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LINDSAY, FRIDAY, APRIL 1.

THE DEADLY HOUSE FLY

Can flies be abolished? The answer must be in the negative, but if we ask can the fly nuisance be modified, mollified or mitigated, answer would be in the affirmative. There is an agitation in progress looking to the driving of the common fly out of the homes of the people. It is now known that the fly is an industrious and persistent distributor of germs that are detrimental to health. That besides being an annoyance, they are a positive menace, a danger that must be fought as persistently as their attacks are vicious and wearisome. The fly may be said to be the creature of dirt and filth, and wherever that exists there may be found the villainous little disease breeders. The first thing to be done is to make the premises as clean as possible. The next step is screen the windows and doors. next movement is to pursue with relentless energy any stray fly that may manage to get past the screens. Eternal vigilance is the price of liberty from the annoyance of the house fly. When it is considered that this pest brings the germs of disease into the house in addition to its spiteful and sometimes painful stingings, no mercy could be shown him. Conditions are not for the extermination of the fly as they are for the destruction of the mosquito, but a great deal may be done toward freeing the of this winged pest, and those who are wise will not neglect the means at hand.

WHITE SLAVE TRAFFIC

The Moral and Reform Council of Canada, through Rev. J. G. Shearer, D.D., has published a pamphlet of fiftten pages, entitled, "Canada's War on the White Slave Trade." The following are a few extracts dealing with this terrible traffic.

"The day has passed for proving the existence of a traffic in girls for immoral purposes. It has been demonstrated beyond a doubt. All the world has been convinced of the truth of this terrible statement. Hon Edwin W. Sims' estimate, announced through the megaphone of the press, that 15,000 foreign girls and 45,000 native born are victims every year in the United States and Canada has reached the ears of the world, and aroused the indignation or terror of all who have hearts to feel. And a multitude is asking "What can be done to supress the cruel business, to punish the heartless traffickers and rescue their victims.

"One thing alone should satisfy us of the existence of the terrible traffic-namely, the fact that more than twenty governments-our own being one-have signed an international treaty, in terms of which each has entered into covenant with all to cooperate in detecting and punishing traders in innocent or foolish girlhood, or in restoring their victims to their own country and friends. Even individual governments do not,

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or FINEST SWEET PEAS We have them or ALL KINDS OF SEEDS We have them

Dunoon's Drug Store

without reason, sign treaties for any purpose. Official and diplomatic inertia is proverbial. Only an unusual need, a need fully demonstrated, a most urgent need, can result in wellnigh all the nations of the binding themselves together in a great common effort such as that undertaken in the treaty for the supression

of the white slave traffic. "But we Canadians, ready though we are to believe almost anything of the great cities of the United States, the Mother Land, and the rest of the world, are loth to believe that such things can, by any possibility be going on in Canada. No wonder we are hard to convince. The trade despicable, so cruel, and one would suppose, so difficult."

A SPRING BATH

Nature herself exemplifies the truth the saying that "cleanliness to godliness.'- Old mother earth has had her face thoroughly washed and cleaned of the grime and filth and accumulated unsightliness of winter, and comes forth shining like the rowy cheeked schoolboy fresh from his ablutions at maternal the records show that since the hands. Just as the old fashioned moation-or more correctly, the grand- been singularly free from any serious and Cubans. The population is nearmothers -dosed the family with the epidemics of this sort. The medical ly 900,000 people, and the city exof sulphur and molasses in the spring praise of the work accomplished, and Bay front while in depth it runs for time, to carry off from the system the poisonous secretions of a winter diet, and purify the vital sources of life, so mother nature in the springtime gives her prescription of freezing by night and thawing by day, until the whole earth system loosened up, and then come the purging gentle rains sweeping away | should," all that is unhealthy, impure and undesirable leaving the earth clean and sweet and wholesome like a new bathed babe. Truly there is an inscrutable wisdom permeating the scheme of things, from which all mankind at this season should learne the Vesson forgotten or ignored by many purging and purifying Mr. Bert Naylor Had Delightful Outblood, sluggish with the inanition of the long winter.

