pan or Black Tea Drinkers

can get the most delicious tea in the world by asking for

SALADA"

TEA BLACK OR UNCOLORED GREEN. They are sold in sealed lead packets. Never in bulk. 25c and 40c per by all Grocers.

OLOR REMOVES PAIN.

After three years of patient research, Prof. Redard, of Geneva, assisted by Prof. Emery, has discovered a new anaesthetic which promises to revolutionize the practice of dentistry.

Finding that the nervous system is influenced by colored light, the professor experimented with each hue in turn, and soon perceived that blue has an extraordinary soothing effect on the nerves.

[illegible] his discovery to practical use, he now shuts up a patient in a dark room and exposes his eyes to a blue light of sixteen candle power for three minutes, causing him to lose all sense of pain, although at the same time retaining his senses.

A tooth may then be painlessly extracted with none of the after-effects on the system which sometimes follow other or chloroform.

BLOTCHY SKINS.

A Trouble Due to Impure Blood Easily Remedied.

Bad blood is the one great cause of bad complexion and blotchy skins. This is why you must attack the trouble through the blood with Dr. Williams' Pink Pills. All blotches, boils, ulcers, pimples and paleness are the direct, unmistakable result of weak blood loaded with impurities. Dr. Williams' Pink Pills conquer the poison; they drive out all the impurities; they actually make new, rich red blood; they strike right at the root of all complexion troubles; they are a positive and permanent cure for all virulent skin disease like eczema, scrofula, pimples and erysipelas. They give you a clear, clean skin, free from all blemish and full of rosy health. Mr. Matthew Cook, Lamerton, N.W.T., tells how Dr. Williams' Pink Pills cured him of erysipelas after other medicines had failed. He says: "My skin was inflamed; my flesh tender and sore; my head ached; my tongue was coated; I had chills and thought I was taking fever. I tried several medicines, but nothing helped me until I began using Dr. Williams' Pink Pills and drove the trouble from my system, and I am now in the best of health. I think these pills the best medicine in the world for blood troubles."

It is an every day record of cures like this that has given Dr. Williams' Pink Pills their world-wide prominence. They cure when other medicines fail, but you must get the genuine with the full name "Dr. Williams' Pink Pills for Pale People on the wrapper around every box. You can get these pills at all druggists, or by mail at 50 cents a box, or six boxes for $2.50, by writing The Dr. Williams' Medicine Co., Brockville, Ont.

HIS LONELY HOURS.

Miss Spears was bisiting her sister, Mrs. Cummings, and had just finished reading the one magazine which monthly found its way into the Cummings family.

"There's a real affecting piece of poetry in here," said Miss Spears, furtively wiping her eyes. "It's called, 'When I Miss You,' and it's telling her, while she's away, the twilight hour seems different and—I could read it out to you if you'd like to have me."

"I guess not," said Mrs. Cummings, pleasantly but firmly. "I've read a good deal of that kind, first and last. And if you'd ever been married, Johanna,—not but what you had an opportunity; you needn't look so injured,—if you'd ever been married you'd have known years ago that she'd be full as apt to remember how long they'd been together as he would, and that the time he'd miss her wouldn't be half as likely to come at dusk, unless he'd had a poor supper, as it would in the morning, when he couldn't find his collar-button, or in the middle of the day, when he wanted her to take a splinter out of his finger. If you'll turn over to the last two pages and read me out that receipt for a throat poultice, I'd be obliged. William seems to think he's got one of his quinsies coming on."

HEALTH FOR BABY.

Babies that are well, sleep well, eat well, and play well. A child that is not lively, rosy-cheeked and playful, needs immediate attention, or the results may be serious. Give an unwell child Baby's Own Tablets and you will be astonished how soon he will be bright and playful. For diarrhoea, constipation, simple fever, indigestion, colic, and teething irritation, these tablets have absolutely [illegible] They do not stupefy the [illegible] ns poisonous "soothing" [illegible] do—they go to the seat of [illegible] and cure him. Mrs. E. [illegible] Deerwood, Man., says:— [illegible] used Baby's Own Tablets [illegible] stomach and bowel troubles, for [illegible] mple fevers and teething and I think them the best medicine in the world." You can get these Tablets at any drug store, or by mail at 25 cents [illegible] by writing the Dr. Williams' Medicine Co., Brockville, Ont. [illegible] Mothers always keep the Tablets in the house to guard against [illegible] illness of little ones.

