Progress On Construction Of Grand Trunk Pacific Con

This Year-Four Miles Per Day.

is stated that the contract for the six cars of steel and an equal numconstruction of the first hundred ber of cars of ties. This is sufficient miles of the line of the Grand Trank for one and one-half miles of track Pacific from Prince Rupert east will which the company expect to lay in be led by the officials of that com- the half day. When the attempt is pany in Montreal this week. All ten- made to lay more than one and oneders were opened on the 6th of the half miles in the half day, it is found month and since that time the en- that the shafting is not of sufficient gineers have been constantly engag- strength to work the rollers on the ed in the examination, and comparison of the figures submitted by the various contractors. Of these there were several from the east, and several others from the Canadian west and the Pacific coast in the United States. It is understood that the firm of Foley, Walsh and Stewart, to whom the contract for the constraction of one hundred and twenty-six miles west from Edmonton wis awarded, have tendered on the new contract east from the terminus on the Pacific.

The contract which is to be awarded at the present time is an interest. ing one to contractors, owing to the fact that the larger portion of it is slong the shore of the ocean and the shore of the Skeena river. Sixty builes of the line is of this nature and wessels with supplies can reach the point of operation at any time. Much of the work done is heavy rock cutting along the shore of the ocean and the river, but it is expected that the work involved could be completed in a comparatively short time. Of the the hundred and twenty-

six miles included in the contract of Foley, Walsh & Stewart in the proximity of Edmonton, six mil's as to the east of that city, extending to the big bridge of the company at Clover Bar, the balance being to the west of the city. Operations in conspection with track-laying have now been suspended on the main line run. wing west owing to the fact that the cuts had become filled with snow. The company considered the question of removing the snow and continuing operations, but the plan did not ap-Laer feasible. The work was therefore closed down, but it is the hope of the company that it will be possible to resume shortly, after March 1. When this can be done, both tracktaying machines will be used and coerations will go on westward from the Touchwood Hills, and eastward from the present terminus, east of Seskatoon. The gap to be filled in wild steel has been reduced to 65 miles, which could be readily covered in a fortnight with both machines working.

, INTO EDMONTON THIS YEAR : Officials of the company state that there is no reason to doubt that the line will be completed into Edmonton during the current year. The great impediment in the way of its completion is the construction of the Rattle river bridge. Where it not for this bridge, there could be no doubt regarding the construction of the fifty days will lay all the track. Work on the Battle river bridge cannot, however, be well begun until the line of rail has reached that point from Saskatoon, a distance of two hendred and four miles. Three to four months will be required to complete the permanent bridge over the river. Should it appear that in view. of the length of time required fo: the construction of the bridge there is danger that the line will not be completed into Edmonton this year, the track laying machines will begin work from the Edmonton end rnd will push on the track laying from the Clover Bar bridge castward. RUSHING TRACK LAYING

In order that the track laying may be hastened this year, the G. I. P. miles may be laid. The difficulty

Not a Miracle **But Medical Science**

Dr. T. A. Slocum, Limited, Toronto, Ont.

Gentlemen:-

"Some time ago I began to lose flesh and failed every day until I had to quit work. My physicians and all my friends said I had contracted consumption. I failed from 165 pounds down to 119. I was advised to go to the Reckies or to the coast. I went to both places under heavy expense. I continued to fail, and was advised by the doctors to come home as nothing more could be done for me. Hope seemed to have left me.

"I tried Psychine and since starting its use I have gained from 119 to 141 pounds. I have used \$10.00 worth of cannot say too much in praise of Psy-I believe it has saved my life. It is without doubt the best remedy for run-down conditions and weak lungs. will continue your good work of saving Psychine's best friends."

ALEX. McRAE, Sault Ste. Marie, Ont. gists, 50c and \$1.00, or Dr. T. A. Slo- is still one of the most me cum, Limited, Toronto.

