Constipation is the root of many forms of sickness and of an endless amount of human misery.

#### Dr. Morse's Indian Root Pills,

thoroughly tested by over fifty years of use, have been proved a safe and certain cure for constipation and all kindred troubles. Try them.

25c. a box.

#### Eyestrain and Headaches

lowest Prices. Free Examination Office open on Friday and Saturday evenings.

M. B. ANNIS Oph., D. EYESIGHT SPECIALIST. 83 Kent-st. (Over Neill's Shoe Store)

Examination Free. Eye glasses re paired. Broken lenses replaced,

### MATCHLESS

### SILVER POLISH

We have on sale 144 hottles of this excellent Silver Polish. It cleans your silverware without dust, giving it the same bright finish it first had. The price for this article at our store is only 20c, it costs you 25c elsewhere.

The Popular Jewellery Store W. F. McCARTY

Real Estate Bought and Sold and Fire Insurance Effected.

#### Meney to Loan on Mortgages

All business strictly confidential and charges low, as I do all my own writings.

F. H. KIDD

91 Kent-st.

### Watches

Call and see my special Gents' 17 Jeweled American Watches selected for durability and value, in nickle and 20 year gold filled cases. A dependable watch at a low price.

Whit esmith JEWELER - MANILLA

#### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* . DR. McALPINE

Special attention to diseases . of Nose, Threat and Chest W. T. RICH, M.D., Member of the Royal College of Surgeons, : London, England. Special attention to Surgery and diseases of women and children & \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### Dr. T. P. McCullough

166 BROCK ST., PETERBORO Will visit BENSON HOUSE, LIND SAY, ery 1st and 3rd Wednesday c the month from 2 p. m. to 6 p.m of ferent treatment. Preparations cons it tions in Eye, Ear Nos o oni Throat.

Cambridge-st. North of Fire Hall For all kinds of Granite and Marole monuments. Get prices and see de

### HINTS FOR THE AMATEUR GARDENERS HOW TO COMMENCE SPRING WORK

perly worked is none too soon to prepare for rose planting. Though roses thrive best in clay, it is possible to grow some varieties in sandy loam. MUST BE DRAINED

Drainage is most necessary to the successful cultivation of roses. Water sults. standing around the roots, even for a short time in the spring is very liable to injure, if not destroy the bushes. For this reason, where good natural than useless. When you do start, howdrainage is not available, it will be ever, get right into it. Dig deep and necessary to provide it.

LOCATION OF ROSE BED. sible. Roses do not do well in shade. Let your rose bed be a rose bed, for they do not combine well with other else until your strenth returns.

SUPPLYING DRAINAGE

Where it is necessary to supply drainage, this may be accomplished A great many people are suffering in this manner : Excavate rosebed to with Headaches, Eyestrain, Pain in a depth of 36 inches. At bottom of that the cause is a defect or weakness excavation place a good layer, say five or six inches thick, of broken brick, All the causes we can permanently old mortar, pottery, stones, coarse cure by our properly ground glasses. gravel or coarse cinders. This is for We guarantee satisfaction in every the purpose of draining that water read and confirmed. away from the roots of the plants. As said before, clay is the ideal soil for roses. Be it clay or sandy loam, however, it must be made rich. Don't be afraid to use manure, and lots of

ENRICH THE SOIL. There ie little danger of making the soil of a rose bed too rich. Old well rotted cow manure is, undoubtedly, the best material for this purpose. Failing this, well rotted horse manure may be used. In any case use in abundance and mix thoroughly through to a good depth. If neither can be got, substitute bone meal, in the proportion of 11 pounds to square yard. In any case, the addition of a small quantity of bone meal will be beneficial, as will the burying of any old bones in the rose bed. Where there is natural drainage, ground need only be dug to two feet depth.

ORDER EARLY.

in April, it is none too early to place bonus, etc. your orders now. In roses, above all (so called.)

HARDY CLIMBERS.

Climbing roses come in five colorscrimson, yellow, pink, white and blue When once established these grow rapidly and bloom profusely. For verandah post or wall covering they are most desirable.

ROSE BUSHES.

Margaret Dickson, (white), John Hopper, (bright red, carmine centre) Prince Camille de Rohan (deep velvety crimson) are hard to beat for ment of pathmasters, fenceviewers, beauty and hardiness. But there are and poundkeepers was duly passed. many, many others worthy of a place ir your garden.

PLANTING ROSES.

when roses are delivered, place in cool, damp place until you are ready. Sunshine or too free circulation of air are liable to damage rocts.

Before planting scoop out enough of the soil to permit spreading the lar is responsible for many failures. pairs to grader \$2.50. McLennan pour in a good quantity of water.

ound each plant. The planting depth ders, \$20.85. will be indicated by stem or bush, which will show at what depth it 17th at 10 a.m. has previously grown.

