

MAINSTAY OF THE PIANO

(H. C. Hamilton.)

There are many people of decided musical gifts, who for some inexplicable reason, are unable to direct their fingers on the piano keyboard. They have musical appreciation and discrimination, and work heroically at piano practice, and yet accomplish nothing, that was commensurate with the labor expended, nor learn to play well enough to please themselves or their friends. Some are even unable to master the keyboard sufficiently to play chords as an accompaniment to vocal exercises.

The cause doubtless lies deep in the nerve centres, and their action in transmitting directions from the brain to the fingers. An incapacity of this kind can be dealt only with great difficulty. Some physiologists claim that this may be overcome if undertaken early enough. It seems to me that if the nerves are in good condition, and no impediment exists, physically, one could overcome the deficiency by will power.

This is a lamentable lack among most pupils. In a few previous articles I tried to show what were the physical fundamentals in regard to good playing. Doubtless some read these things, and perhaps a few began to put them into practice. But for how long? Is technic gained in a day, or a week? No, it takes the grit and backbone that comes from a strong will to make a successful musician these days, when competition is so strong. If you do not accomplish it, be sure others will. Take an inventory of yourself, and confess honestly where this imperfection lies. In most cases it is a lack of determined application. The pupil who puts dances and suppers and promenades always first, and leaves his practice till he has a convenient time, will never succeed, and he need not expect to, not if he had lessons from Paderewski. If the nerve centres are slow, compel yourself to think, and think correctly, before playing a note. There is no use in making aimless movements on the keyboard without the direction of the brain. The lack of character soon shows itself in such meaningless and worthless wasting of time.

In short, a person must make up their mind to do their best, and with courage face the difficulties they meet. No success is ever attained without some sacrifice, and self-examination. Great pianists work many hours a day, not only with their fingers, but with their brains as well.

STRENGTH FOR WEAK STOMACH

Can Only Be Had Through Rich Red Blood.

When the blood is poor and thin and the stomach in consequence is imperfectly supplied with oxidized blood and nerve force, the digestive process becomes slow and fermentations of the food goes on, with the formation of gas and certain acids. The pressure of the gas causes pain in the stomach; sometimes it affects the heart. When the gas is belched out through the mouth the patient is temporarily relieved, the sour risings in the throat, and the burning sensations in the throat and stomach are caused by the acid fermentations. There are plenty of things to neutralize these acids, or to "sweeten the stomach" as it is called, but they do not cure the trouble. Pure, rich blood which will tone up the stomach and enable it to do the work nature intended it to do, is the only road to a cure. Dr. Williams' Pink Pills make new, rich, red blood—that is why they cure even the most obstinate cases of indigestion. The following is a bit of proof. Miss Mizmie Greene, of Hall's Bridge, Ont., says: "About a year ago I was greatly troubled with my stomach. Everything I ate caused me pain and distress. I would feel as though I was starved, but when meal time came the sight of food caused a feeling of loathing. There were days when I could not even hold milk on my stomach, and my head would ache so that I could hardly keep from screaming. Only those who have suffered from stomach trouble know the torture I suffered. I tried almost every remedy recommended, but found not the least benefit until I began taking Dr. Williams' Pink Pills. These I used for a couple of months and they worked a perfect cure and I am again enjoying good health and able to eat freely all kinds of food."

If you are suffering from indigestion or any other trouble due to poor watery blood, begin to cure yourself today by the use of Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Presbytery in Session Today

The Presbytery of Lindsay held its regular meeting in St. Andrew's Sunday school room today. Those in attendance were:

Revs. C. S. Lord, Fenelon Falls; W. G. Smith, Bobcaygeon; J. R. Conn, Cannington; D. W. Best, Beaverton; T. A. Symington, Beaverton; T. O. Miller, Uxbridge; W. A. MacKay, Blackwater; A. E. Mitchener, Sunderland; H. Walker, Kimmount, and Messrs. A. Jackson, Lindsay; J. Windatt, Gamebridge; J. Michael, Cresswell; H. Baldwin, Sunderland; W. C. Moore, Bobcaygeon; R. Robertson, Dunsford.

The statistical report for the year 1912 indicated that the migration from rural communities and the small towns of the Presbytery to the cities and to Western Canada, is seriously felt by the congregations. Yet on the whole the interest in the work of the church is well maintained, and the financial support has steadily increased during the past ten years.

The Presbytery has appointed a committee to arrange a program for the discussion of "The Problem of the Country Church," at a special meeting to be announced later.

Mr. H. Baldwin, who has served the Presbytery very efficiently for many years as treasurer has resigned the position, and Mr. W. C. Moore, of Bobcaygeon has been appointed treasurer.