Officials Say Edmonton Will be Reached | with the machine in use last year ficient strength to work well ou train of more than for one-half a (Winnipeg, Feb. 18. Wt (Special; -It day's work, it is necessary to marry additional cars. This is the defect in the machinery, which has been remedied for the operations of this ourrent year, the additional strength being given so that more cars can be operated on a single train of track laying equipment.

A WORLD'S RECORD

It is also proposed by the company to work three shifts during the long days of the coming summer instead of two. By this means it is expected that when the weather is at the best, four and one-half miles of track may be laid per day by one machine. During last season, it is stated that a world's record was made on the construction fine of the Grand Truck Pacific. For one month it was estimated that there had been con structed three miles of track on each working day. Work at this rate was actually done on each working day of the month. Nine sidings were, however, built as the line rivanced, and a certain amount of tienwas lost in connection with the completion of these sidings, Making al lowance for these sidings, a rate of three miles per day was made for this month, a record which it is said has never been equalled in the history of railway construction. This season the company expect to do still bat-

WINNIPEG TO FORTAGE

The bridge over the Assiniboine at Portage will be completed about the middle of the month of March and the forty-five miles to Winnipeg will be put in operation in the summar. I'rom six to eight steam shovels wi'l be used throughout the season in connection with ballasting operations and large forces of men will be outof the entire line will be complete! this year and the line operated. The bridge at Saskatoon wilk be completand about April 15.

About Cow Testing Interesting Figures

Some Comparisons of Value to al Progressive Farmers.

The records of the dairy and cold storage cow testing associations in the Province of Queocc are full of case of women) by excessive stant-

completed line, since one hundred and of any cow in a certain herd during six months, from June to November, was 132 los. fat. In a meighboring berd the Sest yield was 200 lbs. fat, or a difference of 68 los, fat. This is a difference in the earning power of those two cows of at least \$17 in six months. This is not a gontrast between a good and a poor cow, but between the best cows in each berd. In this case 20 cows of the one kind equal 44 of the other as regards value of product. Why should not the ueturns from scores, yes hundieds of our dairy cows be increased by \$17? They could be very easily if farmers we're fully alive to the possibilities of systematic improvement." We must aim higher.

In another association a more startling difference is discernible. In one ing machine, so that instead of lay- bend the best cow yielded 450 lbs. fat cruptions, scalp sores, itch, piles, ing three miles per day, four or more during the full period of lactation, chapped hands and all diseases of the while the best cow in another herd skin. Of all druggists and stores, 50c. gave only 141 los. With butter fat box, or Zam-Buk Co., Toronto, past. at 25 cents per fo. the one cow is prid or receipt of price. 3 boxes credited with \$112.70 and the other | \$1.25. with only \$35.32. This is a difference of \$87,38 Detween these two cows. Assuming that the cost of feed is the same in both cases, and is \$30, it is found that 12 cows in the one case would equal 188 of the other.

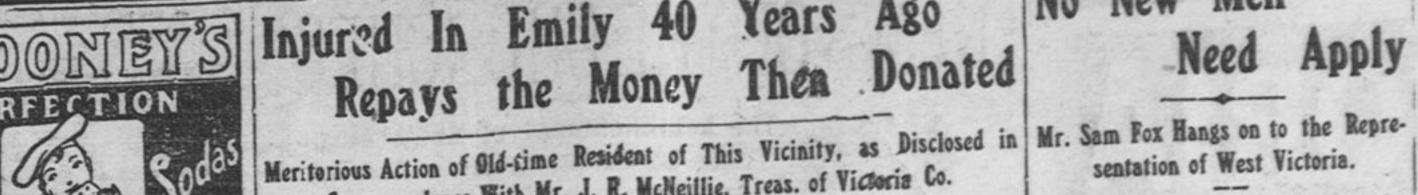
Informing.

Little Willie-Say, pa, what is

Pa-A coquette, my son, is a young widow who pretends to be indifferent about getting married again.

Race Prejudice.