CUTTING BACK

It may be that plants will require cutting back at planting. Very often this has been attended to in the nursery. Ask dealer. He will enlighten you on this pcint.

DESTRUCTIVE INSECTS. You can't expect to have insects and good flowers on the same bush. therefore you gave a busy season ahead of you is you choose to grow roses. A pailful of soap suds, which has been added three tablespoonfuls of coal oil, will, if thoroughly sprayed over the bush so as to reach all parts, effectively dispel the worms. Green and red aphides, most deadly foe of roses, require diftaining a large per centage of tine are offered in abundance. Ask dealer to recommend one of these.

UNCOVER BEDS. Just as soon as danger of heavy frost is past uncover tulips. The same with perennial beds. In the case perennial the manure which has served as a covering may be packed in around plants. In any case the bed

As soon as the ground may be pro- | surface should be carefully but thorly forked over.

> PIE PLANT Rhubarb plants should also be uncovered as soon as frost danger is over. To force growth place barrel, fresh manure outside of barrel to the depth of a foot or two, and watch re-

> > DIGGING THE GARDEN

Don't do any digging until the soil is fairly dried out. It is almost worse dig well, turning each spadeful over so as to bring the bottom earth to Select most sunshiny location pos- the top. Whenever you find yourself too tired to go deep just quit and turn your attention to something

#### PROCEEDINGS OF OPS COUNCIL

Ops Council met March 20th, at 16 a.m. All the members present.

The minutes of last meeting were COMMUNICATIONS.

From Supt. of G.T.R., re. Hutton Grove Crossing ; from Heratio Moore resigning the position of Pathmaster from C.P.R., re poles or ties on the roadside; from County Treasurer, showing no lands to be sold in Ops for arrears in taxes; from Board of Railway Commissioners, several communications in regard to the new grain route; from Alex. Burke making application to be rated as a Separate school supporter; from the Deputy Registrar General, giving notice that a series of prosecutions would be commenced by the Department against division registrars, doctors and parents, who neglected to strictly obey the regulations in regard to registering births, marriages and deaths Births must be registered by the parents within 30 days.

W. B. Fee interviewed the Council in regard ta the new C.P.R. line at As your rose bed will likely be made 'St. Patrick-st., also re wire fence

Those of the Stoney Creek petitionthings, your order should go to a re- ers who had not already settled their liable firm if you would avoid disap- drain tax were present and arranged pointment. It is best, too, for the settlements. George Reed presented a amateur to content himself with the bill for repairs to cutter broken on hardiest varieties, to commence with, road that was in dangerous condiand to select ever blooming varieties tion from snow and ice and asked Council to pay half the bill to which they agreed.

Residents of Ops at the Western boundary of the town had asked the Council to do something toward the support of the steet light at the hospital corner which the town talked of turning off. On motion of W. Best, seconded by F. W. Hickson, the reeve and Clerk were appointed to consult the town in regard thereto.

On motion of W. Best, seconded by

F. W. Hickson, W. Walden and D. W. Terrill were appointed to look after If not quite prepared to do planting the Murphy gravel pit, and make arrangements with the Toronto Construction Company re gravel taken therefrom.

On motion of W. Walden, seconded by F. W. Hickson, the following accounts were ordered paid: Anderson roots; cover roots with soil to depth & Nugent, for the burial of two of three or four inches, thoroughly charity cases some years ago, the firming the earth around roots. A accounts for which had been overgood hard tramping of the earth will looked, \$23. George Reed for damagdo no harm. Neglect in this particu- ed cutter \$6.50. D. Sinclair, for re-Before filling in remainder of earth, Co., for nails, etc., 94c. Stewart & O'Connor, for one year rent of office

#### NEVER BE WITHOUT BABIES OWN TABLETS

Mothers if you wish to guard the health of your little ones against the sudden outbreaks of those allments peculiar to childhood always keep supply of babies Own Tablets on hand These tablets never fail to relieve! baby of bistressing stamach aches. pains caused by difficult teething and the many other little troubles that make babies life miserable. The Tab lets are sold under the guarantee of government analyst to contain not one particle of opiate or other injurious drugs and they may be given to the youngest baby with perfect safety, Concerning them Mrs. Hypclite Chiasson Eastern Harbour, N.S., writes

-"We have used Babies Own Tabiets for our babies and they have done her much good. Plese send us two more boxes as I find them the only medicine that helps our little one." The Tablets are sold by medicine dealers

# Very Attractive Showing of Spring Mantles

Including Suits, Dresses, Skirts, Coats,

### Latest Paris and New York Styles....



McCall Pattern No. 3677

ATTRACTIVE AFTERNOON COSTUME

Suits \$11.00

Al! Wool Panama, co'ors of Black, Navy and Brown, sizes 34 to 44, Twill Italian lining, trimmed are always stylish and smart looking, fancy \$13.00 with buttons. Very neatly made. Special \$11.00 silk lined, self covered buttons, for ..... \$13.00 with buttons Very neatly made. Special \$11.00

#### Tailored Suits \$16.00

C mes in fine quality of Serge. Diagonal Stripes, Tan, Navy, Black and Brown, fancy buttons, silk lining, single and double Breasted. Very \$16.00 stylish suit, at .....

