MILLBROOK FIRE DEPARTMENT

TO THE

# MONSTER BONFIRE

leaves the FIREHALL promptly at 7 p. m. on Friday, October 13

to mark Fire Prevention Week and to

# Keep Millbrook Fire-free

Live Better Electrically



## SIGN OF THE TIMES!

## The Medallion Symbol of Electrical Excellence

This Hydro-approved Medallion tells you that progressive builders are providing for extra comfort and convenience through a new high standard of electrical living . . . even in modestly priced homes. When you buy or build a new home the Medallion will help to protect your investment in these important ways:

POWER CONDITIONING. A 100 ampere service entrance and a "full housepower" distribution panel provide the capacity needed to operate your household services efficiently, economically, and safely . . . now and in the future.

APPLIANCE CONDITIONING. Circuits and outlets for those work-saving, timesaving appliances are plentiful. Every Medallion Home anticipates your future needs. And at your immediate service is a new fastrecovery, two-element, flameless water heater ... ready to keep an abundance of hot water "on tap" at the lowest possible cost.

LIGHT CONDITIONING. Another important "extra" is the planned lighting which adds charm and beauty both inside and out . . . makes work and play areas brighter and safer.

A "Gold Medallion" Home is all-electric, including heating.

Information about the Medallion Electric Homes in your community can be obtained from your electrical contractor or your local Hydro office.

> HYDRO is yours

## Momer:

Some people can hardly wait to hear what they're going to say.

### H. OUELLETTE

GENERAL INSURANCE MILLBROOK

COACHES FOR CHARTER

J. G. Stock, Peter borough, RI 5-9752

G. A. (Jerry) Stock, Bailieboro, (collect) 10r1 or 9r5

### Lequire Plumbing & Heating

OIL BURNERS

**FURNACES** 

PUMPS

Plumbing Replacements & Heating Change Over OUR SPRING SPECIAL AT 20 PERCENT DISCOUNT STOCK ITEMS HURRY! HURRY!

8 A.M.

5 P.M.

Residence: Bailieboro 30

Office: Millbrook 87W

To pick up the ball, lay your hand voer the top of it. Spread four fingers down along one side of the ball, your thumb down the other side. Youngste-

rs, and people with small hands often need both hands to lift the ball from the rack.

GETTING A GRIP ON THINGS

For a proper grip, hold the ball firmly but not tensely.

ly around it, your thumb as hi- front of you. Use the other han gh up on the side of it as is to support and steady it. comfortably possible.

There should be a small hollow space between your palm and the ball. The ball is resting on your fingertips. It should be delivered off the fingers, not off the palm. If you palm the ball, you can't control the moment it leaves your hand.



A handy way to check if you are holding the ball properly is to turn your hand upside down. If the ball drops on your toe-you were palming it, not gripping it with your fingers.

All lanes provide towels, and some device to moisten hands.

Your hands should carry a trace of moisture. If too moist, the ball will feel greasy; if too dry, the ball will slip away before you deliver it.

If you moisten, then dry your hands each time before you pihave the same traction each ti- 12c a line when we catch you.

FISH & CHIPS Take Out or Eat Here PHONE 38 BARNEY'S A Line of Fine Cigans

me you roll.

STAND RIGHT TO START RIGHT

When you take up your posi-Spread your fiongers normal- tion, hold the ball chest-high in



Take a comfortable position, relaxed, your shoulders squared parallel your target. "Toe-in" slightly, your toes pointing towards the target, both knees slightly bent.

If you are going to step off with your left foot, extend it an inch or two forward, the bulk of your weight on the other. If you stand with your weight evenly distributed (as most bowlers do), there is an extra movement to make, as you must sh ift your weight anyway before you take your first step.

Now, you're ready to begin your approach. So, next week: POLITENESS

AMONG THE 5-PINS

CLASSIFIED ADS COST ONLY ck up the ball, your fingers will 3c a word, cash with copy, or

### SHADY NOOK DAIRY MILLBROOK

"MEET AND EAT AT SHADY NOOK"