(Woodstock Sentinel-Review.) There is perhaps nothing more curious in modern civilization than the persistence of race prejudice. Science says that all mankind came originally from the same stock. Religion, the Christian religion at "I sincerely hope and trust that you least, says that all mankind are orothers, the children of a common run down people and consumptive from | Father. History tells us that race continued success, I remain, one of hatred is, by a slow and sometimes painful process, gradually becoming rliminated, that it is doomed to go with the black plague, the horrors Almost every mail brings us letters of withcraft, religious persecution like the above. Psychine will repeat and war itself. Yet, after two thoughthis record in every case. It is the gond years of the preaching and greatest medicine known. At all drug- teaching of universal brotherhood, it factors of civiliand



The perpetual charm of freshness and crispness -of daintiness and deliciousness - is in every box of

Mooney's Perfection Cream Sodas

-held captive by the air-tight, moisture-proof There is a packages. best in everything. In Biscuits, it's Mooney's.

World's Greatest Traffic Avenues

The Lake Traffic Passing Through Detroit and Soo Rivers.

Detroit, Feb. 18 .- The Detroit River is the greatest water thoroughfare in the world. Statistics gathered by the government in 1907, show that during 1907 23,771 vessels passed through it, with a tonnage of 48,-258,328, as compared with 24,077 vessels of 46,072,668 tons in 1906. The merchandise traffic of 1907 through the Detroit river amounted to 67,-692,504 net tons, compared with 60,-578,155 net tons for 1906.

The Sault Ste Marie canal is the next greatest thoroughfare in the world. In 1881 the freight traffic through the Soo canal was 1,567,741 tons, and, in 1907, 58,217,214 net tons. The average tonnage has doubled since 1899. The maximum carrying ployed in this work. The ballesting capacity has increased from 7000 tons in 1900 to 13,000 in 1907.

The total lake commerce for the season of 1907 was 10 per cent, larger than in 1906, and 20 per cent. larger than in 1905, the total shipments reaching 83,387,919 tons.

Ulcerated Leg and Ankle.

HEALED BY ZAM-BUK A common result of an injury, sometimes of even a tiny scratch, is chronic ulceration, the skin disease that eats deepest into the tissud and is most painful, weakening and obstinate. Ulcerations are brought on often (especially in the ing or kneeling. Mrs. J. E. Berry-In one association the highest yield man, of 31 Catharine-st., N., Hamilton, Ont., says; "I was suffering for number of weeks with a badly in-Tlamed and ulcerated leg and aukle. I had used one remedy after another with no material benefit. My leg was swollen in some places to bursting and day and night I suffered severe pains. At this stage my husband prevailed upon me to leave off all other preparations and use Zam-Buk. This I did and was agreeably surprised, for after a few applications the swelling in the leg was greatly reduced and the ulcer looked haelthier. I persevered with Zam-Buk until the swelling was banished and the pain and inflammation entirely removed. Zam-Buk has affected a cure when other remedies fai-

> Zom-Buk also heals outs, bruises, berns, running sores, eczema, boils,

Strange.

"How does it seem to be divorced?" asked the curious young thing. seemed a little strange at first. It bad in spring, exporters in good finwas quite a while before I could get | ish at that time ought to bring saused to sitting down to supper, and not having anyone to kick about the



wonto London Winnipog

Repays the Money

Gorrespondence With Mr. J. R. McNeillie, Treas. of Victoria Co.

loplains itself, and will no doubt be perused with some interest by our readers-more especially among the pioreer citizens of town and country: New Albin, Jan. 27, '08.