Mr. Ewan Macdonald of Leaskdale, was elected moderator for the next half year.

MINDEN.

(Special to The Post.)

Mrs. M. Brown is visiting friends in Toronto.

Mr. and Mrs. Wm. A. Welch and little daughter, Enid, spent Sunday with friends at Maple Lake.

Mrs. Noice is visiting friends in Toronto.

Mr. Jas. Cornell, agent for the Massey Harris, was in town on business a few days last week.

Mr. Stewart Taylor spent a few days in Lindsay and returned home on Monday.

Rev. C. E. Pratt was in Gelett a couple of days last week.

Mr. Geo. Dettman, of Kimmount, was in town on Wednesday.

Mr. Arthur Noice is home from Toronto.

The Misses Croft and Vincent, of Ingoldsbys, were in town one day last week.

The Venerable Archdeacon Warren, of Toronto, will visit St. Paul's Church, Minden, on Trinity Sunday, May 14th, also St. John's Church, Gelett.

Miss Esther Jones, returned from Huntsville on Friday after a visit with friends there.

Police Magistrate Delamere was in Toronto and Wilberforce on business during last week.

Mr. Geo. Otto was in town on Friday evening on his way to Haliburton from his trapping ground.

The funeral of the late Mrs. Isabelle Steele who died on Saturday, May 3rd, took place on Monday, May 5th, at Minden cemetery in charge of Rev. J. M. Whyte of the Methodist Church.

Surveyor Dickson, of Fenelon Falls, was locating lines near Horseshoe Lake in Minden Township last week.

Mr. and Mrs. Willett have returned from Toronto to Gull View cottage, Gull Lake.

Mrs. Sawyers, of Donald, came to Minden on Thursday last.

Mr. W. E. Mackey, of Trinity College, Toronto, came through last Saturday to take charge at the Stanhope Anglican Mission for the summer.

Mrs. James Hutchings, of Haliburton, and Mrs. Robt. Henry, of Essonville, attended the funeral of their mother, the late Mrs. Steele.

Mrs. John Boyd, of Hindon Hill, was the guest of Mrs. J. H. Graham early last week.

NORTH EDEN

(Special to The Post.)

Mr. and Mrs. Angus Gillies spent Saturday in Lindsay.

Mr. Hanna, of Toronto, visited with friends at Sunnybrook Farm, during the week.

Mr. Manning was in Lindsay on Saturday.

Mr. and Mrs. Sam Smith, also Mrs. Donald Smith, were visitors to Lindsay on Saturday.

Annual District Meeting

The annual district meeting of Lindsay District of the Methodist Church will be held at the Cambridge Methodist Church on Thursday, May 22nd. A large attendance of clergy and laymen from all parts of the section is expected and some very interesting work will be transacted.



SHERWIN-WILLIAMS PAINT, PREPARED

A durable and economical house paint. Made of pure lead, pure zinc, and pure linseed oil, thoroughly mixed and ground in scientific proportions. One quality only—the best—48 colors.



SHERWIN-WILLIAMS KOPAL

A perfect varnish for general use. Can be used inside or outside. It will withstand the sun and the elements outside and the cleaning and scrubbing inside.



SHERWIN-WILLIAMS SHINGLE STAIN

A stain that brings out the natural beauty of the wood and adds to it a rich coloring. Sinks in thoroughly and permanently, staining and protecting the wood.



SHERWIN-WILLIAMS PORCH FLOOR PAINT

A pure linseed oil paint that dries with a tough, elastic film, capable of resisting the most trying weather and wear. Made in 7 colors.



SHERWIN-WILLIAMS BUGGY PAINT

A varnish gloss paint made to stand wear and tear and outside exposure. Colors and varnishes at one operation. Can be washed.



This is the time of the year when you, Mr. and Mrs. Householder, are interested in fixing things up around your home. The Spring house cleaning brings into evidence the necessity for redecorating, and innumerable other small repairs and changes. The coming of spring makes necessary the overhauling of your garden tools and equipment, and there are lots of little purchases that you will have to make in the near future. So we want to call your attention particularly to our very complete and interesting stock of hardware, paints, oils and other materials. Call on us at any time and allow us the pleasure and opportunity of showing you our stock of goods which we know will interest you. We do not ask you to make any purchases unless you find our quality right and our prices right. We are always glad to give information or show goods to any one who will take the trouble to call at our store.

Does Your House Need Painting?