HIS LIMIT.

[illegible] fellow I was extremely [illegible] His eyes sparkled [illegible] grandmother set a [illegible] table the night [illegible] Frankie

MENTAL VIGOR ON WANE.

Prominent Physician Sees Gain in Lunacy.

"Our daily habits of life are unphysiological. We are two hours late in everything, and the results, though not apparent in us, are manifested chiefly in our progeny." This was the conclusion at which Dr. T. B. Hyslop, senior physician to the Bethlehem Royal hospital and to King Edward's schools, arrived in a lecture to the Childhood society recently.

Starting with the axiom that prevention is better than cure, Dr. Hyslop declared that the rapid increase of lunacy among civilized races demanded serious inquiry into the present systems of mental and physical education. He said this is an age of too early, too rapid, and too severe taxation on mental faculties. It is an age of increased capacity for remembering, but diminished capacity for thought. The mental state of the majority of the civilized world, he contended, is one of difuse consciousness, and an ill assortment of barren facts, instead of ideas, with a lack of continuity of thought closely allied to and easily passing into states of insanity.

"With the apparent advance of civilization," added Dr. Hyslop, "there's in reality a diminution in intellectual vigor, mainly due to the faulty management in economy of brain power."

"WHACKS."

And What They Mean.

When Old Mother Nature gives you a "whack" remember "there's a reason" so try and say "thank you" then set about finding what you have done to demand the rebuke, and try and get back into line, for that's the happy place after all.

Curious how many highly organized people fail to appreciate and heed the first little, gentle "whacks" of the good old Dame, but go right along with the habit whatever it may be, that causes her disapproval. Whiskey, Tobacco, Coffee, Tea or other unnatural treatment of the body, until serious illness sets in or some chronic disease.

Some people seem to get on very well with those things for awhile, and Mother Nature apparently cares but little what they do.

Perhaps she has no particular plans for them and thinks it little use to waste time in their training.

There are people, however, who seem to be selected by Nature to "do things." The old Mother expects them to carry out some department of her great work. A portion of these selected ones oft and again seek to stimulate and then deaden the tool (the body) by some one or more of the drugs—Whiskey, Tobacco, Coffee, Tea, Morphine, etc.

You know all of these throw down the same class of alkaloids in Chemical analysis. They stimulate and then depress. They take from man or woman the power to do his or her best work.

After these people have drugged for a time, they get a hint, or mild "whack" to remind them that they have work to do, a mission to perform, and should be about the business, but are loafing along the wayside and become unfitted for the fame and fortune that waits for them if they but stick to the course and keep the body clear of obstructions so it can carry out the behests of the mind.

Sickness is a call to "come up higher." These hints come in various forms. It may be stomach trouble or bowels, heart, eyes, kidneys or general nervous prostration. You may depend upon it when a "whack" comes it's a warning to quit some abuse and do the right and fair thing with the body.

Perhaps it is coffee drinking that offends. That is one of the greatest causes of human disorder among Americans.

Now then if Mother Nature is gentle with you and only gives light, little "whacks" at first to attract attention, don't abuse her consideration, or she will soon hit you harder, sure.

And you may also be sure she will hit you very, very hard if you insist on following the way you have been going.

It seems hard work to give up a habit, and we try all sorts of plans to charge our ill feelings to some other cause than the real one.

Coffee drinkers when ill will attribute the trouble to bad food, malaria, overwork and what not, but they keep on being sick and gradually getting worse until they are finally forced to quit entirely, even the "only one cup a day." Then they begin to get better, and unless they have gone long enough to set up some fixed organic disease, they generally get entirely well.

It is easy to quit coffee at once and for all, by having well made Postum, with its rich, deep, seal brown color which comes to the beautiful golden brown when good cream is added, and the crisp snap of good, mild Java is there if the Postum has been boiled long enough to bring it out.

It pays to be well and happy for good old Mother Nature then sends us her blessings of many and various kinds and helps us to gain fame and fortune.

Strip off the handicaps, leave out the deadening habits, heed Mother [illegible] hints, quit being a loser and [illegible] winner. She will help you [illegible] reason [illegible] things that [illegible] profound

MEN WHO HATE THE ARMY

HOW THEY SEEK TO GET THEIR DISCHARGE.