#### Basket Cloth

Comes in pretty shade of Grey only. Very smart tailored suit, fancy collar, trimmed \$18.00 with self, covered buttons, si'k lining, for

#### \$22 Suits

These are exceptionally stylish, King's Blue only made of choice quality Basket Cloth, trimmed with fa icy buttons, Diagonal Silk Lining. Real \$22.00 special .....

#### Misses' Suits \$10.00

Fancy Tweed Suits, stripe Grey lining, neatly made, self covered buttons, coat comes in \$10.00 the new length. Our leader, for ..... \$10.00

#### Plaid Suits

Shepherds Plaid Black and White Suits, these

#### Spring Coats

Plain Tai'ored, Bone Buttons, long length, this is the season for long spring coats. Be \$11.50 sure and ask to see these, at .....

#### Spring Coats

Come in Navy and Black Serge, Moire or fanny pattern Basket Cloth effect collar, trimmed \$12.00 with buttons to match, for ..... \$12.00

#### Military Coat \$12.00

Fawn Striped Covert Cloth, large fancy steel buttons, self collar, specially tailored, \$12.00 for.....

#### Ladies' Skirts

Voile, real fine quality, trimmed with ribbon and fancy braided patterns, perfectly fast blks. \$11.75 Special prices \$4.98, \$7.49, \$9 00 and ...

#### Panama Skirts

All Wool Panama, fine or coarse weaves, trimmed with braid, ribbon and jet buttons, black only. Special sale prices \$3.75, \$4.98.... \$5.75

Visit this Department to be in Touch with the latest styles.

Also visit our Millinery Show Rooms for Paris and New York styles.

### WAKELYS

#### Obituary

MARY BEATRICE TURNER.

The death took place at 10 o clock to-day of Mary Beatrice, daughter of Mr. and Mrs. P. J. Turner, North Ops, aged 5 months and 5 days. Funeral on Friday from the family resi-The by-laws confirming the appoint- dence, lot 29, con. 7, at 2 o'clock, to Roman Catholic cemetery.

DELLA MAY MAGEE.

The sad death took place on Wednesday of Miss Della May Magee, daughter of Mr. John Magee of East Ops, aged 17 years and six morths.

The deceased has been ill about six

months and bore her sufferings with Christian resignation. She is surviped by her sorrowing father, two sisters, Lita at home and Viola of Lakefield, and one brother. James. The late Miss Magee had a host of friends who will regret to hear of her demise The funeral will take place from the family residence, lot 19, con. 7 cf Now complete planting, using suffici- \$36. W, Nichols for groceries to Per- Ops, on Saturday morning at 9.30 ent soil to leave a little mound ar- ault fam'ly, charity \$1.04. Interim or- o'clock. Service at the house half an hour earlier. The remains will be ta-Council adjourned to meet April ken to the G.T.R. 10.48 train, and interment will take place in Emily ce-

G. W. STEVENS.

metery.

Coboconk, March 25.-Mr. G. W Stevens, the efficient manager of the bush part of the Gull River Lumber Co. s business, died yesterday at his home here and will be buried on Sunday at 3 p.m.

Mr. Stevens has been a prominent and useful man for many years in the northern part of the country, being Reeve of the township for a term of years. He has been an active mem. ber of the Gull River Lumber Company since its organization, and to his prudent management is due much of the company's success.

He leaves a widow and five children to mourn his death. His health has not been good for some time, but he attended to business until early in January, and since then he has failed rapidly, in spite of the best of care and medical attendance. He was fifty. at 25 cents a box from The Dr. | three years of age. His mother was buried on the day of his death,

GEORGE McMORRAN LAIDLAW.

Hamilton Spectator: The death took place at the home of his brother The Cambray branch of the Wom-Janes P. Laidlaw, 193 Napier street en's Institute met at the home Saturday afternoon of George McMor- Mrs. Wm. Webster on March 1st, Scott. ron Laidlaw of Caledonia aged 22 at 2.30 p.m. with vice-President, years. Deceased was in good health Mrs. Frank Wood in the chair. Afuntil about a week ago when he suff- ter the regular business was setered from a hemmorage pneumonia tled the matter of having some following with fatal results. He was definite aim in view for the Instian employe of the Robert Duncan co. tute was discussed. A committee is for the past four years and wes very appointed to look after the matpopular with not only his fellow em- ter. Mrs. Feir gave a short paper ployes but a6very wide circle of frien- on Appreciation which was ds and his death will be sincerely regretted by these. He was a member of the Indians' bowling team for 1909 -10 which won the championship of their class in those years. He is survived by one brother James P. of this city and one sister, Mrs. Wm. McLellan of Lindsay. The remains were taken to Caledonia, and the funeral took place from the home of his parents there, Monday afternoon.

