

# NERVOUS MEN WOMEN

are actually weak, run-down—they are slowly deteriorating—they need strength and nourishment for body and brain.

Scott's Emulsion corrects nervousness—it is essentially a food—a concentrated, nourishing, curative food to restore the healthy action of body cells, fortify the blood, sharpen the appetite, make strength, health, energy and vigor.

As pure as milk, it is readily assimilated—it nourishes every organ and every tissue. Physicians everywhere recommend Scott's Emulsion with absolute confidence in its beneficial results. Don't wait until it is too late, but insist on SCOTT'S.

No alcohol or drugs.

## HORSES DISPOSED OF FOR BIG MONEY

Mr. A. J. Varcoe, the popular reeve of Maniposa township, is fast establishing a reputation for raising first class horses. He recently sold three three-year-olds for the handsome sum of \$390.00. He also has another fine animal on his farm, which promises to bring big money.

## WHERE THE POST STANDS

On Wednesday Feb. 13th the Post received the following communication from Mr. F. S. Spence, Editor of the Pioneer:—  
To the Editor of The Post:—  
Dear Sir,—A number of daily newspapers in the Dominion of Canada refuse to permit any advertising of intoxicating beverages in their columns.

I shall be obliged if you will kindly inform me what is the rule or practice of your journal in regard to this matter. With much respect, I am, yours sincerely,  
F. S. SPENCE,  
Editor Pioneer.

THE POST'S REPLY.  
Lindsay, Feb. 24.

F. S. Spence, Editor Pioneer, Toronto:—  
Dear Sir,—Replying to letter of a few days since. Some years ago we were induced to take a small liquor advertisement, and before the contract had expired, we were ashamed of the sight of it. Since that time we have turned down hundreds of dollars' worth of that class of business, and have probably taken as strong grounds in support of Local Option as any paper in the province. We have no reason to regret our decision, as we have the support of the people of town and district, who appreciate our efforts to give them a good clean home paper, as well as our efforts to improve the moral well being of the community.  
THE DAILY POST.

## CITY ENGINEERS OF WINDSOR BRANTFORD AND PETERBORO ON CONCRETE PAVEMENTS

Below will be found the statements of the City Engineers of Brantford, Windsor and Peterboro regarding their experience with concrete pavements. It will make interesting reading:—

**PETERBORO'S EXPERIENCE.**  
City Engineer T.A.S. Hay submits the following report re the cost of constructing concrete pavement on Chambers street in that city:—  
The work represented 975 square yards of paving, which was completed at a cost of 98 cents per square yard, or a total cost of \$953. The time occupied in the work was 11 working days, 7 of which were consumed in laying the concrete. The cost of excavating totalled \$144.23, and \$803.72 was expended in laying the concrete, making a total cost of \$953. It cost slightly less than \$2c a yard to lay the concrete, exclusive of excavating, while the average amount of concrete laid per day was 139 3/4 yards. The entire work was completed at a cost of 98c per square yard, including labor, materials and other incidental expenses. This figure is lower than the estimate furnished.

**BRANTFORD'S EXPERIENCE.**  
The following reference to Brantford's experience with concrete pavements is supplied by T. Harry Jones, M. Can. Soc. C. E., city engineer:—  
In 1908 the roadway of the concrete bridge, 85 feet long and 16 feet wide

the city by Mr. Von Scoyoc, who superintended the work for the city.

**A COMPARISON.**  
The City Engineer also furnished a comparative statement of the cost of macadamizing Chambers street. During the last twelve years, road making with crushed stone, as carried on in the city, varied considerably according to the quantity of stone required, and the amount of grading that was necessary. This cost varied from 45c. to 65c. per square yard, which included purchase of stone required, and the amount of grading. This system has not been found durable, not being known as real macadam, which would cost at least \$1.75 per square yard, and would then require repairs in less than ten years. For comparison, the price of 50c. a square yard might be taken, but the work could not be guaranteed for more than three years.

**WINDSOR ENGINEER'S REPORT.**  
Engineer Brian, of Windsor writes that the city voted \$250,000 a few years ago with the object of spending the entire amount in macadam roads, and after putting down several miles of streets with first class macadam material, had abandoned it as being unsuitable and expensive. They were now using concrete, making a first class road bed at a very moderate cost, and which can be put down as required by the city engineer and corporation employees.