Two Soldiers Wreck a Tobacconist's Shop—Militiamen on a Rampage.

Under the present system it is the easiest thing in the world for a man to join the Army—provided, of course, he possesses the necessary physical requirements—while, on the other hand, it is quite another matter for him to gain his discharge, except by pucchase, before the expiration of his term of service, says London Answers.

Rather than remain in the ranks, however, men have been known to go to extremes, and at the risk of ruining their character, to seek relief from military duty by committing offences with the object of being dismissed from the Army.

There is the case of two soldiers who, a few years ago, were included in a draft from a certain regiment, stationed at Plymouth, ordered to India. The night previous to the draft sailing the men got leave, and, going to one of the largest tobacconist's shops in the town, with the apparent intention of purchasing two pipes, wrecked the premises, in the absence of the assistant.

A MINIATURE RAID.

One of the men swept a number of valuable glass cases and their contents off the counter, while his comrade played havoc with things in the window, and broke several panes of plate glass.

They made no attempt to escape, but calmly took two chairs and waited the arrival of the police. It was, however, a case of the "biter bit," for the magistrates, recognizing the object of the men, handed them over to their regiment to be dealt with. The result was that they sailed next day for India, and suffered imprisonment on the whole of the voyage out and for some time after they landed.

At a court-martial in a well-known garrison town, a most extraordinary tale was told by two men of a line regiment who had deserted at Gibraltar. They had been arrested two years after the incident, and, in defence, said they went on board a schooner anchored off Gibraltar, at the invitation of one of the crew, and that as soon as they got into the cabin they were attacked and drugged and ultimately landed in England.

They assigned no satisfactory reason as to why they were thus used, and the presiding officer took the story with "a grain of salt," and subsequently, the men got a couple of years' imprisonment each.

COMEDIANS ON PARADE.

Taken as a body, Militiamen may very fairly be called an easy-going and contented set. Still, there are occasions when some consider themselves badly used, and are inclined to become a bit obstinate. The two following incidents, which occurred during a recent embodiment of the Militia, emphasise this fact.

While a man was being tried by court-martial at one of our garrison towns for overturning a table and knocking down the president of a court-martial, a novel scene was being enacted in the square outside. The details of the regiment were assembling for the morning's parade, when the officers discovered, to their unutterable horror and astonishment, that in the ranks were a couple of men wearing their helmets "behind before," and carrying their rifles reversed. Attached to the breast of one were a sergeant's stripes, while a corporal's stripes decorated the breast of the other.

They looked like a couple of comedians in a music-hall, and the absurdity of the occurrence appealed to the spectators, who laughed heartily. The offence was, of course, a serious one, and the two men, who were immediately marched off to the guard-room, had to pay dearly for their folly by a long term of imprisonment.

Undoubtedly the most popular road to get dismissed the Service, judging by the frequency it is resorted to by men in all branches of the Army, is by a man cutting up his kit. At a court-martial held not very long long ago, it was shown that a man in the same battalion as the prisoner before the Court read a newspaper report recounting how in another regiment in the garrison a man had been awarded several weeks' imprisonment, and to be eventually discharged with ignominy, for cutting up his straps. The matter was apparently discussed freely in the barrack-room; but instead of the sentence acting as a deterrent, it seemed rather to have had the opposite effect, for a day or two later a prisoner was missing from parade, and on inquiry being made, it was ascertained that he had cut to pieces all his clothing and regimental equipment. As in the other case, he was found guilty, severely punished, and dismissed the Service.

TELL-TALE EYES.

Some little time ago the authorities were puzzled over the case of a soldier who confessed to having made a false statement when enlisting. His height, tatto-marks, and bodily blemishes agreed with the description of a soldier who had deserted from the Army two years previously, and for whom the authorities had looked for in vain.

The soldier was made a prisoner whilst awaiting his trial by court-martial, and when arraigned before the Court he pleaded guilty. The prosecuting officer discovered, a few minutes before the trial ended, that the color of prisoner's eyes did not tally with the description of those of the missing man.

At first the prisoner withstood the severe cross-examination remarkably well, stating that the recruiting-officer must have written down the wrong color of his eyes when he first enlisted in the Army.

