

Dizziness and Nausea

CAUSED BY OVER-STUDY AND CLOSE CONFINEMENT.

How a Popular School Teacher Suffered—And How Acting as a Friend's Aid She Traced Dr. Williams' Pink Pills and Was Restored to Health and Strength.

"About the most thorough and popular teacher we have ever had here," is the opinion expressed by the people of Canaan, N.S., of their present young lady school teacher, Miss Nellie Cutten. Miss Cutten is possessed of keen intelligence and engaging manners, and has been peculiarly successful in her chosen profession. At present she looks the picture of health, and one observing her good color and buoyant spirits, would never think of associating her with sickness. It was, however, only last autumn that she was almost hopeless of continuing in her work on account of her ill-health, and her condition was a source of alarm to her friends. "Yes," she said to an Acadian reporter who called upon her recently to learn the particulars of her case: "I suppose it is a duty I owe to Dr. Williams' Pink Pills, that I should make public the wonders they worked for me, but perhaps I would not have thought of it if you had not called."

"You see, in addition to my teaching, I had been studying very hard over my 'B' work, and then I was attacked with whooping cough, which did not leave me for a long time, and so I became pretty well run down. I was always considered the embodiment of health at home, but last autumn I was really alarmed over my condition. Sometimes in the schoolroom I would be seized with dizziness, and often I would faint away. I would take vomiting turns also, and had a feeling of nausea and languor all the time. I lost my color and became thin and pale, and it seemed as if my blood had turned to water.

"This condition of things was so different from anything which I had previously experienced that I sought medical advice at once. I was informed that I was suffering from anemia, and I at once put myself under medical treatment. But although I tried several bottles of prescriptions, my condition seemed to be getting worse all the time. When I went home for my Christmas vacation, I was almost in despair. It was while I was at home, however, that my friends advised me to use Dr. Williams' Pink Pills. Acting upon their advice, I took up their use. The first box made its effect felt, but I used four or five and then the cure was complete. Ever since then my health has been excellent and I have felt my real old time self, and am able to attend to my duties, which are by no means light, without the fatigue and languor that made the work irksome. You may depend upon it I will always have a friendly word to say for Dr. Williams' Pink Pills."

"If your dealer does not keep these pills in stock, they will be sent post paid at 50 cents a box or six boxes for \$2.50, by addressing the Dr. Williams Medicine Co., Brockville, Ont.

A CHILD'S PLEA TO KIPLING.
The plea of a child for more animal stories has induced Rudyard Kipling to add to his series of funny "Just So" tales which have appeared in the Ladies' Home Journal. After the famous author had published the last of that series there was a flood of letters came to the Journal asking for more. One among these was addressed to Mr. Kipling personally, and was forwarded to him in England. It proved to be a letter from a child who pleaded with the author to "give us some more stories about animals; we enjoyed your others very much. There is not much written that we little folks can enjoy, so please, dear Mr. Kipling, write something about my pussy." The earnestness and sincerity of the child appealed very strongly to Mr. Kipling, who is exceedingly fond of little folks, and he writes to the Journal saying that he is going to grant that child's request even if he has to disappoint all his other friends.

IN THE QUEEN'S REALM.
The total income of the Church of England is about £200,000 a week. Australians hold a world's record in tea consumption, drinking nearly eight pounds a head yearly. The Financial Times of London has undertaken to drive the bucket shops out of business. There are about 100,000 Indians in the Dominion of Canada located upon reserves in different districts. The municipal authorities of Glasgow are considering a proposition for the establishment of a city savings bank. Some time ago 32 children in Liverpool, England, contracted typhoid fever on the same day from partaking of ice cream from an Italian vendor.

THOROUGHLY.
"Mamma, I've found out my dog's pedigree." "What is it, dear?" "Uncle Jim's hired man says he's a full-blooded mongrel!"

UNCLE EBEN'S IDEA.
I hope you'll excuse me for mentioning it, said Uncle Eben, but every once in awhile human folks' minds are o'critters. Some of us can't feel ginerwinely thankful unless we got both feet in de trough.

CANADIANS IN ENGLAND.

Col. Otter and His Men Given the Freedom of London and Thanked by Her Majesty the Queen.