(To the Editor of The Post,) Gentlemen-Would you please put me in communication with those who have the care of the poor of Victoria County-especially of the townships of Ops and Emily-as there is a matter of fousiness I wish to transach with them, and would like to get it dore as soon as possible ?- Yours, THOMAS McNearney

R. R. 1, Iowa. Lindsay, Feb. 4th, '08. Thomas McNearney, esq., New Aloin,

R. R. I, Iowa; Dear Sir, -The proprietor of The Pest, has handed me your letter of Jaruary 29th. You may address me relative to any matter in connection with the poor of the County of Victoria.-Yours truly,

J. R. MCNEHLLIE, Clerk and Treasurer. New Aloin, Feb. 8th, '08.

J. R. McNeillie; Dear Sir,-I got your letter yesterday. When I was living in Emily. forty years ago, a threshing machine accident caused the loss of my right J. R. McNeillie; hard. The mother of one of the

to the office. The muney belongs in Ops and Emily, and my wish is that it will do

The following correspondence ex- some good among the people who were so kind as to give on my ac count,-Yours, etc.,

> Lindsay, Feb. 12, 1988. Thomas McNearney, esq., New, Al-

bin, R. R. 1, Iowa: Dear Sir,-Your letter of the 88h irst, is to hand. What you have swritten is very interesting to me The fact what the accident you refer to mus; have occurred in the township of Emily while I wan a resident of the willage of Omemee makes your statement doubly interesting.

There was established in the Coun- | tickets or dinners. ty of Victoria four years alzola House, of Refuge for the free maintenance of all aged and poor persons who may be sent 40 it. The number of men and women cared for therein is now 57, and it will interest you to know that five of these are from the town ship of Emily. If you decide to send the money to me, the receipt of it will loo duly acknowledged, and would like to have you consent to state publicly the reason for the morey being sent to me.-Yours, I. R. MCNEILLIE,

Clerk and Treasurer New Albin, Feb. 15, '08.

Dear Sir,-Ligot your letter yestermen I was working for went around day. Enclosed you will find an orand collected \$33 or \$34 for me, and der for the money. Am happy in I want to pay it loack now. It is im sending it to where it rightfully loapossible for me to return it to these forgs. If you say anything publicwho gave it, as I only remember a ly about it, please thank those who few of them, and they are deads I have it 40 years ago, as the money have though; the proper thing to do | belongs to them, and not to me. It was to send it for the Genefit of the was at Omence we took the train, poor. Let me know that you wall the 8th of November, 1869, and Postaccept it for this purposes and I wit! mester Grand; was about the last send it to you as soon as I can get man I remember seeing in dear old Emity,-Yours,

THOMAS MONEARNEY, New Aloin, R. R. I, Iowa.

A LITTLE SEED

Its only a ting thing, Ali dry and hard indeed, But wonderful secrets hide away In the heart of a little seed.

When we hold it to the ear, We cannot hear a sound. And yet within this crinkled shel! Are life and beauty found.

There are wee brown rootlets there, And shining leaves of green, And beautiful, siender, graceful stems,

And flowers to please a queen.

Do you think it is not true! Well; plant a seed and see, Then day by day with wonder wateh, The lovely mystery.

TIPS FOR FARMERS

Reports from the southern states say that the green bug, which did so much barm among the oats of Ontario, last year, is appearing this

Farmers' Institute meetings are having strenuous times for existence in Ontario, at the present time, owing to the big snowstorms causing poor traveiling accommodations.

The easiest way to physic a horse when alone or otherwise, is to put on bridle with rein on upper side of hit rings, passed through over a pole only put off the evil day; for at the in the stable roof. Draw head up high | very best, nothing more, with the and pour into corner of mouth siewly; if he refuses to swallow, confine the nostrils for a moment with hand, of it. Hence the exhaustion of lands end the medicine will go down.

Cattie feeders all over Ontario are time. looking for unusually profitable return in May exporters. In one respect at least the situation justifies the expectation. It-is generally be lieved that there are not over half the stall-feeders in the province now that there were in the corresponding date last year. In the United States conditions are similar. On "Well," replied her wise friend, "it dess, therefore, general trade is very tisfactory returns.