MEDICAL EXAMINATION IN THE SCHOOLS

The question of medical examination in the schools is a subject receiving considerable attention throughout the province at present. Many papers have pointed to the importance of, and the great and pressing need for medical examination in the schools. In the interests of both the scholars and teachers, such examination is badly needed in the schools of to-day. The question is at present pressing its way to the front, in more than one city in the province. In Stratford only a short time ago the matter of medical inspection in the schools of that city was referred somewhat more interesting he boardopinion there is that the government should assist in defraying the expense something may come of the scheme in that city. The following from the Kingston Whig, published recently, expresses an opinion that has long been held by this journal:

has been revived by the meeting of Mexico., the Women's Council, and one is inclined to believe that as a result of the campaign which is now being conducted, the schools will be better cared for.

want of medical examination is the ante-bellum days. and is a positive drawback, disadvantage.

should be classified when there is a tendency towards diseases or bodily ailments that are contagious. The rounded with competition of the school, or its spirit is very desirable, but the physical condition should be accepta-

ble in any case. Kingston is not apparent to the the orchards like a lane through a board of education. The subject is Canadian farm. The fame of this city on which the trustees as well as is not alone centered on its orchards placed in the centre, stands a large the people want light, but is available but also on account of the hospitalthe people on the question, and he globe, Canadians, Americans, Eng- with the dead firemen's likeness on In returning through Florida on to the system. Such is with the dead firemen's likeness on In returning through Florida on to the system. would no doubt be quite wilking lish, Irish, French, and practically the face and the names in Spanish his return homeward Mr. Naylor vis- L." Emulsion. Builds 100 to serve the people of Lindson in to serve the people of Lindsay in all countries of the world are reptarted the same way if asked to do sothe same way if asked to do so- resented. Jacksonville is protected fully 90 to 100 feet in height and than of the cities and states that the M10.

statements:

"Medical inspection of public school pupils, and in particular, regular medical inspection, is a good thing, as has been proven in Hamilton, but it is a good thing which should be undertaken by municipalities. Taking advantage of the authority given by by the School Act, the Hamilton Board of Education, a couple of years ago, appointed to the staff a trained nurse, working under the direction of the medical health officer of the city. who was to regularly visit each of the schools and personally examine the pupils. At the outset there were some skeptics, but to-day it is doubtful if a man could be found who would agree to any proposal for the abandonment of the work.

"Not only has it proven its value, in the cases of the scholars in connection with their work in class, but the city has been benefited by it an extent that it would be difficult to estimate. As is well known school rooms are the spreading places for epidemics of various contagious diseases, peculiar to childhood, and health officer is enthusiastic in his from every viewpoint.

the whole cost of the work, as they

Pleasant Trip To Sunny South

ing in Land of Sugar Cane and Cotton

Mr. Bert Maylor, who for the past three months has been through points of interest in both Florida, Cuba and the Southern States, returned home on Friday evening last. HOW, HE TRAVELLED.

Bert reports a most enjoyable trip, and that's saying nothing, for the time spent at the historical centres. Mr. Naylor left Lindsay on the morning of December 27th, *1909, and landed in Jacksonville, Fla., on Jan. 2nd 1910. On leaving Lindsay, he travelled by rail to New York, where to change and make his trip riving there on Friday morning, Deof the inspection, and probably days in Charleston he passed on through to Jacksonville from where he crossed the Gulf of Mexico for Cuba. Some time was spent at Havana, after which a return trip was figured among the historical centres "Medical inspection in the schools in the Southern States and Northern

A BEAUTIFUL CITY

Charleston is a most beautiful place in Mr. Naylor's estimation. It nestles on the sea shore, is wafted by sea breezes and has beautiful "The public schools have been parks. It is a centre not alone for improved in many respects. They are | fruit shipping but a busy centre, for airy and comfortable, well heated and the export of tobacco and cotton. well ventilated, and the course of The buildings in this city are more study is such that the average pupil historic than any other centre in the should make good progress. But the south, being strictly associated with

In arriving at Jacksonville a sight meets the eye that very few "The children should be subject to tourists can describe in words. The medical examination for their own city is a mass of beauty, beautiful sakes. They should be helped by boulevards, flower centres and palm kindly advice, rendered at the proper trees in abundance. The city has a time, when they are young. They beauty about it which attracts the of the magic wand. The city is sur-

FRUIT ORCHARDS AND GROUNDS Peach and orange trees fringe the city for miles, thousands of acres at the front gate to the rear gate a lying along the sea coast railroad, Now what can or should be done in while the country loads cut through derground waults are used, in which for the asking. Dr. Knight journeyed ity of its citizens. Tourists are in were lost in the recent tidal wave.