London, Dec. 1.—The members of the Royal Canadian Regiment, who have just returned from South Africa, were enthusiastically received by the people of Windsor yesterday morning. The soldiers then proceeded to the Castle, and were reviewed by the Queen in the quadrangle. Her Majesty, addressing the Canadians, thanked them for the "manly services they had rendered to the Empire. The officers were then presented individually, after which the Queen summoned Private Armstrong, who was enthusiastically received by the people of Windsor yesterday morning. The soldiers then proceeded to the Castle, and were reviewed by the Queen in the quadrangle. Her Majesty, addressing the Canadians, thanked them for the "manly services they had rendered to the Empire. The officers were then presented individually, after which the Queen summoned Private Armstrong, who was enthusiastically received by the people of Windsor yesterday morning.

The Queen's speech to the Canadians was as follows: "I am very glad to see you here to-day and to express my warm thanks for the admirable services rendered during the war by the Canadian troops. I wish you a safe and happy return to your homes."

During the crush to see the Canadians at Windsor Station yesterday several persons were injured. Col. Otter, Lieut.-Col. Buchanan and Capt. Macdonald remained at the camp by command of the Queen to dine with Her Majesty and the Royal Family last evening.

A Pathetic Incident.
London, Dec. 3.—The redeeming feature of the week, from the British point of view, is the return of the Royal Canadian Regiment from South Africa, which affords the editor of a writer a glorious opportunity for writing on the solidity and splendor of the British Empire.

How truly pathetic was the meeting of the Queen and her Canadian soldiers seems to have escaped the English papers. Sitting in a carriage, the Queen watched intently the men as they marched by within a few feet of her, and she commenced her speech in brave tones. It was only a few words. But, before it was finished, tears rolled down Her Majesty's face, and her voice broke at the end it was almost a sob.

It is not astonishing, therefore, that when Col. Otter replied it was trembling tones, and not one of the men whom he led into nearly fifty engagements felt ashamed of the grizzled colonel because his cheek was wet with tears.

Although so deeply affected, the Queen appeared to be enjoying her usual health.

Offer on Canada's Loyalty.
London, Dec. 3.—The Canadians Saturday afternoon visited the Guildhall, where the Lord Mayor again addressed them, thanking them in the name of the citizens of London for their great sacrifices and the heroism they had shown on the battlefield.

Col. Otter, replying said it was a proud moment when the Canadians were given the opportunity of testifying their loyalty and desire to serve the Queen and protect and uphold the honor of the flag. The Queen added, might always count on the loyalty of the Canadians.

IS NOT WANTED IN GERMANY

Kruger Gets the Cold Shoulder and Will Not Go to Berlin.

The Emperor Cannot Receive the Distinguished Boer Owing to Previous Engagements, and Mr. Kruger Will Hasten Through to the Dutch Capital—Frenchmen and Belgians Cheered as Mr. Kruger's Train Passed.

Berlin, Dec. 3.—Mr. Kruger has abandoned his proposed visit to Berlin, owing to the receipt of an official intimation that Emperor William regrets that, in consequence of previous arrangements, he will be unable to receive him. The Boer statesman will therefore, proceed direct from Cologne for Holland. He telegraphed to this effect yesterday afternoon.

The Cologne Gazette, in an important comment, says: "Mr. Kruger's visit is not agreed to by Germany, his aim being to obtain intervention in South Africa. It would be a grave political mistake to allow him to entertain even a spark of hope that Germany will render him any practical support. This declaration is accompanied with reproaches, Mr. Kruger being charged with 'having encouraged a useless guerrilla warfare and having disregarded Germany's advice when he might have followed it.'"

The press generally strikes the same note. The Emperor's intimation was conveyed to Mr. Kruger by the German Envoy at Cologne, who arrived at Cologne to-day.

Departure From Paris.
Paris, Dec. 3.—Mr. Kruger left the Hotel Scribe at 1.10 p. m. on Saturday in a closed carriage, surrounded by a squadron of mounted Municipal Guards. The Boer statesman was cheered as he drove away, swinging his hat from the landau window in reply. The Boer committee, which accompanied Mr. Kruger to the station, will go as far as the French border.

The special train with Mr. Kruger on board started for Cologne at 1.40 p. m.

Mr. Kruger's journey through Northern France was attended by scenes similar to those witnessed at Marseilles and Paris. At nearly every station passed crowds had gathered, which waved hats and handkerchiefs, and cheered the train as it whirled along.

On Belgian Soil.
At Charleroi, the first stop on Belgian territory, various measures had been taken to prevent the invasion of the station, but the people were stronger than the police, and rushed upon the platform. The train stopped for five minutes, and Mr. Kruger greeted the mass from the steps of the car.