> MANY PEOPLE WERE HARD HIT

MONTREAL, March 27 .-

Chas. D. Sheldon, as he was known in Montreal, disap-\* peared in October, leaving bef \* hind him creditors to the amount of nearly \$2,000,000 as \* a result of his blind pool op-\* erations, and assets of about \* \* \$18,000. The real liabilities of \* Sheldon, however, were only \* . about \$800,000, the balance of . \* \$1,200,000 representing divi- \* \* dends declared upon invest- \* \* ments which their owners had left with him to accum- \* ulate. All classes of people, \* for he had 5,500 names on \* books, were numbered among \* his customers, and it is stat-\* ed that the lack of energy \* shown in the search for him \* was directly due to the fact \* that some influential people \* preferred standing the loss \* they had incurred rather \* than have him brought back \* to Montreal and running the \* risk of having their connect- \* \* ion with him exposed. Shel- \* /\* don's assets will pay about \* one cent on the dollar, according to last report.

CAMBRAY,

(Special to The Post) much appreciated indeed, Miss Mc-Inn.s gave an instrumental solo and then Mrs. Rev. Howard gave a literary talk on Longfellow's Life and Home. She also read several his most popular poams. Mrs. Howit helped to make her talk interesting.

Our April meeting will be held at Mrs. Walter McInnis home on April 5th. We hope for a large meeting of the ladies as there are several important subjects to be discussed, and also arrangements will be made for a speaker for the summer meet

#### OMEMEE.

(Special to the Post. Mr. Will McCaffery, of Toronto, spent the week end 'ith his parents. Mrs. McCaffery and children re

turned with him on Monday. Miss Hartley and Miss Beal were guests over Sunday of Miss Edith Robinson.

Miss Bertha Nicholls was home, over Sunday.

was in town on Saturaay. Mrs. McCaffery and Mrs. McCaffery spent Saturday in Have- flammation. Second, it is soothing. lock the guests of Mrs. Dr- Thomp- It cools the wound or sore; allays

Mr. and Mrs. Adams and Master smarting. The, thirdly, it stimulat-Ivason of Lindsay spent Sunday in es the celld, beneath the injured town, the guests of Mr. R. Mulligan.

Mr. Will Gallagher of Peterboro, was home over Sunday.

Tuesday evening April 4th o'clock. A good program will given. Admission 15 cents. See post- fect will highly satisfy you. All the ers for further particulars.

25 cents | rival of the Lindsay train Satur- cheap, worthless substitutes.

day morning was largely attended. Much sympathy is extended to the bereaved parents and relatives.

Miss Vera Sproule spent Sunday in town the guest of Miss litta

The millinery openings in McPherson's and Mr. Ivory's are on Mar. 30, 31, and April 1. Mr. Jas. Bushnell spent the week end with Bethany friends.

## ZAM-BUK

A Chat With Mothers

"Whenever my children have any ard had the privilege of visiting sore places, cuts, or skin troables. Longfellow's home near Boston and they ask for Zam-Buk. They can alvery ways depend upon it doing what is needed.

> So says Mrs. A. Alce, of Chatham street, Montreal. A missionary writing from West Coast of Africa says boy who was treated for a case of ulcer came back recently and said, "I like best that green medicine." The green medicine was

Zam-Buk." Now why should children, all the world over, show such a market preference for Zam-Buk?

Childrn like Zam. Buk because, as soon as applied to a burn, a cut, or a sore, it stops the pain, and then gradually, but surely, it heals. As soon as the pain of a wound or sore is relieved a child can go on with its play and leave Zem-Buk to finish off the healing

Mothers might look a little Kere deeply into the action of Zam-Buk. Miss Amy Adama of Cannington, First, it is highly antiseptic. As soon as applied it stops all danger. Will of festering, blood poisoning and inthe irritation; stops the pain gnd part to healthy action, and causes the speedy creation of new, healthy

Just try Zam-Buk for cuts, The L.S. of the Methadist Sunday burns, or cold sores, or eczema, uicers, rashes, bad leg, piles, vari 8 cose ulcers, or any inflamed or disbe eased condition of the skin. Its efdruggists and stores 50c box, The funeral of the late Miss D. free from Zam-Buk Co., Toronta for Magee which took place on the ar- price. Refuse harnful imitations, and