In the end, however, he confessed that he had never deserted from the Service, but that he wanted to leave it. He admitted having met the man whom he professed to be, and who had actually deserted from the Army a few months previously, and for a few shillings the deserter accompanied him to a place where he had precisely similar tattoo-marks printed on his own body.

He had, however, forgotten to observe the color of the eyes of the man who was trying to assist him "out of the Army," and that oversight lost him his chance.

Mrs. Staylate—"Gracious! It's nearly midnight. I must be going pretty soon, I suppose." Miss Pa[illegible]nce—"Well, yes; you know the old [illegible] off till to-morrow [illegible]day."

SHE WAS IN BED FOR THREE YEARS

PAIN-RACKED WOMAN CURED BY DODD'S KIDNEY PILLS.

Strong Statement by Mrs. Jas. Hughes, of Morley, Ont.—She's Strong and Healthy Once More.

Morley, Ont., Nov. 28—(Special).—What Dodd's Kidney Pills are doing for the suffering women of Canada will never be fully known. It is only when some courageous woman breaks the secrecy that covers woman and her troubles that a passing glimpse of their great work is given. For this reason a statement made by Mrs. Jas. Hughes, of this place, is of more than passing intetest.

"I was a great sufferer for four years," says Mrs. Hughes, "I was treated by five doctors and a specialist from the U. S. I tried nearly every kind of medicine I could hear of, but none seemed to do me any good.

"I was in bed for nearly three years. I had pains up my spinal column, in my head, over my eyes, across my back and through my left side. I took fourteen boxes of Dodd's Kidney Pills, and now I am strong and able to do a good day's work, thanks to Dodd's Kidney Pills."

NORTH SEA TRAWLERS.

Life of the Victims of Russia's Panic Was Hard.

The fishing boats which suffered in the lamentable attack on Friday, Oct. 21, are small steam trawlers, built of iron or steel. They are excellent sea boats, very handy and quick and at their best steaming can make ten knots an hour. They are built on what is known as "trawler's lines," with high bows and a run which droops aft into a low counter. The freeboard abaft the forecastle is very low, so that the fish may be readily boarded. The boats have generally two masts, which carry stay-sails and trysails, which are set so as to lesson the rolling. Sometimes they keep the sea for a couple of months at a time, sending their take ashore in quick steamers known as "dukeys" which supply the London markets and then return to the fleet.

Life on board such a trawler is hard, but less hard, on the whole, says a writer in the 'Manchester Guardian," than the life on board a sailing ship making "bluewater passages." The food, for instance, is better, for the boats are more frequently in the home port, while every meal is made savory with fish fresh from the sea. The smacksmen have to be smart both in hauling the nets and putting the take aboard the "dukey." A lazy smackman, it is said, "gets a haddock slapped across his face," and generally dies in youth.

A fleet of trawlers sails under the command of some experienced skipper, who is known as the "admiral." He decides when and where the trawls shall be "shot," firing a rocket or running up a three-flag signal when he wishes the fishing to begin. When the trawls are overboard the steamers forge very slowly ahead, with one or two hands on deck, the others below in their bunks. As soon as the trawls are "hauled" and the slippery take is poured on deck, the hands draw their knives and set to work. By the light of flares they gut the fish, rub them roughly with salt, and pack them with ice in boxes. If the take is sufficient, the boxes are sent on board the dukey and this putting of the take on board is often a very nice piece of practical seamanship. It may be blowing hard, with a nasty short green sea running, yet a couple of young men in oilskins will put forth cheerily in a dinghy with a few boxes of fish risking their lives, running the chance of "a cold death, a wet death," without a thought that they are doing anything remarkable able or out of the way.

It is "a wet life and a cold life" in the North Sea fishery, but the life is not without its pleasures. Sometimes a sea concert will be held, smack against smack, the crews singing the old sea songs to an accompaniment of clinking pannikins. On Sundays they are sometimes able to get on board the cruising Mission ship to what is called a "Bethel," or Sunday service. The Mission ships have done much to better the condition of the fishers, but the service remains a hard one, and one that can scarcely be made pleasant till the North Sea becomes calm.

Curing Consumption

When SCOTT'S EMULSION makes a consumptive gain flesh it is curing his consumption.