The Hamilton Spectator, in answer by a large sea wall on the east and to the suggestion from Stratford that north sides, being on a sort of the government should bear part of neck of land or point almost surthe expense, makes the following rounded by the Atlantic. It is near this city at Ormond, Daytona, beach that the

LARGEST AUTOMOBILE RACE TRACK

in the world is situatedi along sandy beach of the Atlantic. It is also on this track that Mr. Naylor had the privilege of witnessing the world's greatest automobilist, Barney Oldfield, speed along in his powerful two hundred horse power Benz. machine at a clip ranging in 2 miles a city, at Palm Beach that Mr. Naylor witnessed a large regatta, in which he saw the fastest launch in the world travel at an easy clip of 35 miles an hour. Jacksonville and the surrounding neighboring country in the eyes of the Lindsayite, while visiting the Southern States, one of the finest of any of the cities minute and it was also near this WENT TO CUBA

In crossing the Gulf of Mexico Mr

Naylor visited one of the prettiest as well as most renowned cities, Havana. This city exceeded the beauty any oth?r centres visited. The population of this city is composed visitor to the schools, this city has of Spaniards, Negroes, Americans the expenditure made upon it is many miles back into the island. generally regarded as a fine investment | About Havana, sights of never endboulevard of flowers. Palm trees and "Stratford would do well to try ing interest are to be witnessed. In medical inspection in her schools and | the heart of the city proper is what if her experience is like Hamilton's is known as the "Parada," this conthe people would not object to paying sists, of a long two mile street some 120 feet wide, with two drive ways six sidewalks, and a beautiful centre shrubbery extending not for quarter distance or half distance, but for the full length of this street. this thoroughfare Mr. Naylor witnessed a beautiful automobile parade. The sight of the costumes and expense of the decorations on these cars and streets would exceed many thousands of dollars. This city is not what the local citizens would call ex-

tremely hot as a COOL REFRESHING BREEZE sweeps up the narrow streets from the sea, putting the temperature at 90 to 98 in the shade. Havana is a tobacco centre. Cigarettes and gars are made in abundance and smoked by all, girls, boys, men and women. Sugar cane is also grown in large quantities about this city and made into a sort of raw state to preserve it. until it reaches the refineries. Oranges grow in large numbers, but not in such large quantities as in Florida, but they can be as cheap, the highest grade ranging at 10c. per dozen.

Havana is a most historical city. It extends around a bay in which can be seen the remains of the United to a committee for consideration. The ed an ocean liner for Charleston, ar- States battleship, Maine which was sunk in some unknowe manner. The cember 31st. After spending several blowing up of this vessel was practically the cause of the well remembered Spanish-American war. The old ship lies visible from the shore in many fathoms of water. Above the surface extends the centre and hind mast, on which are the lookouts. Just around the shore on the extreme right stands the

FAMOUS OLD CASTLE OF MORRO, built far back in the days when Spain was in the zenith of her power. The building is built of a material similar to cement, found among the sands of the Atlantic shore, and rises for about 250 feet above the level an outer wall of about four feet in diameter and eighteen feet high. Shells are tothis day buried among the material of which the walls are composed. In this city the darky or negro is looked down upon at worse than a dog and to show the dislike which exists, a coach on the railroads is entirely set apart for them, while in the city and towns they are considered so unclean visitor, like a subject under a spell that the white man is strictly prohibited to associate with them.

A most beautiful centre of interest is the Spanish cemetery at Havana, which is from; the large 60 foot arch | Mexico. mass of marble and cut stone. Unbody after body are placed one on of another. In this cemetery, monument given the firemen who

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CASH AND ONE PRICE

can be seen from out in the Bay of unbroken country which extends

BEAUTY INDESCRIBABLE Mr. Naylor spent most of his time at Havana in Cuba and states that the country and city in itself have

ROUGH AND BOGGY COUNTRY

points of interest that are indescrib-

some miles northward of Charis very rough and boggy and se to the eye to be worthless, Mr. Naylor's surprise when the price per acre was told to ranged between \$20 and \$91.

General debility "run down" calls for a gen