 yellow, 62 1/2c to 63c.
Middlings—Bran, Ontario, \$22.50 to \$23; shorts, Manitoba, \$25; middlings, \$25 to \$26.
Beef—Plate, half-barrels, 199 lbs., \$1.90; barrels, 200 lbs., \$1.40; tierces, 300 lbs., \$21.50.
Lard—Compound tierces, 55 1/2c; 56c; boxes, 50 lbs. net (paraffin lined), 59c; tubs, 50 lbs. net, graded, two handies, 59c; pails, 30 lbs. net, 10c; tin pails, 20 lbs. gross, 9 1/2c.
Pork—Heavy Canada short cut mess, barrels, 35 to 45 pieces, \$22.50; half-barrels, \$18.50; Canada short cut and back pork, 45 to 55 pieces, barrels, \$22.50; Canada clear pork, barrels, 30 to 35 pieces, \$21.50; 200 lbs., \$17.50 to 18c.
Cheese—Western, 1 1/2c to 1 1/2c; eastern, 10 1/2c to 11c.
Butter—Choicest, 22 1/2c to 23c.

CATTLE MARKETS.
Toronto Live Stock.
TORONTO, July 4.—The railway reported 91 cars of live stock at the City Market, consisting of 1386 cattle, 354 hogs, 640 sheep and lambs, 282 calves and 8 horses.

Geo. Rowntree bought 370 cattle for the Harris Abattoir Co. as follows: Heavy cattle at \$6 to \$6.15; butchers' steers and heifers, \$5.70 to \$6, and cows, \$2 to \$4.70.
Stockers and Feeders.
Maybee & Wilson sold one load stockers, 700 lbs., at \$4.25.
Charles Maybee & R. Wilson bought 50 stockers, 600 to 800 lbs., at \$4.50 to \$5.
Milkers and Springers.
Trade in milkers and springers was none too swift at \$6 to \$6.50 each.
Veal Calves.
Veal calves sold at \$4 to \$7 per cwt., or an average of \$6.50 per cwt.
Sheep and Lambs.
Wesley Dunn quotes prices as follows: Light ewes, \$3.50 to \$4.50; heavy ewes,

to \$5.00; ram, \$4.50 to \$5.50 per cwt.; lambs, \$6.50 to \$7.50 per cwt.

Hogs.
Selects fed and watered at the market \$1.30, and \$3.75 for 6 cars at country points, are the quotations given by the largest dealers.

Glasgow Live Stock.
GLASGOW, July 4.—Edward Watson & Ritchie report 125 cattle ex Salacia, on offer. Continual trade good and a sharp demand for both steers and bulls; prime bulls made 11 1/2c, and secondary 10 1/2c; steers were of a secondary character, but sold well at 10c to 10 1/2c per lb. Prospects are good.

GRACEFUL HANDS.

Rules For Women Who Would Possess Most Beautiful of Adornments.

"If only some women would realize how irritating are the hundred and one futile gestures of the hands in which they indulge," was the lament of a beauty doctor. "Perpetual motion of the hands is not only a waste of nervous energy, but is also a source of annoyance to the beholder. Because some gestures of a white and lovely hand are delightful and expressive, it does not follow that there is no beauty in repose."

These senseless movements are supposed to spring from nervousness, but often they increase nervousness, simply because such continual motions of the hands are really a constant strain upon the nerves. Let every woman who is guilty of these mannerisms watch herself, and try to break herself of such annoying tricks as the following:

1. Continually fussing with her hair.
2. Fingering her face.
3. Rubbing her cheeks or eyes.
4. Slipping her rings up and down her fingers.
5. Fidgeting with the ornaments of laces of her dress.
6. Drumming on a chair or table.

The woman who is self-conscious and feels that she "is all hands" should try the remedy prescribed with great success by a professor of deportment. In order to acquire graceful self-control of the hands in both action and inaction, the professor declared it was only necessary to forget them.

"Drop the arms in front of you, and, wring the hands violently for five minutes," was his advice. "As this so numbs them that they lose consciousness for a time and so do not remind the too conscious owner of their existence." Some women who have tried this remedy declare that after a month's daily practice of the exercise they have entirely overcome the uncomfortable abnormal consciousness which was the real source of the trouble, and have thus gained surprising ease in their movements.

Nothing repays a woman more than the care she lavishes over her hands. All extremes of temperatures, especially splashing the hands alternately in hot and cold water, should be avoided. Dabbling the hands constantly in cold water, just to rinse them, simply grinds the dirt in and makes the texture of the skin coarse and red.