The weight is the measure of the consumptive's condition. Every pound of weight gained is a matter for congratulation, and

Scott's Emulsion

makes the consumptive gain flesh.

Scott's Emulsion does something to the lungs, too, that reduces the cough and the inflammation.

More weight and less cough always mean that consumption is losing its influence over the system.

For all stages of the disease Scott's Emulsion is a reliable help.

Send 10c. for Free Sample. [illegible]NE, Chemists, Toronto, Ont.

More than half the battle in cleaning greasy dishes is in the soap you use. If it's Sunlight Soap it's the best. 6B

CLOCKS WHICH CANNOT LOSE.

A German has invented a new clock system, which has some original features worthy of mention. The system is that of a master clock which controls electrically as many indicidual clock installations as may be required. The clock, which is installed in the house or place of business of the subscriber to the system, is similar to the ordinary one, inasmuch as it has a face and two hands; but the works are replaced by a couple of magnets and a balance-wheel.

The master clock is provided with a transmitting apparatus, designed to be operated by the movement of the hands. An impulse is sent from the wires when the hands of the master clock advance one minute on the face of the dial. This impulse affects the magnets in the small clocks in such a way that the hands are advanced the same amount as were the hands of the master clock. This operation is kept up indefinitely, and, of course, all of the small clocks keep exactly the same time as the master clock. The small clocks are inexpensive and comparatively little current is required to operate the system. The invention is in successful operation in several towns in France and Germany, and is at present being introduced into England.

Turks in London are shortly to have a place of worship of their own. A mosque is to be erected as soon as a suitable site can be found to accommodate the whole 2,000 of them.

Dr. Agnew's Ointment Cures Piles.—Itching, Bleeding and Blind Piles. Comfort in one application. It cures in three to six nights. It cures all skin diseases in young and old. A remedy beyond compare, and it never fails. 35 cents.—63

Mrs. Keene—"There are times when I wish I were a man." Mr. Keene—"For instance?" Mrs. Keene—"When I pass a milliner's window and think how happy I could make my wife by giving her a new bonnet."

There are a number of varieties of corns. Holloway's Corn Cure will remove any of them. Call on your druggist and get a bottle at once.

"Mary," her father called downstairs, "just ask your young man if he doesn't think it's pretty near bedtime." "Yes, papa," replied the sweet girl. After a pause: "George says if you're sleepy, go to bed by by all means."

Minard's Liniment Cures Diphtheria.

Mrs. Casey—"Sure, th' goat has ate all av Maggie's piano music!" Mr. Casey—"Now, if he's only ate th' pianny. Oi'd pension him fer loife!"

Do not delay in getting relief for the little folks. Mother Graves' Worm Exterminator is a pleasant and sure cure. If you love your child why do you let it suffer when a remedy is so near at hand?

Mother—"Tommy, have you eaten all your sweets, without even thinking of sister?" Tommy—"Oh, no, mamma. I was thinking of her the whole time. I was afraid she'd come before I had finished them!"

For Over Sixty Years

MRS. WINSLOW'S SOOTHING SYRUP has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhœa. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "MRS. WINSLOW'S SOOTHING SYRUP." 32—6

"Now, little one, what would you say if I were to give you these? Would you say, these are good apples, or those are good apples?" "How can I tell till I eat 'em?"

Often what appear to be the most trivial occurrence of life prove to be the most momentous. Many are disposed to regard a cold as a slight thing, deserving of little consideration, and this neglect often results in most serious ailments entailing years of suffering. Drive out colds and coughs with Bickle's Anti-Consumptive Syrup, the recognized remedy for all affections of the throat and lungs.

GIVE A HELPING HAND.

Cockney Tells of Goodfellowship Which Prevails in Canada.

All the Englishmen who come to Canada are not grumblers. Here is a letter from one of them, which tells his millions of fellow Cockneys that there is a camaraderi, a desire to help one another in this country, which is lacking "at home." It is in a letter to The London Daily Mail:

"I landed in Vancouver last winter as an utter stranger, and I was given a start by Messrs. Dalton & Eveleigh, architects, simply to keep the wolf from my door. When the building season opened Mr. Horrobin (a Manchester man and a contractor in a large way in this town), engaged me as assistant.

"After a time I purchased a lot and sufficient lumber for a house, which I intended building myself, my savings being expended.