The city has at present about seven miles of concrete pavements, 24 feet wide, which have been put down every year, for the last six years. They have used it on both business and residential streets and find it very satisfactory. The cost has varied from \$2c. to \$1 per sq. yard. The cost for repairs has been very slight so far, not more than \$500.00 for repairs and tarring cracks, etc. For a rough estimate about \$1.50 per sq. yard can be figured. The present specifications call for a pavement 6 in. thick of which 4 in. are one part cement, 2 of sand, and 4 of broken stone or gravel, and 1/2 in. of surfacing coat one part of cement and two of sand.

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In 1908 the roadway of the concrete bridge, 85 feet long and 16 feet wide

## Dr. Morse's Indian Root Pills

owe their singular effectiveness in curing Rheumatism, Lumbago, Sciatica to their power of stimulating and strengthening the kidneys. They enable these organs to thoroughly filter from the blood the uric acid (the product of waste matter) which gets into the joints and muscles and causes these painful diseases. Over half a century of constant use has proved conclusively that Dr. Morse's Indian Root Pills strengthen weak kidneys and

## Cure Rheumatism

across the canal on Alfred street, was laid with concrete. It was 6 inches in thickness, the top coat of 1 1/2 inches being composed of 1 part of cement to 1 1/2 of sand, with surface corrugations every 6 inches. This is in good condition and is wearing well. The floor of a steel bridge laid this year by the Hamilton Bridge Works Co., leading to the waterworks, was constructed by the city in concrete. It is 75 feet in length and 16 feet wide, and is a one-course pavement, formed of a 1 to 5 mix, with bank gravel, the thickness at the centre being 6 1/2 inches, and 4 1/2 inches at the sides. An expansion joint is left in the centre filled with a 1 inch steel plate, with anchor bolts every three feet.

Some private driveways were also constructed, one put down in 1900 and subjected to a heavy traffic in connection with a wholesale warehouse, being in as good condition as when laid. This was 12 feet in width, 6 inches in thickness, the top coat of 1 1/2 inches being mixed 1 to 1 and being corrugated every 6 inches.

It may be stated generally that the citizens are well pleased with the concrete pavements which have been laid. The cost is only about half that of other kinds of permanent pavements, the cost of maintenance is less, they are low-crowned, less slippery, and easily cleaned. The white surface on residential streets, I consider attractive. If preferred, the surface can be colored. It may be of interest to state that in addition to the cost of street intersections and exemptions on corner lots of half the frontage—not exceeding 50 feet) that the city bears 40 per cent. of the cost of all pavements, and that the number of payments it extended over 10 or 15 years according to the estimated life of the work.

population. Regarding Sunday slides in Toronto, the speaker said the Alliance did not oppose them solely on religious principles, but because it would create a precedent of supplying means for Sunday amusement at public expense. We would then be on the way to a condition similar to that described above.

The Jewish question is one of growing importance and hard to handle. In Toronto, near the Jewish quarter, are two abandoned churches. These the Jews have purchased, converting one into a dance hall and the other into a theatre. They gather at these two places on Sunday.

God has given us this nation. The weal or woe of its future is in our hands. Take God at his word, "Righteousness exalteth a nation." Rev. W. Hannah spoke at the Cambridge street Methodist church in the morning to a large congregation.

## AN ORIGINAL BUST DEVELOPER

Bobcaygeon Independent: Last week a lady arrived at the South Porcupine prohibition mining camp displaying a remarkably well developed bust. Many women are given to adopting slight improvements on the feminine form divine, but this lady had filled out a slackness in nature in a generous manner. It was no dairy for infants all the same. Just now the officials got wise to the lady's bust is not quite clear, but they did, and it was found that the bust was a receptacle for two gallons of the most powerful brand of whiskey. It certainly was some bust developer. In order to adjust her symmetrical proportions she also wore a belt containing another two gallons of bust juice? There was nothing left of the lady but a smile when the officers removed her developers, but it was a smile that did not infringe on the liquor law, and the officers left it with her after she cautioned them not to give the dear children too much at a time.

## POPULAR COUPLE WERE HONORED

The London Free Press of February 22nd contains an interesting account of a presentation to Mrs. Charles Clarke, brother of Mr. Alf. Clarke, the popular engineer of the Haliburton train, and Mrs. Clarke.

## PRESENTED WITH GOLD FILLED WATCH

At the regular meeting of the Independent Order of Foresters Friday evening, Feb. 25th, eleven new applications were accepted. Nine were initiated in the Order. W. F. Shoubridge, treasurer, was presented with a handsome gold filled watch for procuring new members. Bro. C. E. Weeks presented the auditor's report, showing a nice balance to cash, and Treasurer W. Warren's books and vouchers, corresponding with Fin. Secy. Bro. W. F. McCarty, retiring Fin. Sec., was highly complimented for his careful attention to the duties of his office.