The hands must be washed thoroughly with plenty of warm soft water and a good soap. A few drops of ammonia or a saltspoonful of powdered borax will soften a bowl of hard water and will help to keep the hands smooth and white.

Refused to Return Money.
St. Catharines, July 5.—Kirkar Vartaram and Abel Kharjany were arrested Monday night, charged with fraudulently omitting to pay certain money entrusted to them as officers of the Areek Educational Society. The men, who were employed at the McKinnon Dash Works, had been president and secretary respectively of the society. Saturday, new officers were elected and the old ones refused to hand over the funds. The amount involved was between \$1,600 and \$1,700. Yesterday in the Police Court \$1,525 was produced by the defeated officers. A member of the society was sent to recover the amount of the balance, and the case was remanded a week. Magistrate Campbell meanwhile keeping the money as a trustee.

ENGAGED TEACHER JUMPS HIS CONTRACT SCHOOL BOARD WILL TAKE ACTION

The regular meeting of the Board of Education was held this morning in the council chamber with chairman, Thos. Stewart in the chair. The members present were: Messrs. A.L. Campbell, Jas. W. Anderson, J. E. Adams, Jos. Staples, J. D. Flaville, John Carew, Alex. Jackson, and Drs. J. A. White and J. W. Wood.

Dr. Wood presented the report of the agricultural committee. There were several accounts in connection with the experimental plots and spraying orchards. It is proposed to hold agricultural meetings at several convenient points throughout the county among the places being chosen for these meetings being, Kirkfield, Bobcaygeon, Omeme and Little Britain.

A communication was received from the Secretary of the Stratford Board of Education regarding a uniform contract with the teachers. It was decided to forward a copy of the agreement used by the local board to the department of Education.

The report of Mr. Lucas on the collection of fees for the Collegiate was read and filed. The report is as follows:—
Fees from town pupils, \$331.25
Fees from county pupils, \$272.75
Fees from outside pupils, \$136.50
Total, \$740.50
Mr. Boxall appeared before the

YOUNG MEN'S CLOTHES

The young man wants clothes that are different; "not too loud," but clothes full of style and go.

The Summer styles have many fascinating features; collars, lapels and general lines, are graceful and impressive. Critical young men are certain to appreciate these smart styles. The styles are the latest and are very effective in colorings and weaves.

There are many new things to see here at this store and our time is always at the disposal of the young men who are casting about for just the right suit.

If you have always been clothes troubled we ask you to come here for relief.

Men who know come here for clothes

Suits at \$7, \$10, \$12, \$15, \$18
See our Saturdays Special at \$15



FURNISHINGS, HATS and CAPS

Our Hosiery

We offer our trade the best lines of hosiery on the market. Hosiery with a well established reputation for goodness.

There are solid shades and neat patterns of Fancy Hosiery. Just the thing for low cut shoes.

Cotton, Lisle, Silk, etc. Double heel and double toe.

Our Neckwear

We have picked the flower of the season's neckwear productions. Many of the choice new silks are confined to us. Some are very luxurious.

A thousand men, a thousand minds and a thousand Ties to choose from at 25c, 50c, and 75c.

We are showing some beautiful creations in Wash Ties.

Summer Fancies

When you need a new shirt, better look over our lines before buying. Our Summer stock is now complete, and with fresh additions from time to time we offer you an excellent choice of patterns and materials.

B. J. GOUGH - LINDSAY

"Where the Good Clothes Come From."

PALESTINE

(Special to the Post)

Every person attended the picnic on Saturday and report a fine time although the intense heat made it uncomfortable.

Miss Kate McDonald, who has spent the past two weeks at her home here returned to the city on Monday evening.

The Misses Mary and Elizabeth Imrie, of Toronto, spent the holiday at the home of Mrs. Colin McMillan.

Mrs. Hugh Ferguson, of Winnipeg, accompanied by her four little daughters, is spending the summer with her sister Mrs. Thos. Greaves.

On Wednesday last, many of the people of the School section spent a very sociable afternoon at the school house at the close of the mission week. The teacher, Mr. Fred Reed, was presented by the scholars with a beautiful set of gold cuff links suitable engraved. Mr. Reed, though surprised thanked the scholars and parents for their kind remembrance.

THE IMPERIAL LIFE ASSURANCE COMPANY OF CANADA

Have pleasure in announcing the appointment of Mr. Wm. E. Agnew as the Company's District Agent for the Counties of Durham and Victoria.

Mr. Agnew will continue to make his headquarters at Lindsay, where he has been representing the Company for some time past in a local capacity.

All communications regarding the business of the Company in this District should be addressed to Mr. Agnew at Lindsay.

J. K. PICKETT, Manager
Head Office - - - Toronto, Ont.