

LINDSAY, FRIDAY APRIL 15th

# MEN'S SHOE STYLES FOR SPRING, 1910

A pair of Rusty, Unstylish Shoes will mar the Effect of the most Elaborate Toilet.

With a pair of our new models you need have no consciousness of your Footwear. It will be as correct in style as it is faultless in fit. We have all the new and correct styles in Ladies' Shoes. The question is often asked whether the Patent Leather will crack. In reply we wish to say, the leather in our Unisix Shoe is the softest, finer and more flexible leather obtainable, and will wear longer than any other patent leather sold. The opportunity for displaying them for your inspection is requested.

## J. HOUZER

One Door West of the Post Office, Lindsay.

### Fighting the White Plague

Some one has said that the American people will always act on a social evil, if they are once informed concerning the need for action. It was faith in this idea, says Phil D. Jacobs of the National Association for the Study and Prevention of Tuberculosis, that led to the formation of the National Association for the Study and Prevention of Tuberculosis nearly six years ago, a faith which was based upon the hope that if the people of the United States once realized that consumption was a dangerous disease, that it was communicable, but still curable, and preventable, they would rise up and declare that such a needless drain on our vitality must stop.

Six years ago there were less than twenty-five organizations whose object it was to teach the people that tuberculosis could be cured and prevented. To-day there are more than 100 such bodies, with an actual membership of nearly 60,000 and with millions of contributors.

#### A GREAT CHANCE

Six years ago, about one person in every 200 heard in a year's time that there was hope for the consumptive. The great majority of people believed that to contract consumption was equivalent to ordering one's coffin, and that one might as well try to prevent the wind from blowing as to check the ravages of tuberculosis.

What a change to-day! Last year alone one person in every twenty in the United States attended a meeting at which he learned that consumption could be cured and that it could be prevented.

#### PEOPLE DON'T PROFIT

Of course, not everyone of the four million who heard these simple truths about tuberculosis profited by them, for there are ten million pieces of literature distributed in the year brought about a millennium. It takes time to educate people about the prevention of a disease like tuberculosis.

The spread of consumption is caused almost entirely by the spittle of diseased persons. The breaking of a habit so personal as spitting demands constant and repeated emphasis, and the efforts exerted in the last six years have not been without results.

#### NOT SO MANY DYING.

Hundreds of municipalities and many States, which never before paid any attention to the matter are today legislating against public spitting. Millions of men and women who did not give any thought to the

consumptive a few years ago, are to-day aiding in every way to prevent the disease.

The result has been a rapid fall in the tubercular death rate, which means a saving of thousands of lives annually. In New York City alone the fall in the death rate 242 per 100,000 in 1900 to 210 in 1907 means an annual saving of nearly 1,400 lives.

#### LITERATURE.

This fall is not due entirely and directly to the education people have received from the vigorous campaign now being carried on, but the institutional segregation of patients while has been a great factor in the decline of the death rate, is the direct result of an educated demand for more tubercular hospitals.

What are some of the ways in which this educational campaign has been carried on? Probably one of the most effect methods has been the broadcast distribution of literature showing the dangers of tuberculosis and how to prevent it.

#### IT CAN BE CURED.

"Consumption can be cured and can be prevented" has become almost an axiom in the ordinary Canadian and United States household, and the double red cross, the symbol of the international war against tuberculosis, is familiar to every one through the literature that has been distributed. Then there are public meetings where over 5,000 addresses a year on tuberculosis are given.

The newspapers are giving more and more space to the story of the "white death." About a year ago 50-000 column inches or nearly a half a mile of publicity was given each week to the subject of tuberculosis by the press. To-day the total would be very much larger.

#### EDUCATING CHILDREN.

The billboards tell the message of prevention and hope, while the pulpits preach the gospel of health. Exhibits showing by charts and models how consumption may be stopped are teaching millions each year. The schools by text books, wall cards, lectures, exhibits are educating the children into better ways of health.

In short, the nation is learning on the street, in the factory and workshop, at the religious or fraternal meeting, in all sorts of places and ways, that consumption is a deadly disease which must be stopped and that our needless and wasteful sacrifice of 200,000 lives a year can be prevented.

#### PEOPLE CO-OPERATING.

"Will you do your part?" is the call which every association for the prevention of tuberculosis issues.

The answers are very encouraging. The menace of the White Plague is so general that it is only necessary to show people what to do to win their co-operation.

#### Keep out of Trouble

Some men seem to think if they get into a scrape and the editor mentions it in his paper that he does it out of malice toward them. In nearly every case of this kind nothing could be farther from the truth than such a belief. It is the editor's business to publish local happenings, good or bad, and if a man furnishes material for a bad item, he has no one to blame should it appear.

## Celebration on Victoria Day

### Independent Order of Foresters Prepare Elaborate Programme

A "bumper" of a day will be witnessed in Lindsay on the 24th of May, when the Independent Order of Foresters will put on one of the biggest days of sport and amusement that the citizens of Victoria county have ever witnessed before.