Or are some of the outbuildings or the fences shabby and worn and in need of paint protection? We have studied the problems of outside painting and we are prepared to help you solve them. When you buy paint, buy it for the protection it will give you, and don't simply buy the paint that is lowest in price per gallon. Good paint must be made of pure, good quality materials, must contain Pure Lead, Pure Zinc, Pure Linseed Oil and Pure Coloring Pigments and Driers. Not only must all the materials be of good quality, but they must be put together in correct scientific proportions and mixed and ground by powerful machinery.

We are agents for Sherwin Williams Paint, the paint that is the best known paint in Canada, and in fact in all parts of the world. Sherwin Williams Paint has attained its present popularity because it is conscientiously made of the best and purest materials, by the most modern and up-to-date processes, and has always given satisfaction to those who use it.

Let us show you a card of forty-eight beautiful colors and discuss the painting of your house with you. Remember that keeping your house properly painted is an economy: it makes it look better, it increases the value of your property, and it protects the wood from the destructive effects of the weather.

The Inside of Your House.

Nowadays people are making a very serious study as to the most artistic, hygienic and durable finish for interior walls and ceilings. The latest finish for this purpose is Sherwin-Williams Flat-Tone. It is a durable oil paint which dries with a flat, velvety finish. It is absolutely sanitary and can be washed with soap and water. It is made in twenty-four soft, restful colorings, which are those demanded to-day by the leading decorators. Flat-Tone can be used on rough or smooth plaster, wall board, metal walls and ceilings, woodwork, etc. It comes in liquid form ready to use.

Finishing Your Floors.

The popular idea just now is to finish the floors either with a paint, a floor stain or a varnish. These floor finishes are becoming very popular with the housekeeper, as it makes it easier for her to keep her house spick and span.

We carry a full line of all kinds of Floor Finishes. For old floors we recommend Sherwin-Williams Inside Floor Paint, which comes in several attractive shades. It is easy to apply and dries with a hard, wear-resisting gloss. It is a good paint to use on kitchen floors, bathroom floors, bedroom floors, hall floors, or for borders around carpets in dining room or living room.

On a soft wood floor, if you wish to get a finish that will imitate the expensive hardwoods, use Sherwin-Williams Floorlac. This is a combined stain and varnish made for finishing floors, furniture and woodwork. It is made in all the attractive colors, such as Mahogany, Light and Dark Oak, Walnut, etc.

If you have a good hard pine or a hardwood floor, varnish it with Sherwin-Williams Mar-not, which is a durable waterproof Floor Varnish. It is made to walk on. Does not mar or scratch readily.

Don't throw the old Furniture away.

New furniture is expensive and your old furniture can be made to look like new by giving it a coat of Sherwin-Williams Floorlac or Sherwin-Williams Varnish Stain. A dollar's worth of this material will do ten dollars worth of good in fixing up your old furniture.

the Man who owns Buggies, Wagons, Farm Implements, etc.

It has been proven that the regular use of paint on buggies, wagons, farm implements, garden tools, etc., keeps them in good condition; it protects the wood against wear and tear and keeps it from cracking and splitting, and it keeps the iron parts from rusting.

For your old buggy (or kitchen chairs or porch furniture) use Buggy Paint. It comes in the colors that are popular for this work.

On your wagons, agricultural implements, garden tools, etc., use Wagon Paint, which is a special paint made for this particular purpose. Keep your implements well painted and you will keep them in good condition. It is cheaper to buy a little paint and use it occasionally than it is to buy new farm implements every four or five years.



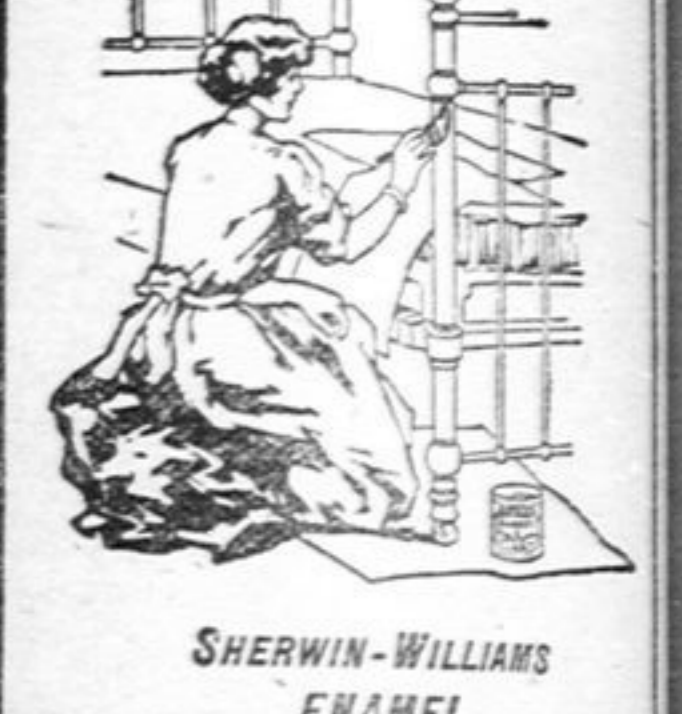
SHERWIN-WILLIAMS FLAT-TONE

A durable, sanitary, oil paint for walls and ceilings, producing rich flat effects; easily applied, easily cleaned, 24 beautiful shades, washable.