## MISTAKEN FOR 'GENIAL SENATOR'

Peterboro Times.—We have all heard about "doubts" in human beings. Yesterday, was in the city, and in conversation with The Times, remarked on a wonderful likeness between Mr. James Bogue, the local contractor, and Hon. Senator McHugh of his town. The Lindsay man said that a few months ago, Mr. Bogue was in Lindsay looking after his contract in connection with the armouries there. As Mr. Bogue stood at Kent street, a niece of the Senator, meeting the genial Peterborough man, addressed him as "Uncle."

## Fingers Lacerated

Mr. D. A. McNabb, con 13 Brock had some of his fingers lacerated in a wood-cutting saw, near Woodville, on Friday of last week. Dr. Grant dressed the cuts.—Cannington Gleaner.

## MONEY TO LOAN AT LOWEST CURRENT RATES

We are prepared to make loans on terms and farm property from either private persons or loaning companies, as may be desired, and in sums to suit borrowers, with special privileges. You may pay in instalments without increase in rate of interest. Interest and instalments payable at our office.

## STEWART & O'CONNOR, Barristers, Lindsay

## Hopkins, Weeks & Hopkins

Barristers, Solicitors, Notaries, etc. Solicitors for the Bank of Montreal. Money to loan at lowest rates. Offices, 6 William-st., South, Lindsay, Ont. Branch office at Woodville.

## BARRISTERS ETC

LEIGH R. KNIGHT, Barrister, Solicitor, Notary Public, Commissioner, Etc. Successor to McDiarmid & Weeks, having removed their business to my own office, opposite Watchman-Warder, Kent Street, Phone 41. Insurance and Real Estate in all its branches.

## MOORE & JACKSON, Barristers, Etc.

Solicitors for The Canadian Bank of Commerce. Money to loan on mortgages at lowest rates. Offices William-st., Lindsay, F. D. MOORE, K.C. ALEX. JACKSON

## McLAUGHLIN, PEEL, FULTON & STINSON

BARRISTERS, SOLICITORS AND NOTARIES Money to loan. Special attention given to investments. Offices, D. Union Bank, corner of William and Kent Streets, Lindsay, Ont. R. J. McLaughlin, K.C., A. M. Fulton, J. James A. Peel T. H. Stinson Woodville office open every Friday at office of C. E. Weeks

## CLAVANA & WATSON, Ontario and

Junior Land Surveyors, Engineers, Valuers. Surveys of all descriptions attended to, including Drainage Works. Office—Roger's Bldg., Orillia, Ont., P.O. Box 227. Phone 267.

## PHYSICIANS

D. F. BLANCHARD Graduate Toronto University, Coroner for Victoria County, C. P. Railway Surgeon Office—Ridout-st., cor. Kent and Lindsay

## FIRE AND LIFE

The Largest Fire Insurance Office in the World. Capital.....\$10,000,000 Accumulated Funds....30,500,000 Invested in Canada.....900,000 Rates and premiums as low as any other respectable company. The settlement of losses is prompt and liberal. The resources and standing of the company afford the insured in its perfect security against loss.

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Land Surveyors and Civil Engineers Municipal Drainage Work a Specialty. Phone 242 or P.O. Box 25.

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WALTER SMITH, O.E.S. GEO. SMITH, O.E.S. County Engineers.

## JAMES KEITH

Seed Merchant and Dealer in the most improved Poultry Supplies including all kinds of remedies for diseases among poultry; also on hand Bone Cutters for poultry.

## Who is Your Optician?

Eyeglasses artistically fitted with mountings best adapted to your features are a facial ornament. To you who require glasses the newest and most up-to-date are preferred. In our optical department eyeglass mounting all the latest designs for comfort and elegance, accurate lenses and successful fitting are the secret of our success.

## WELSMAN

JEWELER OPTICIAN

## LINDSAY MARBLE WORK

Cambridge St. North of Fire Dept. For all kinds of Granite and Marble Monuments. Get prices and see the signs.

## Children Cry FOR FLETCHER'S CASTORIA

LEAD THE POST

## BETTER OBSERVANCE OF THE SABBATH SECY LORD'S DAY ALLIANCE PREACHED

Rev. W. Hannah, Provincial Secretary of the Lord's Day Alliance, occupied the pulpit of St. Andrew's on Sunday evening. He took as his text Proverbs, 14, 34, "Righteousness exalteth a nation." This is the true foundation of national greatness from God's point of view. God has endowed us with vast natural resources, which has tended to an increase of wealth and population. Canada is at the parting of the ways. Our prosperity may prove a pitfall to us and lead us to a worship of material things, when low ideals will control. People do not live above their ideals.