The train left Charleroi 20 minutes late. At Namur a similar scene was enacted. The train was then 45 minutes late.

THE MARKETS.

Wheat Markets on Saturday—Trend of Prices at Important Grain Centres—Latest Quotations.

Liverpool, Dec. 3.—Saturday wheat futures unchanged to 1/4d central wheat or than Friday.

Chicago, Dec. 3.—December wheat advanced 1/4c and the January option declined 1/4c per bushel.

Following were the closing prices at important wheat centres yesterday:

	Cash.	Dec.	Mar.	May.
Chicago	80 7/8	79 3/4	78 3/4	78 3/4
New York	79 3/4	78 3/4	77 3/4	77 3/4
Milwaukee	79 3/4	78 3/4	77 3/4	77 3/4
St. Louis	79 3/4	78 3/4	77 3/4	77 3/4
Toledo	79 3/4	78 3/4	77 3/4	77 3/4
Detroit	79 3/4	78 3/4	77 3/4	77 3/4
St. Paul	79 3/4	78 3/4	77 3/4	77 3/4
Duluth	79 3/4	78 3/4	77 3/4	77 3/4
Minneapolis	79 3/4	78 3/4	77 3/4	77 3/4

RECEIPTS OF FARM PRODUCE ON SATURDAY.
Toronto, Dec. 3.—Receipts of farm produce on Saturday were large, 3,650 bushels of grain, 20 loads of hay, 5 of straw, a few lots of dressed hogs, and the usual delivery of apples, potatoes, butter, eggs and grain.

Wheat, white, bush.....\$0 67 1/2 to \$.....
red, bush.....0 68 1/2 to 0 68 3/4
grosse, bush.....0 68 1/2 to 0 68 3/4
Oats, new, bush.....0 29 1/2 to 0 30
Eye, bush.....0 42 1/2 to 0 46
Beans, bush.....1 15 1/2 to 1 25
Buckwheat, bush.....0 47

SEEDS.
Alaska, choice, No. 1.....\$0 50 to \$0 50
Alaska, No. 2.....0 50 to 0 50
Red clover, per bush.....0 75 to 0 80
Timothy, per bush.....1 40 to 1 80
Hay, per ton.....\$12 00 to \$14 00
Straw, sheaf, per ton.....11 00 to 12 00
Sudangrass, per ton.....6 00

Dairy Produce.
Butter, lb. rolls.....\$0 20 to \$0 25
Eggs, new laid.....0 35 to 0 40
Eggs, per doz.....0 25 to 0 25

Poultry and Vegetables.
Poultry, per pair.....\$0 30 to \$0 35
Carrots, per bag.....0 40 to 0 50
Beets, per bag.....0 35 to 0 45
Apples, per bush.....0 50 to 0 60
Turnips, per bag.....0 25 to 0 30
Cabbage, per doz.....0 20 to 0 30
Potatoes, per bush.....0 75 to 0 80
Onions, per bag.....0 75 to 0 80

ITEMS OF INDUSTRY.

The world's coffee crop is 800,000 tons.

Britain makes 390,000,000 yards of linen a year.

British fishermen catch 240,000 tons of herring and 8,000,000 cod every year.

In the Black Forest district of Germany are 1,400 master clockmakers and 6,000 workmen.

Norway has to import 350,000 tons of grain a year. She exports 185,000 tons of fish yearly.

Eight million pounds worth of fish are landed at English ports every 12 months. This includes shell fish, but not salmon.

The output of copper in this country from January 1 to October 1 of the present year has been estimated at 48,000,000 pounds.

The New Jersey man who hit upon the idea of attaching a rubber erasing tip to the end of a lead pencil made \$200,000 from his invention.

SPEAR POINTS.
There are no dead saints. The better days will come only as you do your best to-day. The more intensive your faith the more extensive your influence. The church without a prayer meeting is a body without a heart. If you give no place to the devil you will not go to the devil's place. While we are close to Christ we never find any weight in his yoke. The Christian who knows God, will praise Him every day of his life, whether he feels like it or not.

SALTED PEANUTS ARE ALL RIGHT.
Salted peanuts are frequently used in place of the almonds, and are even less expensive. Shell, put in the oven and bake until the skin cracks; brush off thoroughly and then proceed as with the almonds.

"He coons look alike to me!"