Many farmers, although keeping number of horses, do not know the simplest remedies for the slightest pilments the horse is heir to. Flatulence or colic with swelling is quick. ly relieved by a drench of sait and water (which will only take in a certhin amount of salt), followed gentle exercise. This will force the gas out, and the patient will soon be refleved. A second dose in about twenty minutes is advisable if not sufficiently relieved.

Those who have no farms in Ootario do well often to go west, but we think any warning against the desertion is timely. There is land for all who work it, good land, and those who enter upon it now will ere long have reason to give sincere and hearty thanks. The open and free life of the great west, or the gny, and frivolous life of the city, is not always the best. It does not

THOMAS MONEARNEY, New Albin, R. R. I, Iowa.

always contribute to the health of the people, and it does not always add very rapidly, if at all, to cheich enrichment. - Bowmanville States

Here are some "dont's for the dairy farmer to remember; Don't keep the milk in the cow

stable. Don't keep the pet dog in the cow Don't oblige the cows to stay out

of doors when they want to stay in fat when he is fed corn, and then

get ripping mad if the cow gets fat and goes dry when fed exclusively on the same diet.

is not doing her best for her owner.

REMEMBER THIS

earth so rich that it will bear con satut cropping of any one or with uny rotation of non-leguminous crops, such as maize, sorghum, wheat, barley, oats, or any other grasses ou side of the legumes, for the simple reason that all these crops are dependent upon the soil for the nitrogen, and if these crops are removed from the land nitrogen exhaustion must sooner or later follow, Even if the manure from these crops was say and returned to the land, with it strength all unimpaired, it would exception of carbon, would be returned to the land than was taken out without growing some kinds of leguminous crop is only a question of

Her Critical Eye.

He (best man, just returned from wedding); "Wasn't it an imposing ceremony?" She (bridesmaid); "Yes, most of the jeweis were paste."

Will be Remembered Here.

The Rev. A. J. Harvey Strike, Queen-st. Methodist church, former pastor, has received a unanimous invitation to Secome pastor of the Campbellford Methodist church, and has accepted the call. Mr. Strike's pastorate at Deseronto has been very successful. The missionary and con- | cld home. nectional funds have been larger than any previous year, and the general work of the church has prosperbe interested in his success.

relief to the heaviest cold-and SAFE to take, even for a child. Cures That is Shiloh's Cure. Sold under a guarantee Coughs to cure colds and coughs & Colds trowfall was 10 feet. Last winter medicine-or your money back. 34 years was the coldest and roughest in of success commend Shiloh's Cure. 25c., yacrs, and the present the mildest.

The conservative convention for the west riding of Victoria was haid in the Academy of Music on Saturday. afternoon. The attendance was very good, and we understand the convention was considered fairly harmonishe, although there were a mumber about the hotels after the convention who expressed themselves as not being altogethen satisfied, as they thought Mr. Sam Fox should have been content to retire and allow one of several hard workers for the party in many campaigns to take his place. Mr. Fox could not, however, be accused of packing the convention, as aid Sam Hughes, and we have get to learn of any free railway?

Mr. Fox made a short speech, giv. ing an account of what he had long for the riding during his term of offire. The task did not take him long Col. Sam Hughes out himseif 100se for a few minutes, but failed to mention what he had done for McKenzie & Mann, or how those grateful philanthropists had expressed their

Hon. Mr. Hanna made an hour's speech, in which he endeavored to show that his government had kep! its pledges to the people. He specially referred to the three-fifths Local Option law, which he regintained was all that could be desired, and dir not hold out any hope that there will be a change in the law. As to forcing the present law, he expressed a determination to make the li cerse holders keep hoteli

Mr. Fox's nomination was made

Women and Girls Gush Over Bowen

Slayer of Mrs. Welch Hero of the Hour At the County Jail.

Detroit, Feb. 22.-Percy Bowin, the Canadian (soy from Woodville, Ont., who will go to trial during the first week of March on the charge of slaying Mrs. Cornelia Welch, is the hero far as a large number of women and girls are concerned.