There must be respect for law and order. If a man is inclined to misappropriate the Lord's Day by what process of reasoning are we to be sure that he will not steal from his fellow man?

A British journal recently referred to "Canada's high destiny." Are we inclined to rightly regard our high destiny? If Canada is to be won for God the church must do the work, and must be given a chance. The time to do the winning is the Lord's Day. To preserve this day is the purpose of the Lord's Day Alliance, as far as in their power lies. Only in proportion as we value anything will we hold it. Our purpose is to show the value of the Lord's Day.

Personal efficiency is the highest asset of any nation. Berlin physicians (than whom there are possibly no better in the world) realize the value of one day's rest in seven. They have an arrangement whereby one doctor takes a neighboring doctor's practice in order that each one may have a rest. They are not actuated by religious principles—their reasons are based on economics.

The Lord's Day Alliance seeks to establish a healthy public sentiment in favor of Sunday observance. The Alliance has secured recognition for the Lord's Day Act in all the Provinces of the Dominion. During the last 64 years they have succeeded in securing one day's rest in seven for 125,000 men. Many of these men were fathers, who are now privileged to spend at least one day in seven with their families.

The speaker next dealt with the topics of local interest. Being a railway town, we would be interested in the enforcement of the law on the railways. There have been ten violations of the law dealt with in connection with the handling of freight; others are pending. With the advent of electric power

the manufacturing interests of Canada are growing and growing rapidly. The speaker cited the case of a pulp mill being built in a town on the Welland Canal near the American border. There was a staff of 200 men employed, seven days a week. The secretary of the Alliance visited the manager and placed before him a copy of the Lord's Day Act. The American did not know of the law, but promised to read the act. Today those men work only six days a week with the exception of a few who act as watchmen and keep the fires going.

With so many foreigners coming to our shores, Sunday trading is a growing question. The Alliance has made it possible for tradespeople to rest on the Sabbath. In London, Eng. 20,000 shops are open every Sunday. In Scotland, where the Sabbath is supposed to be particularly well observed, many shops are kept open on Sundays.

In London, Eng., moving picture theatres are open on Sundays, and a portion of the proceeds given to charity. There is a move on for the further extension of Sunday amusement privileges. 700,000 people work every Sunday in Great Britain to afford amusement to the rest of the



"Take my advice! I have proved Zambub best for eczema and skin disease."  
As a mother you owe it to your family to give it a trial! It ends pain and it heals!  
60c box all Druggists & Grocers.



## THIS PICTURE IN COLORS—FREE

This beautiful picture, in colors, free. To every member of the great 'Witness' Family who will send us a list of 18 names of boys who will be likely to sell the 'Witness', together with 2 cents in stamps to cover the cost of postage, packing and handling, we will deliver—Free—the beautiful picture of 'Skating', measuring 9 1/2 inches.

No barrier, however formidable; no obstacle, however insurmountable it may seem to the timid or faint-hearted boy, can bar the way to any boy possessed with honest and earnest enthusiasm.

Lincoln was consumed with a desire for education. He walked six miles to borrow a grammar, and after returning home with the precious prize, burned one pine knot after another while he studied his problems. He did not dream of the White House in those toilsome days and nights when his enthusiasm urged him on. Who shall say it was not the early enthusiasm that made him the liberator of millions of his fellow men and a hero of every boy the civilized world over?

Boys are always dreaming about genius, of what it can accomplish, and wondering why they do not have it. They do not understand, perhaps, that enthusiasm is the right hand of success, and that persistency performs miracles. They do not realize, as you do, that the great majority of men who have risen to be superintendents, managers and proprietors of great businesses, found their first opportunity at the bottom rungs of the ladder, and in their boyhood desires and pleasures.

The 'Witness' can help your boy and others. They will surely earn good incomes if they do a little work for the 'Witness' every week, but better than that—they will become more self-reliant and more manly. Read how easy it is to sell the 'Witness'.

Dear Friends—I got my first ten papers this evening after school, and sold all in a few minutes of canvassing. Had in mind a number of people I was sure would buy, but did not get to them all. I enclose my order for 20 more papers.

Dear Sirs—I received five copies of the 'Witness' yesterday evening. I sold them all in five minutes. I like your paper. Yours sincerely, NELSON VOGAN.

'Witness' sells fine here. I received 15 copies at 5 p.m.; all gone at 8 p.m. Enclosed find order for 30 copies. THOMAS PATTERSON.

Your boy is making his life now; let the 'Witness' help. We co-operate with parents in developing their bright Canadian boys.

Address, 'The Witness,' Witness Block, Montreal, Que.