So do most teas, but none taste like **Blue Ribbon Ceylon.**

APPLES,

Poultry, Butter, Eggs and other Produce.

If you have any correspond with us. We want 100 CARLOADS to supply our trade.

The Dawson Commission Co., Limited, Toronto

BOOK CLUBS FOR SMALL TOWNS.

A writer in the Ladies' Home Journal, telling how to organize book clubs in small communities, says that one successful club was started in a small country town of from 1,000 to 1,500 inhabitants, in which there was no public library of any kind. Its charter members numbered 17. Each member, except one, who was chosen secretary and gave service instead of money, paid into the general treasury five dollars a year. With the sum so raised the club was able to subscribe for 17 periodicals, weeklies and monthlies, and to buy from 17 to 24 books chosen in general from among the new publications.

THE ENJOY JACK.

which floats over Britain and all her colonies is emblematic of the adage, "In union there is strength." The patriotic ladies of Canada can exemplify that adage, and indulge a patriotic sentiment, by assisting their English, Scotch and Irish cousins who produce the pure machine-made Green Teas of Ceylon and India. Tea drinkers will find the Blue Ribbon, Moonson and Salada green teas a pleasant change from Japan-Colonist.

SWEET POTATO CROQUETTES.

Bake sweet potatoes until they are tender; then scoop out the centres and put them through a vegetable press. To each two cups of mashed potatoes allow a tablespoonful of butter, a level teaspoonful of salt, a tablespoonful of sugar and a half tablespoonful of white pepper; mix thoroughly. Form into cylinders, dip in egg, then in bread-crumbs and fry in smoking-hot fat.

HER SAD PREJUDICEMENT.

"She's in a terrible predicament." "In what way?" "Why, that rich old man that she promised to marry has offered to have his life insured by her favor." "I should say that was both considerate and thoughtful of him." "But you don't understand. If his physical condition is such that any insurance company would accept him as a risk she doesn't want to marry him."

HOW TO BROIL A FISH.

Fish should never be turned while broiling. Put the inside next to the coals and allow it to cook until thoroughly done. Then turn and just brown the skin side, taking care that it does not scorch.

PREPARED FOR RELATIVES.

Husband, at dinner—My! My! This is a regular banquet—worthy of a Delmonico. Finest spread I've seen in an age. What's up? Do you expect company? Wife—No, but I presume the cook does.

THE POLITICIAN'S VIEW.

Well, he ought to get the solid vote of the dairymen, anyway. Why? He introduced that ordinance to reduce the water rates, you know.

REWARD OF MERIT.

Nellie—Gracious! How do you manage to knit so much in so short a time? Ninette—Every time I do ten rows I give myself a chocolate cream.

T. N. U. 301

AVENUE HOUSE. McGill—College Avenue Family Hotel, rates \$1.50 per day.

Hotel Balmoral. Montreal. Free Bus Am. P. \$1.50 up. E. P. \$1.25

CATHOLIC PRAYER.

Books, Rosaries, Crucifixes, Religious Pictures, Stations and Church Ornaments, Educational Works. Mail orders received promptly. D. S. J. Sandler & Co., Montreal.

PILE CURE. A trial package of Cox's Positive Cure for Piles will be sent free to any address on receipt of two cent stamp. No fee, no gray alive. Address: THE RUTCHING MEDICINE CO., Toronto, Ont. **FREE.**

Woman's Weakness

A woman's reproductive organs are in the most intense and continuous sympathy with her kidneys. The slightest disorder in the kidneys brings about a corresponding disease in the reproductive organs. Dodd's Kidney Pills, by restoring the kidneys to their perfect condition, prevent and cure those fearful disorders peculiar to women. Pale young girls, worn-out mothers, suffering wives and women entering upon the Change of Life, your best friend is

Dodd's Kidney Pills

ADVICE WORTH A QUARTER.

An advertiser proposed to reveal for 25 cents an easy way for any young lady to keep her hands nice and soft. A budding damsel sent the cash and received this advice: "Soak your hands in dishwater three times a day, while mother rests."

CHANGEABLE EYES.

Mrs. Brown—What color are your little boy's eyes? Mrs. Robinson—Black generally. He's a terrible fighter.

RHEUMATISM CURED.

John A. McDonald, Armprior, Ont. Lachin McNeil, Mabou, B. C. John B. Billing, Markham, Ont. John Mader, Mahone Bay, N. S. Lewis Butler, Barin, Nfld. These well known gentlemen all assert that they were cured by MINARD'S LINIMENT.

