

A. R. Lefroy...  
Miss...  
Wood...  
C. Allen...

### IN DEEP DESPAIR

It is only for a little while...  
"No, you will not, Paul; for what...  
"Yes, you will go," I say, gently...  
"I will kiss me once, Paul, and then you will go."

"It is too good for me," says George...  
"Come away home, Nell!" he puts...  
"I have said just like his step," I say...  
"You are over again; could he have come back?"

"Do you know," I say, in a whisper...  
"I am going home, Nell," I say, looking...  
"It was a fancy," he says, decidedly...  
"Who could possibly come between you?"

"I thought I was in a church crowded...  
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that it should be; but at last I begin...  
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"of the secret expression and a ...  
"of the secret expression and a ...  
"of the secret expression and a ..."

**The Horse Market.**  
"It is a common idea," says a ...  
"of the secret expression and a ...  
"of the secret expression and a ...  
"of the secret expression and a ..."

**Blessed to be a Blessing.**  
"God blesses you that you may be a ...  
"of the secret expression and a ...  
"of the secret expression and a ...  
"of the secret expression and a ..."

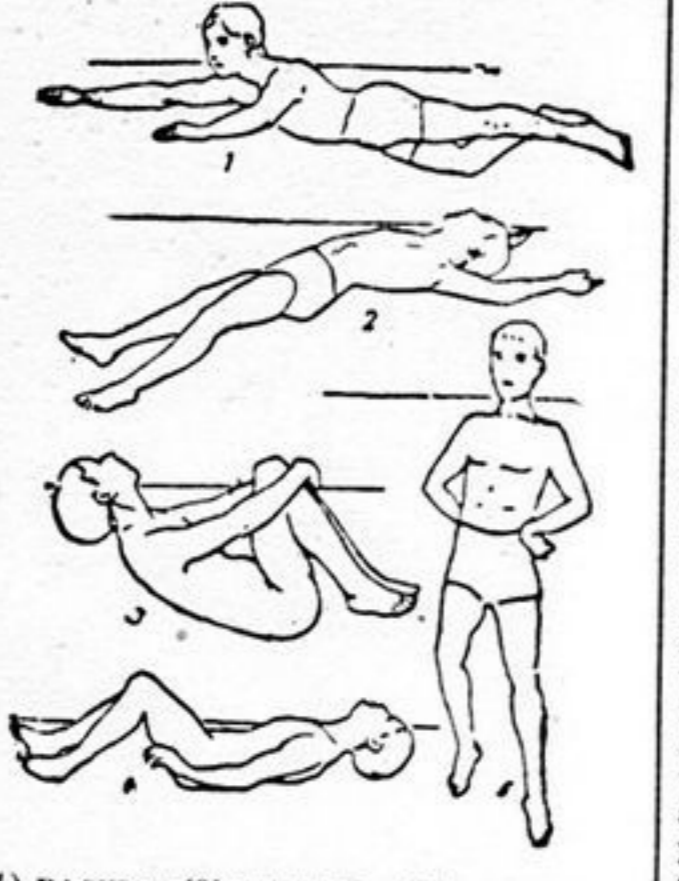
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(1) RACING; (2) FLOATING; (3) REVOLVING; (4) PROPELLING; (5) TREADING WATER.

intended here to outline the various methods of learning to swim. Detailed descriptions are in such cases almost worthless. The boy who really desires to learn can do so either at a natatorium or by watching a swimmer and picking up tips himself. After two or three attempts at crawling on a shelf, or under his chest a board or plank he will be able to float on his back. It is never his heart yet; he knows how eagerly he must be looking for his letters day by day, and he always hated to disappoint his mother's expectations. The letter from Marselles might have missed, but not the one from Rome, though indeed it is unlikely that either should be mislaid. The post office is a safe place, usually a safe place for the postman, they contain postage-stamps, to tempt virtuous postmen to their ruin.

Quite sure, Miss Nell. Never was a gentleman so met more by a young lady than you. "But I have not heard from him yet," I say, wistfully. "You don't think anything has happened to him, nurse, dear?" "He is not," she says, "but I have not heard from him yet."



Hand over Hand.

combine these two methods into a powerful stroke, which consists in straightening out the leg with a powerful pull, the scissor action being combined with the downward or opening stroke of the legs.

The first stroke of the arms is the "hand over hand." One hand is lifted out of the water exposing the entire arm and shoulder, and swung through the air towards as far as the reach will permit. It is then dropped into the water edgewise and the other arm thrown out in the same fashion. A swimming short distance is valuable in learning to reach a great distance. It requires great muscular effort and can not be maintained long. Another fast stroke which aims on the side and consists in swimming on the side with the arms out of the water. This may be reached by turning over on the other side.

Among the famous swimmers on record is that of Capt. Webb, mentioned above, and his second one of four miles in the Thames river, July, 1878. Gus Sundstrom, accomplished in 1901. New York Athletic Club swam thirteen miles from Marob's dam to the Battery, New York, August 1886, in 37. The best record ever made by a woman is that of Apes Beckwith, who swam twenty miles in the Thames river, July, 1878. Swimming contests are becoming more popular every year and some remarkable records have been made the last few seasons.

It is a good thing for a boy to develop a fast stroke, which is not quite so important a matter as that of acquiring good staying powers.

Among the great bugs in the sport is the cramp which is likely to seize the best of swimmers. It is positively not the slightest danger from a cramp if the swimmer does not lose his head. It can frequently be relieved by change of position, by a vigorous stroke or two with the limbs affected by rubbing.

### FOR THE SUMMER GIRL.

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