"To my great surprise on the Saturday following my purchase, entirely on their own initiative, nine of my chief's carpenters found their way out to my place, and working with a system and will the frame was reared, the roof 'shingled,' and the siding fixed before they quitted that night, and on the following two Saturdays six men came along and completed my home for me.

"Among these workers were Englishmen, Scotchmen, Irishmen, Canadians and Yankees, and I am being helped in clearing my lot from stumps and stones by a party of Sikhs, who have settled just near me, all giving their services free and unasked.

"What further evidence can be desired to convince one that a welcome awaits well-meaning Britishers in British Columbia?"

ISSUE NO. 48—04

[illegible]N U 508

You may try a cheaper Tea, but once use Blue Ribbon and you will remember its quality long after the price is forgotten.

POULTRY

We can handle your poultry either alive or dressed to best advantage. Also your butter, eggs, honey and other produce.

THE DAWSON COMMISSION CO., Limited
Cor. West Market and Colborne Sts., TORONTO.

"Is life really worth living?" asked the solemn man. "Yours evidently isn't," replied the philosophical person, "otherwise you would never have asked such a foolish question."

Minard's Liniment Cures Colds, etc.

Your husband seems to be getting bald very rapidly," said the family friend. "Yes," answered Mrs. Naggsby; "there is scarcely a good handful. lo—'hem!—er—yes, he certainly is!"

Known to Thousands—Parmelee's Vegetable Pills regulate the action of the secretions, purify the blood and keep the stomach andbowels free from deleterious matter. Taken according to direction they will overcome dyspepsia, eradicate biliousness, and leave the digestive organs healthy and strong to perform their functions. Their merits are well-known to thousands who know by experience how beneficial they are in giving tone to the system.

Dolly—Nell says that her engagement ring cost $250. Polly—Perhaps she meant that she spent as much as that entertaining the youog man before she got it.

Minard's Liniment Cures Garget in Cows.

If you disappoint a cow, and milk half an hour late, the chances are that you will get less and poorer milk than if you milked at the proper time.

Lever's Y-Z (Wise Head) Disinfectant Soap Powder dusted in the bath, softens the water and disinfects.

Always milk the cow dry before leaving her, but do not continue stripping after the milk is all drawn.

Kidney Experiment—There's no time for experimenting when you've discovered that you are a victim of some one form or another of kidney disease. Lay hold of the treatment that thousands have pinned their faith to and has cured quickly and permanently. South American Kidney Cure stands pre-eminent in the world of medicine as the kidney sufferer's truest friend.—62

Photographer—"Now, try to look like yourself." (Noting the effect)—"Well, er h—m; try to look like somebody else."

I Believe MINARD'S LINIMENT will cure every case of Diphtheria.
Riverdale. MRS. REUBEN BAKER.

I Believe MINARD'S LINIMENT will produce growth of hair.
MRS. CHAS. ANDERSON.
Stanley, P. E. I.

I Believe MINARD'S LINIMENT is the best household remedy on earth.
MATTHIAS FOLEY.
Oil City, Ont.

"A LA CHASSEUR."

Young Mrs. Vinton looked over the fence that separates her back yard from Mrs. Hardy's, and her pretty face was troubled, says the Chicago News.

"Mrs. Hardy!" she called, softly.

"Yes. What is it?" and Mrs. Hardy's matronly figure appeared in her kitchen door.

"I'm so sorry to trouble you," Mrs. Vinton went on, "but will you tell me some good way to cook clay pigeons? Jimmy has just sent word that he is going out to shoot some. He's bound to bring a lot home, and I haven't the remotest idea how to prepare them."

DR. A. W. CHASE'S CATARRH CURE ... 25c.

is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. Blower free. All dealers, or Dr. A. W. Chase Medicine Co., Toronto and Buffalo.

"His wife is away, and he says that absence makes the heart grow fonder." "Fonder of what?" "Fonder of the absence, of course, you silly!"

Jones is nothing if not gallant. Mrs. Brown is exactly the same age as her husband, but she will not admit it. "My husband is forty," she said to some friends the other day; "you wouldn't believe it, but there's actually ten years' difference in our ages." "Impossible, dear madam" hastily interposed Jones, anxious to say something agreeable; "I'm sure you look every day as young as he does."

Minard's Liniment Cures Distemper.