The day will be sport from the break of dawn until sunset, after which an entertainment will be furnished in the Academy of Music.

A meeting was held last evening in the lodge rooms 'in the Adams' block for the event officers, were selected as follows:

President—E. Maxson.  
Vice-pres—R. R. Conquergood.  
Secretary—W. F. McCarty.  
Treasurer—W. R. Warren.

Selection of a committee was also made and it is expected some of the finest athletes Ontario can produce will compete in the events.

In regards to the sporting events, Shrubbs, the English-Canadian runner, may be on hand, but nothing definite has been decided.

For the evening's entertainment the following entertainers will be on hand, Miss M. Bigwood, Miss F. Wright, Mr. H. Lloyd, and Mr. D. McGregor, of Toronto.

On the field the programme of events will consist of the following numbers:

- Weight throwing—56 lbs.
- Hammer throwing—12 to 16 lbs.
- Shot putting—12 to 16 lbs.
- Bar, fence and pole vaulting.
- Run, high and broad jumping.
- Stand, high and broad jumping.
- Hurdles, 80 to 120 yards.
- Hitch and kick with running.
- Rope climbing, hand over hand.
- Rope climbing, using both hands and feet.

Obstacle race.

- Run, hop step and jump.
- Potato race.
- Bicycle race, 1 mile.
- Relay race, 5 miles.
- Farmers' foot race, 1 mile.
- Three legged race, 800 yards.
- Ladies' race—800 yards.
- Barrel race—unlimited.
- 1 mile walk.
- 40 yard dash.
- 100 yard dash.
- 220 yard dash.
- 440 yard dash.
- 1/2 (880 yds) mile race.
- 1 mile race.
- 2 mile race.
- 5 mile race.
- Tug of war.
- Bun eating contest.
- Bow and arrow shooting between ladies and gentlemen.

It is also proposed that a Calithumpian procession will be held in the morning, for which prizes will be given.

#### MILLERSMITH

(Special to The Post.)

Mr. and Mrs. Wm. Gertley and family left Friday for their home near Owen Sound. We wish them every success in their new home.

Mr. George Gertley of Tara, spent a couple of days with his brother.

Miss McDonald, of Brantford, arrived here on Saturday to take charge of our school. We hope that success will crown her in her undertaking.

Miss Read, our former teacher, left at Easter. On the last day of school she was remembered by the pupils, who presented her with a handsome present.

S. S. No. 3, Emily.

Dear Miss Read—Being aware of the fact that you are about to leave us, we feel it a great privilege to show the friendship which exists between us as teacher and pupil.

During your term of nine months with us, we have found you sociable, kind and reasonable as a teacher, both in and out of school hours. As a help to the section in general your assistance was much appreciated, and now as we are about to sever the ties of love we ask you to accept this box of envelopes and paper as a small token for the high respect we afford you and may God's speed be ever with you in your successful calling. Signed in behalf of pupils of S. S. No. 3, Emily, May McMullen, Grace Parker.

A quiet wedding took place in Mr. Joseph Smith's home, on March 23, when his only sister, Martha, was

united in matrimonial bonds to Mr. Arthur Clement of Montreal. Rev. Mr. Barber, Bobcaygeon, performed the ceremony. Only intimate friends were present.

On Thursday evening, March 31st, a large crowd assembled in Mr. Joseph Smith's home, where the choir presented Mrs. Clement with a handsome set of dishes, table cloth and table napkins. Mrs. Clement replied in a very pleasing way Mr. Clement also responded in a few words.

Dear Mrs. Clement—We, the members, adherents and choir of the Emily Methodist church, knowing that you have entered into the joys of connubial bliss and that this happy relationship necessitates your removal from our midst and the severance of the ties by which we have hitherto been bound, feel that we cannot allow you to depart without endeavoring to express in however feeble a manner our appreciation and esteem. Although a member of another communion, we rejoice in the fact that you were invariably broad minded enough to enable us to depend upon your assistance with time and talent, whenever the need demanded it. We wish to assure you that your place will be hard to fill, but we would not be selfish. Our best wishes go with you for a long and happy married life. As a token of remembrance we ask you to accept this set of dishes, table cloth and table napkins, and may the Giver or every good and perfect gift by the aid of His holy spirit enable us all to live that if we are not permitted to meet here again we may all meet around the great white throne of glory. On behalf of the Emily Methodist choir, Eva Kennedy, Alma Kennedy, Orwill Zealand, Jeff Ashmore.

Mr. Joseph Smith arrived home on Thursday with his bride. We welcome Mrs. Smith to our midst and wish them both a long and happy life.

Mr. Reggie McMullen returned to his school at Grass Hill Monday after spending Easter holidays at home.