His looyish face, round and ruddy, has gained for him no little sym pathy from the fair sex. The ladies stand near the bars and talk words of encouragement, telling Bowin Don't expect the hog to lay on that they believe in his statement. that he did not mean to kill the old

Some of the women have gone so far as to loring dainties to the pris-Don't fail to provide the cows with oner. One woman gave him a nice an abundance of bedding, for the cow bottle of costly perfume. The perthat must stand up to rest and be fume giver, having literary ambihitching back and forth from one tions, assured Bowins that she infoot to the other while ruminating, tended to write a "romantic story" around his life.

Many girls, fearing the netoriety they might get, have resorted to There is no land on the face of the long-distance tactics. They calf up for the supply of 125 cords of four is arth so rich that it will bear con Edward H. Kennedy, attorney for Beach and Maple Body Wood, cut in it Edward H. Kennedy, attorney for Bowin. This morning one of them 'phoned Mr. Kennedy to say;

"A looy with such a sweet feed as Percy would never delinerately kill a person. I do hope that you will win the case and get Percy out of this trouble."

In the mail to-day came a pathetic was written for her by the pastor Do You Want Male of the church. The father, it seems, fears that he will soon less his job on the railroad, and, even now, they are hard pressed for money. "But I must find some way to go

or before, if possible," comes the message from the mother. "Even if all the world turns against my looy I will believe in him to the end."

Life at Otter Tail

The Present the Mildest Weather in Years--The Post Appreciated.

Mr. W. Haygarth, of Otter Tail, B. C. (n enclosing his subscription for The Post, says he is an old Victoria county boy, and although 28 years away he has not lost interest in his

He has been living in the mountains for 14 years, and says he would not leave there now. In reed. Mr. Strike's many friends will ference to the weather, Mr. Haygarth says that they did not have zero weather until the last day of January, when it was 15 below zero, the coldest they have had yet had this winter, and it has only been once down College. to zero this month. They have 22 inchehs of snow on the level, and a total fall of 56 inches, At this date last winter they had 58 inches of Frow, on the level, and the total In closing Mr. Haygarth compli-ments The Post on its continued bands and fathers sheald be of excellence, and particularly com- ed to work for the support of mends the choice variety of reading families in a Government instru presented weekly,





Stomach trouble is but a symptom of and as n itself a true disease. We think of Dyspeces Heartburn, and Indigestion as real diseases, re they are symptoms only of a certain special Restorative-Tablets or Liquid-and see for your self what it can and will do. We self-and then fully recommend

Dr. Shoop's Restorative "ALL DEALERS"

You cannot possibly have

a better Cocoa than

food. Fragrant, nutritious and economical. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

Sold by Grocers and Storekeepen in 1-lb. and 1-lb. Tins.



TENDER FOR WOOD

TENLERS marked 'Tender for Wood until WEDNESDAY, MARCH 4th, 198 season of 1907-1908, to be the Court House and Gaol, not later the July 15th next. The wood must be quality acceptable to the Ganler and piled in the yards as he may direct. No tender will of necessity be accepted

J. R. McNEHLLE, County Clerk Lindsay, February 17th, 1908.-will

or Female Help? Mr. Morgan Johns, Canadia to my boy when he is placed on trial Government Employment Ages will take applications from the requiring farm help or domest servants. The help is expect to come mostly from England and Scotland.

Any person wishing to adnast part fare for respectable Scott or English girls will please at In B.C. Mountains or English girls will place of Linguish girls will be a seen of Linguish girls will b 99 Lindsay.st.



BROAD & NEWTO VETERINARIANS,

LINDSAY, - - ONTARIO. Graduates of the On ario Veterin Calls receive prompt attention day OFFICE-46 Peel-st., between

Barracks and Curling Rink. Make Them Work.

(Toronto News.) The suggestion that drunker bonds and fathers isheald be con provided for the purpose, has