SHERWIN-WILLIAMS MAR-NOT

A durable, tough, elastic floor varnish that dries dust-free in eight hours and holds its lustre for the longest possible time.



SHERWIN-WILLIAMS ENAMEL

A white enamel of splendid finish, working and drying quickly. Gives a lustre that remains permanently white and will not crack or mar.



SHERWIN-WILLIAMS VARNISH STAIN

For chairs, tables, woodwork, iron and other surfaces, a natural hardwood effect. Stains and varnishes at one operation. Will not fade or change color.



SHERWIN-WILLIAMS INSIDE FLOOR PAINT

For old, worn or stained floors. The good colors. Easy to apply. Does not overheat with a hard, glossy, wear-resisting surface.

J. G. Edwards & Co., Hardware, Paints, Oils, Etc.

LINDSAY TOURISTS ARE AT HONG KONG REMAIN IN THAT PORT TEN DAYS

(Special Post Despatch)

Hong Kong, May 10.—Welcome by a thousand craft of all descriptions and sizes, the new Pacific ocean steamship the "Empress of Russia" passed through sulphur channel today and dropped anchor in Hong Kong harbor. This is one of the busiest and most picturesque British ports that the Canadians have yet visited on their round the world cruise. Chinese junk with their huge mat sails and noisy crackers and gongs, several gun boats flying flags of foreign nations and a conglomerate fleet of launches, sampans and other boats of all nationalities joined in greeting the new Canadian Pacific liner. It is just twenty-three years since the Duke and Duchess of Connaught witnessed the same scene on their way back to England from India.

It is the intention to dry dock and thoroughly inspect the Russia before proceeding to Shanghai, Nagasaki, Kobe, Yokohama, Victoria Vancouver. This allows the passengers about ten days to see the many interesting phases of China with its population equal to about one third of that of the rest of the world, and we are planning to make the most of the opportunity.

Canadians have given up this afternoon to shopping and they can be seen buying silk embroideries of the familiar peacock and stork designs,

jadestone figures and queer antiques from the Chinese stores on Queen's road and purchasing silk lounging jackets and gaily colored kimonos imported from the land of the Rising Sun. Those who are not engaged in the shopping expeditions have taken the cable tramway up Victoria Peak, from where a magnificent view can be obtained of the harbor and the many historical landmarks of its early days when it was the resort of blood-thirsty pirates and Chinese robbers and smugglers. To-morrow many of the Canadians will cross the harbor to the ancient walled city of Kowloon. Others intend spending a few days in Canton with its numerous temples, its dragon decorated streets

its fascinating shops and its teeming river population. During the stay of the "Empress" at Hong-Kong some of us will also visit Macao, Hankow, Nanking and Peking and Manila.

One Month in Castle Balfour

This morning in police court a local carter was fined for driving over a board sidewalk. The fine was \$1.00 and the costs \$3.45. The offence was committed on Cambridge street north.

Les. McGillivray appeared in police court this morning on an old charge. He has been wanted since February. Chief of Police Chilton arrested him. The charges against him was that of supplying an "Indian" lister. He was fined \$25.00 and costs, with the option of spending a month in the

county gaol. He preferred to be the guest of Governor Balfour and was stone for 30 days.

Mr. R. A. Callan, of Toronto, passed through town today on his way to Cobocook where he expects to spend the next three months. He motored from Lindsay north as the guest of Mr. J. E. Jackson. While at Cobocook he will superintend the building of another new time kiln besides the two kilns he already has there. The excavations have been completed and the masonry work will be commenced as soon as Mr. Callan arrives.

Clarence Sloat, aged 27, a school man of the Niagara, St. Catharines and Toronto Railway, was instantly killed at Fonthill.

Children Cry FOR FLETCHER'S CASTORIA

LINDSAY, FRIDAY, MAY 1900.

is

We get it too

Money

Sp

B

Z

S

Where

There can wear resis ing that t ed as m The tailo ments w worn out

Prices r

Two greys

Agency f

M.

MEN'S

This stor

Adver