Mrs. Watkyns—Your husband goes to the races pretty often, doesn't he? Mrs. Wylkyns—Whenever he can get a chance. Mrs. Watkyns—Can he often pick the winning horse? Mrs. Wylkns—Almost always. He generally bets against him.

Time Has Tested It.—Time tests all things, that which is worthy lives; that which is inimical to man's welfare perishes. Time has proved Dr. Thomas' Eclectric Oil. From a few thousand bottles in the early days of its manufacture the demand has risen so that now the production is running into the hundreds of thousands of bottles. What is so eagerly sought for must be good.

"I was kocked senseless when a small boy." "Well, doesn't the doctor think you'll ever get over it?"

Where Doctors do agree:—Physicians no longer consider it catering to "quackery" in recommending in practice so meritorious a remedy for Indigestion, Dyspepsia and Nervousness as South American Nervine. They realize that it is a step in advance in medical science and a sure and permanent cure for diseases of the stomach. It will cure you.—60

"How did you like our new duet?" she asked. "Oh, was that a new duet? Why, I thought you were quarrelling!"

A Sound Stomach Means a Clear Head.—The high pressure of a nervous life which business men of the present day are constrained to live make draughts upon their vitality highly detrimental to their health. It is only by the most careful treatment that they are able to keep themselves alert and active in their various callings, many of them know the value of Parmelee's Vegetable Pills in regulating the stomach and consequently keeping the head clear.

"One thing I like about our new man," said a member of the firm to his partner, "is that he's reliable. You can always tell what he is going to do next." "And what's that?" "Nothing!"

Like Tearing the Heart Strings.—"It is not within the conception of man to measure my great sufferings from heart disease. For years I endured almost constant cutting and tearing pains about my heart, and many a time would have welcomed death. Dr. Agnew's Cure for the Heart has worked a veritable miracle."—Thos. Hicks, Perth, Ont.—59

Teacher—"Now, Tommy, if you had twelve plums, and your little brother asked you for one half of them, how many would you have left?" Tommy (promptly): "Twelve".

Most people think too lightly of a cough. It is a serious matter and needs prompt attention. Take

Shiloh's Consumption Cure The Lung Tonic

when the first sign of a cough or cold appears. It will cure you easily and quickly then—later it will be harder to cure.

Prices, 25c., 50c., and $1.00. 311

THE COMMA AND THE ASS.

At one of the schools the inspector began to examine the pupils in punctuation, but was told by the Mayor "We don't bother about commas and suchlike." The inspector made no reply, but merely told one of the boys to write on the blackboard the following words: "The Mayor of Cheesington says the inspector is an ass." "Now," he continued, "put a comma after Cheesington and another after inspector." The boy did so. The lesson was, let us hope not lost on the Mayor.

The Source of Health

Strength and Vitality is the Food System.

DR. CHASE'S NERVE FOOD

Ensures Perfect Digestion and Assimilation.

It matters little how much food you eat so long as the digestive system is not in condition to convert it into blood and nerve force.

When the nervous energy is consumed by disease or by excessive mental or physical exertion the nerves and muscles which control digestion are unable to do their work and the food is allowed to ferment and become a burden instead of a benefit to the system.

DR. CHASE'S NERVE FOOD IS THE MOST RATIONAL TREATMENT FOR INDIGESTION AND DYSPEPSIA THAT WAS EVER CONCEIVED.

By forming new blood and creating new nerve force it strengthens and invigorates the nerves and muscles which control the flow of gastric juices and the contracting motion of the stomach which is necessary to digestion.

It would be impossible for any treatment to go more directly to the cause of trouble.

While revitalizing and re-energizing the principle organ of digestion—the stomach—Dr. Chase's Nerve Food also sharpens the appetite, enlivens the action of the liver and has a gentle laxative effect on the bowels.

MRS. E. J. FORSYTH, 62 Elm street, Toronto, says:— "My trouble has been acute indigestion and severe attacks of headache, as well as nervousness, and at times spells of dizziness. After having thoroughly tested Dr. Chase's Nerve Food I can say that it has cured my stomach troubles, and, as a result, the other symptoms have also disappeared. I consider Dr. Chase's Nerve Food the best treatment for indigestion, as well as being a splendid general tonic."

Dr. Chase's Nerve Food, 50 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto. The portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.