#### ZAM-BUK IN 3 ACCIDENTS

It would seem that Zam-Buk, the famous healing balm we hear so highly spoken of everywhere, is particularly useful in the family circle. A report sent by Mrs. E. Davey, 786 Ellice ave., Winnipeg, will illustrate this. She says: My little boy of three, while playing, fell from a high verandah to the ground, cutting his forehead badly. Instead of calling a doctor, who would have undoubtedly put in a number of stitches I bathed the wound well, and applied Zam-Buk. The little fellow, although suffering keenly, soon had relief from his pain. In the course of three weeks by applying Zam-Buk daily, the wound in his forehead was nicely healed.

"Since then I have also used Zam-Buk for a boil which came on my cheek, and which proved very painful and looked unsightly. Zam-Buk quickly drew the boil to a head and then quickly banished it.

"Another time my baby was scalded on her left thigh and calf of leg with boiling water. This was a severe scald, and the child suffered, cruelly, screaming from pain. Directly, it was done I thought to use Zam-Buk, as we had a box in the house, and spreading some on lint, I wrapped up the baby's limb. Next morning she rested much easier and I applied a fresh bandage with Zam-Buk. I kept this treatment up daily and was rewarded by seeing a great improvement each time I dressed the wound. In a very short space of time the scalds were all nicely healed.

"I cannot recommend this wonderful healing preparation too highly for family use, and I have such great faith in its healing powers, that my house is never without a box."

For all skin injuries and diseases, piles, eczema, salt rheum, and face sores, Zam-Buk is absolutely unequalled. 50c. box, all druggists, and stores, or post free from Zam-Buk Co., Toronto, for price. Refuse all substitutes.

#### EAST OAKWOOD

(Special to The Post.)

There was a lot of seeding done last week by the farmers in this neighborhood. The land was in very good condition for working.

Miss Millie Hardy returned to her duties last week as teacher of Port Hoover school.

We are pleased to learn that Mrs. T. J. Webster who has been ill this

# LA GRIPPE

## Arrested, and Consumption Cured

Mr. G. D. Colwell, of Walkerville, Ontario, was stricken down with La Grippe in 1906 and it left him in very bad condition. He says: I was all run down and bordering on Consumption. I could not sleep at nights, had awful sweats, and coughed nearly the whole time. This is how I was when I began to take Psychine, in a low nervous state; but from the first bottle I began to improve. It did marvels for me and brought me back to health in no time, making a new man of me. It fortifies the body against the attacks of La Grippe and is a sure preventative. I always take Psychine if I feel a cold coming on and it puts me right in no time."

#### NO HOME SHOULD BE WITHOUT PSYCHINE

PSYCHINE is the Greatest Strength Restorer and System Builder known to medical science, and should be used for COUGHS, COLDS, WEAK LUNGS, LOSS OF APETITE, WEARINESS

For Sale by all Druggists and Dealers, 50 cents and \$1 per bottle.

Dr. T. A. SLOCUM, Limited  
TORONTO

# PSYCHINE

## GREATEST OF ALL TONICS

winter and Miss Dundas who has been sick at her sister's, Mrs. W. Wallis, Lindsay, are much improved. Miss Ada Graham returned last week to Toronto University after spending the Easter holidays at her home here.

During the Easter holidays there were two cases of measles in our neighborhood. The children have recovered and so far there have been no more sick.

Mr. and Mrs. Carr, of Peterboro, visited at Taylor's Corners during Easter.

#### Anniversary of Oddfellowship

The ninety-first anniversary of the institution of Oddfellowship in America will be observed by Lindsay, Lodge No. 100, I.O.O.F., on Sunday, April 24th. The brethren will attend divine worship in the Baptist church at 11 a. m., when Rev. Mr. Welch will preach a special sermon.

A great builder—"The D. & L." Emulsion is a great builder. It gives weight, adds healthy flesh, and altogether overcomes any downward tendency of health.—M12.

# After Easter Shopping

Now that Easter bonnets have been disposed of, and that expense done away with, it is time to talk about housefurnishings.

Your home will look brighter and fresher if you buy a few new draperies, lace curtains, a few new rugs, or a new carpet.

We can give you beautiful lace curtains finished at both ends, good borders and up-to-date styles, all the way from 25c to \$15 a pair. Draperies from 15c to 50c yd. If you want coverings to match the decorations of your room, we have the most dainty art sateens, art denims, tapestries, brocades, all at reasonable prices.

Don't have your wife scrubbing when you can get a floor oilcloth or linoleum very cheap. It will save health, it will save temper. Oilcloth in floral designs, 2 yds. wide, 25c and 35c sq. yd. Heavy English linoleums (Nears') for hall, diningroom, offices, lodge rooms, lunch rooms, kitchens etc., in block and floral designs at 50c yd.

## O'Loughlin & McIntyre

CASH AND ONE PRICE

Don't try to patch up a lingering cough by experimenting. Take

## Allen's Lung Balsam

and relief is certain to follow. Cures the most obstinate coughs, colds, sore throats, or bronchial inflammation.

All dealers. DAVIS & LAWRENCE CO., Montreal.