JUST THE TERM FOR HIM.

"Why do you speak of him as a finished artist?" "Because he told me, he was utterly discouraged and was going to quit the profession. If that doesn't show that he's finished I don't know what does."

IMAGINATION.

Grace—Cholly has a wonderful imagination. Nell—How? Grace—He calls that fuzz on his lip a mustache.

"LET'S WE FORGET"

Ladies of Canada; The bond of union between the mother country and her colonies is strong. In time of necessity the colonies have always been loyal. Patriotic Canadian ladies, while they cannot bear arms in time of war, can assist their brother colonists in a substantial way. Ceylon and India produce the finest Green Teas. Drinkers of Japan teas should try them. Moonson, Salada and Blue Ribbon packets are known to all—Colonist.

IT DID.

From a nearer and more intimate view of politics, asked one of his old acquaintances, doesn't its corruption sometimes disgust you? It does, answered Senator Lotman. Many a man to whom I have trusted money that was needed to carry a close district has given me lists of voters he claimed to have bought with that money, and the lists have turned out to be bogus. The infernal scoundrel simply put the money in his own pocket!

WILLING TO HELE

Ernest, boldly—I if I thought no one was looking I would kiss you. Dora, shyly—Shall I close my eyes? Why go limping and whining about your corns, when a 25-cent bottle of Holloway's Corn Cure will remove them? Give it a trial, and you will not regret it.

REFLEX AFFLICTION.

I've got piano-player's cramp. You don't play? No, the girl next door gives it to me.

E. W. Brown
This signature is on every box of the genuine **Laxative Bromo-Quinine Tablets** the remedy that cures a cold in one day.

AN HONORABLE MEDICINE

That Appeals to the Best Judgment of the Best People and Gets Right Down at Cause of Disease is DR. CHASE'S KIDNEY-LIVER PILLS.

Why is it that in nearly every home in the land you find some of Dr. Chase's family remedies? Why is it that Dr. Chase is honored and esteemed as a true physician of undoubted skill? Why is it that Dr. Chase's Kidney-Liver Pills are kept in the family medicine chest as indispensable for everyday ills which depend upon constipation and sluggish action of the liver and kidneys? It is because Dr. Chase's remedies are all honorable medicines. Medicines that have been tried in the severest cases and proven to be of most unusual value. They are immensely successful, because everybody has learned to have confidence in them and confidence in their discoverer, Dr. Chase's Kidney-Liver Pills have for nearly a quarter of a century taken the lead as the greatest seller of which medicine dealers handle, and this enormous sale is entirely due to the downright merit which they possess. They cure when others fail. It is when there is a bitter taste in the mouth, heaviness about the stomach, headaches, backaches, pains in the shoulders and limbs, and depressed, languid feelings, that people turn to Dr. Chase's Kidney-Liver Pills. Torpid liver, inactive kidneys and irregular bowels are the cause of at least seven-tenths of human ills. Dr. Chase's Kidney-Liver Pills invigorate these organs as no other preparation was ever known to do; and what is best of all they not merely afford relief but strike deep-

er and make thorough and lasting cures. Mr. Walter Booth, Concession, Prince Edward County, Ont., states: "I was troubled for some years with kidney and liver disease and pains in my back, and my stomach was so bad I could not eat hearty food and had difficulty in keeping any food in my stomach. I was so nervous that I could scarcely take a drink of water without spilling much of it, my hand trembled so, and I had lost flesh until my weight fell from 155 to 138 pounds. "Having of a similar case that was cured by Dr. Chase's Remedies, I commenced by taking Dr. Chase's Kidney-Liver Pills, six boxes of which cured my kidney and liver troubles. I then began Dr. Chase's Nerve Food for my nervousness. It strengthened my stomach and whole system, and I gained in flesh. I cannot speak in terms of too great praise for Dr. Chase's Kidney-Liver Pills and Nerve Food, besides curing me they did my father, who is an old man, a great deal of good. I have every confidence in recommending these remedies." Mr. J. J. Ward, J. P., certifies that he knows Mr. Walter Booth and that this statement of his cure is perfectly correct. The chances are that your neighbors have used Dr. Chase's Kidney-Liver Pills. Ask them for a dose, 25 cents a box, at all dealers, or Edmondson, Bates and Co., Toronto.